



Campeonato Distrital de JUV, JUN, SEN)
Tomar, 19 e 20 de Novembro de 2022

Prova 2 Femin., 800m Livres Juvenil
19/11/2022 - 9:40 Resultados

| | | | | | |
|---------------------------------|---------|--------------------|------|-----------|------------|
| Recorde Distrital ANDS Absoluto | 8:44.44 | Mafalda Sofia Rosa | CNRM | Albufeira | 14/11/2021 |
| Recorde Distrital ANDS Juv A | 9:10.38 | Mafalda Sofia Rosa | CNRM | Albufeira | 16/12/2017 |
| Recorde Distrital ANDS Juv B | 9:21.21 | Ana Rita Boavista | CNLA | Guimar es | 09/03/2002 |

Juv B: 13:00.00; Juv A: 12:40.00

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|----------------------------|-----------------------|-----------------------|-----------------|---------|-----|
| 1. | Catarina Maria Lopes | 08 | BUZIOS-Coruche | 9:59.38 | | 511 |
| | 50m: 33.59 33.59 | 200m: 2:25.26 1:15.37 | 800m: 9:59.38 | 5:03.02 | | |
| | 100m: 1:09.89 36.30 | 400m: 4:56.36 2:31.10 | | | | |
| 2. | Joana Pereira Santos | 09 | Rio Maior | 10:24.39 | | 452 |
| | 50m: 33.45 33.45 | 200m: 2:27.26 1:17.16 | 800m: 10:24.39 | 5:19.75 | | |
| | 100m: 1:10.10 36.65 | 400m: 5:04.64 2:37.38 | | | | |
| 3. | Laura Prates Morais | 09 | BUZIOS-Coruche | 10:34.08 | | 432 |
| | 50m: 35.02 35.02 | 200m: 2:32.87 1:19.21 | 800m: 10:34.08 | 5:19.93 | | |
| | 100m: 1:13.66 38.64 | 400m: 5:14.15 2:41.28 | | | | |
| 4. | Carlota Pereira Sousa | 08 | Viver Santarem | 11:48.81 | | 309 |
| | 50m: 38.17 38.17 | 200m: 2:47.84 1:27.24 | 800m: 11:48.81 | 6:02.57 | | |
| | 100m: 1:20.60 42.43 | 400m: 5:46.24 2:58.40 | | | | |
| 5. | Leonor Margarida Mateus | 09 | BUZIOS-Coruche | 12:22.95 | | 268 |
| | 50m: 39.02 39.02 | 200m: 3:00.08 1:35.06 | 800m: 12:22.95 | 6:11.81 | | |
| | 100m: 1:25.02 46.00 | 400m: 6:11.14 3:11.06 | | | | |
| 6. | Daniela Santos Carrilho | 08 | CLAC-Entroncamento | 12:24.64 | | 266 |
| | 50m: 38.89 38.89 | 200m: 2:58.99 1:33.07 | 800m: 12:24.64 | 6:17.10 | | |
| | 100m: 1:25.92 47.03 | 400m: 6:07.54 3:08.55 | | | | |
| 7. | Camila Marques Luis FTL | 08 | Torres Novas | 12:41.92 | | 249 |
| | 50m: 42.70 42.70 | 200m: 3:06.60 1:35.90 | 800m: 12:41.92 | 6:21.35 | | |
| | 100m: 1:30.70 48.00 | 400m: 6:20.57 3:13.97 | | | | |
| 8. | Catarina Isabel Galvao | 09 | BUZIOS-Coruche | 12:44.38 | | 246 |
| | 50m: 41.66 41.66 | 200m: 3:02.44 2:20.78 | 400m: 6:16.38 3:13.94 | 800m: 12:44.38 | 6:28.00 | |
| DNS | Laura Brites Costa | 09 | Rio Maior | | | |

Prova 2 Femin., 800m Livres Junior
19/11/2022 - 9:40 Resultados

| | | | | | |
|---------------------------------|---------|--------------------|------|-----------|------------|
| Recorde Distrital ANDS Absoluto | 8:44.44 | Mafalda Sofia Rosa | CNRM | Albufeira | 14/11/2021 |
| Recorde Distrital ANDS 17 | 8:48.64 | Mafalda Sofia Rosa | ROU | Leiria | 15/12/2019 |
| Recorde Distrital ANDS Jun16 | 8:53.34 | Mafalda Sofia Rosa | CNRM | Coruche | 15/03/2019 |

