

Meeting des Castors
Mons, 1-10-2022

Epreuve 22
01-10-22

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats

Points: FINA 2022

Rang			AN				Temps		Pts
11 - 12 ans									
1.	RUDIK, Aleksander		10	KVZP			5:55.65		287
	50m:	38.73 38.73	150m:	2:10.67 46.04	250m:	3:46.28 51.95	350m:	5:17.71 39.68	
	100m:	1:24.63 45.90	200m:	2:54.33 43.66	300m:	4:38.03 51.75	400m:	5:55.65 37.94	
2.	EMARA, Naël		10	DM			6:02.76		271
	50m:	39.90 39.90	150m:	2:17.78 47.34	250m:	3:52.35 49.00	350m:	5:23.56 42.14	
	100m:	1:30.44 50.54	200m:	3:03.35 45.57	300m:	4:41.42 49.07	400m:	6:02.76 39.20	
3.	GUENDOUZ, Anas		10	KVZP			6:18.91		237
	50m:	44.08 44.08	150m:	2:25.22 47.88	250m:	4:02.77 51.33	350m:	5:38.39 43.19	
	100m:	1:37.34 53.26	200m:	3:11.44 46.22	300m:	4:55.20 52.43	400m:	6:18.91 40.52	
4.	DINICESCU, Damian		10	CCM			6:19.89		236
	50m:	42.62 42.62	150m:	2:25.71 52.48	250m:	4:07.85 53.44	350m:	5:42.40 40.23	
	100m:	1:33.23 50.61	200m:	3:14.41 48.70	300m:	5:02.17 54.32	400m:	6:19.89 37.49	
13 - 14 ans									
1.	BAHLOULA, Nael		09	KVZP			5:39.93		329
	50m:	38.75 38.75	150m:	2:06.41 43.97	250m:	3:38.96 49.15	350m:	5:04.55 37.03	
	100m:	1:22.44 43.69	200m:	2:49.81 43.40	300m:	4:27.52 48.56	400m:	5:39.93 35.38	
2.	REMMERIE, Jonas		09	DM			5:44.25		317
	50m:	35.54 35.54	150m:	1:58.53 42.60	250m:	3:25.91 46.13	350m:	4:49.16 36.58	
	100m:	1:15.93 40.39	200m:	2:39.78 41.25	300m:	4:12.58 46.67	400m:	5:44.25 55.09	
disq.	DULIN, Vladyslav		08	KVZP					
	<i>SW 7.1 a - Au départ ou pendant le virage a fait plus d'un mouvement d'ondulation</i>								
15 - 16 ans									
1.	ROOBAERT, Jurre		06	KVZP			5:01.79		471
	50m:	31.51 31.51	150m:	1:50.28 40.14	250m:	3:11.54 44.02	350m:	4:30.09 34.56	
	100m:	1:10.14 38.63	200m:	2:27.52 37.24	300m:	3:55.53 43.99	400m:	5:01.79 31.70	
2.	VAN GENECHTEN, Guus		06	KVZP			5:13.56		419
	50m:	33.94 33.94	150m:	1:53.56 39.67	250m:	3:17.14 45.74	350m:	4:39.34 36.21	
	100m:	1:13.89 39.95	200m:	2:31.40 37.84	300m:	4:03.13 45.99	400m:	5:13.56 34.22	
3.	LENCLU, Romain		07	CCM			6:14.79		245
	50m:	43.07 43.07	150m:	2:23.25 46.92	250m:	4:02.41 54.13	350m:	5:35.70 40.81	
	100m:	1:36.33 53.26	200m:	3:08.28 45.03	300m:	4:54.89 52.48	400m:	6:14.79 39.09	
disq.	PUCCIO, Alessio		06	KVZP					
	<i>SW 6.4 c - Le nageur n'a pas entamé le virage directement après traction des bras</i>								
disq.	LETOR, Gabriel		06	CCM					
	<i>SW 7.4 a - Mouvements des jambes non simultanés ou pas dans le même plan horizontal</i>								
17 - 18 ans									
1.	GERGIANAKIS, Georges		05	CNT			4:55.84		500
	50m:	31.36 31.36	150m:	1:46.98 39.32	250m:	3:05.07 40.30	350m:	4:21.77 35.49	
	100m:	1:07.66 36.30	200m:	2:24.77 37.79	300m:	3:46.28 41.21	400m:	4:55.84 34.07	
2.	PINGITORE, Ilario		05	CCM			5:20.47		393
	50m:	31.30 31.30	150m:	1:55.21 44.45	250m:	3:23.57 46.02	350m:	4:46.69 36.27	
	100m:	1:10.76 39.46	200m:	2:37.55 42.34	300m:	4:10.42 46.85	400m:	5:20.47 33.78	

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1.	VANDAMME, Hugo		03	DM						4:39.00	596	
	50m:	28.62	28.62	150m:	1:39.28	36.95	250m:	2:55.53	40.18	350m:	4:08.37	32.43
	100m:	1:02.33	33.71	200m:	2:15.35	36.07	300m:	3:35.94	40.41	400m:	4:39.00	30.63
2.	KARKOUR, Rayan		02	KVZP						4:46.81	548	
	50m:	29.00	29.00	150m:	1:41.32	37.50	250m:	3:00.11	42.28	350m:	4:15.84	33.50
	100m:	1:03.82	34.82	200m:	2:17.83	36.51	300m:	3:42.34	42.23	400m:	4:46.81	30.97
3.	BULBO, Noah		03	EnIn						4:54.03	509	
	50m:	28.28	28.28	150m:	1:38.02	36.06	250m:	3:00.05	45.39	350m:	4:20.89	35.63
	100m:	1:01.96	33.68	200m:	2:14.66	36.64	300m:	3:45.26	45.21	400m:	4:54.03	33.14