

5ème Meeting Louis Golay / COMPLET  
Etoy, 4. - 5.11.2023

Epreuve 27  
05.11.2023 - 14:00

Messieurs, 400m 4 nages

Cat. générale  
Liste résultats

Points: FINA 2020

Rang			AN						Temps	Pts		
<b>14 ans et moins</b>												
1.	Frei, Matteo		09		Morges-Natation				<b>5:22.41</b>	386		
	50m:	34.50	34.50	150m:	1:57.44	42.11	250m:	3:22.20	43.16	350m:	4:45.49	38.82
	100m:	1:15.33	40.83	200m:	2:39.04	41.60	300m:	4:06.67	44.47	400m:	5:22.41	36.92
2.	Rossier, Andréa		09		CN Plan-les-Ouates				<b>5:41.00</b>	326		
	50m:	34.87	34.87	150m:	2:00.55	42.31	250m:	3:31.65	49.81	350m:	5:02.70	39.59
	100m:	1:18.24	43.37	200m:	2:41.84	41.29	300m:	4:23.11	51.46	400m:	5:41.00	38.30
3.	Volet, Nathan		11		Vn				<b>5:41.14</b>	326		
	50m:	34.05	34.05	150m:	2:01.16	44.39	250m:	3:32.02	48.91	350m:	5:05.19	41.47
	100m:	1:16.77	42.72	200m:	2:43.11	41.95	300m:	4:23.72	51.70	400m:	5:41.14	35.95
4.	Vernacchio, Tiziano		09		CN Plan-les-Ouates				<b>5:54.72</b>	290		
	50m:	38.65	38.65	150m:	2:08.82	45.13	250m:	3:44.17	51.24	350m:	5:16.08	40.11
	100m:	1:23.69	45.04	200m:	2:52.93	44.11	300m:	4:35.97	51.80	400m:	5:54.72	38.64
5.	Gupta, Shreyank		09		Vn				<b>5:59.98</b>	277		
	50m:	39.26	39.26	150m:	2:13.17	46.40	250m:	3:48.24	50.35	350m:	5:20.27	41.17
	100m:	1:26.77	47.51	200m:	2:57.89	44.72	300m:	4:39.10	50.86	400m:	5:59.98	39.71
6.	Sandoz, Kylian		10		Morges-Natation				<b>6:04.62</b>	267		
	50m:	43.69	43.69	150m:	2:19.96	44.09	250m:	3:57.11	52.32	350m:	5:28.04	38.20
	100m:	1:35.87	52.18	200m:	3:04.79	44.83	300m:	4:49.84	52.73	400m:	6:04.62	36.58
<b>15 - 16 ans</b>												
1.	Simonelli, Nicola		07		Morges-Natation				<b>4:57.78</b>	490		
	50m:	32.00	32.00	150m:	1:47.43	36.27	250m:	3:06.06	43.60	350m:	4:24.00	34.91
	100m:	1:11.16	39.16	200m:	2:22.46	35.03	300m:	3:49.09	43.03	400m:	4:57.78	33.78
2.	Cambrésy, Nathan		07		Morges-Natation				<b>5:01.78</b>	471		
	50m:	31.28	31.28	150m:	1:45.66	38.69	250m:	3:08.91	45.71	350m:	4:28.04	34.84
	100m:	1:06.97	35.69	200m:	2:23.20	37.54	300m:	3:53.20	44.29	400m:	5:01.78	33.74
<b>17 ans et plus</b>												
1.	Cotting, Cyril		06		Morges-Natation				<b>4:50.25</b>	529		
	50m:	31.25	31.25	150m:	1:44.02	36.57	250m:	3:03.81	44.16	350m:	4:20.04	32.30
	100m:	1:07.45	36.20	200m:	2:19.65	35.63	300m:	3:47.74	43.93	400m:	4:50.25	30.21
2.	Lajmi, Elyes		06		Morges-Natation				<b>5:20.26</b>	394		
	50m:	32.52	32.52	150m:	1:52.59	42.19	250m:	3:20.65	47.20	350m:	4:44.00	36.84
	100m:	1:10.40	37.88	200m:	2:33.45	40.86	300m:	4:07.16	46.51	400m:	5:20.26	36.26