



Campeonato Distrital de JUV, JUN, SEN)
Tomar, 19 e 20 de Novembro de 2022

Prova 26 Juvenil
20/11/2022 - 9:45 Resultados

| | | | | | |
|---------------------------------|---------|----------------------|------|--------------|------------|
| Recorde Distrital ANDS Absoluto | 8:00.80 | Gustavo Manuel Santa | CNLA | Leiria | 06/12/2009 |
| Recorde Distrital ANDS Juv A | 8:09.51 | Gustavo Manuel Santa | CNLA | Torres Novas | 26/04/2009 |
| Recorde Distrital ANDS Juv B | 8:39.75 | Pedro Diogo Oliveira | CNRM | Tomar | 11/05/2003 |

Juv B: 11:19.00; Juv A: 10:57.00

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|--------------------------------|-----------------------|------------------------|-----------------|-------|-----|
| 1. | Alexandre Morari | 07 | Rio Maior | 8:35.05 | | 638 |
| | 50m: 28.22 28.22 | 200m: 2:03.62 1:04.29 | 800m: 8:35.05 4:20.58 | | | |
| | 100m: 59.33 31.11 | 400m: 4:14.47 2:10.85 | | | | |
| 2. | Eugenio Melnyk | 07 | Rio Maior | 9:18.86 | | 499 |
| | 50m: 30.53 30.53 | 200m: 2:14.56 1:09.78 | 800m: 9:18.86 4:42.36 | | | |
| | 100m: 1:04.78 34.25 | 400m: 4:36.50 2:21.94 | | | | |
| 3. | Joao Pedro Monteiro | 08 | BUZIOS-Coruche | 9:25.53 | | 482 |
| | 50m: 31.28 31.28 | 200m: 2:16.63 1:11.63 | 800m: 9:25.53 4:44.58 | | | |
| | 100m: 1:05.00 33.72 | 400m: 4:40.95 2:24.32 | | | | |
| 4. | Tomas Alexandre Santos | 07 | BUZIOS-Coruche | 9:27.84 | | 476 |
| | 50m: 31.43 31.43 | 200m: 2:16.88 1:10.81 | 800m: 9:27.84 4:49.26 | | | |
| | 100m: 1:06.07 34.64 | 400m: 4:38.58 2:21.70 | | | | |
| 5. | Bernardo Pereira Simoes | 07 | Torres Novas | 9:33.92 | | 461 |
| | 50m: 32.51 32.51 | 200m: 2:20.95 1:12.72 | 800m: 9:33.92 4:48.06 | | | |
| | 100m: 1:08.23 35.72 | 400m: 4:45.86 2:24.91 | | | | |
| 6. | Francisco Guilherme Freixieiro | 08 | Rio Maior | 9:59.87 | | 403 |
| | 50m: 33.44 33.44 | 200m: 2:24.06 1:14.40 | 800m: 9:59.87 5:05.18 | | | |
| | 100m: 1:09.66 36.22 | 400m: 4:54.69 2:30.63 | | | | |
| 7. | Simao Pedro Oliveira | 07 | Torres Novas | 10:18.59 | | 368 |
| | 50m: 33.81 33.81 | 200m: 2:28.09 1:17.15 | 800m: 10:18.59 5:12.83 | | | |
| | 100m: 1:10.94 37.13 | 400m: 5:05.76 2:37.67 | | | | |

Prova 26 Junior
20/11/2022 - 9:45 Resultados

| | | | | | |
|---------------------------------|---------|----------------------|---------|------------|------------|
| Recorde Distrital ANDS Absoluto | 8:00.80 | Gustavo Manuel Santa | CNLA | Leiria | 06/12/2009 |
| Recorde Distrital ANDS Jun18 | 8:17.56 | Tiago Filipe Campos | Sel POR | Felgueiras | 22/04/2014 |
| Recorde Distrital ANDS Jun17 | 8:00.80 | Gustavo Manuel Santa | CNLA | Leiria | 06/12/2009 |

