



Coupe du Québec senior automne 2021
Québec, 26 au 28 novembre 2021



Epreuve 5

Dames, 400m 4 nages

Cat. générale

2021-11-26 - 18:02

Liste résultats Finales

Records senior du Québec	4:26.42	HARVEY, Mary-Sophie	NN	Toronto	2016-12-16
Records groupe d'âge du Québec 15 - 17	4:26.42	HARVEY, Mary-Sophie	NN	Toronto	2016-12-16
Records groupe d'âge du Québec 13 - 14	4:40.94	HARVEY, Mary-Sophie	MEGO	Tualatin Hills (USA)	2013-12-13
Records groupe d'âge du Québec - 12	4:57.89	HARVEY, Mary-Sophie	MEGO	Trois-Rivieres	2012-04-21

Coupe Québec Senior 1 : 5:21.20

Points: FINA 2021

Rang			Age							Temps	Pts
Finale A											
1.	BARBEAU, Simonne		17	Neptune Natation						4:51.65	699
	50m:	31.21 31.21	150m:	1:46.39	39.18	250m:	3:05.14	39.66	350m:	4:19.36	33.31
	100m:	1:07.21 36.00	200m:	2:25.48	39.09	300m:	3:46.05	40.91	400m:	4:51.65	32.29
2.	NEFSI, Rania Hamida		24	Elite						4:54.70	678
	50m:	32.62 32.62	150m:	1:48.06	38.53	250m:	3:06.80	40.56	350m:	4:21.72	34.10
	100m:	1:09.53 36.91	200m:	2:26.24	38.18	300m:	3:47.62	40.82	400m:	4:54.70	32.98
3.	GORDON, Lindsay		15	Pointe-Claire Swim Club						4:56.37	666
	50m:	30.73 30.73	150m:	1:45.07	38.52	250m:	3:05.79	43.05	350m:	4:22.96	34.35
	100m:	1:06.55 35.82	200m:	2:22.74	37.67	300m:	3:48.61	42.82	400m:	4:56.37	33.41
4.	BEAUCHEMIN, Maulie		18	Pointe-Claire Swim Club						4:58.18	654
	50m:	31.24 31.24	150m:	1:44.74	37.62	250m:	3:05.63	44.46	350m:	4:24.10	33.51
	100m:	1:07.12 35.88	200m:	2:21.17	36.43	300m:	3:50.59	44.96	400m:	4:58.18	34.08
5.	DORNIC, Morgane		23	Rouge et Or universitaire						4:59.55	645
	50m:	32.83 32.83	150m:	1:49.54	39.79	250m:	3:10.86	42.31	350m:	4:27.78	33.89
	100m:	1:09.75 36.92	200m:	2:28.55	39.01	300m:	3:53.89	43.03	400m:	4:59.55	31.77
6.	BÉGIN-TREMBLAY, Lily-Rose		16	Riverains						5:00.07	642
	50m:	32.91 32.91	150m:	1:47.22	37.56	250m:	3:09.15	44.83	350m:	4:27.38	33.31
	100m:	1:09.66 36.75	200m:	2:24.32	37.10	300m:	3:54.07	44.92	400m:	5:00.07	32.69
7.	PAULETTO, Kristin		18	Pointe-Claire Swim Club						5:00.47	640
	50m:	31.79 31.79	150m:	1:47.40	39.36	250m:	3:07.01	41.55	350m:	4:26.01	36.51
	100m:	1:08.04 36.25	200m:	2:25.46	38.06	300m:	3:49.50	42.49	400m:	5:00.47	34.46
8.	VITHOULKAS, Katherine		18	Neptune Natation						5:04.22	616
	50m:	32.73 32.73	150m:	1:49.22	39.56	250m:	3:11.47	43.53	350m:	4:30.22	35.34
	100m:	1:09.66 36.93	200m:	2:27.94	38.72	300m:	3:54.88	43.41	400m:	5:04.22	34.00
9.	KOVALUK, Alexia		16	Camo						5:08.65	590
	50m:	32.41 32.41	150m:	1:50.40	40.04	250m:	3:13.15	43.68	350m:	4:33.69	35.88
	100m:	1:10.36 37.95	200m:	2:29.47	39.07	300m:	3:57.81	44.66	400m:	5:08.65	34.96
10.	DESCENT, Ann-Lorie		17	Club Natation Bois Francs						5:11.01	577
	50m:	32.08 32.08	150m:	1:50.57	41.03	250m:	3:14.20	43.79	350m:	4:35.54	36.99
	100m:	1:09.54 37.46	200m:	2:30.41	39.84	300m:	3:58.55	44.35	400m:	5:11.01	35.47
Finale B											
11.	CAYER, Mathilde		18	Rouge et Or/Université Laval						5:20.73	526
	50m:	33.70 33.70	150m:	1:53.01	41.10	250m:	3:20.06	46.87	350m:	4:45.31	37.89
	100m:	1:11.91 38.21	200m:	2:33.19	40.18	300m:	4:07.42	47.36	400m:	5:20.73	35.42
forf.nd.	PERRON, Jennie		17	Cnq							