

Íslandsmeistaramótið í 25m laug  
Hafnarfjörður, 18. - 20.11.2022

Progression of Athletes - Details

Allar sundgreinar

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
<b>Sunddeild Breiðabliks</b>								<b>63</b>
Dominic Daði Wheeler, 03.05.2007								6
200m skriðsund	Undanrásir	14.	<b>2:05.50</b>	496	2:11.95	30.10.2022	111%	
800m skriðsund	Bein úrslit	8.	<b>9:01.11</b>	550	9:19.07	30.10.2022	107%	
100m flugsund	Úrslitsund	7.	1:02.06	456	1:01.72		99%	
100m flugsund	Undanrásir	5.	<b>1:01.72</b>	463	1:03.46	29.10.2022	106%	
100m fjórsund	Úrslitsund	6.	<b>1:05.20</b>	431	1:05.47		101%	
100m fjórsund	Undanrásir	6.	<b>1:05.47</b>	426	1:06.33	29.10.2022	103%	
200m fjórsund	Úrslitsund	7.	2:21.25	467	2:20.52		99%	
200m fjórsund	Undanrásir	8.	<b>2:20.52</b>	474	2:24.60	29.10.2022	106%	
Freyja Birkisdóttir, 02.02.2006								3
200m skriðsund	Úrslitsund	2.	2:04.68	692	2:04.44		100%	
200m skriðsund	Undanrásir	1.	2:04.44	696	2:03.66	29.10.2022	99%	
400m skriðsund	Úrslitsund	1.	<b>4:18.75</b>	738	4:23.58		104%	
400m skriðsund	Undanrásir	1.	4:23.58	698	4:20.10	12.11.2021	97%	
800m skriðsund	Bein úrslit	1.	8:59.76	700	8:57.40	29.10.2022	99%	
1500m skriðsund	Bein úrslit	1.	17:11.15	705	17:02.31	14.11.2021	98%	
200m bringusund	Undanrásir	3.	<b>2:38.30</b>	614	2:41.23	01.10.2022	104%	
200m fjórsund	Úrslitsund	3.	2:22.82	621	2:21.43		98%	
200m fjórsund	Undanrásir	2.	<b>2:21.43</b>	639	2:22.28	30.10.2022	101%	
Guðmundur Halldórsson, 05.08.2004								3
50m skriðsund	Undanrásir	16.	27.11	411	27.04	10.09.2022	99%	
100m skriðsund	Undanrásir	20.	<b>57.84</b>	465	57.92	11.09.2022	100%	
200m skriðsund	Undanrásir	16.	<b>2:07.65</b>	471	2:07.83	10.09.2022	100%	
400m skriðsund	Undanrásir	13.	4:30.14	485	4:27.64	17.12.2021	98%	
800m skriðsund	Bein úrslit	12.	<b>9:26.58</b>	479	9:33.88	14.11.2021	103%	
Guðmundur Karl Karlsson, 15.11.2005								6
50m skriðsund	Úrslitsund	4.	24.18	579	24.14		100%	
50m skriðsund	Undanrásir	3.	<b>24.14</b>	582	24.70	29.10.2022	105%	
100m skriðsund	Úrslitsund	5.	<b>52.66</b>	617	53.09		102%	
100m skriðsund	Undanrásir	3.	<b>53.09</b>	602	53.79	13.11.2021	103%	
200m skriðsund	Úrslitsund	2.	<b>1:54.08</b>	660	1:54.69		101%	
200m skriðsund	Undanrásir	2.	<b>1:54.69</b>	650	1:55.02	30.10.2022	101%	
400m skriðsund	Úrslitsund	2.	<b>4:04.20</b>	656	4:05.41		101%	
400m skriðsund	Undanrásir	3.	4:05.41	646	4:05.22	29.10.2022	100%	
Halldóra Björt Ingimundardóttir, 30.01.2008								5
50m skriðsund	Undanrásir	13.	<b>29.47</b>	471	29.57	29.10.2022	101%	
100m skriðsund	Undanrásir	13.	<b>1:04.34</b>	476	1:05.43	02.10.2022	103%	
200m skriðsund	Undanrásir	16.	2:20.08	488	2:19.60	29.10.2022	99%	
400m skriðsund	Undanrásir	12.	<b>4:53.86</b>	504	4:58.00	29.10.2022	103%	
100m baksund	Undanrásir	10.	<b>1:12.15</b>	440	1:12.49	25.06.2022	101%	
100m fjórsund	Undanrásir	13.	<b>1:14.16</b>	442	1:15.90	04.12.2021	105%	
Ingibjörg Erl Garðarsdóttir, 01.04.2000								1
50m skriðsund	Undanrásir	5.	<b>29.50</b>	469	30.72	12.11.2021	108%	
200m skriðsund	Undanrásir	3.	2:16.10	532	2:13.05	12.11.2021	96%	
Jón Ingi Halldórsson, 05.08.2004								4
50m skriðsund	Undanrásir	12.	<b>26.82</b>	424	27.30	10.09.2022	104%	
100m skriðsund	Undanrásir	18.	<b>57.63</b>	471	58.89	01.10.2022	104%	
100m fjórsund	Úrslitsund	7.	<b>1:06.64</b>	404	1:07.46		102%	
100m fjórsund	Undanrásir	8.	<b>1:07.46</b>	389	1:07.50	29.10.2022	100%	
200m fjórsund	Undanrásir	11.	2:27.44	411	2:24.52	17.12.2021	96%	
Júlía Pálmadóttir, 22.08.2007								2
50m skriðsund	Undanrásir	27.	<b>30.86</b>	410	31.06	29.10.2022	101%	
100m skriðsund	Undanrásir	16.	1:05.05	460	1:04.90	17.12.2021	100%	
200m skriðsund	Undanrásir	18.	<b>2:22.47</b>	464	2:22.69	13.11.2021	100%	
400m skriðsund	Undanrásir	16.	5:03.08	459	5:00.65	12.11.2021	98%	
Kacper Kogut, 21.02.2006								3
800m skriðsund	Bein úrslit	3.	<b>8:50.54</b>	583	8:56.11	30.10.2022	102%	
50m flugsund	Úrslitsund	-	-	-	28.09		-	
50m flugsund	Undanrásir	8.	28.09	464	27.95	30.10.2022	99%	
100m flugsund	Úrslitsund	5.	<b>1:00.55</b>	491	1:01.74		104%	
100m flugsund	Undanrásir	6.	1:01.74	463	1:00.78	29.10.2022	97%	
200m flugsund	Úrslitsund	4.	<b>2:11.79</b>	554	2:17.58		109%	
200m flugsund	Undanrásir	4.	2:17.58	486	2:12.97	29.10.2022	93%	
Margrét Anna Lapas Vilhjalmsdóttir, 22.12.2009								4
100m skriðsund	Undanrásir	20.	1:05.61	449	1:04.52	02.10.2022	97%	
50m bringusund	Úrslitsund	4.	<b>35.36</b>	526	35.71		102%	
50m bringusund	Undanrásir	5.	<b>35.71</b>	511	35.91	30.10.2022	101%	
100m bringusund	Úrslitsund	3.	1:16.73	536	1:16.62		100%	
100m bringusund	Undanrásir	4.	<b>1:16.62</b>	539	1:17.86	29.10.2022	103%	
200m bringusund	Úrslitsund	4.	<b>2:46.44</b>	528	2:50.12		104%	
200m bringusund	Undanrásir	5.	2:50.12	494	2:48.05	29.10.2022	98%	
100m fjórsund	Undanrásir	12.	1:13.63	452	1:12.87	29.10.2022	98%	

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<b>Nadja Djurovic, 21.07.2007</b>								<b>6</b>
50m skriðsund	Úrslitsund	6.	<b>26.89</b>	620	27.39		104%	
50m skriðsund	Undanrásir	5.	27.39	586	26.98	29.10.2022	97%	
100m skriðsund	Úrslitsund	2.	<b>57.71</b>	660	59.08		105%	
100m skriðsund	Undanrásir	2.	59.08	615	58.47	14.11.2021	98%	
200m skriðsund	Úrslitsund	4.	<b>2:08.73</b>	629	2:11.82		105%	
200m skriðsund	Undanrásir	4.	2:11.82	586	2:09.10	29.10.2022	96%	
400m skriðsund	Úrslitsund	4.	<b>4:30.37</b>	647	4:39.92		107%	
400m skriðsund	Undanrásir	6.	4:39.92	583	4:36.23	12.11.2021	97%	
50m flugsund	Úrslitsund	6.	<b>29.28</b>	577	29.60		102%	
50m flugsund	Undanrásir	5.	<b>29.60</b>	558	29.65	29.10.2022	100%	
<b>Ragnheiður Gunnsteinsdóttir, 30.07.2007</b>								<b>2</b>
50m skriðsund	Undanrásir	21.	<b>30.05</b>	444	30.82	10.09.2022	105%	
100m skriðsund	Undanrásir	19.	<b>1:05.48</b>	451	1:05.98	17.12.2021	102%	
<b>Ragnheiður Ásta Magnúsdóttir, 17.02.2007</b>								<b>4</b>
50m skriðsund	Úrslitsund			-	28.07		-	
50m skriðsund	Undanrásir	7.	<b>28.07</b>	545	29.89	01.10.2022	113%	
100m skriðsund	Úrslitsund	8.	1:01.96	533	1:01.00		97%	
100m skriðsund	Undanrásir	6.	<b>1:01.00</b>	559	1:01.97	30.10.2022	103%	
50m baksund	Úrslitsund	7.	31.60	511	31.26		98%	
50m baksund	Undanrásir	3.	<b>31.26</b>	528	31.71	12.11.2021	103%	
100m baksund	Úrslitsund	7.	<b>1:08.15</b>	522	1:08.29		100%	
100m baksund	Undanrásir	6.	1:08.29	519	1:08.11	01.10.2022	99%	
200m baksund	Úrslitsund	5.	2:31.49	483	2:28.46		96%	
200m baksund	Undanrásir	4.	2:28.46	514	2:27.89	18.12.2021	99%	
<b>Sólveig Freyja Hákonardóttir, 16.02.2009</b>								<b>5</b>
50m skriðsund	Undanrásir	8.	<b>28.11</b>	542	28.29	29.10.2022	101%	
200m skriðsund	Undanrásir	5.	2:12.49	577	2:10.34	29.10.2022	97%	
400m skriðsund	Úrslitsund	5.	<b>4:31.32</b>	640	4:36.12		104%	
400m skriðsund	Undanrásir	4.	4:36.12	608	4:34.99	29.10.2022	99%	
800m skriðsund	Bein úrslit	4.	<b>9:23.89</b>	614	9:40.19	25.06.2022	106%	
200m fjórsund	Úrslitsund	4.	<b>2:27.08</b>	568	2:30.95		105%	
200m fjórsund	Undanrásir	5.	2:30.95	526	2:27.15	30.10.2022	95%	
400m fjórsund	Úrslitsund	3.	<b>5:10.87</b>	577	5:12.84		101%	
400m fjórsund	Undanrásir	3.	5:12.84	567	5:08.57	29.10.2022	97%	
<b>Vigdís Tinna Hákonardóttir, 13.06.2006</b>								<b>1</b>
100m skriðsund	Undanrásir	17.	1:05.15	458	1:04.87	14.11.2021	99%	
50m flugsund	Úrslitsund			-	31.53		-	
50m flugsund	Undanrásir	8.	<b>31.53</b>	462	31.80	13.11.2021	102%	
<b>Ásdís Steindórsdóttir, 17.02.2009</b>								<b>4</b>
200m skriðsund	Undanrásir	14.	2:19.46	494	2:16.78	29.10.2022	96%	
400m skriðsund	Úrslitsund	6.	<b>4:36.50</b>	605	4:39.81		102%	
400m skriðsund	Undanrásir	5.	4:39.81	584	4:39.32	29.10.2022	100%	
800m skriðsund	Bein úrslit	6.	<b>9:33.33</b>	584	9:34.02	29.10.2022	100%	
200m bringusund	Úrslitsund	6.	<b>2:51.98</b>	479	2:53.55		102%	
200m bringusund	Undanrásir	7.	2:53.55	466	2:51.83	29.10.2022	98%	
200m fjórsund	Úrslitsund			-	2:34.88		-	
200m fjórsund	Undanrásir	9.	2:34.88	487	2:32.55	30.10.2022	97%	
400m fjórsund	Úrslitsund	7.	<b>5:25.56</b>	503	5:26.39		101%	
400m fjórsund	Undanrásir	8.	5:26.39	499	5:24.63	29.10.2022	99%	
<b>Áslaug Margrét Alfreðsdóttir, 29.10.2008</b>								<b>4</b>
100m skriðsund	Undanrásir	23.	<b>1:05.92</b>	442	1:07.88	11.09.2022	106%	
200m skriðsund	Undanrásir	12.	<b>2:18.87</b>	501	2:24.59	10.09.2022	108%	
400m skriðsund	Undanrásir	11.	<b>4:51.79</b>	515	5:05.22	26.06.2022	109%	
800m skriðsund	Bein úrslit	10.	<b>9:48.70</b>	539	10:29.53	28.01.2022	114%	
<b>Sunddeild KR</b>								<b>21</b>
<b>Freyja Sigríður Ásgeirsdóttir, 25.01.2007</b>								<b>3</b>
50m skriðsund	Undanrásir	16.	<b>29.64</b>	462	30.37	29.10.2022	105%	
100m skriðsund	Undanrásir	25.	<b>1:06.78</b>	426	1:07.94	30.10.2022	104%	
100m baksund	Undanrásir	15.	<b>1:16.86</b>	364	1:18.65	29.10.2022	105%	
<b>Halldór Björn Kristinsson, 27.04.2002</b>								<b>4</b>
50m skriðsund	Undanrásir	4.	<b>26.39</b>	445	27.33	08.04.2022	107%	
50m bringusund	Undanrásir	2.	<b>33.33</b>	419	34.32	29.10.2022	106%	
50m flugsund	Undanrásir	4.	<b>29.99</b>	381	30.04		100%	
100m fjórsund	Úrslitsund	8.	1:06.84	400	1:06.65		99%	
100m fjórsund	Undanrásir	2.	<b>1:06.65</b>	404	1:08.48	29.10.2022	106%	
<b>Hekla Krístrún Mist Arnarsdóttir, 05.11.2006</b>								<b>4</b>
50m skriðsund	Undanrásir	24.	<b>30.38</b>	429	30.99	19.03.2022	104%	
100m skriðsund	Undanrásir	27.	<b>1:06.81</b>	425	1:08.48	01.10.2022	105%	
100m bringusund	Undanrásir	15.	1:27.18	365	1:26.09	30.04.2022	98%	
200m bringusund	Undanrásir	15.	3:06.35	376	3:02.71	29.04.2022	96%	
50m flugsund	Undanrásir	9.	31.61	458	31.36	29.10.2022	98%	
100m flugsund	Undanrásir	9.	1:14.36	395	1:13.96	01.10.2022	99%	
100m fjórsund	Undanrásir	15.	1:16.35	405	1:16.09	04.12.2021	99%	
200m fjórsund	Undanrásir	15.	<b>2:44.35</b>	407	2:45.73	30.10.2022	102%	
400m fjórsund	Undanrásir	12.	<b>5:48.10</b>	411	5:50.63	30.04.2022	101%	

