

Event 19 Women, 400m Freestyle Open
16.12.2023 - 10:13 Results Prelim

Swiss National Records 4:09.29 Flavia, RIGAMONTI AST Austin (USA) 06.06.2008
Record Swiss Open 4:18.91 Marian, PLÖGER Sportarena Campus Sursee 18.12.2022

Limiten Swiss Open Winter Challenge 15 und jünger - 15: 5:21.69 / Limiten Swiss Open Winter Challenge 16-17 16 - 17: 5:09.29 /
Limiten Swiss Open Winter Challenge 18 älter 18 +: 4:53.82

Points: FINA 2023

Rank			YB					Time	Pts	
Youth, 15 Jahre und jünger										
1.	Suami, PAPAIS		08	Ast				4:39.65	604	Q
	50m:	31.46 31.46	150m:	1:41.46	35.62	250m:	2:53.66	36.23	350m:	4:05.57 35.75
	100m:	1:05.84 34.38	200m:	2:17.43	35.97	300m:	3:29.82	36.16	400m:	4:39.65 34.08
2.	Emma, MILAN		08	Num				4:39.75	603	Q
	50m:	32.00 32.00	150m:	1:42.85	35.91	250m:	2:54.60	35.91	350m:	4:06.65 35.85
	100m:	1:06.94 34.94	200m:	2:18.69	35.84	300m:	3:30.80	36.20	400m:	4:39.75 33.10
3.	Elisa, BALSAMO		08	Region Ostschweiz				4:45.09	570	Q
	50m:	32.41 32.41	150m:	1:44.59	36.65	250m:	2:57.29	36.41	350m:	4:10.48 36.65
	100m:	1:07.94 35.53	200m:	2:20.88	36.29	300m:	3:33.83	36.54	400m:	4:45.09 34.61
4.	Lena, SCHERB		08	Region Ostschweiz				4:47.00	558	Q
	50m:	31.98 31.98	150m:	1:42.91	35.78	250m:	2:55.93	36.50	350m:	4:10.46 37.81
	100m:	1:07.13 35.15	200m:	2:19.43	36.52	300m:	3:32.65	36.72	400m:	4:47.00 36.54
5.	Paola, MONTANES		10	Schwimmclub Frauenfeld				4:48.57	549	Q
	50m:	32.49 32.49	150m:	1:45.39	37.14	250m:	2:59.11	36.81	350m:	4:13.31 36.98
	100m:	1:08.25 35.76	200m:	2:22.30	36.91	300m:	3:36.33	37.22	400m:	4:48.57 35.26
6.	Sofia, FONTANA		10	Turrita Nuoto				4:48.58	549	Q
	50m:	33.13 33.13	150m:	1:46.18	36.69	250m:	2:59.61	36.60	350m:	4:13.16 36.77
	100m:	1:09.49 36.36	200m:	2:23.01	36.83	300m:	3:36.39	36.78	400m:	4:48.58 35.42
	Sara, GLAVNIK		08	Geneve Natation 1885				4:48.58	549	Q
	50m:	32.01 32.01	150m:	1:43.80	36.54	250m:	2:58.37	37.14	350m:	4:13.50 37.38
	100m:	1:07.26 35.25	200m:	2:21.23	37.43	300m:	3:36.12	37.75	400m:	4:48.58 35.08
8.	Sofia, MANTEGANI		09	Lug				4:49.77	542	Q
	50m:	32.98 32.98	150m:	1:45.70	37.01	250m:	2:59.66	37.42	350m:	4:13.54 37.02
	100m:	1:08.69 35.71	200m:	2:22.24	36.54	300m:	3:36.52	36.86	400m:	4:49.77 36.23
9.	Chiara, STAUBLI		08	SV Baar				4:49.93	542	Q
	50m:	32.70 32.70	150m:	1:45.23	36.98	250m:	2:59.57	37.31	350m:	4:13.69 36.71
	100m:	1:08.25 35.55	200m:	2:22.26	37.03	300m:	3:36.98	37.41	400m:	4:49.93 36.24
10.	Leona, GIAIMO		08	Region Zentralschweiz West				4:51.84	531	Q
	50m:	32.89 32.89	150m:	1:47.08	37.64	250m:	3:01.98	37.34	350m:	4:16.11 36.58
	100m:	1:09.44 36.55	200m:	2:24.64	37.56	300m:	3:39.53	37.55	400m:	4:51.84 35.73
11.	Anna, MAZZARETTO		09	Lug				4:53.45	522	R
	50m:	33.35 33.35	150m:	1:46.88	37.33	250m:	3:02.43	38.08	350m:	4:17.88 37.82
	100m:	1:09.55 36.20	200m:	2:24.35	37.47	300m:	3:40.06	37.63	400m:	4:53.45 35.57
12.	Lia, KAPP		08	Region Zentralschweiz West				4:55.85	510	R
	50m:	32.80 32.80	150m:	1:47.16	37.64	250m:	3:03.66	38.24	350m:	4:20.04 37.98
	100m:	1:09.52 36.72	200m:	2:25.42	38.26	300m:	3:42.06	38.40	400m:	4:55.85 35.81
13.	Amanda, LANINI		08	Nuoto Sport Locarno				4:57.84	500	
	50m:	33.88 33.88	150m:	1:47.73	37.06	250m:	3:04.48	38.58	350m:	4:21.09 38.46
	100m:	1:10.67 36.79	200m:	2:25.90	38.17	300m:	3:42.63	38.15	400m:	4:57.84 36.75
14.	Annika Lara, KAESLIN		09	LIMM				4:59.27	492	
	50m:	33.47 33.47	150m:	1:48.95	38.01	250m:	3:05.13	37.62	350m:	4:21.48 37.80
	100m:	1:10.94 37.47	200m:	2:27.51	38.56	300m:	3:43.68	38.55	400m:	4:59.27 37.79

