

XIX OlyMaster 25 III Memorial Ángeles Carvajal "La Nena"  
Gijón, 14/1/2023

Prueba 1  
14/01/2023 - 17:00

Masc., 400m Libre

20 - 79 años  
Resultados

Puntos: FINA 2021

Clasificación	AN		Tiempo						Pts
<b>20+</b>									
1.	LARA RENUNCIÓ, Jorge		00	C. Aquatico Aviles Solras		<b>4:50.95</b>		388	
	50m:	31.23 31.23	150m:	1:43.18	36.58	250m:	2:57.25 37.21	350m:	4:13.70 38.41
	100m:	1:06.60 35.37	200m:	2:20.04	36.86	300m:	3:35.29 38.04	400m:	4:50.95 37.25
2.	ALONSO TOMAS, Adrian		00	C.D. Multideportes Oviedo		<b>5:25.43</b>		277	
	50m:	37.02 37.02	150m:	1:56.02	39.78	250m:	3:18.24 41.48	350m:	4:43.47 42.82
	100m:	1:16.24 39.22	200m:	2:36.76	40.74	300m:	4:00.65 42.41	400m:	5:25.43 41.96
<b>25+</b>									
1.	FERNANDEZ MENENDEZ, Adrian		97	C.N. Villa De Navia		<b>4:48.21</b>		399	
	50m:	31.74 31.74	150m:	1:42.72	36.09	250m:	2:56.70 37.02	350m:	4:11.85 37.27
	100m:	1:06.63 34.89	200m:	2:19.68	36.96	300m:	3:34.58 37.88	400m:	4:48.21 36.36
<b>30+</b>									
1.	MENDEZ FERNANDEZ, David		91	C.N. Villa De Navia		<b>5:26.22</b>		275	
	50m:	32.94 32.94	150m:	1:50.81	40.29	250m:	3:15.88 43.01	350m:	4:44.53 44.50
	100m:	1:10.52 37.58	200m:	2:32.87	42.06	300m:	4:00.03 44.15	400m:	5:26.22 41.69
2.	MARQUÉS BEJARANO, Adrián		90	C.N. Santa Olaya		<b>5:27.73</b>		271	
	50m:	32.96 32.96	150m:	1:51.94	40.68	250m:	3:18.41 43.52	350m:	4:46.08 43.47
	100m:	1:11.26 38.30	200m:	2:34.89	42.95	300m:	4:02.61 44.20	400m:	5:27.73 41.65
3.	ALVAREZ LORENZO, Alejandro		89	C.D. Multideportes Oviedo		<b>6:32.05</b>		158	
	50m:	42.53 42.53	150m:	2:17.07	48.53	250m:	3:56.72 49.97	350m:	5:40.53 52.43
	100m:	1:28.54 46.01	200m:	3:06.75	49.68	300m:	4:48.10 51.38	400m:	6:32.05 51.52
<b>35+</b>									
1.	SUAREZ-LLEDO ORTEA, Claudio		85	R.G.C. Covadonga		<b>4:57.01</b>		364	
	50m:	33.68 33.68	150m:	1:47.02	37.21	250m:	3:03.10 38.41	350m:	4:19.54 38.08
	100m:	1:09.81 36.13	200m:	2:24.69	37.67	300m:	3:41.46 38.36	400m:	4:57.01 37.47
2.	SUAREZ MENDEZ, Alejandro		87	C.N. Villa De Navia		<b>5:08.64</b>		325	
	50m:	33.84 33.84	150m:	1:50.79	39.29	250m:	3:10.51 39.98	350m:	4:30.80 39.88
	100m:	1:11.50 37.66	200m:	2:30.53	39.74	300m:	3:50.92 40.41	400m:	5:08.64 37.84
3.	CASTRO LOPEZ, David		87	C.D. Multideportes Oviedo		<b>6:18.37</b>		176	
	50m:	41.87 41.87	150m:	2:15.80	47.94	250m:	3:53.65 49.05	350m:	5:32.67 49.69
	100m:	1:27.86 45.99	200m:	3:04.60	48.80	300m:	4:42.98 49.33	400m:	6:18.37 45.70
<b>40+</b>									
1.	ALVAREZ ORDOÑEZ, Noe		83	C.N. Cuencas Mineras		<b>4:36.50</b>		452	
	50m:	29.91 29.91	150m:	1:37.49	34.49	250m:	2:49.07 35.93	350m:	4:01.94 36.48
	100m:	1:03.00 33.09	200m:	2:13.14	35.65	300m:	3:25.46 36.39	400m:	4:36.50 34.56
2.	BILDOSOLA AGIRREGOMEZKORTA, Iñaki		83	Swim Camp Getxo Cd		<b>5:14.26</b>		308	
	50m:	22.86 22.86	150m:	1:48.82	42.50	250m:	3:12.89 42.20	350m:	4:33.68 39.35
	100m:	1:06.32 43.46	200m:	2:30.69	41.87	300m:	3:54.33 41.44	400m:	5:14.26 40.58

