

Wettkampf 19  
16.12.2023 - 10:13

Damen, 400m Freistil

allg. Kategorie  
Rangliste Vorläufe

Swiss National Records 4:09.29 Flavia, RIGAMONTI AST Austin (USA) 06.06.2008  
Record Swiss Open 4:18.91 Marian, PLÖGER Sportarena Campus Sursee 18.12.2022

Limiten Swiss Open Winter Challenge 15 und jünger - 15: 5:21.69 / Limiten Swiss Open Winter Challenge 16-17 16 - 17: 5:09.29 /  
Limiten Swiss Open Winter Challenge 18 älter 18 +: 4:53.82

Punkte: FINA 2023

Rang			Jg.					Zeit	Pkt.
<b>Youth, 15 Jahre und jünger</b>									
1.	Suami, PAPAIS		08	A-Club Swimming Team Savosa SA				<b>4:39.65</b>	604 Q
	50m:	31.46 31.46	150m:	1:41.46 35.62	250m:	2:53.66 36.23	350m:	4:05.57 35.75	
	100m:	1:05.84 34.38	200m:	2:17.43 35.97	300m:	3:29.82 36.16	400m:	4:39.65 34.08	
2.	Emma, MILAN		08	Num				<b>4:39.75</b>	603 Q
	50m:	32.00 32.00	150m:	1:42.85 35.91	250m:	2:54.60 35.91	350m:	4:06.65 35.85	
	100m:	1:06.94 34.94	200m:	2:18.69 35.84	300m:	3:30.80 36.20	400m:	4:39.75 33.10	
3.	Elisa, BALSAMO		08	Region Ostschweiz				<b>4:45.09</b>	570 Q
	50m:	32.41 32.41	150m:	1:44.59 36.65	250m:	2:57.29 36.41	350m:	4:10.48 36.65	
	100m:	1:07.94 35.53	200m:	2:20.88 36.29	300m:	3:33.83 36.54	400m:	4:45.09 34.61	
4.	Lena, SCHERB		08	Region Ostschweiz				<b>4:47.00</b>	558 Q
	50m:	31.98 31.98	150m:	1:42.91 35.78	250m:	2:55.93 36.50	350m:	4:10.46 37.81	
	100m:	1:07.13 35.15	200m:	2:19.43 36.52	300m:	3:32.65 36.72	400m:	4:47.00 36.54	
5.	Paola, MONTANES		10	Schwimmclub Frauenfeld				<b>4:48.57</b>	549 Q
	50m:	32.49 32.49	150m:	1:45.39 37.14	250m:	2:59.11 36.81	350m:	4:13.31 36.98	
	100m:	1:08.25 35.76	200m:	2:22.30 36.91	300m:	3:36.33 37.22	400m:	4:48.57 35.26	
6.	Sofia, FONTANA		10	Turrita Nuoto				<b>4:48.58</b>	549 Q
	50m:	33.13 33.13	150m:	1:46.18 36.69	250m:	2:59.61 36.60	350m:	4:13.16 36.77	
	100m:	1:09.49 36.36	200m:	2:23.01 36.83	300m:	3:36.39 36.78	400m:	4:48.58 35.42	
	Sara, GLAVNIK		08	Geneve Natation 1885				<b>4:48.58</b>	549 Q
	50m:	32.01 32.01	150m:	1:43.80 36.54	250m:	2:58.37 37.14	350m:	4:13.50 37.38	
	100m:	1:07.26 35.25	200m:	2:21.23 37.43	300m:	3:36.12 37.75	400m:	4:48.58 35.08	
8.	Sofia, MANTEGANI		09	Lug				<b>4:49.77</b>	542 Q
	50m:	32.98 32.98	150m:	1:45.70 37.01	250m:	2:59.66 37.42	350m:	4:13.54 37.02	
	100m:	1:08.69 35.71	200m:	2:22.24 36.54	300m:	3:36.52 36.86	400m:	4:49.77 36.23	
9.	Chiara, STAUBLI		08	SV Baar				<b>4:49.93</b>	542 Q
	50m:	32.70 32.70	150m:	1:45.23 36.98	250m:	2:59.57 37.31	350m:	4:13.69 36.71	
	100m:	1:08.25 35.55	200m:	2:22.26 37.03	300m:	3:36.98 37.41	400m:	4:49.93 36.24	
10.	Leona, GIAIMO		08	Region Zentralschweiz West				<b>4:51.84</b>	531 Q
	50m:	32.89 32.89	150m:	1:47.08 37.64	250m:	3:01.98 37.34	350m:	4:16.11 36.58	
	100m:	1:09.44 36.55	200m:	2:24.64 37.56	300m:	3:39.53 37.55	400m:	4:51.84 35.73	
11.	Anna, MAZZARETTO		09	Lug				<b>4:53.45</b>	522 R
	50m:	33.35 33.35	150m:	1:46.88 37.33	250m:	3:02.43 38.08	350m:	4:17.88 37.82	
	100m:	1:09.55 36.20	200m:	2:24.35 37.47	300m:	3:40.06 37.63	400m:	4:53.45 35.57	
12.	Lia, KAPP		08	Region Zentralschweiz West				<b>4:55.85</b>	510 R
	50m:	32.80 32.80	150m:	1:47.16 37.64	250m:	3:03.66 38.24	350m:	4:20.04 37.98	
	100m:	1:09.52 36.72	200m:	2:25.42 38.26	300m:	3:42.06 38.40	400m:	4:55.85 35.81	
13.	Amanda, LANINI		08	Nuoto Sport Locarno				<b>4:57.84</b>	500
	50m:	33.88 33.88	150m:	1:47.73 37.06	250m:	3:04.48 38.58	350m:	4:21.09 38.46	
	100m:	1:10.67 36.79	200m:	2:25.90 38.17	300m:	3:42.63 38.15	400m:	4:57.84 36.75	
14.	Annika Lara, KÄSLIN		09	LIMM				<b>4:59.27</b>	492
	50m:	33.47 33.47	150m:	1:48.95 38.01	250m:	3:05.13 37.62	350m:	4:21.48 37.80	
	100m:	1:10.94 37.47	200m:	2:27.51 38.56	300m:	3:43.68 38.55	400m:	4:59.27 37.79	

