

Íslandsmeistaramótið í 25m laug  
Hafnarfjörður, 18. - 20.11.2022

Sundgrein 18

karla, 1500m skriðsund

Opinn

19.11.2022 - 16:37

Úrslitalistar

Íslandsmet	15:00.51	Anton Sveinn McKee	AEGIR	Istanbul (TUR)	16.12.2012
Unglingamet	15:01.35	Anton Sveinn McKee	AEGIR	Laugardalslaug	09.12.2011
Aldursflokkamet	15:52.21	Arnór Stefánsson	SH	Hafnarfjoerdur	18.11.2012

NM-A 18 +: 15:39.98; 15 - 17: 16:01.15 / NM-B 18 +: 15:54.29; 15 - 17: 16:15.79 / A-Landslið : 15:47.09 /  
Úrvalshópur 20: 15:54.29; 19: 16:01.39; 18: 16:08.59 / Unglingalandslið 17: 16:15.79; 16: 16:30.57; 15: 16:47.42 /  
Framtíðarhópur 14: 17:19.06; 13: 17:59.97; 12: 19:01.72

Stig: FINA 2022

Sæti			F.ár				Tími	Stig				
Opinn												
1.	Bjorn Yngvi Guðmundsson		07	SH			<b>16:10.61</b>	664	NM-B SSÍ			
	100m:	1:00.19	1:00.19	500m:	5:19.75	1:05.09	900m:	9:41.25	1:05.55	1300m:	14:02.63	1:04.88
	200m:	2:04.95	1:04.76	600m:	6:25.49	1:05.74	1000m:	10:46.91	1:05.66	1400m:	15:07.90	1:05.27
	300m:	3:09.63	1:04.68	700m:	7:30.99	1:05.50	1100m:	11:52.14	1:05.23	1500m:	16:10.61	1:02.71
	400m:	4:14.66	1:05.03	800m:	8:35.70	1:04.71	1200m:	12:57.75	1:05.61			
2.	Hólmur Grétarsson		08	SH			<b>16:16.97</b>	651	SSÍ			
	100m:	1:01.86	1:01.86	500m:	5:24.80	1:05.27	900m:	9:47.87	1:05.33	1300m:	14:09.61	1:05.28
	200m:	2:07.85	1:05.99	600m:	6:30.73	1:05.93	1000m:	10:53.54	1:05.67	1400m:	15:14.66	1:05.05
	300m:	3:13.75	1:05.90	700m:	7:36.47	1:05.74	1100m:	11:58.44	1:04.90	1500m:	16:16.97	1:02.31
	400m:	4:19.53	1:05.78	800m:	8:42.54	1:06.07	1200m:	13:04.33	1:05.89			
3.	Bartosz Henke		05	SH			<b>16:16.98</b>	651				
	100m:	1:00.18	1:00.18	500m:	5:19.63	1:05.15	900m:	9:42.34	1:05.85	1300m:	14:07.69	1:06.60
	200m:	2:05.02	1:04.84	600m:	6:25.40	1:05.77	1000m:	10:48.49	1:06.15	1400m:	15:14.40	1:06.71
	300m:	3:09.62	1:04.60	700m:	7:31.03	1:05.63	1100m:	11:54.47	1:05.98	1500m:	16:16.98	1:02.58
	400m:	4:14.48	1:04.86	800m:	8:36.49	1:05.46	1200m:	13:01.09	1:06.62			
4.	Veigar Hrafn Sigþórsson		05	SH			<b>16:24.99</b>	635				
	100m:	1:00.22	1:00.22	500m:	5:23.31	1:05.91	900m:	9:48.47	1:05.85	1300m:	14:13.93	1:05.67
	200m:	2:05.94	1:05.72	600m:	6:29.55	1:06.24	1000m:	10:55.29	1:06.82	1400m:	15:19.71	1:05.78
	300m:	3:11.54	1:05.60	700m:	7:35.89	1:06.34	1100m:	12:02.17	1:06.88	1500m:	16:24.99	1:05.28
	400m:	4:17.40	1:05.86	800m:	8:42.62	1:06.73	1200m:	13:08.26	1:06.09			
5.	Stefán Ingi Ólafsson		06	Sundfélagið Ægir			<b>16:56.47</b>	578				
