

53. Meeting Internazionale del Castello  
Bellinzona, 1. - 2.6.2024

gara 17  
02.06.2024 - 15:30

Donne, 400m Stile Libero

13 anni e più vecchi  
Risultati Finale

Meet record 16 +	4:16.51	RIGAMONTI, Flavia	SUI	Bellinzona	01.06.1999
Meet record 11 - 15	4:29.57	ARREDONDO, Francesca	ITA	Bellinzona	29.05.2010

Rango	An	Tempo	100m	200m	300m	400m
<b>13 - 15 anni</b>						
1.	GIANI, Giorgia Nicole	10 Team Legnano Nuoto a.s.d. <b>4:38.74</b>	1:05.86	1:11.50	1:11.50	1:09.88
	50m: 1:05.86	150m: 2:17.36	250m: 3:28.86	350m: 4:38.74		
	100m: 1:05.86	200m: 2:17.36	300m: 3:28.86	400m: 4:38.74		
2.	FERRO, Sofia	09 Team Legnano Nuoto a.s.d. <b>4:39.34</b>	1:06.17	1:11.83	1:11.99	1:09.35
	50m: 1:06.17	150m: 2:18.00	250m: 3:29.99	350m: 4:39.34		
	100m: 1:06.17	200m: 2:18.00	300m: 3:29.99	400m: 4:39.34		
3.	MANTEGANI, Sofia	09 Lugano Aquatics <b>4:45.63</b>	1:07.88	1:12.89	1:13.31	1:11.55
	50m: 1:07.88	150m: 2:20.77	250m: 3:34.08	350m: 4:45.63		
	100m: 1:07.88	200m: 2:20.77	300m: 3:34.08	400m: 4:45.63		
4.	FONTANA, Sofia	10 Turrìta Nuoto <b>4:46.36</b>	1:07.54	1:13.25	1:13.16	1:12.41
	50m: 1:07.54	150m: 2:20.79	250m: 3:33.95	350m: 4:46.36		
	100m: 1:07.54	200m: 2:20.79	300m: 3:33.95	400m: 4:46.36		
5.	BOSSOLO, Luna Vittoria	10 Team Legnano Nuoto a.s.d. <b>4:50.46</b>	1:10.21	1:14.53	1:13.70	1:12.02
	50m: 1:10.21	150m: 2:24.74	250m: 3:38.44	350m: 4:50.46		
	100m: 1:10.21	200m: 2:24.74	300m: 3:38.44	400m: 4:50.46		
6.	CROCI TORTI, Sveva	09 Mendrisiotto Nuoto <b>5:01.30</b>	1:10.48	1:16.97	1:18.26	1:15.59
	50m: 1:10.48	150m: 2:27.45	250m: 3:45.71	350m: 5:01.30		
	100m: 1:10.48	200m: 2:27.45	300m: 3:45.71	400m: 5:01.30		
7.	TAMAGNI, Elena	11 Lugano Aquatics <b>5:06.21</b>	1:12.68	1:18.52	1:18.27	1:16.74
	50m: 1:12.68	150m: 2:31.20	250m: 3:49.47	350m: 5:06.21		
	100m: 1:12.68	200m: 2:31.20	300m: 3:49.47	400m: 5:06.21		
8.	BRUGGER, Aline	11 Lugano Aquatics <b>5:09.73</b>	1:11.99	1:19.13	1:19.86	1:18.75
	50m: 1:11.99	150m: 2:31.12	250m: 3:50.98	350m: 5:09.73		
	100m: 1:11.99	200m: 2:31.12	300m: 3:50.98	400m: 5:09.73		
<b>16 anni e più vecchi</b>						
1.	GHISLA, Federica	05 Aquatica Torino ssd <b>4:30.91</b>	1:05.01	1:09.57	1:09.19	1:07.14
	50m: 1:05.01	150m: 2:14.58	250m: 3:23.77	350m: 4:30.91		
	100m: 1:05.01	200m: 2:14.58	300m: 3:23.77	400m: 4:30.91		
2.	ROSSI, Elisabetta	07 Mendrisiotto Nuoto <b>4:35.27</b>	1:06.20	1:10.23	1:10.35	1:08.49
	50m: 1:06.20	150m: 2:16.43	250m: 3:26.78	350m: 4:35.27		
	100m: 1:06.20	200m: 2:16.43	300m: 3:26.78	400m: 4:35.27		
3.	FRIGÈ, Camilla Maria Pia	08 Team Legnano Nuoto a.s.d. <b>4:36.72</b>	1:05.95	1:10.52	1:10.88	1:09.37
	50m: 1:05.95	150m: 2:16.47	250m: 3:27.35	350m: 4:36.72		
	100m: 1:05.95	200m: 2:16.47	300m: 3:27.35	400m: 4:36.72		
4.	CAPUTO, Iacy	07 Team Legnano Nuoto a.s.d. <b>4:46.49</b>	1:09.84	1:13.19	1:12.63	1:10.83
	50m: 1:09.84	150m: 2:23.03	250m: 3:35.66	350m: 4:46.49		
	100m: 1:09.84	200m: 2:23.03	300m: 3:35.66	400m: 4:46.49		
5.	FRASCOLI, Linda	07 Team Legnano Nuoto a.s.d. <b>4:46.56</b>	1:07.32	1:11.94	1:13.23	1:14.07
	50m: 1:07.32	150m: 2:19.26	250m: 3:32.49	350m: 4:46.56		
	100m: 1:07.32	200m: 2:19.26	300m: 3:32.49	400m: 4:46.56		
6.	MILAN, Emma	08 Mendrisiotto Nuoto <b>4:47.10</b>	1:08.47	1:14.42	1:14.07	1:10.14
	50m: 1:08.47	150m: 2:22.89	250m: 3:36.96	350m: 4:47.10		
	100m: 1:08.47	200m: 2:22.89	300m: 3:36.96	400m: 4:47.10		
7.	SCARFONE, Sofia	07 Mendrisiotto Nuoto <b>4:47.43</b>	1:09.16	1:13.17	1:13.71	1:11.39
	50m: 1:09.16	150m: 2:22.33	250m: 3:36.04	350m: 4:47.43		
	100m: 1:09.16	200m: 2:22.33	300m: 3:36.04	400m: 4:47.43		
8.	BOSETTI, Matilde	07 Team Legnano Nuoto a.s.d. <b>4:47.92</b>	1:09.30	1:13.02	1:13.53	1:12.07
	50m: 1:09.30	150m: 2:22.32	250m: 3:35.85	350m: 4:47.92		
	100m: 1:09.30	200m: 2:22.32	300m: 3:35.85	400m: 4:47.92		