Wettkampf 19, Mädchen, 400m Freistil, Vorlauf, Youth, 15 Jahre und jünger

Rang					Jg.					Zeit	Pkt.	
15.	Meret, AKA				09	LIMM				<b>4:59.53</b>	491	
	50m:	34.54	34.54	150m:	1:50.67	37.94	250m:	3:05.85	37.36	350m:	4:21.65	37.88
	100m:	1:12.73	38.19	200m:	2:28.49	37.82	300m:	3:43.77	37.92	400m:	4:59.53	37.88
16.	Mara Zoica, CRISTEA				10	SC Chur				<b>5:01.96</b>	479	
	50m:	32.86	32.86	150m:	1:47.14	37.70	250m:	3:05.54	39.41	350m:	4:24.55	39.34
	100m:	1:09.44	36.58	200m:	2:26.13	38.99	300m:	3:45.21	39.67	400m:	5:01.96	37.41
17.	Carlotta, MONTORFANO				08	Num				<b>5:02.74</b>	476	
	50m:	33.99	33.99	150m:	1:49.22	37.93	250m:	3:06.24	38.10	350m:	4:24.47	38.86
	100m:	1:11.29	37.30	200m:	2:28.14	38.92	300m:	3:45.61	39.37	400m:	5:02.74	38.27
18.	Alexandra, STEINER				09	Turrta Nuoto				<b>5:03.15</b>	474	
	50m:	34.23	34.23	150m:	1:50.18	38.10	250m:	3:05.38	36.43	350m:	4:24.19	39.19
	100m:	1:12.08	37.85	200m:	2:28.95	38.77	300m:	3:45.00	39.62	400m:	5:03.15	38.96
19.	Louna, HUMAIR				09	Rfn				<b>5:04.12</b>	469	
	50m:	33.21	33.21	150m:	1:48.67	38.31	250m:	3:07.06	38.80	350m:	4:26.85	39.66
	100m:	1:10.36	37.15	200m:	2:28.26	39.59	300m:	3:47.19	40.13	400m:	5:04.12	37.27
20.	Emily, BAYEVSKY				09	LIMM				<b>5:11.69</b>	436	
	50m:	35.31	35.31	150m:	1:54.32	39.65	250m:	3:13.82	39.03	350m:	4:32.52	39.21
	100m:	1:14.67	39.36	200m:	2:34.79	40.47	300m:	3:53.31	39.49	400m:	5:11.69	39.17
21.	Mattea, JAKOB				09	Schwimmclub Aarefisch				<b>5:11.97</b>	435	
	50m:	34.20	34.20	150m:	1:52.72	39.50	250m:	3:12.50	39.76	350m:	4:33.40	39.84
	100m:	1:13.22	39.02	200m:	2:32.74	40.02	300m:	3:53.56	41.06	400m:	5:11.97	38.57
22.	Gaia, MONIGHETTI				11	Turrta Nuoto				<b>5:15.94</b>	418	
	50m:	35.90	35.90	150m:	1:55.51	40.15	250m:	3:16.84	40.94	350m:	4:38.33	40.56
	100m:	1:15.36	39.46	200m:	2:35.90	40.39	300m:	3:57.77	40.93	400m:	5:15.94	37.61
23.	Alina Kim, VOLLENWEIDER				10	SV Baar				<b>5:17.58</b>	412	
	50m:	35.75	35.75	150m:	1:56.13	40.30	250m:	3:18.04	41.59	350m:	4:39.67	41.00
	100m:	1:15.83	40.08	200m:	2:36.45	40.32	300m:	3:58.67	40.63	400m:	5:17.58	37.91
24.	Stella, CAMPBELL				10	Schwimmclub Aarefisch				<b>5:18.97</b>	407	
	50m:	35.79	35.79	150m:	1:57.25	40.84	250m:	3:17.15	40.06	350m:	4:39.82	41.29
	100m:	1:16.41	40.62	200m:	2:37.09	39.84	300m:	3:58.53	41.38	400m:	5:18.97	39.15
25.	Alyssa, FERRARI				10	Turrta Nuoto				<b>5:21.14</b>	398	
	50m:	34.31	34.31	150m:	1:54.45	41.04	250m:	3:17.40	41.44	350m:	4:41.41	42.17
	100m:	1:13.41	39.10	200m:	2:35.96	41.51	300m:	3:59.24	41.84	400m:	5:21.14	39.73
26.	Emilie, SANDBERG				11	Schwimmclub Aarefisch				<b>5:32.74</b>	358	
	50m:	37.02	37.02	150m:	1:59.58	41.71	250m:	3:25.60	42.89	350m:	4:52.01	42.79
	100m:	1:17.87	40.85	200m:	2:42.71	43.13	300m:	4:09.22	43.62	400m:	5:32.74	40.73

