

14ème Meeting Demi Fond
Liotard/ Genève, 14. - 15.10.2023

Epreuve 4
14.10.2023 - 17:40

Messieurs, 400m 4 nages

8 - 69 ans
Liste résultats

Points: FINA 2023

Rang			AN					Temps	Pts	
8 - 24 ans										
1.	GUIDOTTI, Lorenzo		08	Genève Natation 1885				4:37.09	608	
	50m:	29.40 29.40	150m:	1:40.41	36.93	250m:	2:55.25	38.43	350m:	4:06.26 31.79
	100m:	1:03.48 34.08	200m:	2:16.82	36.41	300m:	3:34.47	39.22	400m:	4:37.09 30.83
2.	VICTORIO, Jolan		08	Genève Natation 1885				4:39.69	591	
	50m:	28.87 28.87	150m:	1:40.28	36.69	250m:	2:53.95	38.35	350m:	4:08.34 33.32
	100m:	1:03.59 34.72	200m:	2:15.60	35.32	300m:	3:35.02	41.07	400m:	4:39.69 31.35
3.	RIOU, Maxime		07	Natation Sportive Genève				4:46.06	553	
	50m:	29.59 29.59	150m:	1:41.38	36.52	250m:	2:56.76	39.45	350m:	4:12.26 34.32
	100m:	1:04.86 35.27	200m:	2:17.31	35.93	300m:	3:37.94	41.18	400m:	4:46.06 33.80
4.	SARF, Luka		08	Natation Sportive Genève				4:49.05	536	
	50m:	32.05 32.05	150m:	1:46.49	38.19	250m:	3:03.65	40.07	350m:	4:18.85 33.78
	100m:	1:08.30 36.25	200m:	2:23.58	37.09	300m:	3:45.07	41.42	400m:	4:49.05 30.20
5.	RUZICKA, Lucas		08	Natation Sportive Genève				4:51.28	523	
	50m:	28.91 28.91	150m:	1:39.27	36.59	250m:	2:59.70	45.55	350m:	4:18.83 33.07
	100m:	1:02.68 33.77	200m:	2:14.15	34.88	300m:	3:45.76	46.06	400m:	4:51.28 32.45
6.	TRUFFAULT, David Osaro		08	Natation Sportive Genève				4:54.39	507	
	50m:	29.98 29.98	150m:	1:42.26	37.39	250m:	3:04.56	45.52	350m:	4:23.24 33.37
	100m:	1:04.87 34.89	200m:	2:19.04	36.78	300m:	3:49.87	45.31	400m:	4:54.39 31.15
7.	DAYER, Maël		07	Natation Sportive Genève				5:04.61	458	
	50m:	30.64 30.64	150m:	1:47.65	39.02	250m:	3:09.36	45.02	350m:	4:29.70 35.53
	100m:	1:08.63 37.99	200m:	2:24.34	36.69	300m:	3:54.17	44.81	400m:	5:04.61 34.91
8.	FERNANDEZ, Quentin		09	Natation Sportive Genève				5:04.68	457	
	50m:	31.75 31.75	150m:	1:48.31	38.93	250m:	3:08.46	40.07	350m:	4:29.63 36.65
	100m:	1:09.38 37.63	200m:	2:28.39	40.08	300m:	3:52.98	44.52	400m:	5:04.68 35.05
9.	FIGUEIREDO, Rodrigo		06	Natation Sportive Genève				5:10.28	433	
	50m:	31.94 31.94	150m:	1:50.60	40.67	250m:	3:15.11	44.54	350m:	4:35.36 35.56
	100m:	1:09.93 37.99	200m:	2:30.57	39.97	300m:	3:59.80	44.69	400m:	5:10.28 34.92
10.	NOVERRAZ, Pierre		09	Natation Sportive Genève				5:14.64	415	
	50m:	32.08 32.08	150m:	1:54.14	43.21	250m:	3:19.35	43.35	350m:	4:41.06 37.50
	100m:	1:10.93 38.85	200m:	2:36.00	41.86	300m:	4:03.56	44.21	400m:	5:14.64 33.58
11.	MADI, Eliès		09	Natation Sportive Genève				5:16.58	408	
	50m:	31.69 31.69	150m:	1:50.96	41.72	250m:	3:17.97	47.69	350m:	4:43.02 37.43
	100m:	1:09.24 37.55	200m:	2:30.28	39.32	300m:	4:05.59	47.62	400m:	5:16.58 33.56
12.	DJOUROU, Lorou David		06	Natation Sportive Genève				5:21.47	389	
	50m:	31.03 31.03	150m:	1:48.67	40.87	250m:	3:17.27	49.14	350m:	4:46.52 38.01
	100m:	1:07.80 36.77	200m:	2:28.13	39.46	300m:	4:08.51	51.24	400m:	5:21.47 34.95
13.	RAMOS, Thylan Lohan		09	Natation Sportive Genève				5:24.60	378	
	50m:	34.89 34.89	150m:	1:59.50	42.65	250m:	3:26.75	44.71	350m:	4:48.39 36.71
	100m:	1:16.85 41.96	200m:	2:42.04	42.54	300m:	4:11.68	44.93	400m:	5:24.60 36.21
14.	MORAGUEZ, Pascal		10	Natation Sportive Genève				5:24.94	377	
	50m:	35.61 35.61	150m:	1:59.68	41.23	250m:	3:25.84	46.00	350m:	4:49.91 36.30
	100m:	1:18.45 42.84	200m:	2:39.84	40.16	300m:	4:13.61	47.77	400m:	5:24.94 35.03
15.	POULOS, Konstantinos		09	Genève Natation 1885				5:26.54	371	
	50m:	35.20 35.20	150m:	1:58.96	40.37	250m:	3:26.88	47.34	350m:	4:50.79 37.33
	100m:	1:18.59 43.39	200m:	2:39.54	40.58	300m:	4:13.46	46.58	400m:	5:26.54 35.75
16.	MABILLARD, Guillaume		09	Genève Natation 1885				5:30.75	357	
	50m:	37.04 37.04	150m:	2:05.71	43.96	250m:	3:34.05	45.46	350m:	4:57.15 36.35
	100m:	1:21.75 44.71	200m:	2:48.59	42.88	300m:	4:20.80	46.75	400m:	5:30.75 33.60
17.	ALI PENAFIEL, Mohamed		09	Natation Sportive Genève				5:43.89	318	
	50m:	34.79 34.79	150m:	1:58.63	41.12	250m:	3:31.15	51.52	350m:	5:04.65 39.61
	100m:	1:17.51 42.72	200m:	2:39.63	41.00	300m:	4:25.04	53.89	400m:	5:43.89 39.24

