



Coupe du Québec senior automne 2021
Québec, 26 au 28 novembre 2021



Epreuve 25

Dames, 400m Libre

Cat. générale

2021-11-28 - 17:44

Liste résultats Finales

Records senior du Québec	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records groupe d'âge du Québec 15 - 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records groupe d'âge du Québec 13 - 14	4:17.41	HUTCHISON, Jennifer	PCSC	???	1987-02-01
Records groupe d'âge du Québec - 12	4:23.93	SHEWCHUCK, Stephanie	PCSC	???	1987-02-01

Coupe Québec Senior 1 : 4:41.22

Points: FINA 2021

Rang			Age							Temps	Pts	
Finale A												
1.	WILLAR, Megan		17	Pointe-Claire Swim Club						4:17.62	748	
	50m:	29.27	29.27	150m:	1:34.93	33.03	250m:	2:40.66	32.79	350m:	3:46.04	32.53
	100m:	1:01.90	32.63	200m:	2:07.87	32.94	300m:	3:13.51	32.85	400m:	4:17.62	31.58
2.	MASSEY, Ashlyn		15	Pointe-Claire Swim Club						4:20.37	725	
	50m:	30.12	30.12	150m:	1:36.06	33.34	250m:	2:42.15	33.17	350m:	3:48.27	33.06
	100m:	1:02.72	32.60	200m:	2:08.98	32.92	300m:	3:15.21	33.06	400m:	4:20.37	32.10
3.	KILGER, Lydia		15	Pointe-Claire Swim Club						4:21.44	716	
	50m:	30.02	30.02	150m:	1:36.21	33.46	250m:	2:42.97	33.41	350m:	3:49.00	33.13
	100m:	1:02.75	32.73	200m:	2:09.56	33.35	300m:	3:15.87	32.90	400m:	4:21.44	32.44
4.	GORDON, Lindsay		15	Pointe-Claire Swim Club						4:24.58	691	
	50m:	30.31	30.31	150m:	1:36.71	33.53	250m:	2:43.80	33.55	350m:	3:51.34	33.83
	100m:	1:03.18	32.87	200m:	2:10.25	33.54	300m:	3:17.51	33.71	400m:	4:24.58	33.24
5.	BESNER, Kaitlyn		16	Pointe-Claire Swim Club						4:26.08	679	
	50m:	30.82	30.82	150m:	1:38.24	34.17	250m:	2:46.15	33.88	350m:	3:54.13	33.89
	100m:	1:04.07	33.25	200m:	2:12.27	34.03	300m:	3:20.24	34.09	400m:	4:26.08	31.95
6.	GAGNON, Isabelle		18	Rouge et Or/Université Laval						4:27.68	667	
	50m:	31.87	31.87	150m:	1:38.49	33.39	250m:	2:45.64	33.49	350m:	3:53.90	34.30
	100m:	1:05.10	33.23	200m:	2:12.15	33.66	300m:	3:19.60	33.96	400m:	4:27.68	33.78
7.	FROST, Megan		18	Pointe-Claire Swim Club						4:29.73	652	
	50m:	30.72	30.72	150m:	1:38.90	34.31	250m:	2:48.10	34.81	350m:	3:56.82	34.15
	100m:	1:04.59	33.87	200m:	2:13.29	34.39	300m:	3:22.67	34.57	400m:	4:29.73	32.91
8.	BÉGIN-TREMBLAY, Lily-Rose		16	Riverains						4:30.01	650	
	50m:	30.28	30.28	150m:	1:36.23	33.38	250m:	2:45.25	34.78	350m:	3:54.82	34.88
	100m:	1:02.85	32.57	200m:	2:10.47	34.24	300m:	3:19.94	34.69	400m:	4:30.01	35.19
9.	GAUVIN, Rosalie		15	Riverains						4:30.26	648	
	50m:	30.17	30.17	150m:	1:37.28	33.98	250m:	2:46.87	34.84	350m:	3:56.82	35.10
	100m:	1:03.30	33.13	200m:	2:12.03	34.75	300m:	3:21.72	34.85	400m:	4:30.26	33.44
10.	FROST, Natasha		18	Pointe-Claire Swim Club						4:34.19	620	
	50m:	31.12	31.12	150m:	1:40.20	35.04	250m:	2:50.09	35.07	350m:	4:00.01	34.92
	100m:	1:05.16	34.04	200m:	2:15.02	34.82	300m:	3:25.09	35.00	400m:	4:34.19	34.18
Finale B												
11.	BUCHE, Jacqueline		18	Pointe-Claire Swim Club						4:30.89	643	
	50m:	30.26	30.26	150m:	1:38.87	34.75	250m:	2:48.16	34.65	350m:	3:57.28	34.66
	100m:	1:04.12	33.86	200m:	2:13.51	34.64	300m:	3:22.62	34.46	400m:	4:30.89	33.61
12.	BROWN, Gabrielle		17	Pointe-Claire Swim Club						4:31.37	640	
	50m:	30.91	30.91	150m:	1:38.30	33.94	250m:	2:47.51	34.70	350m:	3:57.34	34.85
	100m:	1:04.36	33.45	200m:	2:12.81	34.51	300m:	3:22.49	34.98	400m:	4:31.37	34.03
13.	FOURNIER, Léa		16	Riverains						4:32.48	632	
	50m:	30.57	30.57	150m:	1:39.27	34.82	250m:	2:49.38	35.09	350m:	3:59.64	35.07
	100m:	1:04.45	33.88	200m:	2:14.29	35.02	300m:	3:24.57	35.19	400m:	4:32.48	32.84



