



Programmanr. 22
26-11-2022 - 16:10

Dames, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Zanthe Janssen	PSV	4:57.00	200201786	5:09.73
	50m: 32.65	150m: 1:52.50	250m: 3:12.68	350m: 4:33.73	
	100m: 1:11.51	200m: 2:31.16	300m: 3:56.04	400m: 5:09.73	
2.	Suze Creemers	Hellas-Glana	5:35.80	200700738	5:16.08
	50m: 32.82	150m: 1:54.34	250m: 3:17.53	350m: 4:40.13	
	100m: 1:12.63	200m: 2:34.46	300m: 4:01.98	400m: 5:16.08	
3.	Emma Verkuyl	Wvz	5:19.83	200500826	5:22.90
	50m: 33.89	150m: 1:56.64	250m: 3:26.02	350m: 4:46.52	
	100m: 1:13.44	200m: 2:40.12	300m: 4:11.22	400m: 5:22.90	
4.	Myrthe Stelten	Hellas-Glana	5:48.12	200900234	5:36.35
	50m: 35.26	150m: 2:01.75	250m: 3:30.26	350m: 4:58.00	
	100m: 1:16.96	200m: 2:47.51	300m: 4:16.56	400m: 5:36.35	
5.	Vera Bastiaensen	Hieronimus	6:21.19	200800572	5:40.39
	50m: 36.75	150m: 2:05.28	250m: 3:34.26	350m: 5:01.70	
	100m: 1:21.23	200m: 2:48.04	300m: 4:21.00	400m: 5:40.39	
6.	Elin Baars	Dwk	6:02.00	201000138	5:57.47
	50m: 39.92	150m: 2:12.33	250m: 3:47.10	350m: 5:18.26	
	100m: 1:25.87	200m: 2:57.19	300m: 4:36.71	400m: 5:57.47	
7.	Yill van Bezouw	Hieronimus	NT	201100704	6:00.81
	50m: 36.67	150m: 2:06.37	250m: 3:42.79	350m: 5:18.44	
	100m: 1:21.32	200m: 2:51.10	300m: 4:34.73	400m: 6:00.81	
8.	Alma Janssen	Z&PC Zegenwerp	6:16.62	199401078	6:14.36
	50m: 38.93	150m: 2:11.35	250m: 3:52.56	350m: 5:32.42	
	100m: 1:24.08	200m: 2:57.47	300m: 4:47.96	400m: 6:14.36	
AFGEM	Mandy van Rossum	Aqua-Novio'94	5:46.44	200204904	