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Rang			AN					Temps	Pts
18.	AKABA, Idriss		10	Natation Sportive Genève				5:46.33	311
	50m:	40.31 40.31	150m:	2:11.16 44.29	250m:	3:42.63 47.29	350m:	5:09.85 39.95	
	100m:	1:26.87 46.56	200m:	2:55.34 44.18	300m:	4:29.90 47.27	400m:	5:46.33 36.48	
19.	DE ANDRADE, Théo		10	Natation Sportive Genève				5:46.64	310
	50m:	36.19 36.19	150m:	2:07.51 46.27	250m:	3:40.79 47.67	350m:	5:09.35 39.17	
	100m:	1:21.24 45.05	200m:	2:53.12 45.61	300m:	4:30.18 49.39	400m:	5:46.64 37.29	
20.	RATHI, Rasesh		08	Natation Sportive Genève				5:58.43	281
	50m:	37.98 37.98	150m:	2:12.02 46.09	250m:	3:46.34 48.93	350m:	5:18.00 41.92	
	100m:	1:25.93 47.95	200m:	2:57.41 45.39	300m:	4:36.08 49.74	400m:	5:58.43 40.43	
21.	LE MARTELOT, Félicien		11	Natation Sportive Genève				6:27.68	222
	50m:	42.21 42.21	150m:	2:20.96 47.82	250m:	4:02.12 53.02	350m:	5:43.37 46.93	
	100m:	1:33.14 50.93	200m:	3:09.10 48.14	300m:	4:56.44 54.32	400m:	6:27.68 44.31	
disq.	KEMPHUIS, Yannick		09	Genève Natation 1885				5:28.32	
	<i>303 - Pas touché le mur simultanément avec les deux mains (virage 10)</i>								
	50m:	33.26 33.26	150m:	1:54.07 42.99	250m:	3:24.46 48.08	350m:	4:51.64 38.27	
	100m:	1:11.08 37.82	200m:	2:36.38 42.31	300m:	4:13.37 48.91	400m:	5:28.32 36.68	

55 - 59 ans

1.	THERAULAZ, Didier		64	Natation Sportive Genève				5:53.79	292
	50m:	36.11 36.11	150m:	2:08.53 50.58	250m:	3:45.49 46.87	350m:	5:14.76 42.40	
	100m:	1:17.95 41.84	200m:	2:58.62 50.09	300m:	4:32.36 46.87	400m:	5:53.79 39.03	