



Coupe du Québec senior automne 2021  
Québec, 26 au 28 novembre 2021



Epreuve 5

Dames, 400m 4 nages

Cat. générale

2021-11-26 - 10:04

Liste résultats Eliminatoires

Records senior du Québec	4:26.42	HARVEY, Mary-Sophie	NN	Toronto	2016-12-16
Records groupe d'âge du Québec 15 - 17	4:26.42	HARVEY, Mary-Sophie	NN	Toronto	2016-12-16
Records groupe d'âge du Québec 13 - 14	4:40.94	HARVEY, Mary-Sophie	MEGO	Tualatin Hills (USA)	2013-12-13
Records groupe d'âge du Québec - 12	4:57.89	HARVEY, Mary-Sophie	MEGO	Trois-Rivieres	2012-04-21

Coupe Québec Senior 1 : 5:21.20

Points: FINA 2021

Rang			Age						Temps	Pts		
1.	BARBEAU, Simonne		17		Neptune Natation				<b>4:58.48</b>	652	A	
	50m:	32.24	32.24	150m:	1:49.91	40.30	250m:	3:10.22	41.36	350m:	4:25.09	33.88
	100m:	1:09.61	37.37	200m:	2:28.86	38.95	300m:	3:51.21	40.99	400m:	4:58.48	33.39
2.	NEFSI, Rania Hamida		24		Elite				<b>5:00.08</b>	642	A	
	50m:	33.40	33.40	150m:	1:50.96	39.87	250m:	3:11.36	41.39	350m:	4:28.98	35.78
	100m:	1:11.09	37.69	200m:	2:29.97	39.01	300m:	3:53.20	41.84	400m:	5:00.08	31.10
3.	PAULETTO, Kristin		18		Pointe-Claire Swim Club				<b>5:00.19</b>	641	A	
	50m:	31.72	31.72	150m:	1:46.87	38.88	250m:	3:05.70	41.29	350m:	4:25.47	37.50
	100m:	1:07.99	36.27	200m:	2:24.41	37.54	300m:	3:47.97	42.27	400m:	5:00.19	34.72
4.	GORDON, Lindsay		15		Pointe-Claire Swim Club				<b>5:00.83</b>	637	A	
	50m:	31.47	31.47	150m:	1:47.82	39.79	250m:	3:08.90	43.78	350m:	4:27.23	35.45
	100m:	1:08.03	36.56	200m:	2:25.12	37.30	300m:	3:51.78	42.88	400m:	5:00.83	33.60
5.	BEAUCHEMIN, Maulie		18		Pointe-Claire Swim Club				<b>5:01.35</b>	634	A	
	50m:	31.22	31.22	150m:	1:43.50	36.80	250m:	3:04.36	44.62	350m:	4:26.02	36.38
	100m:	1:06.70	35.48	200m:	2:19.74	36.24	300m:	3:49.64	45.28	400m:	5:01.35	35.33
6.	BÉGIN-TREMBLAY, Lily-Rose		16		Riverains				<b>5:01.71</b>	632	A	
	50m:	33.51	33.51	150m:	1:47.63	36.75	250m:	3:08.88	44.77	350m:	4:28.44	33.82
	100m:	1:10.88	37.37	200m:	2:24.11	36.48	300m:	3:54.62	45.74	400m:	5:01.71	33.27
7.	DORNIC, Morgane		23		Rouge et Or universitaire				<b>5:02.85</b>	625	A	
	50m:	32.72	32.72	150m:	1:49.28	39.85	250m:	3:10.84	42.39	350m:	4:29.64	35.16
	100m:	1:09.43	36.71	200m:	2:28.45	39.17	300m:	3:54.48	43.64	400m:	5:02.85	33.21
8.	VITHOULKAS, Katherine		18		Neptune Natation				<b>5:07.84</b>	595	A	
	50m:	32.53	32.53	150m:	1:49.91	40.58	250m:	3:13.76	44.21	350m:	4:34.20	36.08
	100m:	1:09.33	36.80	200m:	2:29.55	39.64	300m:	3:58.12	44.36	400m:	5:07.84	33.64
9.	DESCENT, Ann-Lorie		17		Club Natation Bois Francs				<b>5:09.12</b>	587	A	
	50m:	31.89	31.89	150m:	1:48.23	39.51	250m:	3:12.02	44.15	350m:	4:33.42	36.92
	100m:	1:08.72	36.83	200m:	2:27.87	39.64	300m:	3:56.50	44.48	400m:	5:09.12	35.70
10.	KOVALUK, Alexia		16		Camo				<b>5:09.94</b>	583	A	
	50m:	32.93	32.93	150m:	1:50.55	40.14	250m:	3:12.47	42.83	350m:	4:34.29	37.46
	100m:	1:10.41	37.48	200m:	2:29.64	39.09	300m:	3:56.83	44.36	400m:	5:09.94	35.65
11.	PERRON, Jennie		17		Cnq				<b>5:10.01</b>	582	B	
	50m:	31.59	31.59	150m:	1:48.81	40.37	250m:	3:13.18	44.77	350m:	4:34.89	36.14
	100m:	1:08.44	36.85	200m:	2:28.41	39.60	300m:	3:58.75	45.57	400m:	5:10.01	35.12
12.	CAYER, Mathilde		18		Rouge et Or/Université Laval				<b>5:19.29</b>	533	B	
	50m:	33.12	33.12	150m:	1:50.96	40.85	250m:	3:17.98	46.95	350m:	4:42.90	37.14
	100m:	1:10.11	36.99	200m:	2:31.03	40.07	300m:	4:05.76	47.78	400m:	5:19.29	36.39
13.	MICHAUD, Élisabeth		16		Club de natation Saint-Laurent				<b>5:21.95</b>	520	*	
	50m:	32.46	32.46	150m:	1:51.81	41.55	250m:	3:18.55	45.76	350m:	4:43.96	38.94
	100m:	1:10.26	37.80	200m:	2:32.79	40.98	300m:	4:05.02	46.47	400m:	5:21.95	37.99
14.	HARVEY, Olivia		18		Rouge et Or/Université Laval				<b>5:33.65</b>	467	*	
	50m:	34.48	34.48	150m:	1:56.78	42.88	250m:	3:28.01	49.90	350m:	4:56.51	38.75
	100m:	1:13.90	39.42	200m:	2:38.11	41.33	300m:	4:17.76	49.75	400m:	5:33.65	37.14