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<b>Hringur Birgir Kristinsson, 22.03.2004</b>								<b>4</b>
50m skriðsund	Undanrásir	17.	27.31	402	27.27	28.05.2022	100%	
100m skriðsund	Undanrásir	23.	<b>58.84</b>	442	58.98	29.10.2022	100%	
200m skriðsund	Undanrásir	ÚRskr.	-	-	2:10.16	30.10.2022	-	
400m skriðsund	Undanrásir	ÚRskr.	-	-	4:40.97	29.10.2022	-	
50m bringusund	Úrslitsund	-	-	-	33.15	-	-	
50m bringusund	Undanrásir	9.	<b>33.15</b>	426	33.71	29.10.2022	103%	
100m bringusund	Undanrásir	12.	1:13.10	432	1:12.73	29.10.2022	99%	
200m bringusund	Úrslitsund	6.	<b>2:37.31</b>	445	2:41.31	-	105%	
200m bringusund	Undanrásir	9.	<b>2:41.31</b>	413	2:43.22	30.10.2022	102%	
<b>Júlíus Arnarsson, 25.01.2006</b>								<b>-</b>
50m skriðsund	Undanrásir	ÚRskr.	-	-	26.01	29.10.2022	-	
100m skriðsund	Undanrásir	17.	57.33	478	56.49	30.04.2022	97%	
200m skriðsund	Undanrásir	17.	2:08.38	463	2:05.91	30.04.2022	96%	
400m skriðsund	Undanrásir	ÚRskr.	-	-	4:27.41	29.04.2022	-	
50m baksund	Úrslitsund	-	-	-	31.89	-	-	
50m baksund	Undanrásir	8.	31.89	338	31.40	29.10.2022	97%	
100m baksund	Undanrásir	11.	1:10.49	322	1:07.56	30.04.2022	92%	
200m baksund	Undanrásir	ÚRskr.	-	-	2:32.34	30.04.2022	-	
50m flugsund	Undanrásir	11.	30.59	359	28.80	28.05.2022	89%	
<b>Kolbrún Hilda Gunnarsdóttir, 07.09.2006</b>								<b>1</b>
50m baksund	Undanrásir	17.	<b>37.21</b>	313	37.52	29.10.2022	102%	
100m baksund	Undanrásir	20.	1:18.90	336	1:18.73	01.10.2022	100%	
200m baksund	Undanrásir	19.	2:49.51	345	2:47.25	30.10.2022	97%	
<b>Kristján Helgi Jóhannsson, 10.07.2002</b>								<b>3</b>
50m skriðsund	Undanrásir	5.	<b>29.99</b>	303	30.89	29.10.2022	106%	
100m skriðsund	Undanrásir	3.	<b>1:06.47</b>	306	1:08.25	29.10.2022	105%	
200m skriðsund	Undanrásir	2.	<b>2:26.27</b>	313	2:33.06	30.10.2022	109%	
400m skriðsund	Undanrásir	2.	5:26.22	275	5:13.19	-	92%	
100m baksund	Undanrásir	4.	1:18.31	235	1:17.95	-	99%	
200m fjørsund	Undanrásir	3.	2:54.69	247	2:47.69	-	92%	
<b>Þórey Ísafold Magnúsdóttir, 17.03.1999</b>								<b>2</b>
200m skriðsund	Undanrásir	7.	2:35.88	354	2:29.38	30.04.2022	92%	
400m skriðsund	Undanrásir	5.	5:37.43	333	5:26.16	29.04.2022	93%	
50m bringusund	Undanrásir	2.	<b>41.06</b>	336	41.50	30.04.2022	102%	
100m bringusund	Undanrásir	3.	1:28.49	349	1:26.67	30.04.2022	96%	
200m bringusund	Undanrásir	2.	3:12.26	342	3:06.94	29.04.2022	95%	
50m flugsund	Undanrásir	4.	36.46	298	36.28	29.04.2022	99%	
100m flugsund	Undanrásir	4.	1:24.61	268	1:19.63	30.04.2022	89%	
200m fjørsund	Undanrásir	1.	<b>3:02.40</b>	298	3:05.92	01.10.2022	104%	
<b>Sunddeild Stjórnunnar</b>								<b>5</b>
<b>Júlía Líf Gunnsteinsdóttir, 14.12.2004</b>								<b>-</b>
100m skriðsund	Undanrásir	6.	1:08.77	390	1:08.37	24.09.2022	99%	
400m skriðsund	Undanrásir	3.	5:17.38	400	5:10.48	29.10.2022	96%	
800m skriðsund	Bein úrslit	15.	10:44.42	411	10:35.68	29.10.2022	97%	
<b>Katrín Tinna Andrésdóttir, 22.03.2006</b>								<b>3</b>
100m skriðsund	Undanrásir	21.	<b>1:05.64</b>	448	1:07.43	30.10.2022	106%	
200m skriðsund	Undanrásir	21.	<b>2:25.12</b>	439	2:26.15	29.10.2022	101%	
100m fjørsund	Undanrásir	16.	<b>1:16.67</b>	400	1:18.25	29.10.2022	104%	
<b>Ágústa Inga Arnarsdóttir, 30.08.2006</b>								<b>2</b>
50m skriðsund	Undanrásir	12.	<b>29.11</b>	488	29.38	24.09.2022	102%	
200m skriðsund	Undanrásir	20.	<b>2:24.68</b>	443	2:26.00	29.10.2022	102%	
<b>Sunddeild UMFB</b>								<b>11</b>
<b>Eydís Birta Ingólfssdóttir, 30.01.2005</b>								<b>3</b>
50m baksund	Undanrásir	14.	<b>35.97</b>	346	36.02	29.10.2022	100%	
100m baksund	Undanrásir	17.	<b>1:17.27</b>	358	1:18.53	29.10.2022	103%	
200m baksund	Undanrásir	17.	<b>2:47.62</b>	357	2:48.20	30.10.2022	101%	
<b>Gunnar Egill Gunnarsson, 18.01.2007</b>								<b>2</b>
50m skriðsund	Undanrásir	13.	<b>26.90</b>	420	27.48	29.10.2022	104%	
100m skriðsund	Undanrásir	24.	<b>59.16</b>	435	59.95	29.10.2022	103%	
200m skriðsund	Undanrásir	20.	2:14.92	399	2:13.65	30.10.2022	98%	
<b>Hálfðán Artúr Róbertsson, 21.12.2005</b>								<b>2</b>
100m skriðsund	Undanrásir	27.	<b>1:00.94</b>	398	1:02.08	29.10.2022	104%	
50m flugsund	Undanrásir	9.	<b>28.29</b>	454	28.71	30.10.2022	103%	
100m flugsund	Undanrásir	11.	1:05.75	383	1:04.24	29.10.2022	95%	
<b>Ingibjörg Anna Skúladóttir, 01.02.2006</b>								<b>1</b>
100m skriðsund	Undanrásir	30.	1:07.77	407	1:07.75	30.10.2022	100%	
200m skriðsund	Undanrásir	25.	2:36.21	352	2:33.70	29.10.2022	97%	
50m baksund	Undanrásir	15.	<b>36.37</b>	335	36.53	19.06.2022	101%	
<b>Valdís Rós Þorsteinsdóttir, 25.10.2007</b>								<b>3</b>
50m skriðsund	Undanrásir	25.	30.49	425	30.31	29.10.2022	99%	
100m skriðsund	Undanrásir	28.	<b>1:07.32</b>	415	1:07.59	30.10.2022	101%	
50m bringusund	Úrslitsund	-	-	-	38.36	-	-	
50m bringusund	Undanrásir	10.	<b>38.36</b>	412	39.05	14.11.2021	104%	
100m bringusund	Undanrásir	11.	<b>1:23.74</b>	412	1:24.95	29.10.2022	103%	
200m bringusund	Undanrásir	13.	3:02.48	401	3:02.06	29.10.2022	100%	

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<b>Sundfélag Akraness</b>							<b>36</b>
Alex Benjamín Bjarnason, 01.09.2004							<b>3</b>
50m skriðsund	Undanrásir	9.	<b>25.63</b>	486	25.72	29.10.2022	101%
100m skriðsund	Úrslitsund			-	55.55		-
100m skriðsund	Undanrásir	10.	<b>55.55</b>	525	55.74	29.10.2022	101%
50m flugsund	Undanrásir	10.	<b>28.72</b>	434	29.71	29.10.2022	107%
100m flugsund	Undanrásir	10.	1:05.60	386	1:04.67	29.10.2022	97%
<b>Einar Margeir Ágústsson, 11.07.2005</b>							<b>3</b>
50m bringusund	Úrslitsund	3.	<b>28.00</b>	707	28.28		102%
50m bringusund	Undanrásir	2.	28.28	686	27.94	22.10.2022	98%
100m bringusund	Úrslitsund	3.	<b>1:01.38</b>	730	1:02.11		102%
100m bringusund	Undanrásir	3.	<b>1:02.11</b>	705	1:03.85	10.09.2022	106%
200m bringusund	Undanrásir	4.	2:29.63	517	2:17.49	23.10.2022	84%
100m fjørsund	Undanrásir	1.	58.94	584	58.80	21.10.2022	100%
<b>Enrique Snær Llorens Sigurðsson, 19.12.2002</b>							<b>4</b>
400m skriðsund	Úrslitsund	5.	<b>4:05.93</b>	642	4:08.02		102%
400m skriðsund	Undanrásir	1.	4:08.02	626	4:03.08	12.11.2021	96%
200m flugsund	Úrslitsund	2.	<b>2:08.62</b>	595	2:10.88		104%
200m flugsund	Undanrásir	1.	2:10.88	565	2:10.62	13.11.2021	100%
200m fjørsund	Úrslitsund	2.	<b>2:05.69</b>	663	2:07.96		104%
200m fjørsund	Undanrásir	1.	2:07.96	628	2:07.48	13.11.2021	99%
400m fjørsund	Úrslitsund	1.	<b>4:28.77</b>	666	4:32.47		103%
400m fjørsund	Undanrásir	1.	4:32.47	640	4:28.34	14.11.2021	97%
<b>Guðbjarni Sigþórsson, 20.09.2006</b>							<b>7</b>
50m skriðsund	Úrslitsund	7.	<b>24.68</b>	545	24.93		102%
50m skriðsund	Undanrásir	5.	<b>24.93</b>	528	25.03	29.10.2022	101%
100m skriðsund	Úrslitsund	7.	<b>53.97</b>	573	53.99		100%
100m skriðsund	Undanrásir	7.	53.99	572	53.56	29.10.2022	98%
200m skriðsund	Úrslitsund	4.	<b>1:56.04</b>	627	1:57.41		102%
200m skriðsund	Undanrásir	6.	<b>1:57.41</b>	606	1:57.46	30.10.2022	100%
100m fjørsund	Úrslitsund	5.	<b>1:01.76</b>	508	1:03.26		105%
100m fjørsund	Undanrásir	5.	<b>1:03.26</b>	472	1:05.65	10.09.2022	108%
<b>Guðbjörg Bjartey Guðmundsdóttir, 22.08.2005</b>							<b>6</b>
50m skriðsund	Úrslitsund	3.	26.68	634	26.51		99%
50m skriðsund	Undanrásir	1.	<b>26.51</b>	647	26.84	29.10.2022	103%
200m skriðsund	Úrslitsund	5.	<b>2:10.03</b>	610	2:11.54		102%
200m skriðsund	Undanrásir	3.	2:11.54	589	2:09.88	29.10.2022	97%
50m flugsund	Úrslitsund	4.	<b>29.13</b>	586	29.34		101%
50m flugsund	Undanrásir	3.	<b>29.34</b>	573	29.42	29.10.2022	101%
100m fjørsund	Úrslitsund	4.	<b>1:07.88</b>	576	1:08.37		101%
100m fjørsund	Undanrásir	4.	<b>1:08.37</b>	564	1:08.82	10.09.2022	101%
<b>Ingibjörg Svava Magnúsdóttir, 26.01.2005</b>							<b>3</b>
50m skriðsund	Undanrásir	15.	<b>29.52</b>	468	29.71	29.10.2022	101%
100m skriðsund	Undanrásir	12.	1:03.81	488	1:03.54	30.10.2022	99%
200m skriðsund	Undanrásir	13.	2:19.43	495	2:19.04	18.12.2021	99%
50m baksund	Undanrásir	11.	<b>33.97</b>	411	34.59	12.11.2021	104%
100m baksund	Undanrásir	13.	<b>1:13.35</b>	419	1:13.92	13.11.2021	102%
200m baksund	Undanrásir	15.	2:42.96	388	2:36.71	30.10.2022	92%
<b>Karen Káradóttir, 06.09.2006</b>							<b>-</b>
50m baksund	Undanrásir	ÚRskr.		-	34.35	12.11.2021	-
100m baksund	Undanrásir	ÚRskr.		-	1:13.63	14.11.2021	-
50m bringusund	Undanrásir	ÚRskr.		-	37.16	14.11.2021	-
<b>Kristján Magnússon, 02.07.2005</b>							<b>7</b>
50m skriðsund	Úrslitsund	3.	<b>23.81</b>	607	23.99		102%
50m skriðsund	Undanrásir	2.	<b>23.99</b>	593	24.34	29.10.2022	103%
100m skriðsund	Úrslitsund	6.	<b>52.95</b>	607	53.44		102%
100m skriðsund	Undanrásir	4.	<b>53.44</b>	590	54.39	29.10.2022	104%
200m skriðsund	Undanrásir	8.	<b>1:58.85</b>	584	2:00.63	14.11.2021	103%
100m baksund	Úrslitsund	4.	<b>59.85</b>	526	1:01.84		107%
100m baksund	Undanrásir	4.	<b>1:01.84</b>	477	1:02.31	30.10.2022	102%
<b>Viktoria Emilia Orlita, 09.11.2009</b>							<b>3</b>
50m skriðsund	Undanrásir	22.	<b>30.16</b>	439	30.68	29.10.2022	103%
100m skriðsund	Undanrásir	26.	<b>1:06.80</b>	425	1:09.64	30.10.2022	109%
100m fjørsund	Undanrásir	17.	<b>1:16.97</b>	395	1:20.27	29.10.2022	109%
<b>Sundfélag Hafnarfjarðar</b>							<b>181</b>
Adam Leó Tómasson, 22.10.2007							<b>4</b>
400m skriðsund	Undanrásir	17.	<b>4:40.79</b>	431	4:45.28	29.10.2022	103%
200m baksund	Úrslitsund	8.	<b>2:27.06</b>	370	2:27.58		101%
200m baksund	Undanrásir	8.	<b>2:27.58</b>	366	2:32.30	26.06.2022	106%
400m fjørsund	Úrslitsund	6.	<b>5:11.01</b>	430	5:17.43		104%
400m fjørsund	Undanrásir	6.	5:17.43	404	5:17.10	24.09.2022	100%
<b>Adele Alexandra Pálsson, 30.04.2003</b>							<b>3</b>
100m skriðsund	Undanrásir	3.	<b>1:04.36</b>	475	1:06.52	29.10.2022	107%
200m skriðsund	Undanrásir	4.	<b>2:17.66</b>	514	2:18.09	29.10.2022	101%
100m baksund	Úrslitsund			-	1:10.07		-
100m baksund	Undanrásir	3.	<b>1:10.07</b>	480	1:10.85	29.10.2022	102%

