



Campeonato Nacional por Categorias I - SC - 2022-2023
Luanda, 12 - 13/11/2022

Prova 102

Femin., 400m Livres

9 - 12 anos

12/11/2022 - 9:21

Resultados

| | | | | | |
|-------------------------------|---------|---------------------|------|------------|------------|
| Rec Nac Angola - 25m Absoluto | 4:33.79 | Yara alexandra Lima | CD1A | Doha (UAE) | 05/12/2014 |
| Rec Nac Angola - 25m Inf | 5:31.03 | Welwitschia Silva | CNIL | Luanda | 12/12/2019 |
| Rec Nac Angola - 25m Cad | 5:34.11 | Ana Romero | ICM | Luanda | 09/05/1999 |

Pontos: FINA 2022

| Posição | Nome | Idade | Nacion | Clube | Inscrição | Tempo Final | Pts FINA |
|---------|------|-------|--------|-------|-----------|-------------|----------|
|---------|------|-------|--------|-------|-----------|-------------|----------|

Cadetes

| | | | | | | | |
|----|----------------------|---------------------|---------------------|---------------------|----|----------------|-----|
| 1. | Wendy Lukenya Morais | 10 | ANG | CNIL | NT | 6:20.75 | 231 |
| | 50m: 40.87 40.87 | 150m: 2:15.60 48.55 | 250m: 3:52.49 48.68 | 350m: 5:31.33 50.07 | | | |
| | 100m: 1:27.05 46.18 | 200m: 3:03.81 48.21 | 300m: 4:41.26 48.77 | 400m: 6:20.75 49.42 | | | |

Infantis

| | | | | | | | |
|----|-------------------------|---------------------|---------------------|---------------------|---------|----------------|-----|
| 1. | Maria Teresa Parimbelli | 12 | ITA | CNIL | 5:15.45 | 5:17.23 | 400 |
| | 50m: 35.54 35.54 | 150m: 1:55.36 40.20 | 250m: 3:16.61 41.09 | 350m: 4:38.72 41.27 | | | |
| | 100m: 1:15.16 39.62 | 200m: 2:35.52 40.16 | 300m: 3:57.45 40.84 | 400m: 5:17.23 38.51 | | | |
| 2. | Joana Martins Lima | 12 | ANG | IND | 6:10.94 | 6:17.80 | 237 |
| | 50m: 40.81 40.81 | 150m: 2:15.95 48.42 | 250m: 3:53.35 48.20 | 350m: 5:32.22 48.56 | | | |
| | 100m: 1:27.53 46.72 | 200m: 3:05.15 49.20 | 300m: 4:43.66 50.31 | 400m: 6:17.80 45.58 | | | |
| 3. | Kenenise Holy Vongo | 12 | ANG | CD1A | 6:50.28 | 6:30.16 | 215 |
| | 50m: 42.58 42.58 | 150m: 2:20.02 49.84 | 250m: 4:01.35 51.44 | 350m: 5:43.34 51.03 | | | |
| | 100m: 1:30.18 47.60 | 200m: 3:09.91 49.89 | 300m: 4:52.31 50.96 | 400m: 6:30.16 46.82 | | | |
| 4. | Amy Hargreaves | 11 | AUS | IND | 7:16.30 | 7:06.83 | 164 |
| | 50m: 47.71 47.71 | 150m: 2:36.15 54.09 | 250m: 4:27.01 56.07 | 350m: 6:15.87 54.41 | | | |
| | 100m: 1:42.06 54.35 | 200m: 3:30.94 54.79 | 300m: 5:21.46 54.45 | 400m: 7:06.83 50.96 | | | |