	100m:	1:03.07	1:03.07	500m:	5:34.71	1:08.50	900m:	10:09.30	1:08.35	1300m:	14:41.90	1:07.98
	200m:	2:09.99	1:06.92	600m:	6:43.10	1:08.39	1000m:	11:17.22	1:07.92	1400m:	15:49.88	1:07.98
	300m:	3:17.87	1:07.88	700m:	7:52.16	1:09.06	1100m:	12:25.70	1:08.48	1500m:	16:56.47	1:06.59
	400m:	4:26.21	1:08.34	800m:	9:00.95	1:08.79	1200m:	13:33.92	1:08.22			
6.	Andri Már Kristjánsson		06	SH			<b>17:05.82</b>	562				
	100m:	1:02.32	1:02.32	500m:	5:33.32	1:08.55	900m:	10:09.84	1:08.23	1300m:	14:48.65	1:10.32
	200m:	2:08.79	1:06.47	600m:	6:42.83	1:09.51	1000m:	11:19.67	1:09.83	1400m:	15:58.47	1:09.82
	300m:	3:16.31	1:07.52	700m:	7:52.30	1:09.47	1100m:	12:28.91	1:09.24	1500m:	17:05.82	1:07.35
	400m:	4:24.77	1:08.46	800m:	9:01.61	1:09.31	1200m:	13:38.33	1:09.42			
7.	Nikolai Leo Jónsson		08	Íþróttabandalag Reykjanesbæjar			<b>17:10.04</b>	555	SSÍ			
	100m:	1:05.48	1:05.48	500m:	5:41.09	1:08.92	900m:	10:17.38	1:09.25	1300m:	14:53.75	1:08.66
	200m:	2:14.74	1:09.26	600m:	6:49.92	1:08.83	1000m:	11:26.63	1:09.25	1400m:	16:03.70	1:09.95
	300m:	3:23.51	1:08.77	700m:	7:58.83	1:08.91	1100m:	12:35.69	1:09.06	1500m:	17:10.04	1:06.34
	400m:	4:32.17	1:08.66	800m:	9:08.13	1:09.30	1200m:	13:45.09	1:09.40			
8.	Daði Rafn Falsson		08	Íþróttabandalag Reykjanesbæjar			<b>17:20.79</b>	538				
	100m:	1:04.55	1:04.55	500m:	5:43.42	1:10.13	900m:	10:23.47	1:09.86	1300m:	15:02.47	1:09.82
	200m:	2:14.18	1:09.63	600m:	6:54.10	1:10.68	1000m:	11:32.99	1:09.52	1400m:	16:12.79	1:10.32
	300m:	3:23.31	1:09.13	700m:	8:03.62	1:09.52	1100m:	12:43.13	1:10.14	1500m:	17:20.79	1:08.00
	400m:	4:33.29	1:09.98	800m:	9:13.61	1:09.99	1200m:	13:52.65	1:09.52			
9.	Denas Kazulis		08	Íþróttabandalag Reykjanesbæjar			<b>17:20.82</b>	538				
	100m:	1:04.64	1:04.64	500m:	5:40.30	1:09.07	900m:	10:18.66	1:10.37	1300m:	15:00.43	1:10.71
	200m:	2:13.54	1:08.90	600m:	6:49.65	1:09.35	1000m:	11:28.75	1:10.09	1400m:	16:11.36	1:10.93
	300m:	3:22.42	1:08.88	700m:	7:58.69	1:09.04	1100m:	12:39.16	1:10.41	1500m:	17:20.82	1:09.46
	400m:	4:31.23	1:08.81	800m:	9:08.29	1:09.60	1200m:	13:49.72	1:10.56			
10.	Oliver Kaldal		07	Sundfélagið Ægir			<b>17:43.47</b>	504				
	100m:	1:03.73	1:03.73	500m:	5:47.35	1:12.34	900m:	10:34.63	1:11.53	1300m:	15:22.24	1:11.54
	200m:	2:13.53	1:09.80	600m:	6:59.69	1:12.34	1000m:	11:46.43	1:11.80	1400m:	16:34.23	1:11.99
	300m:	3:23.93	1:10.40	700m:	8:11.34	1:11.65	1100m:	12:58.32	1:11.89	1500m:	17:43.47	1:09.24
	400m:	4:35.01	1:11.08	800m:	9:23.10	1:11.76	1200m:	14:10.70	1:12.38			

