



Campeonato Distrital de JUV, JUN, SEN)
Tomar, 19 e 20 de Novembro de 2022

Prova 13 Masc., 400m Livres Juvenil
19/11/2022 - 15:40 Resultados

Recorde Distrital ANDS Absoluto	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	3:59.33	Gustavo Manuel Santa	CNLA	Entroncamento	16/05/2009
Recorde Distrital ANDS Juv B	4:09.90	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003

Juv B: 5:36.00; Juv A: 5:26.00

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Eugenio Melnyk	07	Rio Maior	4:27.60		498
	50m: 29.42 29.42	100m: 1:02.32 32.90	200m: 2:10.19 1:07.87	400m: 4:27.60		2:17.41
2.	Joao Pedro Monteiro	08	BUZIOS-Coruche	4:33.45		467
	50m: 31.53 31.53	100m: 1:05.38 33.85	200m: 2:14.88 1:09.50	400m: 4:33.45		2:18.57
3.	Tomas Alexandre Santos	07	BUZIOS-Coruche	4:37.06		449
	50m: 31.06 31.06	100m: 1:05.39 34.33	200m: 2:16.19 1:10.80	400m: 4:37.06		2:20.87
4.	Bernardo Pereira Simoes	07	Torres Novas	4:42.12		425
	50m: 32.22 32.22	100m: 1:05.05 32.83	200m: 2:19.15 1:14.10	400m: 4:42.12		2:22.97
5.	Simao Pedro Oliveira	07	Torres Novas	4:55.98		368
	50m: 32.88 32.88	100m: 1:09.28 36.40	200m: 2:24.59 1:15.31	400m: 4:55.98		2:31.39
6.	Francisco Guilherme Freixeiro	08	Rio Maior	4:59.88		354
	50m: 33.20 33.20	100m: 1:09.61 36.41	200m: 2:26.58 1:16.97	400m: 4:59.88		2:33.30
7.	Joao Francisco Gaspar	08	BUZIOS-Coruche	5:17.90		297
	50m: 33.93 33.93	100m: 1:13.36 39.43	200m: 2:34.78 1:21.42	400m: 5:17.90		2:43.12
8.	Salvador Gomes Serra	08	Torres Novas	5:22.22		285
	50m: 35.55 35.55	100m: 1:15.19 39.64	400m: 5:22.22	4:07.03		
9.	Henrique Manuel Rosa	08	Torres Novas	5:31.81		261
	50m: 36.92 36.92	100m: 1:18.56 41.64	200m: 2:43.27 1:24.71	400m: 5:31.81		2:48.54
10.	Joao Miguel Flores	08	Torres Novas	5:40.87		241
	<i>FTL</i>					
	50m: 35.44 35.44	100m: 1:19.18 43.74	200m: 2:47.91 1:28.73	400m: 5:40.87		2:52.96

Prova 13 Masc., 400m Livres Junior
19/11/2022 - 15:40 Resultados

Recorde Distrital ANDS Absoluto	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Jun18	4:02.22	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2017
Recorde Distrital ANDS Jun17	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 5:20.00

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ricardo Matias Santos	05	CPFZ - Natacao	4:09.10		618
	50m: 28.76 28.76	100m: 1:00.02 31.26	200m: 2:04.13 1:04.11	400m: 4:09.10		2:04.97
2.	Rafael Rodrigues Gomes	06	Gualdim Pais	4:16.57		566
	50m: 29.03 29.03	100m: 1:01.31 32.28	200m: 2:07.07 1:05.76	400m: 4:16.57		2:09.50
3.	Jose Maria Temudo	06	Rio Maior	4:20.14		543
	50m: 29.85 29.85	100m: 1:01.59 31.74	200m: 2:07.42 1:05.83	400m: 4:20.14		2:12.72
4.	Joao Antonio Pires	05	Torres Novas	4:20.94		538
	50m: 29.24 29.24	100m: 1:01.66 32.42	200m: 2:07.72 1:06.06	400m: 4:20.94		2:13.22
5.	Rafael Sousa Azevedo	06	Viver Santarem	4:24.31		517
	50m: 30.89 30.89	100m: 1:04.28 33.39	200m: 2:11.57 1:07.29	400m: 4:24.31		2:12.74
6.	Afonso Formigo Pinho	06	Torres Novas	4:31.83		476
	50m: 30.01 30.01	100m: 1:03.66 33.65	200m: 2:12.51 1:08.85	400m: 4:31.83		2:19.32