Jun/Sen: 10:33.00

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|-----------------------|-----------------------|-----------------------|----------------|-------|-----|
| 1. | Ricardo Matias Santos | 05 | CPFZ - Natacao | 8:29.62 | | 658 |
| | 50m: 29.16 29.16 | 200m: 2:05.22 1:04.28 | 800m: 8:29.62 4:15.36 | | | |
| | 100m: 1:00.94 31.78 | 400m: 4:14.26 2:09.04 | | | | |
| 2. | Jose Maria Temudo | 06 | Rio Maior | 9:05.85 | | 536 |
| | 50m: 29.95 29.95 | 200m: 2:10.77 1:07.82 | 800m: 9:05.85 4:36.11 | | | |
| | 100m: 1:02.95 33.00 | 400m: 4:29.74 2:18.97 | | | | |
| 3. | Rafael Sousa Azevedo | 06 | Viver Santarem | 9:24.57 | | 484 |
| | 50m: 30.25 30.25 | 200m: 2:14.50 1:10.53 | 800m: 9:24.57 4:46.10 | | | |
| | 100m: 1:03.97 33.72 | 400m: 4:38.47 2:23.97 | | | | |
| 4. | Antonio Pedro Martins | 05 | CPFZ - Natacao | 9:33.89 | | 461 |
| | 50m: 33.14 33.14 | 200m: 2:21.53 1:12.64 | 800m: 9:33.89 4:47.63 | | | |
| | 100m: 1:08.89 35.75 | 400m: 4:46.26 2:24.73 | | | | |
| 5. | Lorenzo Muniz Silva | 06 | BUZIOS-Coruche | 9:52.38 | | 419 |
| | 50m: 33.19 33.19 | 200m: 2:22.09 1:12.78 | 800m: 9:52.38 4:59.47 | | | |
| | 100m: 1:09.31 36.12 | 400m: 4:52.91 2:30.82 | | | | |



Campeonato Distrital de JUV, JUN, SEN)
Tomar, 19 e 20 de Novembro de 2022

Prova 26, Masc., 800m Livres, Junior

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|------------------------|-----------------------|------------------------|-----------------|-------|-----|
| 6. | Rafael Rodrigues Gomes | 06 | Gualdim Pais | 10:14.20 | | 376 |
| | 50m: 29.23 29.23 | 200m: 2:06.23 1:05.28 | 800m: 10:14.20 5:54.13 | | | |
| | 100m: 1:00.95 31.72 | 400m: 4:20.07 2:13.84 | | | | |

Prova 26 Masc., 800m Livres Senior Resultados

| | | | | | |
|---------------------------------|---------|----------------------|------|-----------|------------|
| Recorde Distrital ANDS Absoluto | 8:00.80 | Gustavo Manuel Santa | CNLA | Leiria | 06/12/2009 |
| Recorde Distrital ANDS Sen | 8:07.85 | Tiago Filipe Campos | CNRM | Albufeira | 12/11/2021 |

Jun/Sen: 10:33.00

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|---------------------------------|-----------------------|--------------------------|-----------------|-------|-----|
| 1. | Diogo Bernardo Tome | 03 | Nautico Salvaterra Magos | 8:44.58 | | 603 |
| | 50m: 29.41 29.41 | 200m: 2:06.06 1:04.94 | 800m: 8:44.58 4:25.64 | | | |
| | 100m: 1:01.12 31.71 | 400m: 4:18.94 2:12.88 | | | | |
| 2. | Micael Kovalchuk Solodyuk | 03 | Rio Maior | 9:44.41 | | 436 |
| | 50m: 31.09 31.09 | 200m: 2:19.09 1:13.36 | 800m: 9:44.41 4:56.25 | | | |
| | 100m: 1:05.73 34.64 | 400m: 4:48.16 2:29.07 | | | | |
| 3. | Joao Pedro Rosa | 90 | CLAC-Entroncamento | 10:05.24 | | 393 |
| | 50m: 34.42 34.42 | 200m: 2:28.81 1:16.74 | 800m: 10:05.24 5:02.85 | | | |
| | 100m: 1:12.07 37.65 | 400m: 5:02.39 2:33.58 | | | | |
| 4. | Hugo Miguel Silva <i>FTL</i> | 77 | BUZIOS-Coruche | 11:11.38 | | 288 |
| | 50m: 39.41 39.41 | 200m: 2:46.13 1:25.00 | 800m: 11:11.38 5:32.65 | | | |
| | 100m: 1:21.13 41.72 | 400m: 5:38.73 2:52.60 | | | | |