



Coupe du Québec senior automne 2021
Québec, 26 au 28 novembre 2021



Epreuve 25

Dames, 400m Libre

Cat. générale

2021-11-28 - 9:00

Liste résultats Eliminatoires

Records senior du Québec	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records groupe d'âge du Québec 15 - 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records groupe d'âge du Québec 13 - 14	4:17.41	HUTCHISON, Jennifer	PCSC	???	1987-02-01
Records groupe d'âge du Québec - 12	4:23.93	SHEWCHUCK, Stephanie	PCSC	???	1987-02-01

Coupe Québec Senior 1 : 4:41.22

Points: FINA 2021

Rang				Age					Temps	Pts		
1.	WILLAR, Megan			17	Pointe-Claire Swim Club				4:19.56	731	A	
	50m:	28.79	28.79	150m:	1:33.84	33.05	250m:	2:40.92	33.61	350m:	3:47.65	33.34
	100m:	1:00.79	32.00	200m:	2:07.31	33.47	300m:	3:14.31	33.39	400m:	4:19.56	31.91
2.	KILGER, Lydia			15	Pointe-Claire Swim Club				4:21.99	711	A	
	50m:	29.76	29.76	150m:	1:35.55	33.30	250m:	2:41.89	33.40	350m:	3:48.91	33.48
	100m:	1:02.25	32.49	200m:	2:08.49	32.94	300m:	3:15.43	33.54	400m:	4:21.99	33.08
3.	MASSEY, Ashlyn			15	Pointe-Claire Swim Club				4:23.84	696	A	
	50m:	29.86	29.86	150m:	1:36.35	33.40	250m:	2:44.17	34.16	350m:	3:51.07	33.74
	100m:	1:02.95	33.09	200m:	2:10.01	33.66	300m:	3:17.33	33.16	400m:	4:23.84	32.77
4.	GORDON, Lindsay			15	Pointe-Claire Swim Club				4:25.59	683	A	
	50m:	30.17	30.17	150m:	1:36.52	33.61	250m:	2:43.59	33.60	350m:	3:51.77	34.11
	100m:	1:02.91	32.74	200m:	2:09.99	33.47	300m:	3:17.66	34.07	400m:	4:25.59	33.82
5.	GAUVIN, Rosalie			15	Riverains				4:25.84	681	A	
	50m:	30.10	30.10	150m:	1:36.90	33.68	250m:	2:45.39	33.99	350m:	3:53.40	34.00
	100m:	1:03.22	33.12	200m:	2:11.40	34.50	300m:	3:19.40	34.01	400m:	4:25.84	32.44
6.	BÉGIN-TREMBLAY, Lily-Rose			16	Riverains				4:27.10	671	A	
	50m:	30.69	30.69	150m:	1:37.02	33.57	250m:	2:45.57	34.28	350m:	3:53.69	34.02
	100m:	1:03.45	32.76	200m:	2:11.29	34.27	300m:	3:19.67	34.10	400m:	4:27.10	33.41
7.	FROST, Natasha			18	Pointe-Claire Swim Club				4:27.83	666	A	
	50m:	30.44	30.44	150m:	1:37.67	33.89	250m:	2:45.76	34.04	350m:	3:54.65	34.60
	100m:	1:03.78	33.34	200m:	2:11.72	34.05	300m:	3:20.05	34.29	400m:	4:27.83	33.18
8.	GAGNON, Isabelle			18	Rouge et Or/Université Laval				4:29.27	655	A	
	50m:	32.31	32.31	150m:	1:41.03	34.17	250m:	2:49.06	33.60	350m:	3:56.13	33.54
	100m:	1:06.86	34.55	200m:	2:15.46	34.43	300m:	3:22.59	33.53	400m:	4:29.27	33.14
9.	FROST, Megan			18	Pointe-Claire Swim Club				4:30.68	645	A	
	50m:	30.71	30.71	150m:	1:38.17	33.89	250m:	2:47.24	34.83	350m:	3:57.01	34.93
	100m:	1:04.28	33.57	200m:	2:12.41	34.24	300m:	3:22.08	34.84	400m:	4:30.68	33.67
10.	BESNER, Kaitlyn			16	Pointe-Claire Swim Club				4:30.70	645	A	
	50m:	31.00	31.00	150m:	1:39.73	34.51	250m:	2:49.25	34.69	350m:	3:58.65	34.50
	100m:	1:05.22	34.22	200m:	2:14.56	34.83	300m:	3:24.15	34.90	400m:	4:30.70	32.05
11.	HARVEY, Pénélope			18	Rouge et Or/Université Laval				4:31.82	637	B	
	50m:	31.19	31.19	150m:	1:39.92	34.52	250m:	2:49.38	34.76	350m:	3:58.82	34.56
	100m:	1:05.40	34.21	200m:	2:14.62	34.70	300m:	3:24.26	34.88	400m:	4:31.82	33.00
12.	MARQUIS, Jade			17	Club de Natation Samak				4:33.56	625	B	
	50m:	31.07	31.07	150m:	1:38.95	34.09	250m:	2:48.52	34.91	350m:	3:58.88	35.14
	100m:	1:04.86	33.79	200m:	2:13.61	34.66	300m:	3:23.74	35.22	400m:	4:33.56	34.68
13.	BUCHE, Jacqueline			18	Pointe-Claire Swim Club				4:35.76	610	B	
	50m:	30.78	30.78	150m:	1:39.93	34.93	250m:	2:50.40	35.51	350m:	4:01.06	35.35
	100m:	1:05.00	34.22	200m:	2:14.89	34.96	300m:	3:25.71	35.31	400m:	4:35.76	34.70
14.	CHAMPAGNE, Amélia			16	Club de natation Les Requins d				4:36.50	605	B	
	50m:	30.84	30.84	150m:	1:40.02	35.20	250m:	2:51.13	35.66	350m:	4:02.74	35.94
	100m:	1:04.82	33.98	200m:	2:15.47	35.45	300m:	3:26.80	35.67	400m:	4:36.50	33.76



