



Coupe du Québec senior automne 2021  
Québec, 26 au 28 novembre 2021



Epreuve 12

Messieurs, 1500m Libre

Cat. générale

2021-11-26 - 11:54

Liste résultats

Records senior du Québec	14:58.77	CASTERA, Mathis	UDEM	Montreal	2018-12-01
Records groupe d'âge du Québec 15 - 17	15:10.03	BROWN, Eric	PCSC	Toronto	2019-12-15
Records groupe d'âge du Québec 13 - 14	15:50.38	DUBORD, Marshal	PPO	Montreal	2013-02-17
Records groupe d'âge du Québec - 12	17:13.18	RICHARDS, Nicolas	PCSC	???	1984-01-01

Coupe Québec Senior 1 : 17:11.24

Points: FINA 2021

Rang			Age					Temps	Pts
1.	POULIOT, David		22	Rouge et Or/Université Laval				<b>15:57.44</b>	694
	50m:	29.33	29.33	450m:	4:45.47	31.63	850m:	8:59.59	31.85
	100m:	1:01.31	31.98	500m:	5:17.28	31.81	900m:	9:31.69	32.10
	150m:	1:33.38	32.07	550m:	5:49.01	31.73	950m:	10:03.41	31.72
	200m:	2:05.72	32.34	600m:	6:20.81	31.80	1000m:	10:35.38	31.97
	250m:	2:37.74	32.02	650m:	6:52.58	31.77	1050m:	11:07.42	32.04
	300m:	3:09.92	32.18	700m:	7:24.14	31.56	1100m:	11:39.49	32.07
	350m:	3:41.96	32.04	750m:	7:56.06	31.92	1150m:	12:11.44	31.95
	400m:	4:13.84	31.88	800m:	8:27.74	31.68	1200m:	12:43.71	32.27
2.	DUFFY, Edouard		16	Camo				<b>16:03.67</b>	681
	50m:	28.89	28.89	450m:	4:44.55	32.07	850m:	9:03.07	32.85
	100m:	1:00.44	31.55	500m:	5:16.82	32.27	900m:	9:35.38	32.31
	150m:	1:32.45	32.01	550m:	5:48.98	32.16	950m:	10:07.54	32.16
	200m:	2:04.39	31.94	600m:	6:21.07	32.09	1000m:	10:40.27	32.73
	250m:	2:36.40	32.01	650m:	6:53.33	32.26	1050m:	11:12.77	32.50
	300m:	3:08.27	31.87	700m:	7:25.91	32.58	1100m:	11:45.01	32.24
	350m:	3:40.39	32.12	750m:	7:58.34	32.43	1150m:	12:17.36	32.35
	400m:	4:12.48	32.09	800m:	8:30.22	31.88	1200m:	12:49.98	32.62
3.	LANGLOIS, Thomas		17	Elite				<b>16:16.46</b>	655
	50m:	29.50	29.50	450m:	4:46.65	32.04	850m:	9:08.09	32.94
	100m:	1:01.53	32.03	500m:	5:18.63	31.98	900m:	9:41.54	33.45
	150m:	1:34.10	32.57	550m:	5:50.95	32.32	950m:	10:14.79	33.25
	200m:	2:06.54	32.44	600m:	6:23.48	32.53	1000m:	10:48.16	33.37
	250m:	2:38.45	31.91	650m:	6:56.05	32.57	1050m:	11:21.23	33.07
	300m:	3:10.56	32.11	700m:	7:29.06	33.01	1100m:	11:54.02	32.79
	350m:	3:42.65	32.09	750m:	8:02.04	32.98	1150m:	12:27.08	33.06
	400m:	4:14.61	31.96	800m:	8:35.15	33.11	1200m:	13:00.29	33.21
4.	LECAVALIER, Marc-Olivier		17	Club de Natation Samak				<b>16:49.73</b>	592
	50m:	29.46	29.46	450m:	4:59.98	34.20	850m:	9:34.06	33.99
	100m:	1:02.13	32.67	500m:	5:34.25	34.27	900m:	10:08.35	34.29
	150m:	1:35.43	33.30	550m:	6:08.52	34.27	950m:	10:42.45	34.10
	200m:	2:09.26	33.83	600m:	6:42.84	34.32	1000m:	11:16.53	34.08
	250m:	2:43.11	33.85	650m:	7:17.41	34.57	1050m:	11:50.59	34.06
	300m:	3:17.15	34.04	700m:	7:51.50	34.09	1100m:	12:24.56	33.97
	350m:	3:51.60	34.45	750m:	8:26.01	34.51	1150m:	12:58.56	34.00
	400m:	4:25.78	34.18	800m:	9:00.07	34.06	1200m:	13:32.60	34.04
5.	FORGUES, Marc-Olivier		18	Riverains				<b>16:50.45</b>	591
	50m:	29.13	29.13	450m:	4:56.75	33.47	850m:	9:27.33	33.81
	100m:	1:02.02	32.89	500m:	5:30.33	33.58	900m:	10:01.34	34.01
	150m:	1:35.43	33.41	550m:	6:03.78	33.45	950m:	10:35.13	33.79
	200m:	2:09.17	33.74	600m:	6:37.65	33.87	1000m:	11:09.16	34.03
	250m:	2:42.58	33.41	650m:	7:11.57	33.92	1050m:	11:43.01	33.85
	300m:	3:16.11	33.53	700m:	7:45.38	33.81	1100m:	12:17.64	34.63
	350m:	3:49.70	33.59	750m:	8:19.39	34.01	1150m:	12:52.14	34.50
	400m:	4:23.28	33.58	800m:	8:53.52	34.13	1200m:	13:26.73	34.59



