

Défi Distance RED  
Drummondville, 20- - 21-11-2021

Epreuve 10  
2021-11-21 - 16:24

1500m Libre

11 ans et plus  
Liste résultats

Points: FINA 2021

Rang			AN					Temps	Pts
<b>11 - 12 ans, Filles</b>									
1.	DUMAINE, Florence		09	Club de natation Les Requins d				<b>21:31.08</b>	359
	100m:	1:16.98 1:16.98	500m:	7:08.29 1:27.61	900m:	12:58.20 1:28.12	1300m:	18:44.24 1:26.30	
	200m:	2:44.18 1:27.20	600m:	8:35.30 1:27.01	1000m:	14:25.86 1:27.66	1400m:	20:09.49 1:25.25	
	300m:	4:12.86 1:28.68	700m:	10:02.50 1:27.20	1100m:	15:51.71 1:25.85	1500m:	21:31.08 1:21.59	
	400m:	5:40.68 1:27.82	800m:	11:30.08 1:27.58	1200m:	17:17.94 1:26.23			
2.	LACROIX, Éloïse		09	Elite				<b>21:48.95</b>	344
	100m:	1:15.94 1:15.94	500m:	7:05.03 1:28.39	900m:	13:03.02 1:29.78	1300m:	18:57.21 1:28.33	
	200m:	2:40.76 1:24.82	600m:	8:34.83 1:29.80	1000m:	14:31.33 1:28.31	1400m:	20:25.76 1:28.55	
	300m:	4:08.20 1:27.44	700m:	10:03.55 1:28.72	1100m:	15:59.34 1:28.01	1500m:	21:48.95 1:23.19	
	400m:	5:36.64 1:28.44	800m:	11:33.24 1:29.69	1200m:	17:28.88 1:29.54			
<b>11 - 12 ans, Garçons</b>									
1.	ALIX, Pierre-Olivier		08	C. N. Haut-Richelieu				<b>20:05.66</b>	348
	100m:	1:15.64 1:15.64	500m:	6:39.06 1:20.68	900m:	12:01.92 1:20.31	1300m:	17:25.23 1:20.99	
	200m:	2:36.08 1:20.44	600m:	8:00.57 1:21.51	1000m:	13:22.22 1:20.30	1400m:	18:46.17 1:20.94	
	300m:	3:57.42 1:21.34	700m:	9:21.14 1:20.57	1100m:	14:42.93 1:20.71	1500m:	20:05.66 1:19.49	
	400m:	5:18.38 1:20.96	800m:	10:41.61 1:20.47	1200m:	16:04.24 1:21.31			
2.	LAMBERT, Nathan		08	Enc				<b>23:59.33</b>	204
	100m:	1:28.44 1:28.44	500m:	7:58.74 1:38.98	900m:	14:27.77 1:38.24	1300m:	20:57.36 1:37.35	
	200m:	3:05.97 1:37.53	600m:	9:35.92 1:37.18	1000m:	16:05.53 1:37.76	1400m:	22:32.95 1:35.59	
	300m:	4:42.38 1:36.41	700m:	11:13.25 1:37.33	1100m:	17:42.88 1:37.35	1500m:	23:59.33 1:26.38	
	400m:	6:19.76 1:37.38	800m:	12:49.53 1:36.28	1200m:	19:20.01 1:37.13			
3.	PEPIN, Philippe		09	Enc				<b>24:35.78</b>	189
	100m:	1:29.32 1:29.32	500m:	8:06.94 1:40.47	900m:	14:43.90 1:38.66	1300m:	21:22.99 1:40.83	
	200m:	3:08.68 1:39.36	600m:	9:47.51 1:40.57	1000m:	16:23.22 1:39.32	1400m:	23:02.14 1:39.15	
	300m:	4:48.12 1:39.44	700m:	11:24.43 1:36.92	1100m:	18:02.43 1:39.21	1500m:	24:35.78 1:33.64	
	400m:	6:26.47 1:38.35	800m:	13:05.24 1:40.81	1200m:	19:42.16 1:39.73			
<b>13 - 14 ans, Filles</b>									
1.	ROBITAILLE, Florence		08	Elite				<b>19:07.29</b>	512
	100m:	1:10.11 1:10.11	500m:	6:16.69 1:16.85	900m:	11:23.46 1:17.25	1300m:	16:35.79 1:18.50	
	200m:	2:26.27 1:16.16	600m:	7:32.63 1:15.94	1000m:	12:40.95 1:17.49	1400m:	17:52.70 1:16.91	
	300m:	3:42.66 1:16.39	700m:	8:49.20 1:16.57	1100m:	13:59.16 1:18.21	1500m:	19:07.29 1:14.59	
	400m:	4:59.84 1:17.18	800m:	10:06.21 1:17.01	1200m:	15:17.29 1:18.13			
2.	SAMSON, Bérénice		07	C. N. Haut-Richelieu				<b>19:09.95</b>	508
	100m:	1:08.45 1:08.45	500m:	6:15.33 1:17.06	900m:	11:25.07 1:17.74	1300m:	16:37.24 1:17.13	
	200m:	2:24.79 1:16.34	600m:	7:32.07 1:16.74	1000m:	12:43.22 1:18.15	1400m:	17:55.02 1:17.78	
	300m:	3:41.34 1:16.55	700m:	8:49.04 1:16.97	1100m:	14:01.85 1:18.63	1500m:	19:09.95 1:14.93	
	400m:	4:58.27 1:16.93	800m:	10:07.33 1:18.29	1200m:	15:20.11 1:18.26			
3.	IONCE, Marie-Anne		07	Elite				<b>19:13.80</b>	503
	100m:	1:13.14 1:13.14	500m:	6:21.96 1:17.10	900m:	11:31.38 1:17.69	1300m:	16:43.31 1:19.81	
	200m:	2:30.53 1:17.39	600m:	7:37.90 1:15.94	1000m:	12:48.44 1:17.06	1400m:	18:00.17 1:16.86	
	300m:	3:47.38 1:16.85	700m:	8:55.02 1:17.12	1100m:	14:06.19 1:17.75	1500m:	19:13.80 1:13.63	
	400m:	5:04.86 1:17.48	800m:	10:13.69 1:18.67	1200m:	15:23.50 1:17.31			
4.	CONSTANTIN, Sarah		07	Elite				<b>19:45.01</b>	464
	100m:	1:15.29 1:15.29	500m:	6:33.13 1:19.27	900m:	11:49.89 1:19.60	1300m:	17:07.53 1:19.61	
	200m:	2:35.02 1:19.73	600m:	7:52.08 1:18.95	1000m:	13:08.89 1:19.00	1400m:	18:27.38 1:19.85	
	300m:	3:54.76 1:19.74	700m:	9:11.63 1:19.55	1100m:	14:28.23 1:19.34	1500m:	19:45.01 1:17.63	
	400m:	5:13.86 1:19.10	800m:	10:30.29 1:18.66	1200m:	15:47.92 1:19.69			