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Event 19, Girls, 400m Freestyle, Prelim, Youth, 15 Jahre und jünger

Rank			YB					Time	Pts
15.	Meret, AKA		09	LIMM				4:59.53	491
	50m:	34.54 34.54	150m:	1:50.67	37.94	250m:	3:05.85 37.36	350m:	4:21.65 37.88
	100m:	1:12.73 38.19	200m:	2:28.49	37.82	300m:	3:43.77 37.92	400m:	4:59.53 37.88
16.	Mara Zoica, CRISTEA		10	SC Chur				5:01.96	479
	50m:	32.86 32.86	150m:	1:47.14	37.70	250m:	3:05.54 39.41	350m:	4:24.55 39.34
	100m:	1:09.44 36.58	200m:	2:26.13	38.99	300m:	3:45.21 39.67	400m:	5:01.96 37.41
17.	Carlotta, MONTORFANO		08	Num				5:02.74	476
	50m:	33.99 33.99	150m:	1:49.22	37.93	250m:	3:06.24 38.10	350m:	4:24.47 38.86
	100m:	1:11.29 37.30	200m:	2:28.14	38.92	300m:	3:45.61 39.37	400m:	5:02.74 38.27
18.	Alexandra, STEINER		09	Turrta Nuoto				5:03.15	474
	50m:	34.23 34.23	150m:	1:50.18	38.10	250m:	3:05.38 36.43	350m:	4:24.19 39.19
	100m:	1:12.08 37.85	200m:	2:28.95	38.77	300m:	3:45.00 39.62	400m:	5:03.15 38.96
19.	Louna, HUMAIR		09	Rfn				5:04.12	469
	50m:	33.21 33.21	150m:	1:48.67	38.31	250m:	3:07.06 38.80	350m:	4:26.85 39.66
	100m:	1:10.36 37.15	200m:	2:28.26	39.59	300m:	3:47.19 40.13	400m:	5:04.12 37.27
20.	Emily, BAYEVSKY		09	LIMM				5:11.69	436
	50m:	35.31 35.31	150m:	1:54.32	39.65	250m:	3:13.82 39.03	350m:	4:32.52 39.21
	100m:	1:14.67 39.36	200m:	2:34.79	40.47	300m:	3:53.31 39.49	400m:	5:11.69 39.17
21.	Mattea, JAKOB		09	Schwimmclub Aarefisch				5:11.97	435
	50m:	34.20 34.20	150m:	1:52.72	39.50	250m:	3:12.50 39.76	350m:	4:33.40 39.84
	100m:	1:13.22 39.02	200m:	2:32.74	40.02	300m:	3:53.56 41.06	400m:	5:11.97 38.57
22.	Gaia, MONIGHETTI		11	Turrta Nuoto				5:15.94	418
	50m:	35.90 35.90	150m:	1:55.51	40.15	250m:	3:16.84 40.94	350m:	4:38.33 40.56
	100m:	1:15.36 39.46	200m:	2:35.90	40.39	300m:	3:57.77 40.93	400m:	5:15.94 37.61
23.	Alina Kim, VOLLENWEIDER		10	SV Baar				5:17.58	412
	50m:	35.75 35.75	150m:	1:56.13	40.30	250m:	3:18.04 41.59	350m:	4:39.67 41.00
	100m:	1:15.83 40.08	200m:	2:36.45	40.32	300m:	3:58.67 40.63	400m:	5:17.58 37.91
24.	Stella, CAMPBELL		10	Schwimmclub Aarefisch				5:18.97	407
	50m:	35.79 35.79	150m:	1:57.25	40.84	250m:	3:17.15 40.06	350m:	4:39.82 41.29
	100m:	1:16.41 40.62	200m:	2:37.09	39.84	300m:	3:58.53 41.38	400m:	5:18.97 39.15
25.	Alyssa, FERRARI		10	Turrta Nuoto				5:21.14	398
	50m:	34.31 34.31	150m:	1:54.45	41.04	250m:	3:17.40 41.44	350m:	4:41.41 42.17
	100m:	1:13.41 39.10	200m:	2:35.96	41.51	300m:	3:59.24 41.84	400m:	5:21.14 39.73
26.	Emilie, SANDBERG		11	Schwimmclub Aarefisch				5:32.74	358
	50m:	37.02 37.02	150m:	1:59.58	41.71	250m:	3:25.60 42.89	350m:	4:52.01 42.79
	100m:	1:17.87 40.85	200m:	2:42.71	43.13	300m:	4:09.22 43.62	400m:	5:32.74 40.73

