

Campeonato Regional Juniores e Seniores PC
Cantanhede, 19- - 20-11-2022

Prova 36 Masc., 200m Costas 17 anos e mais velhos
20-11-2022 - 16:20 Resultados

Rec Nacional Absoluto	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16-12-2018
Rec Nacional Sen	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (FRA)	16-12-2018
Rec Nacional Jun18	1:58.37	Adriano Miguel, NIZ	CFV	Figueira da Foz	03-07-2004
Rec Nacional Jun17	1:59.34	Adriano Miguel, NIZ	CFV	Alges	16-05-2003

Pontos: FINA 2022

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Juniores

1.	Francisco Couto, FRAZAO06	Uniao de Coimbra	2:19.77	431	31.68	35.17	36.53	36.39
2.	Joao Rafael, FERREIRA 06	Nautico Academico	2:25.39	383	34.35	36.22	37.75	37.07
3.	Miguel Joao, PINHEIRO 06	Academica de Coimbra	2:41.07	282	36.25	40.63	42.33	41.86

Seniores

1.	Gabriel Jose, LOPES 97	Louzan Natacao/EFAPEL	2:06.52	581	29.26	31.91	32.72	32.63
2.	Jose Diogo, DIAS 04	Nautico Academico	2:10.03	536	30.58	32.65	33.42	33.38
3.	Miguel Salomao, TRISTAC04	Academica de Coimbra	2:12.46	507	30.12	32.64	34.92	34.78
4.	Alberto Antonio, SANTOS 01	Nautico Academico	2:23.52	398	32.20	35.21	37.92	38.19
5.	Renato Maria, FERREIRA 04	Uniao de Coimbra	2:31.32	340	34.84	37.98	39.46	39.04