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<b>Andri Már Kristjánsson, 27.06.2006</b>							<b>6</b>
100m skriðsund	Undanrásir	14.	<b>56.68</b>	495	58.53	13.11.2021	107%
400m skriðsund	Undanrásir	10.	<b>4:23.06</b>	525	4:31.60	12.11.2021	107%
800m skriðsund	Bein úrslit	4.	<b>8:54.49</b>	570	9:09.61	14.11.2021	106%
1500m skriðsund	Bein úrslit	6.	<b>17:05.82</b>	562	17:21.90	29.10.2022	103%
200m baksund	Úrslitsund	4.	<b>2:20.55</b>	424	2:22.96		103%
200m baksund	Undanrásir	7.	<b>2:22.96</b>	403	2:24.11	24.09.2022	102%
<b>Arna Rut Stefánsdóttir, 15.09.2007</b>							<b>1</b>
200m skriðsund	Undanrásir	17.	<b>2:21.24</b>	476	2:24.23	13.11.2021	104%
200m bringusund	Undanrásir	17.	3:12.48	341	3:10.96	29.10.2022	98%
50m flugsund	Undanrásir	16.	33.73	377	33.31	19.06.2022	98%
100m flugsund	Undanrásir	11.	1:15.68	375	1:15.64	20.03.2022	100%
200m fjörsund	Undanrásir	16.	2:44.58	405	2:44.04	17.12.2021	99%
<b>Arnar Logi Aegisson, 17.01.2007</b>							<b>3</b>
50m bringusund	Úrslitsund			-	32.04		-
50m bringusund	Undanrásir	8.	<b>32.04</b>	472	32.68	25.09.2022	104%
100m bringusund	Úrslitsund	7.	1:10.58	480	1:10.03		98%
100m bringusund	Undanrásir	6.	1:10.03	491	1:09.72	26.06.2022	99%
200m bringusund	Úrslitsund	7.	<b>2:38.42</b>	436	2:44.70		108%
200m bringusund	Undanrásir	10.	2:44.70	388	2:39.48	25.06.2022	94%
200m fjörsund	Undanrásir	12.	<b>2:30.11</b>	389	2:30.14	29.10.2022	100%
<b>Arnór Egill Einarsson, 18.12.2007</b>							<b>3</b>
100m skriðsund	Undanrásir	15.	<b>56.82</b>	491	57.38	24.06.2022	102%
200m skriðsund	Úrslitsund			-	2:03.73		-
200m skriðsund	Undanrásir	13.	2:03.73	518	2:02.24	30.10.2022	98%
400m skriðsund	Úrslitsund			-	4:22.45		-
400m skriðsund	Undanrásir	9.	<b>4:22.45</b>	528	4:22.50	26.06.2022	100%
800m skriðsund	Bein úrslit	5.	<b>8:54.71</b>	570	8:59.56	25.06.2022	102%
100m bringusund	Undanrásir	11.	1:11.62	459	1:11.29	29.10.2022	99%
<b>Aron Bjarki Pétursson, 12.01.2001</b>							<b>4</b>
50m bringusund	Úrslitsund	4.	28.84	647	28.60		98%
50m bringusund	Undanrásir	1.	<b>28.60</b>	663	29.26	13.11.2021	105%
100m bringusund	Undanrásir	1.	<b>1:04.60</b>	626	1:05.25	18.12.2021	102%
50m flugsund	Undanrásir	veikindi		-	27.08	14.11.2021	-
100m fjörsund	Úrslitsund	2.	<b>58.63</b>	593	58.83		101%
100m fjörsund	Undanrásir	1.	<b>58.83</b>	587	59.68	12.11.2021	103%
<b>Auguste Balcunaite, 10.02.2011</b>							<b>6</b>
200m baksund	Undanrásir	14.	<b>2:41.95</b>	396	2:45.41	03.06.2022	104%
50m bringusund	Úrslitsund	7.	<b>36.24</b>	489	36.41		101%
50m bringusund	Undanrásir	8.	<b>36.41</b>	482	36.61	25.09.2022	101%
100m bringusund	Úrslitsund	7.	<b>1:18.82</b>	495	1:19.33		101%
100m bringusund	Undanrásir	7.	<b>1:19.33</b>	485	1:19.62	05.06.2022	101%
200m bringusund	Úrslitsund	8.	2:55.76	448	2:54.68		99%
200m bringusund	Undanrásir	8.	2:54.68	457	2:52.38	24.06.2022	97%
100m fjörsund	Undanrásir	14.	<b>1:15.92</b>	412	1:17.13	02.04.2022	103%
<b>Bartosz Henke, 24.04.2005</b>							<b>6</b>
200m skriðsund	Undanrásir	7.	<b>1:57.76</b>	600	2:00.33	14.11.2021	104%
400m skriðsund	Úrslitsund	4.	<b>4:05.39</b>	647	4:10.48		104%
400m skriðsund	Undanrásir	5.	4:10.48	608	4:07.72	12.11.2021	98%
800m skriðsund	Bein úrslit	1.	<b>8:32.84</b>	646	8:49.79	30.10.2022	107%
1500m skriðsund	Bein úrslit	3.	<b>16:16.98</b>	651	16:23.24	13.11.2021	101%
200m flugsund	Úrslitsund	5.	<b>2:16.08</b>	503	2:16.66		101%
200m flugsund	Undanrásir	3.	<b>2:16.66</b>	496	2:17.65	09.04.2022	101%
<b>Benedikt Kári Theódórsson, 31.03.2007</b>							<b>5</b>
800m skriðsund	Bein úrslit	10.	<b>9:12.04</b>	518	9:14.98	30.10.2022	101%
100m baksund	Undanrásir	7.	<b>1:05.43</b>	403	1:06.06	30.10.2022	102%
100m flugsund	Úrslitsund	8.	1:02.34	450	1:01.99		99%
100m flugsund	Undanrásir	7.	<b>1:01.99</b>	457	1:03.50	29.10.2022	105%
200m flugsund	Úrslitsund	6.	<b>2:22.89</b>	434	2:24.07		102%
200m flugsund	Undanrásir	5.	<b>2:24.07</b>	424	2:26.56	26.06.2022	103%
<b>Bergur Fáfur Bjarnason, 04.02.2006</b>							<b>3</b>
100m skriðsund	Undanrásir	6.	53.83	577	53.39	13.11.2021	98%
200m skriðsund	Undanrásir	4.	<b>1:56.68</b>	617	1:57.00	14.11.2021	101%
50m baksund	Úrslitsund	4.	<b>27.39</b>	533	27.58		101%
50m baksund	Undanrásir	3.	27.58	522	27.13	24.09.2022	97%
100m baksund	Úrslitsund	3.	58.25	571	58.18		100%
100m baksund	Undanrásir	3.	58.18	573	57.39	23.04.2022	97%
200m baksund	Úrslitsund	2.	2:03.05	632	2:03.04		100%
200m baksund	Undanrásir	2.	<b>2:03.04</b>	632	2:06.43	24.09.2022	106%
<b>Birgitta Ingólfssdóttir, 22.10.2005</b>							<b>6</b>
100m skriðsund	Úrslitsund	6.	<b>59.55</b>	600	1:00.31		103%
100m skriðsund	Undanrásir	4.	1:00.31	578	59.58	17.12.2021	98%
50m baksund	Úrslitsund	2.	<b>30.05</b>	594	30.37		102%
50m baksund	Undanrásir	1.	30.37	576	30.13	12.11.2021	98%
100m baksund	Úrslitsund	4.	<b>1:04.89</b>	605	1:05.84		103%
100m baksund	Undanrásir	2.	1:05.84	579	1:05.20	13.11.2021	98%
100m flugsund	Úrslitsund	3.	<b>1:05.82</b>	570	1:07.76		106%
100m flugsund	Undanrásir	3.	1:07.76	522	1:05.75	14.11.2021	94%
100m fjörsund	Úrslitsund	2.	<b>1:05.74</b>	635	1:06.28		102%
100m fjörsund	Undanrásir	2.	<b>1:06.28</b>	619	1:07.31	11.12.2021	103%

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<b>Birnir Freyr Hálfðánarsson, 26.05.2006</b>								<b>6</b>
200m skriðsund	Úrslitsund	1.	<b>1:51.50</b>	707	1:54.23		105%	
200m skriðsund	Undanrásir	1.	1:54.23	658	1:52.21	30.10.2022	96%	
400m skriðsund	Undanrásir	1.	<b>4:00.01</b>	691	4:00.15	24.09.2022	100%	
200m bringusund	Undanrásir	2.	2:20.18	629	2:19.40	24.09.2022	99%	
100m flugsund	Úrslitsund	1.	<b>54.60</b>	670	59.31		118%	
100m flugsund	Undanrásir	2.	59.31	522	54.94	12.11.2021	86%	
200m flugsund	Úrslitsund	1.	<b>2:07.34</b>	614	2:11.66		107%	
200m flugsund	Undanrásir	2.	2:11.66	555	2:07.57	29.10.2022	94%	
100m fjórsund	Úrslitsund	1.	<b>56.98</b>	646	1:01.35		116%	
100m fjórsund	Undanrásir	3.	1:01.35	518	56.94	29.10.2022	86%	
200m fjórsund	Úrslitsund	1.	<b>2:04.73</b>	679	2:13.89		115%	
200m fjórsund	Undanrásir	1.	2:13.89	548	2:01.96	29.10.2022	83%	
<b>Bjorn Yngvi Guðmundsson, 05.02.2007</b>								<b>5</b>
50m skriðsund	Úrslitsund	6.	<b>24.57</b>	552	24.88		103%	
50m skriðsund	Undanrásir	4.	<b>24.88</b>	532	24.99	29.10.2022	101%	
100m skriðsund	Undanrásir	5.	53.73	581	53.60	24.06.2022	100%	
200m skriðsund	Úrslitsund	5.	<b>1:56.76</b>	616	1:57.39		101%	
200m skriðsund	Undanrásir	5.	1:57.39	606	1:56.53	30.10.2022	99%	
400m skriðsund	Úrslitsund	3.	<b>4:05.06</b>	649	4:07.72		102%	
400m skriðsund	Undanrásir	4.	4:07.72	629	4:07.71	29.10.2022	100%	
1500m skriðsund	Bein úrslit	1.	<b>16:10.61</b>	664	16:52.63	18.12.2021	109%	
<b>Dagbjörg Hlíf Ólafsdóttir, 04.05.2005</b>								<b>7</b>
50m skriðsund	Úrslitsund	8.	27.67	569	27.61		100%	
50m skriðsund	Undanrásir	6.	<b>27.61</b>	572	27.84	12.11.2021	102%	
100m skriðsund	Úrslitsund	7.	<b>1:00.27</b>	579	1:01.00		102%	
100m skriðsund	Undanrásir	6.	<b>1:01.00</b>	559	1:01.29	30.10.2022	101%	
50m baksund	Úrslitsund	6.	<b>31.27</b>	527	31.28		100%	
50m baksund	Undanrásir	4.	<b>31.28</b>	527	31.47	12.11.2021	101%	
100m bringusund	Undanrásir	6.	<b>1:18.68</b>	497	1:19.23	29.10.2022	101%	
50m flugsund	Úrslitsund	8.	30.12	530	29.97		99%	
50m flugsund	Undanrásir	6.	<b>29.97</b>	538	30.37	29.10.2022	103%	
<b>Dagmar Arna Sigurðardóttir, 08.07.2009</b>								<b>1</b>
50m baksund	Undanrásir	13.	34.33	398	34.08	24.09.2022	99%	
100m baksund	Undanrásir	11.	1:12.36	436	1:11.94	29.10.2022	99%	
200m baksund	Úrslitsund	-	-	-	2:34.90		-	
200m baksund	Undanrásir	11.	2:34.90	452	2:32.10	30.10.2022	96%	
200m fjórsund	Undanrásir	19.	2:47.57	384	2:45.36	26.06.2022	97%	
400m fjórsund	Úrslitsund	-	-	-	5:45.51		-	
400m fjórsund	Undanrásir	11.	<b>5:45.51</b>	420	5:46.27	24.06.2022	100%	
<b>Daníel Lúkas Tómasson, 05.04.2004</b>								<b>5</b>
50m flugsund	Úrslitsund	4.	<b>26.77</b>	536	26.79		100%	
50m flugsund	Undanrásir	3.	<b>26.79</b>	535	28.69	18.12.2021	115%	
100m flugsund	Úrslitsund	4.	<b>1:00.12</b>	501	1:00.74		102%	
100m flugsund	Undanrásir	4.	<b>1:00.74</b>	486	1:00.97	12.11.2021	101%	
200m fjórsund	Úrslitsund	6.	2:17.38	508	2:17.05		100%	
200m fjórsund	Undanrásir	4.	<b>2:17.05</b>	511	2:24.65	10.07.2022	111%	
<b>Daði Björnsson, 17.01.2004</b>								<b>4</b>
50m bringusund	Úrslitsund	1.	<b>27.61</b>	737	27.93		102%	
50m bringusund	Undanrásir	1.	27.93	712	27.59	29.10.2022	98%	
100m bringusund	Úrslitsund	2.	<b>1:00.62</b>	758	1:00.67		100%	
100m bringusund	Undanrásir	1.	<b>1:00.67</b>	756	1:01.12	23.09.2022	101%	
200m bringusund	Úrslitsund	1.	<b>2:17.41</b>	668	2:18.48		102%	
200m bringusund	Undanrásir	1.	2:18.48	653	2:16.92	23.10.2022	98%	
100m fjórsund	Undanrásir	ÚRskr.	-	-	57.55	12.11.2021	-	
<b>Daði Þór Friðriksson, 17.07.2007</b>								<b>4</b>
50m skriðsund	Undanrásir	10.	<b>25.69</b>	483	25.98	29.10.2022	102%	
100m skriðsund	Undanrásir	11.	<b>56.22</b>	507	56.40	29.10.2022	101%	
200m skriðsund	Úrslitsund	-	-	-	2:03.64		-	
200m skriðsund	Undanrásir	12.	<b>2:03.64</b>	519	2:03.67	30.10.2022	100%	
400m skriðsund	Úrslitsund	-	-	-	4:27.91		-	
400m skriðsund	Undanrásir	11.	4:27.91	497	4:25.43	29.10.2022	98%	
800m skriðsund	Bein úrslit	11.	<b>9:21.65</b>	492	9:23.09	30.10.2022	101%	
<b>Diljá Dröfn Jóhannesdóttir, 29.08.2003</b>								<b>1</b>
200m skriðsund	Undanrásir	5.	2:19.49	494	2:14.18	13.11.2021	93%	
400m skriðsund	Undanrásir	2.	4:47.28	539	4:40.17	12.11.2021	95%	
800m skriðsund	Bein úrslit	11.	9:52.15	530	9:37.54	18.12.2021	95%	
1500m skriðsund	Bein úrslit	3.	18:44.06	544	18:43.09	14.11.2021	100%	
200m flugsund	Úrslitsund	7.	<b>2:44.74</b>	382	2:47.37		103%	
200m flugsund	Undanrásir	3.	2:47.37	364	2:42.65	11.12.2021	94%	
<b>Halldór Ingi Hafþórsson, 13.09.2008</b>								<b>-</b>
800m skriðsund	Bein úrslit	ÚRskr.	-	-	9:51.91	25.06.2022	-	
50m baksund	Undanrásir	ÚRskr.	-	-	33.96	24.09.2022	-	
200m baksund	Undanrásir	ÚRskr.	-	-	2:30.91	26.06.2022	-	
<b>Heiðar Bjarki Davíðsson, 23.02.2007</b>								<b>-</b>
50m baksund	Undanrásir	ÚRskr.	-	-	33.45	11.12.2021	-	
100m baksund	Undanrásir	ÚRskr.	-	-	1:05.79	30.10.2022	-	
200m baksund	Undanrásir	ÚRskr.	-	-	2:24.68	26.06.2022	-	

