



Campeonato Nacional por Categorias I - SC - 2022-2023
Luanda, 12 - 13/11/2022

Campeonato Nacional por Categorias I - SC - Feminino

Femin., Iniciados - 2 de 20 Provas

Femin., Cadetes - 16 de 20 Provas

1. W. Morais	10	CNIL	1912	8	6:20.75	32.74	3:25.19	1:24.98	45.40	2:49.47	1:44.34	40.21	1:27.89	4:15.58	1:16.58
2. W. Morais	10	CNIL	1889	8						3:02.49			1:51.14	3:58.72	
3. R. Nascimento	10	CNIL	661	8	46.36			4:30.70	1:08.40		2:07.06	59.67	2:29.95	55.03	5:21.24
DSQ C. Guimaraes	10	CNIL		8	43.91			4:06.23	55.51	3:32.53*		56.24	2:00.75	4:09.94	1:39.70

Femin., Infantis - 17 de 20 Provas

1. M. Patríbelli	12	CNIL	2725	8	5:17.23			1:24.55	6:04.81	1:19.97		37.02	1:20.45	35.48	1:08.89
2. B. Pedro	12	CD1A	2169	8		33.72		1:26.91	6:46.42	1:27.87		38.75	1:27.01	34.70	1:24.40
3. C. Vunge	12	CNIL	2013	8		33.07			3:17.30	7:01.25		41.55	1:47.90	3:41.60	1:14.10
4. K. Vongo	12	CD1A	1954	8	6:30.16		3:11.25				44.97		1:35.66	1:29.62	41.35
5. M. Lima	12	IND	1901	8			3:16.96		3:04.54				1:45.26	1:33.27	3:34.33
6. J. Lima	12	IND	1843	8	6:17.80		3:17.24			2:55.13	1:27.71		1:35.33	41.70	1:21.34
7. I. Palma	11	CNIL	1786	8		34.85	3:32.66			3:05.01		40.18	1:45.29	1:36.23	1:22.15
8. L. Santos	11	CD1A	1503	8			3:38.45	1:46.10		3:10.68	1:36.47		1:34.74	42.15	1:23.67
9. A. Hargreaves	11	IND	1265	8	7:06.83	39.71			55.12	3:27.87		44.85	1:43.62	52.31	1:28.85
10. N. Goncalves	11	CNIL	1065	8			3:53.50		3:51.93	59.60	1:49.97		50.55	49.10	4:17.10
11. V. Pongolola	11	OSC	983	8		39.61		4:05.33	1:00.43	1:55.87		54.86	2:09.16	52.73	1:32.71

