



Coupe du Québec senior automne 2021
Québec, 26 au 28 novembre 2021



Epreuve 26
2021-11-28 - 9:17

Messieurs, 400m Libre

Cat. générale
Liste résultats Eliminatoires

Records senior du Québec	3:47.81	NEWMAN, Wesley	DDO	Toronto	2009-03-13
Records groupe d'âge du Québec 15 - 17	3:51.16	SZMIDT, Peter	PCSC	???	1979-03-01
Records groupe d'âge du Québec 13 - 14	4:01.94	DUBORD, Marshal	PPO	Montreal	2013-02-16
Records groupe d'âge du Québec - 12	4:22.94	ORIWOL, Tobias	PCSC	???	1998-01-01

Coupe Québec Senior 1 : 4:18.77

Points: FINA 2021

Rang				Age					Temps	Pts		
1.	DESJARDINS, Olivier			16	Mustang Boucherville				4:01.26	680	A	
	50m:	27.35	27.35	150m:	1:27.80	30.52	250m:	2:29.16	30.50	350m:	3:31.40	31.38
	100m:	57.28	29.93	200m:	1:58.66	30.86	300m:	3:00.02	30.86	400m:	4:01.26	29.86
2.	VOLODIN, Artiom			18	Camo				4:01.75	676	A	
	50m:	27.64	27.64	150m:	1:28.42	30.65	250m:	2:30.80	31.18	350m:	3:32.38	30.43
	100m:	57.77	30.13	200m:	1:59.62	31.20	300m:	3:01.95	31.15	400m:	4:01.75	29.37
3.	DAGENAIS, Victor			17	Camo				4:02.28	672	A	
	50m:	27.03	27.03	150m:	1:26.51	29.61	250m:	2:27.88	30.70	350m:	3:30.93	31.73
	100m:	56.90	29.87	200m:	1:57.18	30.67	300m:	2:59.20	31.32	400m:	4:02.28	31.35
4.	BONGERS, Nils			19	Rouge et Or universitaire				4:02.69	668	A	
	50m:	28.00	28.00	150m:	1:29.16	30.57	250m:	2:31.22	30.91	350m:	3:33.41	30.90
	100m:	58.59	30.59	200m:	2:00.31	31.15	300m:	3:02.51	31.29	400m:	4:02.69	29.28
5.	POULIOT, David			22	Rouge et Or/Université Laval				4:02.92	667	A	
	50m:	28.62	28.62	150m:	1:30.97	31.07	250m:	2:31.64	29.86	350m:	3:32.27	30.62
	100m:	59.90	31.28	200m:	2:01.78	30.81	300m:	3:01.65	30.01	400m:	4:02.92	30.65
6.	LORD, Guillaume			21	Mustang Boucherville				4:05.71	644	A	
	50m:	28.32	28.32	150m:	1:29.96	31.05	250m:	2:32.64	31.32	350m:	3:34.76	31.32
	100m:	58.91	30.59	200m:	2:01.32	31.36	300m:	3:03.44	30.80	400m:	4:05.71	30.95
7.	LANGLOIS, Thomas			17	Elite				4:06.35	639	A	
	50m:	28.14	28.14	150m:	1:28.98	30.64	250m:	3:03.64	31.77	350m:	4:06.46	31.21
	100m:	58.34	30.20	200m:	2:31.87	1:02.89	300m:	3:35.25	31.61	400m:	4:06.35	
8.	LAFONTAINE-GIGUÈRE, Laurier			16	Neptune Natation				4:08.02	626	A	
	50m:	28.04	28.04	150m:	1:29.61	31.45	250m:	2:32.65	31.44	350m:	3:36.32	31.69
	100m:	58.16	30.12	200m:	2:01.21	31.60	300m:	3:04.63	31.98	400m:	4:08.02	31.70
9.	DUFFY, Edouard			16	Camo				4:08.70	621	A	
	50m:	28.65	28.65	150m:	1:30.76	31.20	250m:	2:33.76	31.62	350m:	3:37.41	31.65
	100m:	59.56	30.91	200m:	2:02.14	31.38	300m:	3:05.76	32.00	400m:	4:08.70	31.29
10.	LECAVALIER, Marc-Olivier			17	Club de Natation Samak				4:09.30	617	A	
	50m:	28.36	28.36	150m:	1:30.57	31.37	250m:	2:34.66	31.82	350m:	3:38.35	31.55
	100m:	59.20	30.84	200m:	2:02.84	32.27	300m:	3:06.80	32.14	400m:	4:09.30	30.95
11.	LABARRE, Tristan			17	Cnq				4:09.74	613	B	
	50m:	28.64	28.64	150m:	1:32.02	31.85	250m:	2:35.17	31.65	350m:	3:38.80	31.78
	100m:	1:00.17	31.53	200m:	2:03.52	31.50	300m:	3:07.02	31.85	400m:	4:09.74	30.94
12.	QUEVEDO, Zergio			16	Elite				4:09.78	613	B	
	50m:	29.13	29.13	150m:	1:32.01	31.81	250m:	2:36.43	31.88	350m:	3:39.42	31.95
	100m:	1:00.20	31.07	200m:	2:04.55	32.54	300m:	3:07.47	31.04	400m:	4:09.78	30.36
13.	MORIN, William			16	Camo				4:10.44	608	B	
	50m:	27.88	27.88	150m:	1:30.06	31.71	250m:	2:33.75	31.92	350m:	3:38.61	32.41
	100m:	58.35	30.47	200m:	2:01.83	31.77	300m:	3:06.20	32.45	400m:	4:10.44	31.83
14.	LAUZON, Maxim			22	Rouge et Or universitaire				4:11.45	601	B	
	50m:	28.73	28.73	150m:	1:31.85	31.90	250m:	2:36.25	31.84	350m:	3:40.54	31.94
	100m:	59.95	31.22	200m:	2:04.41	32.56	300m:	3:08.60	32.35	400m:	4:11.45	30.91