Íslandsmeistaramótið í 25m laug  
Hafnarfjörður, 18. - 20.11.2022

Sundgrein 18, karla, 1500m skriðsund, Opinn

Sæti			F.ár				Tími	Stig		
11.	Birgir Hrafn Kjartansson		08		Sundfélagið Ægir		<b>17:46.18</b>	501		
	100m:	1:05.35 1:05.35	500m:	5:49.55 1:11.60	900m:	10:38.16 1:11.87	1300m:	15:25.20 1:11.75		
	200m:	2:15.33 1:09.98	600m:	7:01.70 1:12.15	1000m:	11:50.47 1:12.31	1400m:	16:37.14 1:11.94		
	300m:	3:26.69 1:11.36	700m:	8:14.07 1:12.37	1100m:	13:02.21 1:11.74	1500m:	17:46.18 1:09.04		
	400m:	4:37.95 1:11.26	800m:	9:26.29 1:12.22	1200m:	14:13.45 1:11.24				
12.	Ásberg Halldór Hansson		07		Fjöltnir		<b>18:48.72</b>	422		
	100m:	1:07.60 1:07.60	500m:	6:09.11 1:16.50	900m:	11:17.21 1:17.10	1300m:	16:22.86 1:16.53		
	200m:	2:22.48 1:14.88	600m:	7:25.30 1:16.19	1000m:	12:32.99 1:15.78	1400m:	17:36.79 1:13.93		
	300m:	3:37.07 1:14.59	700m:	8:43.06 1:17.76	1100m:	13:49.43 1:16.44	1500m:	18:48.72 1:11.93		
	400m:	4:52.61 1:15.54	800m:	10:00.11 1:17.05	1200m:	15:06.33 1:16.90				
18 ára og yngri										
1.	Bjorn Yngvi Guðmundsson		07		SH		<b>16:10.61</b>	664	NM-B SSÍ	
	100m:	1:00.19 1:00.19	500m:	5:19.75 1:05.09	900m:	9:41.25 1:05.55	1300m:	14:02.63 1:04.88		
	200m:	2:04.95 1:04.76	600m:	6:25.49 1:05.74	1000m:	10:46.91 1:05.66	1400m:	15:07.90 1:05.27		
	300m:	3:09.63 1:04.68	700m:	7:30.99 1:05.50	1100m:	11:52.14 1:05.23	1500m:	16:10.61 1:02.71		
	400m:	4:14.66 1:05.03	800m:	8:35.70 1:04.71	1200m:	12:57.75 1:05.61				
2.	Hólmur Grétarsson		08		SH		<b>16:16.97</b>	651	SSÍ	
	100m:	1:01.86 1:01.86	500m:	5:24.80 1:05.27	900m:	9:47.87 1:05.33	1300m:	14:09.61 1:05.28		
	200m:	2:07.85 1:05.99	600m:	6:30.73 1:05.93	1000m:	10:53.54 1:05.67	1400m:	15:14.66 1:05.05		
	300m:	3:13.75 1:05.90	700m:	7:36.47 1:05.74	1100m:	11:58.44 1:04.90	1500m:	16:16.97 1:02.31		
	400m:	4:19.53 1:05.78	800m:	8:42.54 1:06.07	1200m:	13:04.33 1:05.89				
3.	Bartosz Henke		05		SH		<b>16:16.98</b>	651		
	100m:	1:00.18 1:00.18	500m:	5:19.63 1:05.15	900m:	9:42.34 1:05.85	1300m:	14:07.69 1:06.60		
	200m:	2:05.02 1:04.84	600m:	6:25.40 1:05.77	1000m:	10:48.49 1:06.15	1400m:	15:14.40 1:06.71		
	300m:	3:09.62 1:04.60	700m:	7:31.03 1:05.63	1100m:	11:54.47 1:05.98	1500m:	16:16.98 1:02.58		
	400m:	4:14.48 1:04.86	800m:	8:36.49 1:05.46	1200m:	13:01.09 1:06.62				
4.	Veigar Hrafn Sigþórsson		05		SH		<b>16:24.99</b>	635		
	100m:	1:00.22 1:00.22	500m:	5:23.31 1:05.91	900m:	9:48.47 1:05.85	1300m:	14:13.93 1:05.67		
