



Campeonato Nacional por Categorias I - SC - 2022-2023  
Luanda, 12 - 13/11/2022

Prova 434

Masc., 400m Livres

9 - 12 anos

13/11/2022 - 16:00

Resultados

Rec Nac Angola - 25m Absoluto	3:49.54	Pedro Miguel Pinotes	CNIL	Porto (POR)	20/12/2014
Rec Nac Angola - 25m Inf	4:48.11	Filipe Simões Freitas	CD1A	(POR)	17/06/2018
Rec Nac Angola - 25m Cad	5:34.11	Vander Lourenco	CD1A	Luanda	21/12/2001

Pontos: FINA 2022

Posição	Nome	Idade	Nacion	Clube	Inscrição	Tempo Final	Pts FINA
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Cadetes

1.	Thiago Marcelo Reis	10	ANG	CD1A	NT	<b>6:37.55</b>	152
	50m: 45.03 45.03	150m: 2:26.06 50.34	250m: 4:08.48 50.02	350m: 5:51.11 51.38			
	100m: 1:35.72 50.69	200m: 3:18.46 52.40	300m: 4:59.73 51.25	400m: 6:37.55 46.44			
2.	Tiago Alexandre Carvalho	10	ANG	CD1A	NT	<b>7:12.60</b>	118
	50m: 48.48 48.48	150m: 2:38.83 55.71	250m: 4:30.12 54.30	350m: 6:21.75 55.67			
	100m: 1:43.12 54.64	200m: 3:35.82 56.99	300m: 5:26.08 55.96	400m: 7:12.60 50.85			

Infantis

1.	Santiago Rocha Guimaraes	12	ANG	CNIL	5:18.89	<b>5:02.90</b>	344
	50m: 35.23 35.23	150m: 1:53.95 40.02	250m: 3:12.77 39.13	350m: 4:28.72 38.40			
	100m: 1:13.93 38.70	200m: 2:33.64 39.69	300m: 3:50.32 37.55	400m: 5:02.90 34.18			
2.	Kyannu Micael Silvestre	12	ANG	CNIL	6:23.82	<b>6:23.45</b>	169
	50m: 40.50 40.50	150m: 2:16.37 48.80	250m: 3:55.95 50.08	350m: 5:36.73 49.85			
	100m: 1:27.57 47.07	200m: 3:05.87 49.50	300m: 4:46.88 50.93	400m: 6:23.45 46.72			
3.	Arsenio Antonio Manuel	12	ANG	OSC	6:37.56	<b>6:37.74</b>	151
	50m: 44.49 44.49	150m: 2:25.20 50.23	250m: 4:07.38 50.62	350m: 5:49.85 51.74			
	100m: 1:34.97 50.48	200m: 3:16.76 51.56	300m: 4:58.11 50.73	400m: 6:37.74 47.89			
4.	Emanuel Massanga Miguel	12	ANG	CNL	8:19.82	<b>8:21.72</b>	75
	50m: 47.66 47.66	150m: 2:50.21 1:03.54	250m: 5:01.72 1:06.14	350m: 7:17.72 1:07.22			
	100m: 1:46.67 59.01	200m: 3:55.58 1:05.37	300m: 6:10.50 1:08.78	400m: 8:21.72 1:04.00			