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Prova 13, Masc., 400m Livres, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
7.	Artur Paulo Aleksyeyev	05	Viver Santarem	4:36.57		451
	50m: 30.26 30.26	100m: 1:03.80 33.54	200m: 2:14.36 1:10.56	400m: 4:36.57		2:22.21
8.	Antonio Pedro Martins	05	CPFZ - Natacao	4:39.22		439
	50m: 32.62 32.62	100m: 1:07.97 35.35	200m: 2:18.87 1:10.90	400m: 4:39.22		2:20.35
9.	Lorenzo Muniz Silva	06	BUZIOS-Coruche	4:42.37		424
	50m: 32.25 32.25	100m: 1:07.72 35.47	200m: 2:15.90 1:08.18	400m: 4:42.37		2:26.47

Prova 13

Masc., 400m Livres

Senior

19/11/2022 - 15:40

Resultados

Recorde Distrital ANDS Absoluto	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	3:54.00	Tiago Filipe Campos	CNRM	Albufeira	13/11/2021

Jun/Sen: 5:20.00

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Guilherme Pereira Coutinho	03	Viver Santarem	4:15.28		574
	50m: 28.75 28.75	100m: 1:00.25 31.50	200m: 2:04.41 1:04.16	400m: 4:15.28		2:10.87
2.	Bernardo Jose Dionisio	99	Gualdim Pais	4:18.12		556
	50m: 29.72 29.72	100m: 1:01.83 32.11	200m: 2:07.22 1:05.39	400m: 4:18.12		2:10.90
3.	Jose Miguel Monteiro	04	Gualdim Pais	4:29.64		487
	50m: 28.91 28.91	100m: 1:00.53 31.62	200m: 2:06.25 1:05.72	400m: 4:29.64		2:23.39
4.	Micael Kovalchuk Solodyuk	03	Rio Maior	4:37.31		448
	50m: 30.13 30.13	100m: 1:03.81 33.68	200m: 2:15.13 1:11.32	400m: 4:37.31		2:22.18
5.	Joao Marques Ferreira	04	Viver Santarem	4:45.96		408
	50m: 30.09 30.09	100m: 1:02.89 32.80	200m: 2:13.46 1:10.57	400m: 4:45.96		2:32.50

Prova 13

Masc., 400m Livres

Infantil B

19/11/2022 - 15:40

Resultados

Recorde Distrital ANDS Absoluto	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf B	4:33.73	Paulo Bruno Janeiro	CNLA	Santar�m	20/05/2007

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	David Filipe Pacheco	10	BUZIOS-Coruche	4:47.48		402
	50m: 32.45 32.45	100m: 1:08.70 36.25	200m: 2:22.86 1:14.16	400m: 4:47.48		2:24.62
2.	Guilherme Gomes Nunes	10	Nautico Salvaterra Magos	5:43.34		236
	50m: 35.94 35.94	100m: 1:16.44 40.50	200m: 2:42.88 1:26.44	400m: 5:43.34		3:00.46
3.	Vicente Jose Carrilho	10	BUZIOS-Coruche	6:26.76		165
	50m: 43.26 43.26	100m: 1:34.13 50.87	200m: 3:13.26 1:39.13	400m: 6:26.76		3:13.50
4.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	6:32.76		157
	50m: 40.73 40.73	100m: 1:27.91 47.18	200m: 3:07.79 1:39.88	400m: 6:32.76		3:24.97
5.	Frederico Cardoso Oliveira	10	20Km de Almeirim	6:33.26		157
	50m: 42.67 42.67	100m: 1:30.73 48.06	200m: 3:06.67 1:35.94	400m: 6:33.26		3:26.59
6.	Guilherme Martins Conceicao	10	Viver Santarem	6:35.94		154
	50m: 45.40 45.40	100m: 1:35.58 50.18	200m: 3:14.97 1:39.39	400m: 6:35.94		3:20.97
DSQ	Pedro Figueiredo Ferreira	10	20Km de Almeirim			
	<i>SW 4.4 - Falsa partida</i>					



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Tomar, 19 e 20 de Novembro de 2022

Prova 13, Masc., 400m Livres

Prova 13	Masc., 400m Livres				Infantil A
19/11/2022 - 15:40					Resultados
Recorde Distrital ANDS Absoluto	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf A	4:22.64	Pedro Diogo Oliveira	CNRM	Benavente	26/05/2002

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final				TReac	Pts
1.	Dimas Pasichnyuk	09	Rio Maior	4:57.25					364
	50m: 32.40 32.40	100m: 1:09.09 36.69	200m: 2:24.63 1:15.54	400m: 4:57.25	2:32.62				
2.	Stefan Iordan Chele	09	Rio Maior	4:59.31					356
	50m: 33.11 33.11	100m: 1:09.86 36.75	200m: 2:26.18 1:16.32	400m: 4:59.31	2:33.13				