	200m:	2:05.94 1:05.72	600m:	6:29.55 1:06.24	1000m:	10:55.29 1:06.82	1400m:	15:19.71 1:05.78		
	300m:	3:11.54 1:05.60	700m:	7:35.89 1:06.34	1100m:	12:02.17 1:06.88	1500m:	16:24.99 1:05.28		
	400m:	4:17.40 1:05.86	800m:	8:42.62 1:06.73	1200m:	13:08.26 1:06.09				
5.	Stefán Ingi Ólafsson		06		Sundfélagið Ægir		<b>16:56.47</b>	578		
	100m:	1:03.07 1:03.07	500m:	5:34.71 1:08.50	900m:	10:09.30 1:08.35	1300m:	14:41.90 1:07.98		
	200m:	2:09.99 1:06.92	600m:	6:43.10 1:08.39	1000m:	11:17.22 1:07.92	1400m:	15:49.88 1:07.98		
	300m:	3:17.87 1:07.88	700m:	7:52.16 1:09.06	1100m:	12:25.70 1:08.48	1500m:	16:56.47 1:06.59		
	400m:	4:26.21 1:08.34	800m:	9:00.95 1:08.79	1200m:	13:33.92 1:08.22				
6.	Andri Már Kristjánsson		06		SH		<b>17:05.82</b>	562		
	100m:	1:02.32 1:02.32	500m:	5:33.32 1:08.55	900m:	10:09.84 1:08.23	1300m:	14:48.65 1:10.32		
	200m:	2:08.79 1:06.47	600m:	6:42.83 1:09.51	1000m:	11:19.67 1:09.83	1400m:	15:58.47 1:09.82		
	300m:	3:16.31 1:07.52	700m:	7:52.30 1:09.47	1100m:	12:28.91 1:09.24	1500m:	17:05.82 1:07.35		
	400m:	4:24.77 1:08.46	800m:	9:01.61 1:09.31	1200m:	13:38.33 1:09.42				
7.	Nikolai Leo Jónsson		08		Íþróttabandalag Reykjanesbæjar		<b>17:10.04</b>	555	SSÍ	
	100m:	1:05.48 1:05.48	500m:	5:41.09 1:08.92	900m:	10:17.38 1:09.25	1300m:	14:53.75 1:08.66		
	200m:	2:14.74 1:09.26	600m:	6:49.92 1:08.83	1000m:	11:26.63 1:09.25	1400m:	16:03.70 1:09.95		
	300m:	3:23.51 1:08.77	700m:	7:58.83 1:08.91	1100m:	12:35.69 1:09.06	1500m:	17:10.04 1:06.34		
	400m:	4:32.17 1:08.66	800m:	9:08.13 1:09.30	1200m:	13:45.09 1:09.40				
8.	Daði Rafn Falsson		08		Íþróttabandalag Reykjanesbæjar		<b>17:20.79</b>	538		
	100m:	1:04.55 1:04.55	500m:	5:43.42 1:10.13	900m:	10:23.47 1:09.86	1300m:	15:02.47 1:09.82		
	200m:	2:14.18 1:09.63	600m:	6:54.10 1:10.68	1000m:	11:32.99 1:09.52	1400m:	16:12.79 1:10.32		
	300m:	3:23.31 1:09.13	700m:	8:03.62 1:09.52	1100m:	12:43.13 1:10.14	1500m:	17:20.79 1:08.00		
	400m:	4:33.29 1:09.98	800m:	9:13.61 1:09.99	1200m:	13:52.65 1:09.52				
9.	Denas Kazulis		08		Íþróttabandalag Reykjanesbæjar		<b>17:20.82</b>	538		
	100m:	1:04.64 1:04.64	500m:	5:40.30 1:09.07	900m:	10:18.66 1:10.37	1300m:	15:00.43 1:10.71		
	200m:	2:13.54 1:08.90	600m:	6:49.65 1:09.35	1000m:	11:28.75 1:10.09	1400m:	16:11.36 1:10.93		
	300m:	3:22.42 1:08.88	700m:	7:58.69 1:09.04	1100m:	12:39.16 1:10.41	1500m:	17:20.82 1:09.46		
	400m:	4:31.23 1:08.81	800m:	9:08.29 1:09.60	1200m:	13:49.72 1:10.56				