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<b>Helga Sigurlaug Helgadóttir, 12.03.2007</b>								<b>5</b>
400m skriðsund	Undanrásir	13.	4:54.76	499	4:47.21	12.11.2021	95%	
50m baksund	Úrslitsund			-	33.01		-	
50m baksund	Undanrásir	8.	<b>33.01</b>	448	33.75	29.10.2022	105%	
100m baksund	Úrslitsund	8.	<b>1:09.13</b>	500	1:09.46		101%	
100m baksund	Undanrásir	7.	<b>1:09.46</b>	493	1:10.53	13.11.2021	103%	
200m baksund	Úrslitsund	4.	<b>2:28.13</b>	517	2:28.99		101%	
200m baksund	Undanrásir	5.	<b>2:28.99</b>	508	2:29.68	30.10.2022	101%	
<b>Hilmir Snær Lunddal Rúnarsson, 07.07.2003</b>								<b>7</b>
50m baksund	Úrslitsund	6.	<b>29.86</b>	412	30.20		102%	
50m baksund	Undanrásir	2.	<b>30.20</b>	398	30.77	29.10.2022	104%	
100m baksund	Úrslitsund	6.	<b>1:04.31</b>	424	1:05.72		104%	
100m baksund	Undanrásir	2.	1:05.72	397	1:04.32	14.11.2021	96%	
50m flugsund	Úrslitsund	8.	<b>27.72</b>	483	27.82		101%	
50m flugsund	Undanrásir	2.	<b>27.82</b>	477	27.89	23.04.2022	101%	
100m flugsund	Úrslitsund	6.	<b>1:01.98</b>	458	1:02.83		103%	
100m flugsund	Undanrásir	3.	<b>1:02.83</b>	439	1:02.99	24.04.2022	101%	
<b>Hólmar Grétarsson, 08.07.2008</b>								<b>6</b>
400m skriðsund	Úrslitsund	6.	<b>4:10.31</b>	609	4:11.61		101%	
400m skriðsund	Undanrásir	6.	<b>4:11.61</b>	600	4:13.51	29.10.2022	102%	
1500m skriðsund	Bein úrslit	2.	<b>16:16.97</b>	651	16:32.98	29.10.2022	103%	
200m bringusund	Undanrásir	5.	<b>2:31.26</b>	501	2:32.70	30.10.2022	102%	
200m fjórsund	Undanrásir	2.	<b>2:14.51</b>	541	2:15.37	26.06.2022	101%	
400m fjórsund	Úrslitsund	4.	<b>4:36.39</b>	613	4:42.89		105%	
400m fjórsund	Undanrásir	3.	4:42.89	571	4:42.55	24.06.2022	100%	
<b>Karl Björnsson, 29.08.2008</b>								<b>5</b>
400m skriðsund	Undanrásir	12.	4:29.69	487	4:25.84	29.10.2022	97%	
50m bringusund	Úrslitsund	7.	<b>31.56</b>	494	31.64		101%	
50m bringusund	Undanrásir	6.	<b>31.64</b>	490	33.42	25.09.2022	112%	
100m bringusund	Úrslitsund			-	1:11.17		-	
100m bringusund	Undanrásir	9.	1:11.17	468	1:09.93	29.10.2022	97%	
200m bringusund	Úrslitsund	4.	<b>2:30.44</b>	509	2:33.65		104%	
200m bringusund	Undanrásir	6.	<b>2:33.65</b>	478	2:35.08	30.10.2022	102%	
200m fjórsund	Úrslitsund			-	2:21.18		-	
200m fjórsund	Undanrásir	9.	<b>2:21.18</b>	468	2:21.50	26.06.2022	100%	
<b>Katja Lilja Andriyadóttir, 27.10.2006</b>								<b>9</b>
400m skriðsund	Úrslitsund	2.	<b>4:22.95</b>	704	4:26.11		102%	
400m skriðsund	Undanrásir	2.	<b>4:26.11</b>	679	4:30.35	24.09.2022	103%	
800m skriðsund	Bein úrslit	2.	<b>9:04.22</b>	683	9:13.17	23.09.2022	103%	
50m bringusund	Úrslitsund	1.	<b>33.52</b>	618	33.85		102%	
50m bringusund	Undanrásir	2.	<b>33.85</b>	600	34.66	14.11.2021	105%	
100m bringusund	Úrslitsund	2.	<b>1:12.34</b>	640	1:13.52		103%	
100m bringusund	Undanrásir	2.	<b>1:13.52</b>	610	1:14.43	29.10.2022	102%	
200m bringusund	Úrslitsund	2.	<b>2:38.06</b>	617	2:38.10		100%	
200m bringusund	Undanrásir	2.	<b>2:38.10</b>	616	2:40.82	12.11.2021	103%	
<b>Katrín Ósk Aðalsteinsdóttir, 14.05.2009</b>								<b>7</b>
50m skriðsund	Undanrásir	18.	<b>29.77</b>	456	30.20	11.12.2021	103%	
100m skriðsund	Undanrásir	14.	<b>1:04.40</b>	475	1:05.75	30.10.2022	104%	
50m baksund	Undanrásir	12.	<b>33.99</b>	410	35.12	29.05.2022	107%	
100m bringusund	Undanrásir	12.	<b>1:24.20</b>	406	1:26.93	26.06.2022	107%	
50m flugsund	Undanrásir	9.	<b>31.61</b>	458	32.99	28.05.2022	109%	
100m flugsund	Úrslitsund	7.	<b>1:11.92</b>	437	1:12.25		101%	
100m flugsund	Undanrásir	5.	<b>1:12.25</b>	431	1:14.84	25.06.2022	107%	
<b>Kolbeinn Hrafnkelsson, 11.07.1994</b>								<b>1</b>
50m baksund	Úrslitsund	2.	<b>25.52</b>	660	25.91		103%	
50m baksund	Undanrásir	1.	25.91	630	25.34	13.11.2021	96%	
100m baksund	Undanrásir	1.	57.41	596	57.00	17.12.2021	99%	
<b>Kristín Helga Hákonardóttir, 08.06.2004</b>								<b>8</b>
50m skriðsund	Úrslitsund	1.	<b>25.73</b>	707	25.99		102%	
50m skriðsund	Undanrásir	2.	<b>25.99</b>	686	26.26	12.11.2021	102%	
100m skriðsund	Úrslitsund	1.	<b>57.06</b>	682	58.69		106%	
100m skriðsund	Undanrásir	1.	58.69	627	56.72	14.11.2021	93%	
200m skriðsund	Úrslitsund	1.	<b>2:02.33</b>	733	2:04.63		104%	
200m skriðsund	Undanrásir	1.	2:04.63	693	2:02.93	29.10.2022	97%	
50m flugsund	Úrslitsund	1.	<b>27.99</b>	660	28.28		102%	
50m flugsund	Undanrásir	1.	<b>28.28</b>	640	28.43	29.10.2022	101%	
100m flugsund	Úrslitsund	1.	<b>1:03.50</b>	635	1:04.76		104%	
100m flugsund	Undanrásir	1.	1:04.76	598	1:02.96	30.10.2022	95%	
200m flugsund	Úrslitsund	1.	<b>2:22.44</b>	592	2:25.28		104%	
200m flugsund	Undanrásir	1.	2:25.28	558	2:19.90	29.10.2022	93%	
<b>Magnús Víðir Jónsson, 01.08.2008</b>								<b>8</b>
100m skriðsund	Úrslitsund	7.	<b>53.97</b>	573	54.15		101%	
100m skriðsund	Undanrásir	8.	<b>54.15</b>	567	54.34	29.10.2022	101%	
200m skriðsund	Úrslitsund	3.	<b>1:55.97</b>	629	1:56.50		101%	
200m skriðsund	Undanrásir	3.	<b>1:56.50</b>	620	1:57.06	30.10.2022	101%	
100m baksund	Úrslitsund	5.	1:02.31	466	1:02.08		99%	
100m baksund	Undanrásir	5.	<b>1:02.08</b>	471	1:02.27	30.10.2022	101%	
200m baksund	Úrslitsund	3.	<b>2:10.91</b>	525	2:12.33		102%	
200m baksund	Undanrásir	3.	<b>2:12.33</b>	508	2:13.85	29.10.2022	102%	
200m fjórsund	Úrslitsund	3.	<b>2:13.12</b>	558	2:15.84		104%	

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200m fjórsund	Undanrásir	3.	2:15.84	525	2:15.44	29.10.2022	99%	7	
Maja Lind Cicero, 26.10.2005									
50m bringusund	Úrslitsund	5.	<b>35.60</b>	516	35.98		102%		
50m bringusund	Undanrásir	6.	<b>35.98</b>	500	37.84	30.10.2022	111%		
100m bringusund	Úrslitsund	4.	1:17.18	527	1:16.45		98%		
100m bringusund	Undanrásir	3.	1:16.45	542	1:15.88	23.09.2022	99%		
100m fjórsund	Úrslitsund	7.	<b>1:09.38</b>	540	1:09.92		102%		
100m fjórsund	Undanrásir	7.	<b>1:09.92</b>	527	1:11.64	29.10.2022	105%		
200m fjórsund	Úrslitsund	7.	<b>2:30.71</b>	528	2:32.74		103%		
200m fjórsund	Undanrásir	6.	2:32.74	507	2:32.01	30.10.2022	99%		
400m fjórsund	Úrslitsund	5.	<b>5:18.34</b>	538	5:25.01		104%		
400m fjórsund	Undanrásir	7.	<b>5:25.01</b>	505	5:29.26	29.10.2022	103%		
María Skorastein Sigurdardóttir, 25.11.2007									
50m skriðsund	Undanrásir	10.	<b>28.33</b>	530	28.41	29.10.2022	101%		5
100m skriðsund	Úrslitsund			-	1:01.24		-		
100m skriðsund	Undanrásir	8.	<b>1:01.24</b>	552	1:02.02	30.10.2022	103%		
200m skriðsund	Úrslitsund	6.	<b>2:13.69</b>	561	2:15.20		102%		
200m skriðsund	Undanrásir	8.	<b>2:15.20</b>	543	2:15.42	13.11.2021	100%		
50m flugsund	Undanrásir	12.	<b>32.47</b>	423	32.52	29.10.2022	100%		
Nicole Jóna Jóhannsdóttir, 28.02.2008									
400m skriðsund	Undanrásir	15.	4:57.85	484	4:56.41	29.10.2022	99%	1	
50m flugsund	Undanrásir	13.	33.05	401	32.85	12.02.2022	99%		
100m flugsund	Úrslitsund			-	1:13.08		-		
100m flugsund	Undanrásir	8.	<b>1:13.08</b>	416	1:13.40	25.06.2022	101%		
200m fjórsund	Undanrásir	14.	2:43.96	410	2:41.43	26.06.2022	97%		
400m fjórsund	Úrslitsund			-	5:40.48		-		
400m fjórsund	Undanrásir	10.	5:40.48	439	5:35.26	24.06.2022	97%		
Rebekka Rún Magnúsdóttir, 16.06.2008									
400m skriðsund	Undanrásir	18.	<b>5:11.59</b>	423	5:20.55	26.06.2022	106%	2	
800m skriðsund	Bein úrslit	13.	10:51.56	398	10:47.54	25.06.2022	99%		
200m fjórsund	Undanrásir	21.	<b>2:48.40</b>	378	2:49.66	30.10.2022	102%		
Róbert Isak Jónsson, 14.05.2001									
100m bringusund	Úrslitsund	6.	<b>1:08.75</b>	519	1:08.89		100%	6	
100m bringusund	Undanrásir	2.	1:08.89	516	1:07.68	14.06.2022	97%		
200m bringusund	Úrslitsund	3.	<b>2:29.62</b>	517	2:33.47		105%		
200m bringusund	Undanrásir	1.	2:33.47	479	2:30.05	24.09.2022	96%		
100m flugsund	Úrslitsund	3.	<b>57.76</b>	566	58.02		101%		
100m flugsund	Undanrásir	2.	<b>58.02</b>	558	58.93	12.11.2021	103%		
200m fjórsund	Úrslitsund	4.	<b>2:13.46</b>	554	2:14.71		102%		
200m fjórsund	Undanrásir	2.	<b>2:14.71</b>	538	2:15.97	17.12.2021	102%		
Snorri Dagur Einarsson, 05.04.2005									
50m bringusund	Úrslitsund	2.	<b>27.79</b>	723	28.80		107%	4	
50m bringusund	Undanrásir	3.	28.80	650	28.35	29.10.2022	97%		
100m bringusund	Úrslitsund	1.	<b>1:00.31</b>	770	1:01.28		103%		
100m bringusund	Undanrásir	2.	<b>1:01.28</b>	734	1:01.87	23.04.2022	102%		
50m flugsund	Úrslitsund	3.	<b>25.83</b>	597	26.16		103%		
50m flugsund	Undanrásir	2.	26.16	574	25.36	14.11.2021	94%		
Steingerður Hauksdóttir, 03.03.1996									
50m skriðsund	Úrslitsund	2.	<b>25.83</b>	699	25.90		101%	3	
50m skriðsund	Undanrásir	1.	<b>25.90</b>	693	26.04	29.10.2022	101%		
100m skriðsund	Undanrásir			-	58.04	23.10.2022	-		
50m baksund	Úrslitsund	1.	28.38	705	28.32		100%		
50m baksund	Undanrásir	1.	28.32	710	28.09	12.11.2021	98%		
100m baksund	Úrslitsund	1.	<b>1:02.64</b>	672	1:04.89		107%		
100m baksund	Undanrásir	1.	1:04.89	605	1:01.98	29.10.2022	91%		
Simon Elías Statkevicius, 24.12.2003									
50m skriðsund	Úrslitsund	1.	<b>22.84</b>	687	23.02		102%		
50m skriðsund	Undanrásir	1.	23.02	671	22.82	12.11.2021	98%		
100m skriðsund	Úrslitsund	1.	<b>50.56</b>	697	51.23		103%		
100m skriðsund	Undanrásir	1.	51.23	670	50.23	13.11.2021	96%		
50m flugsund	Úrslitsund	1.	<b>24.34</b>	713	24.63		102%		
50m flugsund	Undanrásir	1.	24.63	688	24.22	30.10.2022	97%		
100m flugsund	Undanrásir	1.	54.78	663	53.92	29.10.2022	97%		
Tinna Karen Sigurðardóttir, 14.04.2008									
400m skriðsund	Undanrásir	14.	4:55.00	498	4:54.46	12.11.2021	100%	3	
200m bringusund	Undanrásir	16.	3:10.52	352	3:08.61	29.10.2022	98%		
50m flugsund	Undanrásir	11.	<b>31.96</b>	443	33.23	25.09.2022	108%		
100m flugsund	Úrslitsund			-	1:13.04		-		
100m flugsund	Undanrásir	7.	<b>1:13.04</b>	417	1:15.81	30.10.2022	108%		
200m fjórsund	Undanrásir	11.	<b>2:38.91</b>	450	2:42.55	30.10.2022	105%		
Vala Dís Cicero, 17.05.2008									
50m skriðsund	Úrslitsund	4.	<b>26.71</b>	632	26.82		101%	6	
50m skriðsund	Undanrásir	2.	<b>26.82</b>	624	26.96	29.10.2022	101%		
100m skriðsund	Úrslitsund	3.	<b>57.78</b>	657	58.85		104%		
100m skriðsund	Undanrásir	1.	58.85	622	58.19	30.10.2022	98%		
200m skriðsund	Úrslitsund	3.	<b>2:05.04</b>	686	2:08.28		105%		
200m skriðsund	Undanrásir	2.	2:08.28	635	2:06.50	29.10.2022	97%		
50m flugsund	Úrslitsund	2.	<b>28.44</b>	629	28.99		104%		
50m flugsund	Undanrásir	1.	28.99	594	28.73	29.10.2022	98%		
100m fjórsund	Úrslitsund	3.	<b>1:05.93</b>	629	1:07.39		104%		



