

Campeonato Regional Juniores e Seniores PC
Cantanhede, 19- - 20-11-2022

Prova 14 Femin., 1500m Livres 16 anos e mais velhos
19-11-2022 - 17:50 Resultados

Rec Nacional Absoluto	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23-11-2019
Rec Nacional Sen	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23-11-2019
Rec Nacional Jun17	16:11.67	Tamila Hryhorivna, HOLUB	SCB	Porto	11-12-2015
Rec Nacional Jun16	16:44.26	Tamila Hryhorivna, HOLUB	SCB	Porto	19-12-2014

Pontos: FINA 2022

Lugar Ano Tempo final Pts

Juniores

1. Marta Andre, AGUILAR	07	Nautico Academico	18:24.31	574
100m: 1:08.25 1:08.25	500m: 6:00.66 1:14.30	900m: 10:57.92 1:14.43	1300m: 15:58.05 1:15.18	
200m: 2:20.05 1:11.80	600m: 7:14.29 1:13.63	1000m: 12:13.13 1:15.21	1400m: 17:12.36 1:14.31	
300m: 3:32.84 1:12.79	700m: 8:28.69 1:14.40	1100m: 13:27.64 1:14.51	1500m: 18:24.31 1:11.95	
400m: 4:46.36 1:13.52	800m: 9:43.49 1:14.80	1200m: 14:42.87 1:15.23		
2. Ines Miranda, DIOGO	07	Nautico Academico	18:28.22	568
100m: 1:08.81 1:08.81	500m: 6:05.38 1:14.39	900m: 11:04.16 1:15.30	1300m: 16:02.95 1:14.03	
200m: 2:22.66 1:13.85	600m: 7:19.57 1:14.19	1000m: 12:19.40 1:15.24	1400m: 17:16.45 1:13.50	
300m: 3:36.40 1:13.74	700m: 8:33.95 1:14.38	1100m: 13:34.15 1:14.75	1500m: 18:28.22 1:11.77	
400m: 4:50.99 1:14.59	800m: 9:48.86 1:14.91	1200m: 14:48.92 1:14.77		