Íslandsmeistaramótið í 25m laug  
Hafnarfjörður, 18. - 20.11.2022

Sundgrein 18, Piltar, 1500m skriðsund, 18 ára og yngri

Sæti			F.ár				Tími	Stig
10.	Oliver Kaldal		07	Sundfélagið Ægir			<b>17:43.47</b>	504
	100m:	1:03.73 1:03.73	500m:	5:47.35 1:12.34	900m:	10:34.63 1:11.53	1300m:	15:22.24 1:11.54
	200m:	2:13.53 1:09.80	600m:	6:59.69 1:12.34	1000m:	11:46.43 1:11.80	1400m:	16:34.23 1:11.99
	300m:	3:23.93 1:10.40	700m:	8:11.34 1:11.65	1100m:	12:58.32 1:11.89	1500m:	17:43.47 1:09.24
	400m:	4:35.01 1:11.08	800m:	9:23.10 1:11.76	1200m:	14:10.70 1:12.38		
11.	Birgir Hrafn Kjartansson		08	Sundfélagið Ægir			<b>17:46.18</b>	501
	100m:	1:05.35 1:05.35	500m:	5:49.55 1:11.60	900m:	10:38.16 1:11.87	1300m:	15:25.20 1:11.75
	200m:	2:15.33 1:09.98	600m:	7:01.70 1:12.15	1000m:	11:50.47 1:12.31	1400m:	16:37.14 1:11.94
	300m:	3:26.69 1:11.36	700m:	8:14.07 1:12.37	1100m:	13:02.21 1:11.74	1500m:	17:46.18 1:09.04
	400m:	4:37.95 1:11.26	800m:	9:26.29 1:12.22	1200m:	14:13.45 1:11.24		
12.	Ásberg Halldór Hansson		07	Fjölnir			<b>18:48.72</b>	422
	100m:	1:07.60 1:07.60	500m:	6:09.11 1:16.50	900m:	11:17.21 1:17.10	1300m:	16:22.86 1:16.53
	200m:	2:22.48 1:14.88	600m:	7:25.30 1:16.19	1000m:	12:32.99 1:15.78	1400m:	17:36.79 1:13.93
	300m:	3:37.07 1:14.59	700m:	8:43.06 1:17.76	1100m:	13:49.43 1:16.44	1500m:	18:48.72 1:11.93
	400m:	4:52.61 1:15.54	800m:	10:00.11 1:17.05	1200m:	15:06.33 1:16.90		