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100m fjörsund	Undanrásir	3.	1:07.39	589	1:06.16	29.10.2022	96%	
<b>Veigar Hrafn Sigbórsson, 16.05.2005</b>								
400m skriðsund	Úrslitsund	1.	<b>3:59.25</b>	698	4:01.44		102%	2
400m skriðsund	Undanrásir	2.	4:01.44	679	4:00.05	12.11.2021	99%	
800m skriðsund	Bein úrslit	ÚRskr.	-	-	8:34.00	13.11.2021	-	
1500m skriðsund	Bein úrslit	4.	16:24.99	635	16:05.23	13.11.2021	96%	
400m fjörsund	Úrslitsund	2.	<b>4:29.99</b>	657	4:35.53		104%	
400m fjörsund	Undanrásir	1.	4:35.53	618	4:30.76	14.11.2021	97%	
<b>Sundfélagið Fjölnir</b>								
<b>Coco Margaret Johansson, 26.02.2005</b>								
50m skriðsund	Úrslitsund	5.	<b>26.82</b>	624	27.00		101%	13
50m skriðsund	Undanrásir	3.	<b>27.00</b>	612	27.53	12.11.2021	104%	5
100m skriðsund	Úrslitsund	4.	<b>58.74</b>	626	59.34		102%	
100m skriðsund	Undanrásir	3.	<b>59.34</b>	607	59.36	30.10.2022	100%	
50m flugsund	Úrslitsund	7.	<b>29.59</b>	559	29.97		103%	
50m flugsund	Undanrásir	6.	29.97	538	29.54	01.10.2022	97%	
100m flugsund	Undanrásir	ÚRskr.	-	-	1:11.17	24.09.2022	-	
<b>Hugrún Guðmundsdóttir, 17.08.2008</b>								
100m skriðsund	Undanrásir	24.	<b>1:06.29</b>	435	1:07.75	30.10.2022	104%	3
400m skriðsund	Undanrásir	17.	<b>5:03.18</b>	459	5:06.08	29.10.2022	102%	
800m skriðsund	Bein úrslit	11.	<b>10:31.20</b>	437	10:37.02	29.10.2022	102%	
<b>Svava Bjoerg Larusdottir, 13.07.2003</b>								
400m skriðsund	Undanrásir	1.	4:46.96	541	4:46.50	29.04.2022	100%	4
800m skriðsund	Bein úrslit	12.	<b>9:54.71</b>	523	10:14.32	23.09.2022	107%	
100m flugsund	Úrslitsund	6.	<b>1:08.36</b>	509	1:08.89		102%	
100m flugsund	Undanrásir	2.	<b>1:08.89</b>	497	1:09.36	27.05.2022	101%	
200m flugsund	Úrslitsund	4.	<b>2:37.32</b>	439	2:40.87		105%	
200m flugsund	Undanrásir	2.	2:40.87	411	2:40.16	18.12.2021	99%	
100m fjörsund	Úrslitsund		-	-	1:11.84		-	
100m fjörsund	Undanrásir	1.	1:11.84	486	1:09.66	12.11.2021	94%	
<b>Ásberg Halldór Hansson, 10.05.2007</b>								
800m skriðsund	Bein úrslit	16.	<b>9:44.33</b>	436	9:50.42	29.10.2022	102%	1
1500m skriðsund	Bein úrslit	12.	18:48.72	422	18:31.67	29.10.2022	97%	
200m baksund	Úrslitsund		-	-	2:32.70		-	
200m baksund	Undanrásir	10.	2:32.70	331	2:31.21	29.10.2022	98%	
<b>Sundfélagið Ægir</b>								
<b>Birgir Hrafn Kjartansson, 06.02.2008</b>								
50m skriðsund	Undanrásir	14.	<b>26.94</b>	419	27.34	24.09.2022	103%	5
200m skriðsund	Undanrásir	18.	<b>2:08.50</b>	462	2:10.02	30.10.2022	102%	
400m skriðsund	Undanrásir	14.	<b>4:30.42</b>	483	4:34.10	29.10.2022	103%	
800m skriðsund	Bein úrslit	14.	<b>9:28.78</b>	473	9:28.89	29.10.2022	100%	
1500m skriðsund	Bein úrslit	11.	<b>17:46.18</b>	501	17:47.34	29.10.2022	100%	
<b>Bjarnís Olga Hansen, 12.06.2010</b>								
100m baksund	Undanrásir	18.	1:17.78	351	1:17.34	29.10.2022	99%	1
200m baksund	Undanrásir	12.	<b>2:40.66</b>	405	2:45.49	30.10.2022	106%	
<b>Einar Helgi Guðlaugsson, 03.05.1991</b>								
50m skriðsund	Undanrásir	3.	<b>26.38</b>	446	26.86	29.10.2022	104%	1
50m flugsund	Undanrásir	3.	28.65	437	28.43	30.10.2022	98%	
<b>Elísa Björnsdóttir, 21.03.2005</b>								
50m skriðsund	Undanrásir	20.	29.94	449	29.89	12.11.2021	100%	2
100m skriðsund	Undanrásir	ÚRskr.	-	-	1:05.01	30.04.2022	-	
200m skriðsund	Undanrásir	15.	<b>2:19.48</b>	494	2:20.06	29.10.2022	101%	
400m skriðsund	Úrslitsund		-	-	4:51.64		-	
400m skriðsund	Undanrásir	10.	<b>4:51.64</b>	516	4:51.90	29.10.2022	100%	
<b>Embla Dögg Helgadóttir, 29.07.2008</b>								
50m bringusund	Úrslitsund	7.	36.24	489	36.17		100%	3
50m bringusund	Undanrásir	7.	<b>36.17</b>	492	36.26	30.10.2022	100%	
100m bringusund	Úrslitsund		-	-	1:22.06		-	
100m bringusund	Undanrásir	10.	<b>1:22.06</b>	438	1:23.46	29.10.2022	103%	
200m bringusund	Úrslitsund		-	-	2:59.27		-	
200m bringusund	Undanrásir	9.	<b>2:59.27</b>	422	3:02.43	18.12.2021	104%	
100m fjörsund	Undanrásir	18.	1:17.30	390	1:15.88	29.10.2022	96%	
200m fjörsund	Undanrásir	20.	2:47.58	384	2:46.92	30.10.2022	99%	
<b>Hulda Björg Magnúsdóttir Nilsen, 12.09.2008</b>								
50m skriðsund	Undanrásir	17.	<b>29.65</b>	462	29.82	24.09.2022	101%	3
100m skriðsund	Undanrásir	11.	1:02.84	511	1:02.72	24.06.2022	100%	
200m skriðsund	Úrslitsund		-	-	2:15.22		-	
200m skriðsund	Undanrásir	9.	<b>2:15.22</b>	542	2:15.47	29.10.2022	100%	
400m skriðsund	Úrslitsund		-	-	4:42.53		-	
400m skriðsund	Undanrásir	9.	<b>4:42.53</b>	567	4:46.12	26.06.2022	103%	
800m skriðsund	Bein úrslit	8.	9:47.02	544	9:43.62	29.10.2022	99%	
200m baksund	Úrslitsund		-	-	2:34.75		-	
200m baksund	Undanrásir	10.	2:34.75	454	2:33.64	26.06.2022	99%	
<b>Kristín Ásta Sigtryggisdóttir, 27.03.2009</b>								
100m skriðsund	Undanrásir	29.	<b>1:07.72</b>	408	1:08.08	24.06.2022	101%	3
200m skriðsund	Undanrásir	19.	<b>2:24.21</b>	447	2:28.21	29.10.2022	106%	

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400m skriðsund	Undanrásir	19.	5:15.40	407	5:13.14	24.09.2022	99%	
200m baksund	Undanrásir	13.	<b>2:40.96</b>	403	2:46.88	30.10.2022	107%	
<b>Oliver Kaldal, 02.05.2007</b>								
50m skriðsund	Undanrásir	11.	<b>26.25</b>	452	26.47	29.10.2022	102%	4
200m skriðsund	Undanrásir	15.	<b>2:07.30</b>	475	2:08.35	25.06.2022	102%	
400m skriðsund	Undanrásir	15.	<b>4:31.05</b>	480	4:33.42	26.06.2022	102%	
800m skriðsund	Bein úrslit	13.	9:27.65	476	9:17.14	25.06.2022	96%	
1500m skriðsund	Bein úrslit	10.	<b>17:43.47</b>	504	17:55.53	13.11.2021	102%	
<b>Rán Björnsdóttir, 08.08.2005</b>								
50m skriðsund	Undanrásir	13.	29.47	471	29.31	12.11.2021	99%	1
100m skriðsund	Undanrásir	18.	1:05.39	453	1:04.84	30.10.2022	98%	
50m baksund	Undanrásir	10.	33.74	420	33.48	12.11.2021	98%	
100m baksund	Undanrásir	14.	1:14.55	399	1:13.08	13.11.2021	96%	
100m bringusund	Úrslitsund			-	1:21.30		-	
100m bringusund	Undanrásir	9.	<b>1:21.30</b>	451	1:22.63	29.10.2022	103%	
<b>Stefán Ingi Ólafsson, 19.10.2006</b>								
100m skriðsund	Undanrásir	13.	<b>56.37</b>	503	57.86	01.10.2022	105%	4
200m skriðsund	Úrslitsund	8.	2:03.56	520	2:01.76		97%	
200m skriðsund	Undanrásir	10.	<b>2:01.76</b>	543	2:05.11	30.10.2022	106%	
800m skriðsund	Bein úrslit	6.	<b>8:54.86</b>	569	9:13.77	14.11.2021	107%	
1500m skriðsund	Bein úrslit	5.	<b>16:56.47</b>	578	17:22.25	13.11.2021	105%	
<b>Sunna Arnfinnsdóttir, 14.08.2007</b>								
50m baksund	Úrslitsund			-	31.84		-	
50m baksund	Undanrásir	7.	31.84	499	31.43	29.10.2022	97%	
100m baksund	Úrslitsund	3.	<b>1:04.40</b>	619	1:06.60		107%	
100m baksund	Undanrásir	4.	1:06.60	559	1:04.80	30.04.2022	95%	
200m baksund	Úrslitsund	1.	<b>2:18.96</b>	627	2:20.45		102%	
200m baksund	Undanrásir	1.	2:20.45	607	2:19.58	14.11.2021	99%	
100m fjórsund	Úrslitsund	5.	<b>1:08.14</b>	570	1:08.75		102%	
100m fjórsund	Undanrásir	6.	1:08.75	555	1:06.39	12.11.2021	93%	
200m fjórsund	Úrslitsund	5.	<b>2:27.45</b>	564	2:30.51		104%	
200m fjórsund	Undanrásir	4.	2:30.51	530	2:24.19	17.12.2021	92%	
400m fjórsund	Undanrásir	5.	5:18.99	534	5:07.09	13.11.2021	93%	
<b>Sveinn Elí Helgason, 30.04.2004</b>								
50m skriðsund	Úrslitsund			-	25.10		-	4
50m skriðsund	Undanrásir	7.	<b>25.10</b>	518	25.17	12.11.2021	101%	
100m skriðsund	Undanrásir	16.	56.93	488	56.84	13.11.2021	100%	
50m baksund	Úrslitsund	5.	<b>29.28</b>	437	29.42		101%	
50m baksund	Undanrásir	4.	29.42	430	29.26	13.11.2021	99%	
50m flugsund	Úrslitsund	6.	<b>27.13</b>	515	27.24		101%	
50m flugsund	Undanrásir	5.	27.24	509	27.22	14.11.2021	100%	
100m fjórsund	Undanrásir	7.	<b>1:06.96</b>	398	1:07.22	24.09.2022	101%	
<b>Ylfa Ásgerður Eyjólfsdóttir, 04.12.2006</b>								
50m skriðsund	Undanrásir	11.	28.53	519	28.52	24.09.2022	100%	5
100m skriðsund	Undanrásir	10.	<b>1:02.29</b>	524	1:03.20	01.10.2022	103%	
50m baksund	Úrslitsund	5.	<b>31.14</b>	534	31.52		102%	
50m baksund	Undanrásir	5.	31.52	515	31.45	29.10.2022	100%	
100m baksund	Úrslitsund	6.	1:07.99	526	1:07.38		98%	
100m baksund	Undanrásir	5.	<b>1:07.38</b>	540	1:08.94	29.10.2022	105%	
200m baksund	Úrslitsund	3.	<b>2:24.39</b>	558	2:25.22		101%	
200m baksund	Undanrásir	3.	<b>2:25.22</b>	549	2:25.93	24.09.2022	101%	
100m fjórsund	Úrslitsund			-	1:11.56		-	
100m fjórsund	Undanrásir	9.	1:11.56	492	1:11.03	24.09.2022	99%	
<b>Sundfélagið Óðinn</b>								
<b>Bríet Björk Pálsdóttir, 23.05.2004</b>								
100m skriðsund	Undanrásir	5.	1:07.08	420	1:06.04	14.11.2021	97%	-
50m bringusund	Úrslitsund			-	37.69		-	
50m bringusund	Undanrásir	1.	37.69	435	36.83	14.11.2021	95%	
100m bringusund	Undanrásir	2.	1:25.83	383	1:24.28	10.09.2022	96%	
<b>Eydís Arna Isaksen, 20.11.2008</b>								
50m skriðsund	Undanrásir	23.	<b>30.30</b>	433	30.47	29.10.2022	101%	8
100m skriðsund	Undanrásir	ÚRskr.		-	1:05.49	24.06.2022	-	
50m bringusund	Úrslitsund	6.	<b>35.97</b>	500	36.60		104%	
50m bringusund	Undanrásir	9.	<b>36.60</b>	475	36.76	30.10.2022	101%	
100m bringusund	Úrslitsund	8.	<b>1:19.85</b>	476	1:20.58		102%	
100m bringusund	Undanrásir	8.	<b>1:20.58</b>	463	1:22.05	26.06.2022	104%	
200m bringusund	Úrslitsund	7.	<b>2:52.52</b>	474	2:53.46		101%	
200m bringusund	Undanrásir	6.	<b>2:53.46</b>	466	2:59.64	25.06.2022	107%	
200m fjórsund	Undanrásir	13.	<b>2:42.56</b>	421	2:44.60	30.10.2022	103%	
<b>Halla Rún Fannarsdóttir, 13.11.2008</b>								
50m skriðsund	Undanrásir	26.	30.78	413	30.05	10.09.2022	95%	1
100m skriðsund	Undanrásir	ÚRskr.		-	1:07.91	30.10.2022	-	
100m baksund	Undanrásir	16.	1:17.16	360	1:16.71	29.10.2022	99%	
50m flugsund	Undanrásir	15.	<b>33.37</b>	389	33.51	10.09.2022	101%	
100m flugsund	Undanrásir	20.	1:19.11	364	1:17.73	29.10.2022	97%	
<b>Kristinn Viðar Tómasson, 02.07.2006</b>								
100m skriðsund	Undanrásir	26.	1:00.14	414	59.82	13.11.2021	99%	-
50m baksund	Úrslitsund			-	31.02		-	