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Rang				Age					Temps	Pts		
15.	KOVALUK, Alexia			16	Camo				4:37.18	601	B	
	50m:	31.34	31.34	150m:	1:40.54	34.73	250m:	2:51.04	35.36	350m:	4:01.83	35.14
	100m:	1:05.81	34.47	200m:	2:15.68	35.14	300m:	3:26.69	35.65	400m:	4:37.18	35.35
16.	SHINK, Ariane			15	Cnq				4:37.21	600	B	
	50m:	31.46	31.46	150m:	1:40.41	34.60	250m:	2:50.69	35.33	350m:	4:01.86	35.86
	100m:	1:05.81	34.35	200m:	2:15.36	34.95	300m:	3:26.00	35.31	400m:	4:37.21	35.35
17.	SOUCY, Mathylde			16	Cnq				4:37.51	598	B	
	50m:	30.00	30.00	150m:	1:40.74	35.86	250m:	2:51.89	35.25	350m:	4:03.43	35.84
	100m:	1:04.88	34.88	200m:	2:16.64	35.90	300m:	3:27.59	35.70	400m:	4:37.51	34.08
18.	BROWN, Gabrielle			17	Pointe-Claire Swim Club				4:37.56	598	B	
	50m:	31.37	31.37	150m:	1:40.46	34.81	250m:	2:51.18	35.45	350m:	4:02.48	35.77
	100m:	1:05.65	34.28	200m:	2:15.73	35.27	300m:	3:26.71	35.53	400m:	4:37.56	35.08
19.	FOURNIER, Léa			16	Riverains				4:38.43	592	B	
	50m:	31.02	31.02	150m:	1:41.39	35.51	250m:	2:52.79	35.68	350m:	4:04.35	35.64
	100m:	1:05.88	34.86	200m:	2:17.11	35.72	300m:	3:28.71	35.92	400m:	4:38.43	34.08
20.	LORD, Raphaëlle			17	Cnq				4:38.57	592	B	
	50m:	31.25	31.25	150m:	1:41.54	35.55	250m:	2:52.75	35.36	350m:	4:04.13	35.90
	100m:	1:05.99	34.74	200m:	2:17.39	35.85	300m:	3:28.23	35.48	400m:	4:38.57	34.44
21.	VITHOULKAS, Katherine			18	Neptune Natation				4:38.71	591	R	
	50m:	32.06	32.06	150m:	1:42.77	35.73	250m:	2:53.97	35.18	350m:	4:05.07	35.41
	100m:	1:07.04	34.98	200m:	2:18.79	36.02	300m:	3:29.66	35.69	400m:	4:38.71	33.64
22.	BÉASSE, Blanche			17	Camo				4:39.70	584	R	
	50m:	30.83	30.83	150m:	1:39.67	34.98	250m:	2:51.80	36.23	350m:	4:04.14	36.14
	100m:	1:04.69	33.86	200m:	2:15.57	35.90	300m:	3:28.00	36.20	400m:	4:39.70	35.56
23.	MCARA, Chloe			17	Pointe-Claire Swim Club				4:40.37	580		
	50m:	31.30	31.30	150m:	1:43.48	36.80	250m:	2:54.15	34.47	350m:	4:04.78	35.94
	100m:	1:06.68	35.38	200m:	2:19.68	36.20	300m:	3:28.84	34.69	400m:	4:40.37	35.59
forf.nd.	HARVEY, Olivia			18	Rouge et Or/Université Laval							