Piscina 25 m. / crono electrónico

XIX OlyMaster 25 III Memorial Ángeles Carvajal "La Nena"  
Gijón, 14/1/2023

Prueba 1, Masc., 400m Libre, 40+

Clasificación	AN						Tiempo	Pts			
3.	NUÑEZ DIAZ, Jose Angel		80	C.N. Ciudad De Gijon				<b>6:57.21</b>	131		
	50m:	46.62 46.62	150m:	2:25.67	51.07	250m:	4:12.06	53.39	350m:	6:03.17	55.44
	100m:	1:34.60 47.98	200m:	3:18.67	53.00	300m:	5:07.73	55.67	400m:	6:57.21	54.04

45+

1.	RODRIGUEZ GUTIERREZ, Alberto		76	C.N. Santa Olaya				<b>4:46.68</b>	405		
	50m:	32.55 32.55	150m:	1:42.46	35.10	250m:	2:55.11	36.70	350m:	4:09.67	37.39
	100m:	1:07.36 34.81	200m:	2:18.41	35.95	300m:	3:32.28	37.17	400m:	4:46.68	37.01
2.	SANTORUM PEREZ, Arturo		74	C.N. Ovimaster				<b>5:20.65</b>	290		
	50m:	36.51 36.51	150m:	1:56.92	40.75	250m:	3:20.47	41.96	350m:	4:43.66	41.37
	100m:	1:16.17 39.66	200m:	2:38.51	41.59	300m:	4:02.29	41.82	400m:	5:20.65	36.99
3.	LOSA PARRONDO, Andres		75	R.G.C. Covadonga				<b>5:33.50</b>	257		
	50m:	37.12 37.12	150m:	1:59.58	42.16	250m:	3:25.31	43.03	350m:	4:51.73	42.81
	100m:	1:17.42 40.30	200m:	2:42.28	42.70	300m:	4:08.92	43.61	400m:	5:33.50	41.77
4.	MENDEZ AVELLO, Adriano		78	C.N. Villa De Navia				<b>5:50.68</b>	221		
	50m:	37.98 37.98	150m:	2:03.64	43.10	250m:	3:32.38	45.20	350m:	5:04.77	46.03
	100m:	1:20.54 42.56	200m:	2:47.18	43.54	300m:	4:18.74	46.36	400m:	5:50.68	45.91
5.	RODRIGUEZ DIAZ, Rogelio		75	R.G.C. Covadonga				<b>6:29.53</b>	161		
	50m:		150m:	2:16.08	49.19	250m:	3:57.56	50.98	350m:		
	100m:	1:26.89	200m:	3:06.58	50.50	300m:	4:48.30	50.74	400m:	6:29.53	