Juniors, 16-17 Jahre

1.	Anina, BRUHIN				06	SV Baar				<b>4:34.74</b>	637	Q
	50m:	31.35	31.35	150m:	1:40.60	34.74	250m:	2:50.91	34.74	350m:	4:00.74	34.60
	100m:	1:05.86	34.51	200m:	2:16.17	35.57	300m:	3:26.14	35.23	400m:	4:34.74	34.00
2.	Elisabetta, ROSSI				07	Num				<b>4:37.63</b>	617	Q
	50m:	31.98	31.98	150m:	1:41.63	35.36	250m:	2:52.71	35.66	350m:	4:03.15	35.23
	100m:	1:06.27	34.29	200m:	2:17.05	35.42	300m:	3:27.92	35.21	400m:	4:37.63	34.48
3.	Lisa, PICCIRILLI				06	Rfn				<b>4:40.36</b>	599	Q
	50m:	31.83	31.83	150m:	1:42.44	35.50	250m:	2:53.98	35.59	350m:	4:06.37	35.97
	100m:	1:06.94	35.11	200m:	2:18.39	35.95	300m:	3:30.40	36.42	400m:	4:40.36	33.99

Wettkampf 19, Damen, 400m Freistil, Vorlauf, Juniors, 16-17 Jahre

Rang					Jg.					Zeit	Pkt.	
4.	Soyala, DÉVERIN				07	Region Zentralschweiz West				<b>4:44.99</b>	570 Q	
	50m:	32.52	32.52	150m:	1:44.73	36.48	250m:	2:56.43	36.00	350m:	4:09.49	36.90
	100m:	1:08.25	35.73	200m:	2:20.43	35.70	300m:	3:32.59	36.16	400m:	4:44.99	35.50
5.	Sofia, SCARFONE				07	Num				<b>4:46.43</b>	562 Q	
	50m:	32.72	32.72	150m:	1:45.37	37.10	250m:	2:58.72	36.26	350m:	4:11.95	36.72
	100m:	1:08.27	35.55	200m:	2:22.46	37.09	300m:	3:35.23	36.51	400m:	4:46.43	34.48
6.	Leona, MONTANES				07	Schwimmclub Frauenfeld				<b>4:52.24</b>	529 Q	
	50m:	32.15	32.15	150m:	1:44.90	36.70	250m:	2:59.46	37.94	350m:	4:15.52	38.48
	100m:	1:08.20	36.05	200m:	2:21.52	36.62	300m:	3:37.04	37.58	400m:	4:52.24	36.72
7.	Emma, MECIC				07	Nuoto Sport Locarno				<b>4:53.20</b>	524 Q	
	50m:	34.11	34.11	150m:	1:48.13	37.15	250m:	3:02.28	37.22	350m:	4:17.23	37.56
	100m:	1:10.98	36.87	200m:	2:25.06	36.93	300m:	3:39.67	37.39	400m:	4:53.20	35.97
8.	Sophie, LUPICA				07	Lug				<b>4:56.87</b>	504 Q	
	50m:	33.57	33.57	150m:	1:48.06	37.52	250m:	3:03.94	37.94	350m:	4:20.16	38.07
	100m:	1:10.54	36.97	200m:	2:26.00	37.94	300m:	3:42.09	38.15	400m:	4:56.87	36.71
9.	Paula, JANOUT				06	Schwimmclub Romanshorn				<b>5:02.71</b>	476 Q	
	50m:	33.75	33.75	150m:	1:50.21	38.68	250m:	3:08.35	38.84	350m:	4:26.19	38.64
	100m:	1:11.53	37.78	200m:	2:29.51	39.30	300m:	3:47.55	39.20	400m:	5:02.71	36.52
10.	Naomi Layla, MARTINEZ				07	SC Uster				<b>5:03.83</b>	471 Q	
	50m:	33.78	33.78	150m:	1:49.62	38.90	250m:	3:07.53	39.06	350m:	4:25.97	39.07
	100m:	1:10.72	36.94	200m:	2:28.47	38.85	300m:	3:46.90	39.37	400m:	5:03.83	37.86
11.	Elisa, BARNEZET				07	LIMM				<b>5:07.10</b>	456 R	
	50m:	34.29	34.29	150m:	1:51.35	38.96	250m:	3:10.44	39.70	350m:	4:29.61	39.67
	100m:	1:12.39	38.10	200m:	2:30.74	39.39	300m:	3:49.94	39.50	400m:	5:07.10	37.49