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Rang				Age						Temps	Pts	
15.	DAUTREY, Jacob			18	Camo					4:11.82	598	B
	50m:	28.11	28.11	150m:	1:30.74	31.57	250m:	2:33.68	31.33	350m:	3:39.56	33.21
	100m:	59.17	31.06	200m:	2:02.35	31.61	300m:	3:06.35	32.67	400m:	4:11.82	32.26
16.	PARISÉ, Zachary			15	Pointe-Claire Swim Club					4:13.53	586	B
	50m:	28.96	28.96	150m:	1:30.94	31.11	250m:	2:35.24	32.16	350m:	3:41.18	33.11
	100m:	59.83	30.87	200m:	2:03.08	32.14	300m:	3:08.07	32.83	400m:	4:13.53	32.35
17.	LUNGU, Nicolas			19	Neptune Natation					4:13.78	585	B
	50m:	28.54	28.54	150m:	1:31.85	31.89	250m:	2:36.61	32.38	350m:	3:42.22	32.87
	100m:	59.96	31.42	200m:	2:04.23	32.38	300m:	3:09.35	32.74	400m:	4:13.78	31.56
18.	ALAOU, Akram			18	Pointe-Claire Swim Club					4:14.79	578	B
	50m:	28.18	28.18	150m:	1:30.21	31.24	250m:	2:35.02	32.61	350m:	3:41.67	33.35
	100m:	58.97	30.79	200m:	2:02.41	32.20	300m:	3:08.32	33.30	400m:	4:14.79	33.12
19.	GAUTHIER, Alexandre			20	Cnq					4:15.58	572	B
	50m:	29.40	29.40	150m:	1:32.67	31.88	250m:	2:38.09	32.82	350m:	3:44.60	33.11
	100m:	1:00.79	31.39	200m:	2:05.27	32.60	300m:	3:11.49	33.40	400m:	4:15.58	30.98
20.	RUEL, Louis			18	Riverains					4:15.70	571	B
	50m:	28.04	28.04	150m:	1:31.04	31.93	250m:	2:36.75	33.02	350m:	3:42.94	33.27
	100m:	59.11	31.07	200m:	2:03.73	32.69	300m:	3:09.67	32.92	400m:	4:15.70	32.76
21.	TRUDEL, Renaud			14	Elite					4:17.81	558	R
	50m:	29.30	29.30	150m:	1:32.95	31.89	250m:	2:38.24	32.63	350m:	3:45.30	33.92
	100m:	1:01.06	31.76	200m:	2:05.61	32.66	300m:	3:11.38	33.14	400m:	4:17.81	32.51
22.	PAQUET, Bruno			19	Rouge et Or/Université Laval					4:18.06	556	R
	50m:	29.15	29.15	150m:	1:32.95	32.26	250m:	2:38.42	32.87	350m:	3:45.66	33.85
	100m:	1:00.69	31.54	200m:	2:05.55	32.60	300m:	3:11.81	33.39	400m:	4:18.06	32.40
23.	LATIMER, Thomas			17	Pointe-Claire Swim Club					4:18.35	554	
	50m:	28.29	28.29	150m:	1:31.41	32.34	250m:	2:37.71	33.49	350m:	3:45.48	33.99
	100m:	59.07	30.78	200m:	2:04.22	32.81	300m:	3:11.49	33.78	400m:	4:18.35	32.87
24.	GAGNON, Maxime			21	Cnq					4:18.96	550	*
	50m:	29.16	29.16	150m:	1:32.94	32.21	250m:	2:38.21	32.38	350m:	3:45.81	34.26
	100m:	1:00.73	31.57	200m:	2:05.83	32.89	300m:	3:11.55	33.34	400m:	4:18.96	33.15
25.	FORGUES, Marc-Olivier			18	Riverains					4:20.25	542	*
	50m:	28.09	28.09	150m:	1:31.96	32.80	250m:	2:39.09	33.64	350m:	3:46.99	33.94
	100m:	59.16	31.07	200m:	2:05.45	33.49	300m:	3:13.05	33.96	400m:	4:20.25	33.26
26.	BUISSON, Victor			19	Rouge et Or/Université Laval					4:21.98	531	*
	50m:	29.31	29.31	150m:	1:33.77	32.33	250m:	2:40.20	33.24	350m:	3:48.80	34.21
	100m:	1:01.44	32.13	200m:	2:06.96	33.19	300m:	3:14.59	34.39	400m:	4:21.98	33.18
27.	COUTURE, Philippe			19	Rouge et Or/Université Laval					4:23.71	521	*
	50m:	29.76	29.76	150m:	1:34.58	32.76	250m:	2:41.13	33.32	350m:	3:50.08	34.87
	100m:	1:01.82	32.06	200m:	2:07.81	33.23	300m:	3:15.21	34.08	400m:	4:23.71	33.63
forf.nd.	PERRON, Victor			19	Cnq							