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50m baksund	Undanrásir	7.	31.02	367	30.83	29.10.2022	99%	
100m baksund	Úrslitsund			-	1:07.01		-	
100m baksund	Undanrásir	9.	1:07.01	375	1:05.58	30.10.2022	96%	
200m baksund	Undanrásir	ÚRskr.		-	2:25.98	12.11.2021	-	
<b>Kristófer Óli Birkisson, 13.05.2004</b>								
100m skriðsund	Undanrásir	21.	<b>58.33</b>	454	58.67	13.11.2021	101%	3
50m flugsund	Úrslitsund	7.	<b>27.32</b>	504	27.53		102%	
50m flugsund	Undanrásir	6.	<b>27.53</b>	493	27.71	30.10.2022	101%	
<b>Matthildur Eir Valdimarsdóttir, 04.02.2006</b>								
50m bringusund	Undanrásir	13.	40.58	348	38.48	29.01.2022	90%	-
100m bringusund	Undanrásir	19.	1:29.16	342	1:27.51	29.10.2022	96%	
<b>Naomí Arnarsdóttir, 17.12.2007</b>								
50m skriðsund	Undanrásir	18.	<b>29.77</b>	456	30.15	29.10.2022	103%	3
100m skriðsund	Undanrásir	15.	1:04.51	472	1:04.40	30.10.2022	100%	
800m skriðsund	Bein úrslit	9.	<b>9:47.31</b>	543	9:57.45	13.11.2021	103%	
100m fjørsund	Undanrásir	11.	<b>1:13.29</b>	458	1:14.94	04.12.2021	105%	
<b>Sandra Rut Fannarsdóttir, 28.06.2006</b>								
50m flugsund	Undanrásir	14.	<b>33.12</b>	398	33.51	29.10.2022	102%	5
100m flugsund	Úrslitsund	8.	1:13.42	411	1:12.82		98%	
100m flugsund	Undanrásir	6.	<b>1:12.82</b>	421	1:13.15	30.10.2022	101%	
200m flugsund	Úrslitsund	5.	<b>2:43.71</b>	390	2:44.82		101%	
200m flugsund	Undanrásir	3.	2:44.82	382	2:43.56	29.10.2022	98%	
100m fjørsund	Undanrásir	19.	<b>1:17.81</b>	383	1:18.10	29.10.2022	101%	
200m fjørsund	Undanrásir	17.	<b>2:46.29</b>	393	2:47.01	30.10.2022	101%	
<b>Ísabella Jóhannsdóttir, 23.05.2010</b>								
50m bringusund	Undanrásir	11.	<b>39.08</b>	390	39.21	30.10.2022	101%	2
100m bringusund	Undanrásir	18.	1:28.75	346	1:27.33	29.10.2022	97%	
200m bringusund	Undanrásir	12.	<b>3:02.45</b>	401	3:07.16	29.10.2022	105%	
<b>Pura Snorraddóttir, 31.03.2003</b>								
50m skriðsund	Undanrásir	6.	29.84	453	28.86	09.04.2022	94%	1
100m skriðsund	Undanrásir	ÚRskr.		-	1:03.72	10.04.2022	-	
50m baksund	Úrslitsund	8.	31.67	508	31.53		99%	
50m baksund	Undanrásir	2.	31.53	514	30.71	27.11.2021	95%	
100m baksund	Úrslitsund			-	1:10.03		-	
100m baksund	Undanrásir	2.	1:10.03	481	1:07.94	28.11.2021	94%	
50m flugsund	Undanrásir	3.	31.87	447	30.51	09.04.2022	92%	
100m fjørsund	Undanrásir	2.	<b>1:12.18</b>	479	1:13.27	10.09.2022	103%	
<b>Umf Afturelding</b>								
<b>Birta Rún Smáradóttir, 08.09.2004</b>								
50m skriðsund	Úrslitsund			-	27.98		-	4
50m skriðsund	Undanrásir	3.	27.98	550	27.79	12.11.2021	99%	
100m skriðsund	Úrslitsund			-	1:01.52		-	
100m skriðsund	Undanrásir	2.	1:01.52	544	1:00.12	14.11.2021	96%	
200m skriðsund	Undanrásir	2.	<b>2:14.04</b>	557	2:16.09	29.10.2022	103%	
100m bringusund	Úrslitsund	5.	<b>1:17.56</b>	519	1:18.30		102%	
100m bringusund	Undanrásir	1.	<b>1:18.30</b>	505	1:18.43	13.11.2021	100%	
200m bringusund	Úrslitsund	5.	2:47.46	518	2:45.94		98%	
200m bringusund	Undanrásir	1.	<b>2:45.94</b>	533	2:48.18	12.11.2021	103%	
<b>Herdís Birna Viggósdóttir, 18.05.2004</b>								
50m skriðsund	Undanrásir	4.	<b>28.08</b>	544	28.98	12.11.2021	107%	4
100m skriðsund	Undanrásir	4.	1:05.36	454	1:03.98	30.04.2022	96%	
50m flugsund	Úrslitsund			-	30.47		-	
50m flugsund	Undanrásir	2.	<b>30.47</b>	512	30.59	28.05.2022	101%	
100m flugsund	Úrslitsund	5.	<b>1:07.99</b>	517	1:09.06		103%	
100m flugsund	Undanrásir	3.	<b>1:09.06</b>	493	1:10.29	30.04.2022	104%	
<b>Ingvar Orri Jóhannesson, 29.04.2004</b>								
50m bringusund	Úrslitsund	6.	<b>29.42</b>	609	30.02		104%	6
50m bringusund	Undanrásir	5.	30.02	574	29.95	13.11.2021	100%	
100m bringusund	Úrslitsund	4.	<b>1:04.91</b>	617	1:06.49		105%	
100m bringusund	Undanrásir	5.	<b>1:06.49</b>	574	1:07.10	12.11.2021	102%	
200m bringusund	Úrslitsund	2.	<b>2:23.35</b>	588	2:24.45		102%	
200m bringusund	Undanrásir	3.	<b>2:24.45</b>	575	2:25.62	14.11.2021	102%	
100m fjørsund	Úrslitsund	4.	<b>1:01.31</b>	519	1:02.45		104%	
100m fjørsund	Undanrásir	4.	1:02.45	491	1:02.35	12.11.2021	100%	
200m fjørsund	Undanrásir	7.	2:20.12	478	2:19.80	29.04.2022	100%	
<b>Sigurður Þráinn Sigurðsson, 19.06.2002</b>								
50m baksund	Undanrásir	3.	<b>33.94</b>	280	35.23	24.09.2022	108%	1
100m baksund	Undanrásir	3.	1:13.22	287	1:10.33	17.12.2021	92%	
200m baksund	Undanrásir	1.	2:41.30	280	2:30.81	18.12.2021	87%	
<b>Ásdís Gunnarsdóttir, 26.02.2008</b>								
50m skriðsund	Undanrásir	9.	<b>28.25</b>	534	28.68	24.09.2022	103%	4
100m skriðsund	Undanrásir	9.	<b>1:01.75</b>	538	1:01.79	24.06.2022	100%	
200m skriðsund	Undanrásir	11.	2:16.72	525	2:15.89	25.06.2022	99%	
100m baksund	Undanrásir	8.	1:10.25	477	1:09.16	25.06.2022	97%	
200m baksund	Undanrásir	ÚRskr.		-	2:30.17	26.06.2022	-	
100m fjørsund	Úrslitsund	8.	<b>1:10.78</b>	508	1:10.82		100%	
100m fjørsund	Undanrásir	8.	<b>1:10.82</b>	508	1:11.00	03.06.2022	101%	