Jun/Sen: 12:15.00

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|-------------------------|-----------------------|------------------|-----------------|-------|-----|
| 1. | Marta Filipa Bucha | 06 | Viver Santarem | 10:01.26 | | 506 |
| | 50m: 32.91 32.91 | 200m: 2:23.83 1:14.42 | 800m: 10:01.26 | 5:06.47 | | |
| | 100m: 1:09.41 36.50 | 400m: 4:54.79 2:30.96 | | | | |
| 2. | Madalena Maria Midoes | 07 | 20Km de Almeirim | 10:37.05 | | 426 |
| | 50m: 35.66 35.66 | 200m: 2:34.81 1:20.15 | 800m: 10:37.05 | 5:20.35 | | |
| | 100m: 1:14.66 39.00 | 400m: 5:16.70 2:41.89 | | | | |
| | Mariana Mauricio Coelho | 07 | BUZIOS-Coruche | 10:37.05 | | 426 |
| | 50m: 35.00 35.00 | 200m: 2:35.55 1:21.36 | 800m: 10:37.05 | 5:19.43 | | |
| | 100m: 1:14.19 39.19 | 400m: 5:17.62 2:42.07 | | | | |
| 4. | Beatriz Maria Simoes | 07 | Torres Novas | 10:55.09 | | 391 |
| | 50m: 36.83 36.83 | 200m: 2:38.09 1:21.36 | 800m: 10:55.09 | 5:32.51 | | |
| | 100m: 1:16.73 39.90 | 400m: 5:22.58 2:44.49 | | | | |



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Tomar, 19 e 20 de Novembro de 2022

Prova 2, Femin., 800m Livres, Junior

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|-------------------------|-----------------------|------------------------|-----------------|-------|-----|
| 5. | Madalena Nunes Domingos | 07 | Viver Santarem | 11:04.76 | | 374 |
| | 50m: 36.54 36.54 | 200m: 2:40.02 1:22.98 | 800m: 11:04.76 5:36.12 | | | |
| | 100m: 1:17.04 40.50 | 400m: 5:28.64 2:48.62 | | | | |
| 6. | Maria Beatriz Teixeira | 06 | Viver Santarem | 11:05.23 | | 374 |
| | 50m: 36.07 36.07 | 200m: 2:38.92 1:22.90 | 800m: 11:05.23 5:36.31 | | | |
| | 100m: 1:16.02 39.95 | 400m: 5:28.92 2:50.00 | | | | |
| 7. | Eleonor Dias Alves | 06 | Nautico Abrantes | 11:31.31 | | 333 |
| | 50m: 35.85 35.85 | 200m: 2:42.13 1:25.57 | 800m: 11:31.31 5:54.71 | | | |
| | 100m: 1:16.56 40.71 | 400m: 5:36.60 2:54.47 | | | | |

Prova 2
19/11/2022 - 9:40

Femin., 800m Livres

Senior Resultados

| | | | | | |
|---------------------------------|---------|--------------------|------|-----------|------------|
| Recorde Distrital ANDS Absoluto | 8:44.44 | Mafalda Sofia Rosa | CNRM | Albufeira | 14/11/2021 |
| Recorde Distrital ANDS Sen | 8:44.44 | Mafalda Sofia Rosa | CNRM | Albufeira | 14/11/2021 |

Jun/Sen: 12:15.00

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|-------------------------|-----------------------|------------------------|-----------------|-------|-----|
| 1. | Mafalda Sofia Rosa | 03 | Rio Maior | 9:03.17 | | 687 |
| | 50m: 31.81 31.81 | 200m: 2:14.09 1:08.47 | 800m: 9:03.17 4:32.36 | | | |
| | 100m: 1:05.62 33.81 | 400m: 4:30.81 2:16.72 | | | | |
| 2. | Catarina Isabel Carlota | 05 | BUZIOS-Coruche | 9:35.99 | | 576 |
| | 50m: 32.23 32.23 | 200m: 2:18.80 1:11.60 | 800m: 9:35.99 4:52.29 | | | |
| | 100m: 1:07.20 34.97 | 400m: 4:43.70 2:24.90 | | | | |
| 3. | Ines Sofia Nunes | 03 | BUZIOS-Coruche | 11:03.53 | | 377 |
| | 50m: 35.73 35.73 | 200m: 2:38.78 1:22.75 | 800m: 11:03.53 5:36.69 | | | |
| | 100m: 1:16.03 40.30 | 400m: 5:26.84 2:48.06 | | | | |
| 4. | Carolina Manuela Guia | 05 | Viver Santarem | 11:06.58 | | 371 |
| | 50m: 37.71 37.71 | 200m: 2:41.50 1:23.92 | 800m: 11:06.58 5:35.62 | | | |
| | 100m: 1:17.58 39.87 | 400m: 5:30.96 2:49.46 | | | | |
| 5. | Joana Teixeira Dias | 97 | CLAC-Entroncamento | 12:08.21 | | 285 |
| | 50m: 39.01 39.01 | 200m: 2:49.02 1:27.72 | 800m: 12:08.21 6:19.15 | | | |
| | 100m: 1:21.30 42.29 | 400m: 5:49.06 3:00.04 | | | | |