

Epreuve 54  
2022-06-05 - 10:39

400m Libre

11 ans et plus  
Liste résultats

Points: FINA 2021

Rang			Age							Temps	Pts	
<b>11 - 12 ans, Filles</b>												
1.	TURBIDE, Florence		12	C.Natation. Sept-Iles						<b>5:42.00</b>	319	
	50m:	39.12	39.12	150m:	2:05.98	43.67	250m:	3:31.52	41.21	350m:	5:01.85	43.15
	100m:	1:22.31	43.19	200m:	2:50.31	44.33	300m:	4:18.70	47.18	400m:	5:42.00	40.15
2.	TRUCHON, Marie-Noëlle		12	Lbdf						<b>7:03.10</b>	168	
	50m:	44.48	44.48	150m:	2:33.18	55.86	250m:	4:24.88	56.55	350m:	6:15.71	54.84
	100m:	1:37.32	52.84	200m:	3:28.33	55.15	300m:	5:20.87	55.99	400m:	7:03.10	47.39
<b>13 - 14 ans, Filles</b>												
1.	GIBBONS-RENAUD, Gabrielle		13	cnsf						<b>5:11.10</b>	425	
	50m:	34.63	34.63	150m:	1:52.28	39.65	250m:	3:11.88	39.50	350m:	4:31.63	39.83
	100m:	1:12.63	38.00	200m:	2:32.38	40.10	300m:	3:51.80	39.92	400m:	5:11.10	39.47
2.	VERREAULT, Mélory		14	Club de Natation Juvaqua Alma						<b>5:25.92</b>	369	
	50m:	25.19	25.19	150m:	1:56.03	41.03	250m:	3:20.60	42.65	350m:	4:45.57	42.99
	100m:	1:15.00	49.81	200m:	2:37.95	41.92	300m:	4:02.58	41.98	400m:	5:25.92	40.35
3.	SAVARD, Émilie		13	Club de natation Jonquière						<b>5:29.36</b>	358	
	50m:	35.17	35.17	150m:	2:00.42	43.12	250m:	3:26.79	42.91	350m:	4:51.63	41.80
	100m:	1:17.30	42.13	200m:	2:43.88	43.46	300m:	4:09.83	43.04	400m:	5:29.36	37.73
4.	BOUCHER, Marie-Noël		13	Cachalots Port-Cartier						<b>6:00.51</b>	273	
	50m:	39.58	39.58	150m:	2:10.86	46.12	250m:	3:42.31	45.75	350m:	5:15.30	46.37
	100m:	1:24.74	45.16	200m:	2:56.56	45.70	300m:	4:28.93	46.62	400m:	6:00.51	45.21
5.	ESSIEMBRE, Léanne		13	Cachalots Port-Cartier						<b>6:00.77</b>	272	
	50m:	40.01	40.01	150m:	2:11.85	45.63	250m:	3:44.69	46.18	350m:	5:16.48	45.43
	100m:	1:26.22	46.21	200m:	2:58.51	46.66	300m:	4:31.05	46.36	400m:	6:00.77	44.29
6.	BOUCHARD, Lydia-Maude		13	Club de natation Chibougamau-Chapais						<b>6:01.44</b>	271	
	50m:	39.44	39.44	150m:	2:11.44	46.75	250m:	3:45.08	47.20	350m:	5:19.30	47.39
	100m:	1:24.69	45.25	200m:	2:57.88	46.44	300m:	4:31.91	46.83	400m:	6:01.44	42.14
7.	SANTERRE, Élodie		14	Club de natation Jonquière						<b>6:05.32</b>	262	
	50m:	41.43	41.43	150m:	2:12.65	46.18	250m:	3:45.61	46.76	350m:	5:18.50	46.65
	100m:	1:26.47	45.04	200m:	2:58.85	46.20	300m:	4:31.85	46.24	400m:	6:05.32	46.82
8.	LAVOIE, Daphnée		13	Aquanautes						<b>6:06.06</b>	260	
	50m:	39.42	39.42	150m:	2:11.88	46.80	250m:	3:45.92	46.64	350m:	5:20.35	47.47
	100m:	1:25.08	45.66	200m:	2:59.28	47.40	300m:	4:32.88	46.96	400m:	6:06.06	45.71
<b>15 - 16 ans, Filles</b>												
1.	MICHAUD, Laurence		15	Club de natation Jonquière						<b>4:38.07</b>	595	
	50m:	30.73	30.73	150m:	1:41.20	36.18	250m:	2:53.95	36.56	350m:	4:05.82	35.50
	100m:	1:05.02	34.29	200m:	2:17.39	36.19	300m:	3:30.32	36.37	400m:	4:38.07	32.25
2.	TREMBLAY, Rose		15	Club de natation Jonquière						<b>5:37.40</b>	333	
	50m:	36.58	36.58	150m:	2:00.11	42.58	250m:	3:27.90	43.90	350m:	4:55.76	44.26
	100m:	1:17.53	40.95	200m:	2:44.00	43.89	300m:	4:11.50	43.60	400m:	5:37.40	41.64
3.	LAVOIE, Aurélie		15	Aquanautes						<b>5:57.97</b>	279	
	50m:	38.98	38.98	150m:	2:08.20	45.40	250m:	3:40.09	46.06	350m:	5:13.40	47.01
	100m:	1:22.80	43.82	200m:	2:54.03	45.83	300m:	4:26.39	46.30	400m:	5:57.97	44.57