Coupe du Québec senior automne 2021  
 Québec, 26 au 28 novembre 2021



Epreuve 12, Messieurs, 1500m Libre, Cat. générale

Rang			Age					Temps	Pts			
6.	LABERGE, Olivier		19	Rouge et Or/Université Laval				<b>17:21.01</b>	540 *			
	50m:	30.76	30.76	450m:	5:05.94	34.89	850m:	9:46.22	35.22	1250m:	14:28.07	34.92
	100m:	1:04.25	33.49	500m:	5:40.96	35.02	900m:	10:21.05	34.83	1300m:	15:03.21	35.14
	150m:	1:38.66	34.41	550m:	6:15.95	34.99	950m:	10:56.16	35.11	1350m:	15:38.21	35.00
	200m:	2:13.26	34.60	600m:	6:51.23	35.28	1000m:	11:31.58	35.42	1400m:	16:13.34	35.13
	250m:	2:47.46	34.20	650m:	7:26.42	35.19	1050m:	12:07.06	35.48	1450m:	16:47.95	34.61
	300m:	3:22.09	34.63	700m:	8:01.36	34.94	1100m:	12:42.65	35.59	1500m:	17:21.01	33.06
	350m:	3:56.43	34.34	750m:	8:36.17	34.81	1150m:	13:17.88	35.23			
	400m:	4:31.05	34.62	800m:	9:11.00	34.83	1200m:	13:53.15	35.27			
7.	PAQUET, Bruno		19	Rouge et Or/Université Laval				<b>17:33.72</b>	521 *			
	50m:	30.67	30.67	450m:	5:02.69	34.47	850m:	9:43.50	35.72	1250m:	14:35.22	36.99
	100m:	1:03.95	33.28	500m:	5:37.19	34.50	900m:	10:19.46	35.96	1300m:	15:11.90	36.68
	150m:	1:37.63	33.68	550m:	6:11.55	34.36	950m:	10:55.68	36.22	1350m:	15:48.73	36.83
	200m:	2:11.41	33.78	600m:	6:46.34	34.79	1000m:	11:31.56	35.88	1400m:	16:24.95	36.22
	250m:	2:45.27	33.86	650m:	7:21.49	35.15	1050m:	12:07.99	36.43	1450m:	16:59.55	34.60
	300m:	3:19.55	34.28	700m:	7:56.66	35.17	1100m:	12:44.75	36.76	1500m:	17:33.72	34.17
	350m:	3:53.78	34.23	750m:	8:32.04	35.38	1150m:	13:21.40	36.65			
	400m:	4:28.22	34.44	800m:	9:07.78	35.74	1200m:	13:58.23	36.83			
8.	GAUTHIER, Alexandre		20	Cnq				<b>17:36.79</b>	516 *			
	50m:	30.21	30.21	450m:	5:03.40	35.43	850m:	9:51.65	36.59	1250m:	14:41.18	36.41
	100m:	1:02.97	32.76	500m:	5:39.03	35.63	900m:	10:27.43	35.78	1300m:	15:17.77	36.59
	150m:	1:36.18	33.21	550m:	6:14.53	35.50	950m:	11:03.56	36.13	1350m:	15:53.57	35.80
	200m:	2:10.03	33.85	600m:	6:50.56	36.03	1000m:	11:39.71	36.15	1400m:	16:28.62	35.05
	250m:	2:44.03	34.00	650m:	7:26.27	35.71	1050m:	12:15.93	36.22	1450m:	17:03.96	35.34
	300m:	3:18.44	34.41	700m:	8:02.47	36.20	1100m:	12:52.27	36.34	1500m:	17:36.79	32.83
	350m:	3:53.27	34.83	750m:	8:38.77	36.30	1150m:	13:28.80	36.53			
	400m:	4:27.97	34.70	800m:	9:15.06	36.29	1200m:	14:04.77	35.97			
forf.nd.	BONGERS, Nils		19	Rouge et Or universitaire								