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								45
<b>Ármann</b>								-
<b>Helena Rún Gylfadóttir, 05.01.2003</b>								-
400m skriðsund	Undanrásir	ÚRskr.	-	5:04.97	29.04.2022	-	-	2
<b>Hrafn Sverrisson, 01.12.2005</b>								-
50m skriðsund	Undanrásir	18.	27.33	401	27.06	19.06.2022	98%	
50m flugsund	Úrslitsund	-	-	-	28.01	-	-	
50m flugsund	Undanrásir	7.	<b>28.01</b>	468	28.70	30.10.2022	105%	
100m flugsund	Úrslitsund	-	-	-	1:04.47	-	-	
100m flugsund	Undanrásir	9.	<b>1:04.47</b>	407	1:06.58	18.12.2021	107%	
200m flugsund	Úrslitsund	7.	2:35.95	334	2:30.02	-	93%	
200m flugsund	Undanrásir	6.	2:30.02	375	2:22.74	18.12.2021	91%	
<b>Hrafnhildur Lóa Kvaran, 22.11.2007</b>								-
50m skriðsund	Undanrásir	28.	31.06	402	31.00	29.10.2022	100%	
50m bringusund	Undanrásir	12.	40.17	359	38.77	24.09.2022	93%	
100m bringusund	Undanrásir	17.	1:27.89	357	1:26.34	30.04.2022	97%	
200m bringusund	Undanrásir	18.	3:15.71	325	3:09.22	29.04.2022	93%	
<b>Katla Mist Brağadóttir, 10.03.2007</b>								5
800m skriðsund	Bein úrslit	7.	9:44.96	550	9:37.02	29.10.2022	97%	
50m bringusund	Úrslitsund	3.	<b>35.07</b>	540	35.35	-	102%	
50m bringusund	Undanrásir	4.	35.35	527	35.09	14.11.2021	99%	
100m bringusund	Úrslitsund	6.	<b>1:17.66</b>	517	1:18.32	-	102%	
100m bringusund	Undanrásir	5.	1:18.32	504	1:15.25	29.05.2022	92%	
200m bringusund	Úrslitsund	3.	<b>2:42.22</b>	570	2:44.43	-	103%	
200m bringusund	Undanrásir	4.	2:44.43	548	2:39.72	28.05.2022	94%	
100m fjörsund	Undanrásir	10.	1:11.90	485	1:10.98	12.11.2021	97%	
200m fjörsund	Úrslitsund	8.	<b>2:31.74</b>	517	2:34.41	-	104%	
200m fjörsund	Undanrásir	8.	2:34.41	491	2:31.50	28.05.2022	96%	
400m fjörsund	Úrslitsund	6.	<b>5:18.69</b>	536	5:21.94	-	102%	
400m fjörsund	Undanrásir	6.	5:21.94	520	5:15.20	29.05.2022	96%	
<b>Katrín Lóa Ingadóttir, 08.05.2008</b>								8
100m skriðsund	Undanrásir	22.	<b>1:05.87</b>	443	1:06.41	24.06.2022	102%	
200m skriðsund	Úrslitsund	7.	<b>2:14.12</b>	556	2:14.79	-	101%	
200m skriðsund	Undanrásir	6.	<b>2:14.79</b>	548	2:17.48	29.10.2022	104%	
400m skriðsund	Úrslitsund	8.	<b>4:38.62</b>	591	4:40.48	-	101%	
400m skriðsund	Undanrásir	8.	<b>4:40.48</b>	580	4:46.30	24.09.2022	104%	
100m baksund	Undanrásir	12.	<b>1:13.13</b>	422	1:13.49	29.10.2022	101%	
200m baksund	Úrslitsund	6.	<b>2:31.50</b>	483	2:33.53	-	103%	
200m baksund	Undanrásir	8.	2:33.53	464	2:31.77	30.10.2022	98%	
200m fjörsund	Úrslitsund	-	-	-	2:37.81	-	-	
200m fjörsund	Undanrásir	10.	<b>2:37.81</b>	460	2:38.17	30.10.2022	100%	
<b>Orn Ægisson, 09.08.2006</b>								7
100m skriðsund	Undanrásir	19.	<b>57.79</b>	467	58.96	29.05.2022	104%	
50m baksund	Úrslitsund	7.	<b>30.48</b>	387	30.59	-	101%	
50m baksund	Undanrásir	6.	<b>30.59</b>	383	32.15	24.09.2022	110%	
100m baksund	Úrslitsund	7.	<b>1:04.47</b>	421	1:04.83	-	101%	
100m baksund	Undanrásir	6.	<b>1:04.83</b>	414	1:08.42	17.12.2021	111%	
200m baksund	Úrslitsund	6.	<b>2:21.70</b>	414	2:22.73	-	101%	
200m baksund	Undanrásir	6.	<b>2:22.73</b>	405	2:24.10	18.12.2021	102%	
<b>Sigurður Haukur Birgisson, 06.08.2006</b>								9
50m skriðsund	Úrslitsund	8.	<b>24.81</b>	536	25.04	-	102%	
50m skriðsund	Undanrásir	6.	<b>25.04</b>	521	26.18	29.05.2022	109%	
100m skriðsund	Úrslitsund	-	-	-	54.41	-	-	
100m skriðsund	Undanrásir	9.	<b>54.41</b>	559	55.30	29.05.2022	103%	
200m skriðsund	Úrslitsund	6.	1:59.55	574	1:59.38	-	100%	
200m skriðsund	Undanrásir	9.	<b>1:59.38</b>	576	1:59.61	30.10.2022	100%	
400m skriðsund	Úrslitsund	7.	<b>4:18.18</b>	555	4:21.04	-	102%	
400m skriðsund	Undanrásir	7.	4:21.04	537	4:21.02	12.11.2021	100%	
800m skriðsund	Bein úrslit	7.	<b>9:00.09</b>	553	9:09.49	23.09.2022	104%	
100m bringusund	Úrslitsund	-	-	-	1:11.12	-	-	
100m bringusund	Undanrásir	8.	<b>1:11.12</b>	469	1:11.33	29.10.2022	101%	
200m fjörsund	Úrslitsund	5.	<b>2:17.28</b>	509	2:18.35	-	102%	
200m fjörsund	Undanrásir	6.	<b>2:18.35</b>	497	2:19.04	29.10.2022	101%	
<b>Ylfa Lind Kristmannsdóttir, 25.11.2008</b>								9
50m skriðsund	Úrslitsund	7.	<b>26.99</b>	613	27.07	-	101%	
50m skriðsund	Undanrásir	4.	27.07	607	26.96	23.04.2022	99%	
100m skriðsund	Úrslitsund	5.	<b>58.81</b>	623	1:00.37	-	105%	
100m skriðsund	Undanrásir	5.	1:00.37	576	58.42	29.05.2022	94%	
200m skriðsund	Úrslitsund	-	-	-	2:15.30	-	-	
200m skriðsund	Undanrásir	10.	2:15.30	541	2:08.51	27.05.2022	90%	
50m baksund	Úrslitsund	3.	<b>30.52</b>	567	31.60	-	107%	
50m baksund	Undanrásir	6.	31.60	511	30.63	23.04.2022	94%	
100m baksund	Úrslitsund	2.	<b>1:04.08</b>	628	1:05.31	-	104%	
100m baksund	Undanrásir	1.	<b>1:05.31</b>	593	1:05.58	25.06.2022	101%	
50m flugsund	Úrslitsund	3.	<b>28.70</b>	612	29.15	-	103%	
50m flugsund	Undanrásir	2.	<b>29.15</b>	585	29.61	13.11.2021	103%	
100m flugsund	Úrslitsund	2.	<b>1:04.52</b>	605	1:05.53	-	103%	
100m flugsund	Undanrásir	2.	1:05.53	578	1:04.68	25.06.2022	97%	
100m fjörsund	Úrslitsund	6.	1:09.22	544	1:08.54	-	98%	
100m fjörsund	Undanrásir	5.	<b>1:08.54</b>	560	1:08.66	29.10.2022	100%	

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Yrsa Gunnlaugsdóttir, 21.09.2008							3
200m skriðsund	Undanrásir	24.	<b>2:28.44</b>	410	2:31.39	29.10.2022	104%
800m skriðsund	Bein úrslit	12.	<b>10:38.61</b>	422	10:40.88	29.10.2022	101%
200m baksund	Undanrásir	16.	<b>2:44.39</b>	378	2:48.23	30.10.2022	105%
Þröstur Ingi Gunnsteinsson, 03.12.2006							2
100m skriðsund	Undanrásir	ÚRskr.		-	59.09	30.04.2022	-
50m bringusund	Úrslitsund	8.	<b>31.74</b>	485	31.85		101%
50m bringusund	Undanrásir	7.	<b>31.85</b>	480	32.62	24.09.2022	105%
100m bringusund	Undanrásir	10.	1:11.46	462	1:10.74	23.09.2022	98%
200m bringusund	Undanrásir	8.	2:38.33	437	2:35.81	24.09.2022	97%
100m flugsund	Úrslitsund			-	1:03.27		-
100m flugsund	Undanrásir	8.	1:03.27	430	1:02.98	29.10.2022	99%
ÍFR							5
Sigríður Aníta Rognvaldsdóttir, 07.10.2001							-
50m skriðsund	Undanrásir	ÚRskr.		-	34.24		-
100m skriðsund	Undanrásir	ÚRskr.		-	1:15.83		-
50m baksund	Undanrásir	ÚRskr.		-	39.72		-
100m baksund	Undanrásir	ÚRskr.		-	1:31.12		-
Snævar Örn Kristmannsson S14, 22.09.2006							-
50m skriðsund	Undanrásir	ÚRskr.		-	28.40	24.09.2022	-
100m skriðsund	Undanrásir	ÚRskr.		-	1:02.27	30.04.2022	-
200m skriðsund	Undanrásir	21.	2:18.91	366	2:15.83	24.09.2022	96%
50m baksund	Undanrásir	ÚRskr.		-	36.11	13.11.2021	-
50m flugsund	Undanrásir	12.	31.30	335	30.00	30.10.2022	92%
100m flugsund	Undanrásir	ÚRskr.		-	1:05.71	24.09.2022	-
200m flugsund	Undanrásir	ÚRskr.		-	2:27.73	23.09.2022	-
100m fjørsund	Undanrásir	ÚRskr.		-	1:11.12	24.09.2022	-
200m fjørsund	Undanrásir	ÚRskr.		-	2:41.47	29.10.2022	-
Sonja Sigurðardóttir S4SB, 28.01.1990							-
50m skriðsund	Undanrásir	9.	1:11.66	32	1:05.43		83%
50m baksund	Undanrásir	5.	1:10.89	45	1:05.76		86%
100m baksund	Undanrásir	7.	2:38.47	41	2:20.11		78%
Thelma Björnsdóttir S6 Sb5, 25.03.1996							5
100m skriðsund	Undanrásir	8.	<b>1:27.12</b>	191	1:29.12		105%
200m skriðsund	Undanrásir	8.	<b>3:03.73</b>	216	3:06.38	29.10.2022	103%
400m skriðsund	Undanrásir	6.	6:22.87	228	6:21.69	29.10.2022	99%
50m bringusund	Undanrásir	3.	<b>53.71</b>	150	54.43		103%
100m bringusund	Undanrásir	5.	<b>1:53.87</b>	164	1:57.59		107%
200m bringusund	Undanrásir	3.	<b>4:00.46</b>	175	4:05.98	29.10.2022	105%
Íþróttabandalag Reykjanesbæjar							93
Adriana Agnes Derti, 26.09.2010							3
200m skriðsund	Undanrásir	22.	<b>2:26.34</b>	428	2:27.90	29.10.2022	102%
100m baksund	Undanrásir	19.	1:17.90	349	1:16.30	29.10.2022	96%
100m flugsund	Undanrásir	10.	1:15.25	381	1:13.94	30.10.2022	97%
200m flugsund	Úrslitsund	6.	<b>2:44.73</b>	382	2:46.12		102%
200m flugsund	Undanrásir	4.	<b>2:46.12</b>	373	2:49.14	23.09.2022	104%
200m fjørsund	Undanrásir	22.	2:48.68	377	2:47.14	30.10.2022	98%
Alexander Logi Jónsson, 17.11.2004							5
800m skriðsund	Bein úrslit	2.	8:44.27	605	8:34.58	23.09.2022	96%
100m flugsund	Undanrásir	3.	<b>1:00.17</b>	500	1:01.60	29.10.2022	105%
200m flugsund	Úrslitsund	3.	<b>2:08.98</b>	591	2:10.18		102%
200m flugsund	Undanrásir	1.	2:10.18	574	2:06.50	18.12.2021	94%
100m fjørsund	Úrslitsund	3.	<b>59.37</b>	571	59.50		100%
100m fjørsund	Undanrásir	2.	<b>59.50</b>	568	1:00.68	29.10.2022	104%
400m fjørsund	Úrslitsund	3.	<b>4:36.00</b>	615	4:37.89		101%
400m fjørsund	Undanrásir	2.	4:37.89	603	4:33.95	18.12.2021	97%
Arnar Milos Arnbjörnsson, 26.01.2008							3
100m skriðsund	Undanrásir	28.	<b>1:01.38</b>	389	1:02.15	29.10.2022	103%
400m skriðsund	Undanrásir	18.	<b>4:43.18</b>	421	4:53.03	26.06.2022	107%
800m skriðsund	Bein úrslit	15.	<b>9:43.61</b>	438	9:56.29	25.06.2022	104%
Athena Líf Þrastardóttir, 24.07.2007							1
50m baksund	Undanrásir	9.	33.32	436	32.63	12.11.2021	96%
100m baksund	Undanrásir	9.	1:11.39	454	1:09.10	13.11.2021	94%
200m baksund	Úrslitsund	7.	<b>2:32.57</b>	473	2:34.22		102%
200m baksund	Undanrásir	9.	2:34.22	458	2:25.83	14.11.2021	89%
Austėja Savickaitė, 10.11.2009							3
100m bringusund	Undanrásir	14.	<b>1:26.46</b>	375	1:29.88	02.10.2022	108%
200m bringusund	Úrslitsund			-	3:01.17		-
200m bringusund	Undanrásir	10.	<b>3:01.17</b>	409	3:09.25	29.10.2022	109%
200m fjørsund	Undanrásir	18.	<b>2:46.79</b>	390	2:55.26	24.09.2022	110%
Bergþóra Sól Hálfðánsdóttir, 29.07.2006							1
200m skriðsund	Undanrásir	23.	<b>2:28.05</b>	413	2:28.63	24.09.2022	101%
50m baksund	Undanrásir	16.	36.96	319	36.39	24.09.2022	97%
200m baksund	Undanrásir	18.	2:49.26	346	2:46.67	24.09.2022	97%

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Daði Rafn Falsson, 10.09.2008							5
1500m skriðsund	Bein úrslit	8.	<b>17:20.79</b>	538	17:44.93	29.10.2022	105%
200m baksund	Úrslitsund	5.	2:20.75	422	2:19.72		99%
200m baksund	Undanrásir	4.	<b>2:19.72</b>	432	2:22.05	29.10.2022	103%
200m bringusund	Undanrásir	11.	2:45.28	384	2:41.44	24.09.2022	95%
200m fjórsund	Úrslitsund	8.	2:21.44	465	2:18.21		95%
200m fjórsund	Undanrásir	5.	<b>2:18.21</b>	499	2:24.93	24.09.2022	110%
400m fjórsund	Úrslitsund	5.	<b>4:50.47</b>	528	4:53.87		102%
400m fjórsund	Undanrásir	4.	<b>4:53.87</b>	510	4:58.52	23.09.2022	103%
Denas Kazulis, 13.01.2008							5
50m skriðsund	Úrslitsund			-	25.52		-
50m skriðsund	Undanrásir	8.	25.52	492	25.47	29.10.2022	100%
100m skriðsund	Undanrásir	12.	56.27	506	56.00	02.10.2022	99%
200m skriðsund	Úrslitsund	7.	<b>2:00.92</b>	554	2:02.31		102%
200m skriðsund	Undanrásir	11.	2:02.31	536	2:02.16	30.10.2022	100%
400m skriðsund	Úrslitsund	8.	<b>4:19.52</b>	547	4:21.58		102%
400m skriðsund	Undanrásir	8.	<b>4:21.58</b>	534	4:22.32	24.09.2022	101%
800m skriðsund	Bein úrslit	9.	<b>9:04.73</b>	539	9:16.84	25.06.2022	104%
1500m skriðsund	Bein úrslit	9.	<b>17:20.82</b>	538	17:57.16	18.12.2021	107%
Elísabet Arnoddsdóttir, 12.02.2009							6
50m flugsund	Úrslitsund	5.	<b>29.22</b>	580	29.47		102%
50m flugsund	Undanrásir	4.	<b>29.47</b>	566	29.58	24.09.2022	101%
100m flugsund	Úrslitsund	4.	<b>1:06.97</b>	541	1:08.53		105%
100m flugsund	Undanrásir	4.	1:08.53	505	1:07.02	24.04.2022	96%
200m flugsund	Úrslitsund	2.	2:32.76	480	2:32.14		99%
200m flugsund	Undanrásir	1.	<b>2:32.14</b>	485	2:32.17	23.09.2022	100%
200m fjórsund	Úrslitsund	6.	<b>2:29.46</b>	542	2:34.31		107%
200m fjórsund	Undanrásir	7.	2:34.31	492	2:31.66	30.10.2022	97%
400m fjórsund	Úrslitsund	4.	5:18.11	539	5:17.01		99%
400m fjórsund	Undanrásir	4.	<b>5:17.01</b>	544	5:19.01	29.10.2022	101%
Eva Margrét Falsdóttir, 05.06.2005							6
50m bringusund	Undanrásir	1.	33.59	614	32.98	14.11.2021	96%
100m bringusund	Úrslitsund	1.	<b>1:12.32</b>	641	1:13.03		102%
100m bringusund	Undanrásir	1.	1:13.03	622	1:11.65	13.11.2021	96%
200m bringusund	Úrslitsund	1.	<b>2:34.72</b>	657	2:36.57		102%
200m bringusund	Undanrásir	1.	2:36.57	634	2:32.52	12.11.2021	95%
100m flugsund	Undanrásir	1.	1:04.66	601	1:03.78	14.11.2021	97%
100m fjórsund	Úrslitsund	1.	<b>1:04.28</b>	679	1:05.04		102%
100m fjórsund	Undanrásir	1.	<b>1:05.04</b>	655	1:05.06	12.11.2021	100%
200m fjórsund	Úrslitsund	1.	<b>2:18.44</b>	682	2:20.45		103%
200m fjórsund	Undanrásir	1.	2:20.45	653	2:17.92	14.11.2021	96%
400m fjórsund	Úrslitsund	1.	<b>4:56.28</b>	667	4:59.38		102%
400m fjórsund	Undanrásir	1.	4:59.38	647	4:52.34	18.12.2021	95%
Fannar Snævar Hauksson, 07.09.2004							7
50m skriðsund	Úrslitsund	2.	23.25	651	23.19		99%
50m skriðsund	Undanrásir	1.	<b>23.19</b>	657	23.98	24.09.2022	107%
100m skriðsund	Úrslitsund	2.	<b>51.59</b>	656	52.05		102%
100m skriðsund	Undanrásir	1.	52.05	639	51.56	13.11.2021	98%
50m baksund	Úrslitsund	1.	<b>25.28</b>	679	25.71		103%
50m baksund	Undanrásir	1.	<b>25.71</b>	645	25.80	15.12.2021	101%
100m baksund	Úrslitsund	1.	<b>55.69</b>	653	56.14		102%
100m baksund	Undanrásir	1.	56.14	638	56.00	04.12.2021	100%
50m flugsund	Úrslitsund	2.	<b>24.57</b>	693	24.81		102%
50m flugsund	Undanrásir	1.	24.81	673	24.55	30.10.2022	98%
100m flugsund	Úrslitsund	2.	55.58	635	55.04		98%
100m flugsund	Undanrásir	1.	<b>55.04</b>	654	55.66	12.11.2021	102%
Freydís Lilja Bergþórsdóttir, 30.07.2009							2
200m baksund	Úrslitsund	8.	2:36.38	439	2:33.46		96%
200m baksund	Undanrásir	7.	2:33.46	465	2:28.95	30.10.2022	94%
200m flugsund	Úrslitsund	3.	<b>2:33.20</b>	475	2:37.16		105%
200m flugsund	Undanrásir	2.	2:37.16	440	2:34.04	29.10.2022	96%
200m fjórsund	Undanrásir	12.	2:41.02	433	2:35.24	30.10.2022	93%
400m fjórsund	Úrslitsund	8.	<b>5:30.33</b>	481	5:34.69		103%
400m fjórsund	Undanrásir	9.	5:34.69	463	5:20.26	23.09.2022	92%
Gabija Marija Savickaitė, 21.05.2008							1
100m bringusund	Undanrásir	16.	1:27.44	362	1:26.25	23.09.2022	97%
200m bringusund	Undanrásir	11.	<b>3:02.14</b>	403	3:03.75	04.12.2021	102%
200m fjórsund	Undanrásir	23.	2:48.82	376	2:46.62	24.09.2022	97%
400m fjórsund	ÚRskr.			-	5:57.69	29.10.2022	-
Guðmundur Leo Rafnsson, 16.08.2006							6
100m skriðsund	Úrslitsund	4.	<b>52.15</b>	635	52.51		101%
100m skriðsund	Undanrásir	2.	<b>52.51</b>	622	53.33	29.10.2022	103%
50m baksund	Úrslitsund	3.	26.86	566	26.50		97%
50m baksund	Undanrásir	2.	<b>26.50</b>	589	27.25	24.09.2022	106%
100m baksund	Úrslitsund	2.	<b>57.36</b>	598	57.53		101%
100m baksund	Undanrásir	2.	57.53	592	57.31	23.09.2022	99%
200m baksund	Úrslitsund	1.	<b>2:02.15</b>	646	2:02.50		101%
200m baksund	Undanrásir	1.	<b>2:02.50</b>	641	2:11.73	24.09.2022	116%