Juniors, 16-17 Jahre

1.	Anina, BRUHIN		06	SV Baar				4:34.74	637	Q
	50m:	31.35 31.35	150m:	1:40.60	34.74	250m:	2:50.91 34.74	350m:	4:00.74 34.60	
	100m:	1:05.86 34.51	200m:	2:16.17	35.57	300m:	3:26.14 35.23	400m:	4:34.74 34.00	
2.	Elisabetta, ROSSI		07	Num				4:37.63	617	Q
	50m:	31.98 31.98	150m:	1:41.63	35.36	250m:	2:52.71 35.66	350m:	4:03.15 35.23	
	100m:	1:06.27 34.29	200m:	2:17.05	35.42	300m:	3:27.92 35.21	400m:	4:37.63 34.48	
3.	Lisa, PICCIRILLI		06	Rfn				4:40.36	599	Q
	50m:	31.83 31.83	150m:	1:42.44	35.50	250m:	2:53.98 35.59	350m:	4:06.37 35.97	
	100m:	1:06.94 35.11	200m:	2:18.39	35.95	300m:	3:30.40 36.42	400m:	4:40.36 33.99	

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Event 19, Women, 400m Freestyle, Prelim, Juniors, 16-17 Jahre

Rank			YB						Time	Pts	
4.	Soyala, DEVERIN		07		Region Zentralschweiz West				4:44.99	570	Q
	50m:	32.52 32.52	150m:	1:44.73 36.48	250m:	2:56.43 36.00	350m:	4:09.49 36.90			
	100m:	1:08.25 35.73	200m:	2:20.43 35.70	300m:	3:32.59 36.16	400m:	4:44.99 35.50			
5.	Sofia, SCARFONE		07		Num				4:46.43	562	Q
	50m:	32.72 32.72	150m:	1:45.37 37.10	250m:	2:58.72 36.26	350m:	4:11.95 36.72			
	100m:	1:08.27 35.55	200m:	2:22.46 37.09	300m:	3:35.23 36.51	400m:	4:46.43 34.48			
6.	Leona, MONTANES		07		Schwimmclub Frauenfeld				4:52.24	529	Q
	50m:	32.15 32.15	150m:	1:44.90 36.70	250m:	2:59.46 37.94	350m:	4:15.52 38.48			
	100m:	1:08.20 36.05	200m:	2:21.52 36.62	300m:	3:37.04 37.58	400m:	4:52.24 36.72			
7.	Emma, MECIC		07		Nuoto Sport Locarno				4:53.20	524	Q
	50m:	34.11 34.11	150m:	1:48.13 37.15	250m:	3:02.28 37.22	350m:	4:17.23 37.56			
	100m:	1:10.98 36.87	200m:	2:25.06 36.93	300m:	3:39.67 37.39	400m:	4:53.20 35.97			
8.	Sophie, LUPICA		07		Lug				4:56.87	504	Q
	50m:	33.57 33.57	150m:	1:48.06 37.52	250m:	3:03.94 37.94	350m:	4:20.16 38.07			
	100m:	1:10.54 36.97	200m:	2:26.00 37.94	300m:	3:42.09 38.15	400m:	4:56.87 36.71			
9.	Paula, JANOUT		06		Schwimmclub Romanshorn				5:02.71	476	Q
	50m:	33.75 33.75	150m:	1:50.21 38.68	250m:	3:08.35 38.84	350m:	4:26.19 38.64			
	100m:	1:11.53 37.78	200m:	2:29.51 39.30	300m:	3:47.55 39.20	400m:	5:02.71 36.52			
10.	Naomi Layla, MARTINEZ		07		SC Uster				5:03.83	471	Q
	50m:	33.78 33.78	150m:	1:49.62 38.90	250m:	3:07.53 39.06	350m:	4:25.97 39.07			
	100m:	1:10.72 36.94	200m:	2:28.47 38.85	300m:	3:46.90 39.37	400m:	5:03.83 37.86			
11.	Elisa, BARNEZET		07		LIMM				5:07.10	456	R
	50m:	34.29 34.29	150m:	1:51.35 38.96	250m:	3:10.44 39.70	350m:	4:29.61 39.67			
	100m:	1:12.39 38.10	200m:	2:30.74 39.39	300m:	3:49.94 39.50	400m:	5:07.10 37.49			