Epreuve 54, Filles, 400m Libre, 15 - 16 ans

Rang			Age					Temps	Pts
4.	JEAN, Élodie		15	Club de natation Jonquière				<b>6:07.39</b>	258
	50m:	37.73 37.73	150m:	2:06.02	44.95	250m:	3:40.89 43.41	350m:	5:20.10 49.90
	100m:	1:21.07 43.34	200m:	2:57.48	51.46	300m:	4:30.20 49.31	400m:	6:07.39 47.29
5.	BOURASSA, Juliette		16	C.Natation. Sept-Iles				<b>6:10.86</b>	250
	50m:	41.11 41.11	150m:	2:13.71	46.75	250m:	3:49.06 47.70	350m:	5:24.46 47.93
	100m:	1:26.96 45.85	200m:	3:01.36	47.65	300m:	4:36.53 47.47	400m:	6:10.86 46.40

17 ans et plus, Dames

1.	VILLENEUVE, Émilie		18	Club de natation Jonquière				<b>5:02.65</b>	461
	50m:	32.42 32.42	150m:	1:49.02	38.79	250m:	3:07.45 39.38	350m:	4:26.16 39.24
	100m:	1:10.23 37.81	200m:	2:28.07	39.05	300m:	3:46.92 39.47	400m:	5:02.65 36.49
2.	BOUCHARD, Laurie-Pier		18	Club de natation Chibougamau-Chapais				<b>5:26.67</b>	367
	50m:	34.67 34.67	150m:	1:55.96	41.29	250m:	3:20.89 42.72	350m:	4:46.42 42.86
	100m:	1:14.67 40.00	200m:	2:38.17	42.21	300m:	4:03.56 42.67	400m:	5:26.67 40.25
3.	TREMBLAY, Marielle		18	Club de natation Jonquière				<b>5:54.58</b>	287
	50m:	39.22 39.22	150m:	2:08.87	44.73	250m:	3:39.11 45.23	350m:	5:10.44 45.56
	100m:	1:24.14 44.92	200m:	2:53.88	45.01	300m:	4:24.88 45.77	400m:	5:54.58 44.14

11 - 12 ans, Garçons

1.	FORTIN, Émile		12	cnsf				<b>5:09.28</b>	323
	50m:	34.05 34.05	150m:	1:51.49	39.43	250m:	3:11.96 40.30	350m:	4:31.65 39.40
	100m:	1:12.06 38.01	200m:	2:31.66	40.17	300m:	3:52.25 40.29	400m:	5:09.28 37.63
2.	SAVARD, Jérôme		12	C. N. de Chicoutimi				<b>5:22.96</b>	283
	50m:	34.74 34.74	150m:	1:55.03	40.97	250m:	3:18.60 42.23	350m:	4:42.60 42.57
	100m:	1:14.06 39.32	200m:	2:36.37	41.34	300m:	4:00.03 41.43	400m:	5:22.96 40.36
3.	PHILIPPON, Léo		12	C.Natation. Sept-Iles				<b>5:43.92</b>	235
	50m:	38.67 38.67	150m:	2:06.51	44.62	250m:	3:35.39 44.69	350m:	5:03.00 43.27
	100m:	1:21.89 43.22	200m:	2:50.70	44.19	300m:	4:19.73 44.34	400m:	5:43.92 40.92
4.	SERGERIE, Nathan		12	C.Natation. Sept-Iles				<b>5:51.10</b>	220
	50m:	40.23 40.23	150m:	2:09.70	45.57	250m:	3:40.28 45.43	350m:	5:09.89 45.18
	100m:	1:24.13 43.90	200m:	2:54.85	45.15	300m:	4:24.71 44.43	400m:	5:51.10 41.21