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<b>Gísli Kristján Traustason, 26.07.2009</b>								<b>2</b>
200m baksund	Úrslitsund			-	2:28.80		-	
200m baksund	Undanrásir	9.	<b>2:28.80</b>	357	2:31.66	29.10.2022	104%	
200m fjórsund	Undanrásir	13.	2:34.88	354	2:34.05	29.10.2022	99%	
400m fjórsund	Úrslitsund	7.	<b>5:25.18</b>	376	5:33.60		105%	
400m fjórsund	Undanrásir	7.	5:33.60	348	5:28.28	30.10.2022	97%	
<b>Jakob Ingi Reynisson, 23.02.2006</b>								<b>2</b>
50m skriðsund	Undanrásir	15.	26.99	416	26.73	24.09.2022	98%	
100m skriðsund	Undanrásir	22.	<b>58.76</b>	444	59.61	29.10.2022	103%	
50m baksund	Úrslitsund	8.	30.85	373	30.45		97%	
50m baksund	Undanrásir	5.	<b>30.45</b>	388	30.61	24.09.2022	101%	
100m baksund	Úrslitsund	8.	1:06.48	384	1:06.15		99%	
100m baksund	Undanrásir	8.	1:06.15	389	1:05.76	23.09.2022	99%	
<b>Katla María Brynjarsdóttir, 15.04.2007</b>								<b>4</b>
200m skriðsund	Úrslitsund	8.	2:20.10	488	2:15.14		93%	
200m skriðsund	Undanrásir	7.	<b>2:15.14</b>	543	2:15.59	24.09.2022	101%	
400m skriðsund	Úrslitsund	7.	<b>4:36.57</b>	605	4:40.08		103%	
400m skriðsund	Undanrásir	7.	4:40.08	582	4:39.15	12.11.2021	99%	
800m skriðsund	Bein úrslit	5.	9:24.00	613	9:23.24	29.10.2022	100%	
1500m skriðsund	Bein úrslit	2.	<b>18:06.36</b>	603	18:11.84	14.11.2021	101%	
200m baksund	Undanrásir	6.	<b>2:30.15</b>	497	2:31.29	30.10.2022	102%	
<b>Kári Snær Halldórsson, 13.01.2004</b>								<b>4</b>
50m bringusund	Úrslitsund	5.	29.35	614	29.20		99%	
50m bringusund	Undanrásir	4.	<b>29.20</b>	623	29.75	13.11.2021	104%	
100m bringusund	Úrslitsund	5.	1:06.32	579	1:05.62		98%	
100m bringusund	Undanrásir	4.	<b>1:05.62</b>	597	1:07.16	12.11.2021	105%	
50m flugsund	Úrslitsund	5.	<b>26.78</b>	535	27.02		102%	
50m flugsund	Undanrásir	4.	<b>27.02</b>	521	27.04	14.11.2021	100%	
<b>Natalía Fanney Sigurðardóttir, 07.07.2010</b>								<b>3</b>
100m bringusund	Undanrásir	13.	<b>1:25.70</b>	385	1:27.58	26.06.2022	104%	
200m bringusund	Undanrásir	14.	<b>3:02.83</b>	398	3:03.03	29.10.2022	100%	
200m fjórsund	Undanrásir	24.	<b>2:51.36</b>	359	2:53.32	24.09.2022	102%	
<b>Nikolai Leo Jónsson, 22.07.2008</b>								<b>6</b>
1500m skriðsund	Bein úrslit	7.	<b>17:10.04</b>	555	17:51.02	29.10.2022	108%	
200m baksund	Úrslitsund	7.	2:22.31	408	2:21.25		99%	
200m baksund	Undanrásir	5.	<b>2:21.25</b>	418	2:23.71	26.06.2022	104%	
100m bringusund	Úrslitsund	8.	<b>1:10.69</b>	478	1:10.94		101%	
100m bringusund	Undanrásir	7.	<b>1:10.94</b>	473	1:12.33	29.10.2022	104%	
200m bringusund	Úrslitsund	5.	<b>2:30.62</b>	507	2:34.51		105%	
200m bringusund	Undanrásir	7.	<b>2:34.51</b>	470	2:36.19	24.09.2022	102%	
200m fjórsund	Úrslitsund		-	-	2:23.09		-	
200m fjórsund	Undanrásir	10.	2:23.09	449	2:21.68	24.09.2022	98%	
400m fjórsund	Undanrásir	5.	5:01.70	471	5:00.87	23.09.2022	99%	
<b>Stefán Elías Berman, 08.10.2003</b>								<b>3</b>
50m skriðsund	Úrslitsund	5.	<b>24.33</b>	568	24.66		103%	
50m skriðsund	Undanrásir	2.	24.66	546	24.23	12.11.2021	97%	
100m skriðsund	Úrslitsund	3.	<b>52.03</b>	640	52.38		101%	
100m skriðsund	Undanrásir	2.	<b>52.38</b>	627	52.71	01.10.2022	101%	
200m skriðsund	Undanrásir	1.	2:01.67	544	1:55.95	24.09.2022	91%	
<b>Sunneva Bergmann Ásbjornsdóttir, 13.01.2007</b>								<b>8</b>
400m skriðsund	Úrslitsund	3.	4:28.85	658	4:27.56		99%	
400m skriðsund	Undanrásir	3.	<b>4:27.56</b>	668	4:28.43	29.10.2022	101%	
800m skriðsund	Bein úrslit	3.	<b>9:04.68</b>	681	9:08.37	29.10.2022	101%	
50m bringusund	Úrslitsund	2.	<b>34.22</b>	581	34.92		104%	
50m bringusund	Undanrásir	3.	<b>34.92</b>	547	35.14	30.10.2022	101%	
200m fjórsund	Úrslitsund	2.	<b>2:22.69</b>	622	2:27.13		106%	
200m fjórsund	Undanrásir	3.	<b>2:27.13</b>	568	2:27.15	01.10.2022	100%	
400m fjórsund	Úrslitsund	2.	<b>5:03.54</b>	620	5:04.38		101%	
400m fjórsund	Undanrásir	2.	<b>5:04.38</b>	615	5:06.51	29.10.2022	101%	
<b>Árni Þór Pálmason, 06.04.2009</b>								<b>3</b>
100m skriðsund	Undanrásir	25.	<b>59.52</b>	427	59.95	02.10.2022	101%	
200m skriðsund	Undanrásir	19.	2:09.25	454	2:08.58	30.10.2022	99%	
400m skriðsund	Undanrásir	16.	<b>4:36.29</b>	453	4:40.51	26.06.2022	103%	
100m baksund	Úrslitsund		-	-	1:09.44		-	
100m baksund	Undanrásir	10.	<b>1:09.44</b>	337	1:09.59	02.10.2022	100%	
100m bringusund	Undanrásir	13.	1:17.72	359	1:15.73	02.10.2022	95%	
<b>Ástrós Lovísa Hauksdóttir, 07.10.2008</b>								<b>4</b>
50m baksund	Úrslitsund	4.	<b>30.72</b>	556	30.79		100%	
50m baksund	Undanrásir	2.	<b>30.79</b>	552	31.18	24.09.2022	103%	
100m baksund	Úrslitsund	5.	<b>1:05.53</b>	587	1:06.33		102%	
100m baksund	Undanrásir	3.	1:06.33	566	1:06.32	23.09.2022	100%	
200m baksund	Úrslitsund	2.	<b>2:20.64</b>	604	2:24.04		105%	
200m baksund	Undanrásir	2.	2:24.04	563	2:23.81	24.09.2022	100%	
<b>Íþróttafélagið Fjörður</b>								<b>11</b>
<b>Anna Rósa Þrastardóttir S14, 16.07.2004</b>								<b>2</b>
100m skriðsund	Undanrásir	7.	1:12.99	326	1:12.40	14.11.2021	98%	
200m skriðsund	Undanrásir	6.	<b>2:34.93</b>	360	2:36.48	29.10.2022	102%	
400m skriðsund	Undanrásir	4.	5:30.27	355	5:27.55	12.11.2021	98%	

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100m baksund	Undanrásir	5.	<b>1:29.24</b>	232	1:31.33	30.10.2022	105%	
<b>Emelía Ýr S14 Gunnarsdóttir, 09.06.2005</b>								
50m skriðsund	Undanrásir	29.	34.84	285	34.33	12.11.2021	97%	2
100m baksund	Undanrásir	21.	1:30.02	226	1:27.13	28.05.2022	94%	
100m bringusund	Undanrásir	20.	1:47.67	194	1:41.65	19.03.2022	89%	
50m flugsund	Undanrásir	17.	35.29	329	34.51	13.11.2021	96%	
100m flugsund	Undanrásir	12.	1:21.62	299	1:21.18	14.11.2021	99%	
100m fjörsund	Undanrásir	21.	<b>1:25.78</b>	285	1:26.37	15.10.2022	101%	
200m fjörsund	Undanrásir	25.	<b>3:05.33</b>	284	3:05.56	28.05.2022	100%	
<b>Herdís Rut Guðbjartsdóttir S14, 18.03.2004</b>								
50m skriðsund	Undanrásir	7.	34.25	300	33.19	15.10.2022	94%	2
50m baksund	Undanrásir	3.	<b>37.82</b>	298	38.45	29.10.2022	103%	
100m baksund	Undanrásir	4.	1:23.43	284	1:21.58	15.10.2022	96%	
100m bringusund	Undanrásir	4.	<b>1:37.08</b>	265	1:38.52	13.11.2021	103%	
<b>Hjortur Ingvarsson S5, 24.10.1995</b>								
100m skriðsund	Undanrásir	5.	1:30.90	120	1:30.77	29.10.2022	100%	3
200m skriðsund	Undanrásir	4.	3:15.01	132	3:10.16	30.10.2022	95%	
50m baksund	Undanrásir	4.	<b>47.65</b>	101	48.06	29.10.2022	102%	
100m baksund	Undanrásir	5.	<b>1:40.22</b>	112	1:40.68	30.10.2022	101%	
100m fjörsund	Úrslitsund			-	1:48.94		-	
100m fjörsund	Undanrásir	3.	<b>1:48.94</b>	92	1:49.78	15.10.2022	102%	
200m fjörsund	Undanrásir	4.	3:49.33	109	3:47.14	29.10.2022	98%	
<b>Sigrún S16 Kjartansdóttir, 30.12.2003</b>								
50m skriðsund	Undanrásir	8.	40.89	176	39.68	12.11.2021	94%	2
100m skriðsund	Undanrásir	9.	<b>1:28.08</b>	185	1:28.60	30.10.2022	101%	
200m skriðsund	Undanrásir	9.	3:11.22	191	3:09.18	29.10.2022	98%	
50m baksund	Undanrásir	4.	58.54	80	56.16	29.10.2022	92%	
100m baksund	Undanrásir	6.	<b>2:00.45</b>	94	2:01.38	15.10.2022	102%	
<b>Ösp</b>								
<b>Ymir Snær Hlynsson, 15.09.2002</b>								
50m skriðsund	Undanrásir	6.	33.69	214	32.33		92%	-
100m skriðsund	Undanrásir	4.	1:14.97	213	1:14.82	29.10.2022	100%	-
200m skriðsund	Undanrásir	3.	2:46.81	211	2:45.63		99%	