50+

1.	LASTRA RODRIGUEZ, Fernando		71	C.N. Santa Olaya				<b>5:08.44</b>	325		
	50m:	35.55 35.55	150m:	1:52.18	38.70	250m:	3:11.04	39.46	350m:	4:29.80	39.26
	100m:	1:13.48 37.93	200m:	2:31.58	39.40	300m:	3:50.54	39.50	400m:	5:08.44	38.64
2.	ARANGO BERMEJO, Isaac		73	C. Aquatico Aviles Solras				<b>5:10.88</b>	318		
	50m:	34.61 34.61	150m:			250m:			350m:	4:32.04	
	100m:	1:51.33 1:16.72	200m:	2:31.69		300m:			400m:	5:10.88	38.84
3.	MARTINEZ GONZALEZ, Raul		72	C.N. Ovimaster				<b>5:12.32</b>	313		
	50m:	35.35 35.35	150m:	1:52.29	39.00	250m:	3:12.29	40.05	350m:	4:32.72	40.04
	100m:	1:13.29 37.94	200m:	2:32.24	39.95	300m:	3:52.68	40.39	400m:	5:12.32	39.60
4.	GONZALEZ GONZALEZ, Guzman		71	C.N. Ovimaster				<b>5:21.92</b>	286		
	50m:	36.95 36.95	150m:	1:57.68	40.94	250m:	3:20.30	40.49	350m:	4:42.14	41.19
	100m:	1:16.74 39.79	200m:	2:39.81	42.13	300m:	4:00.95	40.65	400m:	5:21.92	39.78

55+

1.	VILLA CASAL, Juan Pablo		64	R.G.C. Covadonga				<b>6:44.40</b>	144		
	50m:	44.63 44.63	150m:	2:25.70	51.88	250m:			350m:	5:52.83	
	100m:	1:33.82 49.19	200m:	3:16.23	50.53	300m:			400m:	6:44.40	51.57

60+

1.	VALLEJO ARROYO, Juan Carlos		63	Club Natación Vulcania Master				<b>4:44.48</b>	415		
	50m:	32.42 32.42	150m:	1:43.47	36.01	250m:	2:55.86	36.20	350m:	4:08.73	36.52
	100m:	1:07.46 35.04	200m:	2:19.66	36.19	300m:	3:32.21	36.35	400m:	4:44.48	35.75
2.	PASTOR LOBO, Benito		62	C.N. Santa Olaya				<b>8:52.68</b>	63		
	50m:	55.09 55.09	150m:	3:04.54	1:07.37	250m:	5:21.25	1:08.07	350m:	7:43.91	1:12.46
	100m:	1:57.17 1:02.08	200m:	4:13.18	1:08.64	300m:	6:31.45	1:10.20	400m:	8:52.68	1:08.77

Piscina 25 m. / crono electrónico

XIX OlyMaster 25 III Memorial Ángeles Carvajal "La Nena"  
Gijón, 14/1/2023

Prueba 1, Masc., 400m Libre

65+

1.	BLANCO MERINO, Agustin	56	C.N. Ovimaster	<b>9:06.54</b>	58
	50m: 1:00.52 1:00.52	150m: 3:15.02 1:09.07	250m: 5:36.53 1:11.98	350m: 8:00.47 1:13.02	
	100m: 2:05.95 1:05.43	200m: 4:24.55 1:09.53	300m: 6:47.45 1:10.92	400m: 9:06.54 1:06.07	

DSQ VALDES MORILLO, Jose Ángel 58 C. Aquatico Aviles Solras  
*DNI - DESC. NADO IRREGULAR*

Baja enf. MENENDEZ PEÑALOSA, Teodomiro 57 R.G.C. Covadonga

70+

1.	CARBAJOSA SUAREZ, Adolfo	50	C.N. Santa Olaya	<b>8:16.48</b>	78
	50m: 51.10 51.10	150m: 2:52.43 1:02.44	250m: 5:01.06 1:04.95	350m: 7:11.57 1:05.35	
	100m: 1:49.99 58.89	200m: 3:56.11 1:03.68	300m: 6:06.22 1:05.16	400m: 8:16.48 1:04.91	