Open, 18 Jahre und älter

1.	Vanna, DJAKOVIC		05		SC Uster				4:25.01	709	Q
	50m:	30.73 30.73	150m:	1:37.61 33.77	250m:	2:44.59 33.50	350m:	3:51.82 33.66			
	100m:	1:03.84 33.11	200m:	2:11.09 33.48	300m:	3:18.16 33.57	400m:	4:25.01 33.19			
2.	Liberty-Belle, HORTER		05		Club de Natation de Mulhouse				4:29.00	678	Q
	50m:	31.55 31.55	150m:	1:39.49 34.31	250m:	2:48.71 34.82	350m:	3:56.60 33.97			
	100m:	1:05.18 33.63	200m:	2:13.89 34.40	300m:	3:22.63 33.92	400m:	4:29.00 32.40			
3.	Amelie, BERTSCHI		05		Ast				4:29.96	671	Q
	50m:	30.24 30.24	150m:	1:37.32 33.99	250m:	2:46.64 34.60	350m:	3:56.48 34.64			
	100m:	1:03.33 33.09	200m:	2:12.04 34.72	300m:	3:21.84 35.20	400m:	4:29.96 33.48			
4.	Gaia, RASMUSSEN		04		Geneve Natation 1885				4:30.37	668	Q
	50m:	30.76 30.76	150m:	1:39.10 34.69	250m:	2:48.31 34.57	350m:	3:57.82 34.52			
	100m:	1:04.41 33.65	200m:	2:13.74 34.64	300m:	3:23.30 34.99	400m:	4:30.37 32.55			
5.	Hanne Stamnesfet, NASS		04		Barumsvommerne				4:32.59	652	Q
	50m:	31.36 31.36	150m:	1:39.27 34.33	250m:	2:48.32 34.61	350m:	3:58.19 35.03			
	100m:	1:04.94 33.58	200m:	2:13.71 34.44	300m:	3:23.16 34.84	400m:	4:32.59 34.40			
6.	Katharina, HIBBELN		05		Region Ostschweiz				4:35.88	629	Q
	50m:	31.72 31.72	150m:	1:41.32 35.08	250m:	2:51.35 35.25	350m:	4:01.88 35.60			
	100m:	1:06.24 34.52	200m:	2:16.10 34.78	300m:	3:26.28 34.93	400m:	4:35.88 34.00			
7.	Nastassja, CRAMERI		98		Turrita Nuoto				4:41.60	591	Q
	50m:	32.38 32.38	150m:	1:43.64 35.86	250m:	2:55.20 35.62	350m:	4:06.59 35.70			
	100m:	1:07.78 35.40	200m:	2:19.58 35.94	300m:	3:30.89 35.69	400m:	4:41.60 35.01			

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Event 19, Women, 400m Freestyle, Prelim, Open, 18 Jahre und älter

Rank	YB								Time	Pts		
8.	05 Region Zentralschweiz West								4:44.24	575 Q		
	50m:	33.16	33.16	150m:	1:45.09	36.70	250m:	2:56.90	35.52	350m:	4:09.09	36.10
	100m:	1:08.39	35.23	200m:	2:21.38	36.29	300m:	3:32.99	36.09	400m:	4:44.24	35.15

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