Open, 18 Jahre und älter

1.	Vanna, DJAKOVIC				05	SC Uster				<b>4:25.01</b>	709 Q	
	50m:	30.73	30.73	150m:	1:37.61	33.77	250m:	2:44.59	33.50	350m:	3:51.82	33.66
	100m:	1:03.84	33.11	200m:	2:11.09	33.48	300m:	3:18.16	33.57	400m:	4:25.01	33.19
2.	Liberty-Belle, HORTER				05	Club de Natation de Mulhouse				<b>4:29.00</b>	678 Q	
	50m:	31.55	31.55	150m:	1:39.49	34.31	250m:	2:48.71	34.82	350m:	3:56.60	33.97
	100m:	1:05.18	33.63	200m:	2:13.89	34.40	300m:	3:22.63	33.92	400m:	4:29.00	32.40
3.	Amélie, BERTSCHI				05	A-Club Swimming Team Savosa SA				<b>4:29.96</b>	671 Q	
	50m:	30.24	30.24	150m:	1:37.32	33.99	250m:	2:46.64	34.60	350m:	3:56.48	34.64
	100m:	1:03.33	33.09	200m:	2:12.04	34.72	300m:	3:21.84	35.20	400m:	4:29.96	33.48
4.	Gaia, RASMUSSEN				04	Geneve Natation 1885				<b>4:30.37</b>	668 Q	
	50m:	30.76	30.76	150m:	1:39.10	34.69	250m:	2:48.31	34.57	350m:	3:57.82	34.52
	100m:	1:04.41	33.65	200m:	2:13.74	34.64	300m:	3:23.30	34.99	400m:	4:30.37	32.55
5.	Hanne Stamnesfet, NÆSS				04	Bærumsvømmere				<b>4:32.59</b>	652 Q	
	50m:	31.36	31.36	150m:	1:39.27	34.33	250m:	2:48.32	34.61	350m:	3:58.19	35.03
	100m:	1:04.94	33.58	200m:	2:13.71	34.44	300m:	3:23.16	34.84	400m:	4:32.59	34.40
6.	Katharina, HIBBELN				05	Region Ostschweiz				<b>4:35.88</b>	629 Q	
	50m:	31.72	31.72	150m:	1:41.32	35.08	250m:	2:51.35	35.25	350m:	4:01.88	35.60
	100m:	1:06.24	34.52	200m:	2:16.10	34.78	300m:	3:26.28	34.93	400m:	4:35.88	34.00
7.	Nastassja, CRAMERI				98	Turrita Nuoto				<b>4:41.60</b>	591 Q	
	50m:	32.38	32.38	150m:	1:43.64	35.86	250m:	2:55.20	35.62	350m:	4:06.59	35.70
	100m:	1:07.78	35.40	200m:	2:19.58	35.94	300m:	3:30.89	35.69	400m:	4:41.60	35.01

Wettkampf 19, Damen, 400m Freistil, Vorlauf, Open, 18 Jahre und älter

Rang			Jg.					Zeit	Pkt.			
8.	Anna, PITZER		05	Region Zentralschweiz West				<b>4:44.24</b>	575 Q			
	50m:	33.16	33.16	150m:	1:45.09	36.70	250m:	2:56.90	35.52	350m:	4:09.09	36.10
	100m:	1:08.39	35.23	200m:	2:21.38	36.29	300m:	3:32.99	36.09	400m:	4:44.24	35.15