13 - 14 ans, Garçons

1.	LAVOIE, Christopher		14	Club de natation Jonquière				<b>4:38.24</b>	443
	50m:	30.64 30.64	150m:	1:41.14	36.14	250m:	2:59.28 41.96	350m:	4:06.14 35.68
	100m:	1:05.00 34.36	200m:	2:17.32	36.18	300m:	3:30.46 31.18	400m:	4:38.24 32.10
2.	POTVIN, Zachary		13	C. N. de Chicoutimi				<b>5:06.56</b>	331
	50m:	33.41 33.41	150m:	1:49.12	38.46	250m:	3:07.88 39.57	350m:	5:26.95 1:39.43
	100m:	1:10.66 37.25	200m:	2:28.31	39.19	300m:	3:47.52 39.64	400m:	5:06.56
3.	FLEURY, Luc		13	Club de natation Jonquière				<b>5:47.35</b>	228
	50m:	40.50 40.50	150m:	2:09.33	44.18	250m:	3:37.58 44.03	350m:	5:05.58 44.00
	100m:	1:25.15 44.65	200m:	2:53.55	44.22	300m:	4:21.58 44.00	400m:	5:47.35 41.77

Epreuve 54, 400m Libre

15 - 16 ans, Garçons

1.	BOUDREAULT, Xavier	16	Club de natation Jonquière	<b>4:48.82</b>	396
	50m: 30.92 30.92	150m: 1:42.58 36.27	250m: 2:57.67 37.91	350m: 4:13.70 38.35	
	100m: 1:06.31 35.39	200m: 2:19.76 37.18	300m: 3:35.35 37.68	400m: 4:48.82 35.12	
2.	TREMBLAY, Nathan	15	Club de Natation Juvaqua Alma	<b>5:02.22</b>	346
	50m: 32.50 32.50	150m: 1:49.06 39.34	250m: 3:07.32 39.68	350m: 4:25.92 39.13	
	100m: 1:09.72 37.22	200m: 2:27.64 38.58	300m: 3:46.79 39.47	400m: 5:02.22 36.30	
3.	GUERRA-PROULX, Nathaniel	16	Club de natation Jonquière	<b>5:05.22</b>	336
	50m: 33.02 33.02	150m: 1:50.78 39.53	250m: 3:09.72 39.44	350m: 4:27.60 37.88	
	100m: 1:11.25 38.23	200m: 2:30.28 39.50	300m: 3:49.72 40.00	400m: 5:05.22 37.62	
4.	LÉVESQUE, Édouard	15	Aquanautes	<b>5:10.68</b>	318
	50m: 32.79 32.79	150m: 1:49.79 39.43	250m: 3:12.00 41.75	350m: 4:32.43 39.79	
	100m: 1:10.36 37.57	200m: 2:30.25 40.46	300m: 3:52.64 40.64	400m: 5:10.68 38.25	
5.	BEAULIEU, Louis	16	C.Natation. Sept-Iles	<b>5:39.10</b>	245
	50m: 37.32 37.32	150m: 2:02.67 43.44	250m: 3:30.39 43.94	350m: 4:59.26 44.22	
	100m: 1:19.23 41.91	200m: 2:46.45 43.78	300m: 4:15.04 44.65	400m: 5:39.10 39.84	
6.	TREMBLAY, Yannīs	15	Club de Natation Juvaqua Alma	<b>5:57.42</b>	209
	50m: 38.10 38.10	150m: 2:06.12 44.67	250m: 3:36.85 45.50	350m: 5:10.88 47.00	
	100m: 1:21.45 43.35	200m: 2:51.35 45.23	300m: 4:23.88 47.03	400m: 5:57.42 46.54	

17 ans et plus, Messieurs

1.	CARON, Jean-François	41	Club de natation Chibougamau-Chapais	<b>4:47.92</b>	400
	50m: 31.93 31.93	150m: 1:43.67 36.47	250m: 2:56.49 36.41	350m: 4:10.30 36.88	
	100m: 1:07.20 35.27	200m: 2:20.08 36.41	300m: 3:33.42 36.93	400m: 4:47.92 37.62	
2.	ELGANDLI, Mouadh	17	Aquanautes	<b>5:06.05</b>	333
	50m: 33.08 33.08	150m: 1:49.30 38.96	250m: 3:08.24 39.44	350m: 4:27.65 39.59	
	100m: 1:10.34 37.26	200m: 2:28.80 39.50	300m: 3:48.06 39.82	400m: 5:06.05 38.40	
3.	PAQUET, Émile	18	Club de natation Chibougamau-Chapais	<b>5:29.42</b>	267
	50m: 36.91 36.91	150m: 2:00.56 42.83	250m: 3:27.51 43.03	350m: 4:52.66 41.15	
	100m: 1:17.73 40.82	200m: 2:44.48 43.92	300m: 4:11.51 44.00	400m: 5:29.42 36.76	