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Rang				Age					Temps	Pts		
14.	CHAMPAGNE, Amélia			16	Club de natation Les Requins d				4:35.18	614		
	50m:	31.18	31.18	150m:	1:39.93	34.88	250m:	2:50.93	35.45	350m:	4:02.08	35.45
	100m:	1:05.05	33.87	200m:	2:15.48	35.55	300m:	3:26.63	35.70	400m:	4:35.18	33.10
15.	LORD, Raphaëlle			17	Cnq				4:35.44	612		
	50m:	31.86	31.86	150m:	1:40.67	34.88	250m:	2:50.32	34.82	350m:	4:00.94	35.41
	100m:	1:05.79	33.93	200m:	2:15.50	34.83	300m:	3:25.53	35.21	400m:	4:35.44	34.50
16.	MARQUIS, Jade			17	Club de Natation Samak				4:37.03	602		
	50m:	31.14	31.14	150m:	1:39.75	34.84	250m:	2:50.54	35.42	350m:	4:01.86	35.87
	100m:	1:04.91	33.77	200m:	2:15.12	35.37	300m:	3:25.99	35.45	400m:	4:37.03	35.17
17.	SHINK, Ariane			15	Cnq				4:39.13	588		
	50m:	31.16	31.16	150m:	1:40.51	34.88	250m:	2:51.63	35.60	350m:	4:03.63	35.88
	100m:	1:05.63	34.47	200m:	2:16.03	35.52	300m:	3:27.75	36.12	400m:	4:39.13	35.50
18.	MCARA, Chloe			17	Pointe-Claire Swim Club				4:41.78	572 *		
	50m:	30.55	30.55	150m:	1:41.06	35.83	250m:	2:53.07	36.37	350m:	4:05.89	36.48
	100m:	1:05.23	34.68	200m:	2:16.70	35.64	300m:	3:29.41	36.34	400m:	4:41.78	35.89
19.	BÉASSE, Blanche			17	Camo				4:44.07	558 *		
	50m:	31.05	31.05	150m:	1:41.06	35.49	250m:	2:53.78	36.65	350m:	4:07.58	36.77
	100m:	1:05.57	34.52	200m:	2:17.13	36.07	300m:	3:30.81	37.03	400m:	4:44.07	36.49