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Epreuve 10, Filles, 1500m Libre, 13 - 14 ans

Rang			AN					Temps	Pts
5.	FELX, Lily		08	Elite				<b>20:42.82</b>	403
	100m:	1:15.17 1:15.17	500m:	6:44.15 1:22.99	900m:	12:22.13 1:24.77	1300m:	17:56.17 1:23.15	
	200m:	2:37.33 1:22.16	600m:	8:08.00 1:23.85	1000m:	13:46.16 1:24.03	1400m:	19:19.38 1:23.21	
	300m:	3:59.79 1:22.46	700m:	9:32.21 1:24.21	1100m:	15:09.65 1:23.49	1500m:	20:42.82 1:23.44	
	400m:	5:21.16 1:21.37	800m:	10:57.36 1:25.15	1200m:	16:33.02 1:23.37			
6.	COURNOYER, Nilah		08	Elite				<b>20:55.86</b>	390
	100m:	1:14.94 1:14.94	500m:	6:50.17 1:24.86	900m:	12:29.72 1:25.89	1300m:	18:12.19 1:25.39	
	200m:	2:36.38 1:21.44	600m:	8:13.95 1:23.78	1000m:	13:56.53 1:26.81	1400m:	19:36.77 1:24.58	
	300m:	4:00.29 1:23.91	700m:	9:38.86 1:24.91	1100m:	15:22.64 1:26.11	1500m:	20:55.86 1:19.09	
	400m:	5:25.31 1:25.02	800m:	11:03.83 1:24.97	1200m:	16:46.80 1:24.16			
7.	LAMBERT, Océane		07	Enc				<b>22:10.55</b>	328
	100m:	1:22.84 1:22.84	500m:	7:18.85 1:29.29	900m:	13:16.62 1:30.01	1300m:	19:14.87 1:29.28	
	200m:	2:51.65 1:28.81	600m:	8:47.92 1:29.07	1000m:	14:46.59 1:29.97	1400m:	20:44.90 1:30.03	
	300m:	4:20.59 1:28.94	700m:	10:17.70 1:29.78	1100m:	16:16.06 1:29.47	1500m:	22:10.55 1:25.65	
	400m:	5:49.56 1:28.97	800m:	11:46.61 1:28.91	1200m:	17:45.59 1:29.53			
8.	PEPIN, Aurélie		08	Enc				<b>23:00.37</b>	294
	100m:	1:24.96 1:24.96	500m:	7:34.76 1:32.60	900m:	13:42.22 1:32.61	1300m:	19:53.89 1:33.26	
	200m:	2:57.20 1:32.24	600m:	9:06.74 1:31.98	1000m:	15:14.81 1:32.59	1400m:	21:29.96 1:36.07	
	300m:	4:29.40 1:32.20	700m:	10:38.23 1:31.49	1100m:	16:47.81 1:33.00	1500m:	23:00.37 1:30.41	
	400m:	6:02.16 1:32.76	800m:	12:09.61 1:31.38	1200m:	18:20.63 1:32.82			
13 - 14 ans, Garçons									
1.	THIFAUULT, Émile		08	Elite				<b>17:37.05</b>	516
	100m:	1:07.43 1:07.43	500m:	5:49.93 1:11.14	900m:	10:35.26 1:11.28	1300m:	15:18.13 1:10.74	
	200m:	2:18.11 1:10.68	600m:	7:01.29 1:11.36	1000m:	11:46.06 1:10.80	1400m:	16:30.12 1:11.99	
	300m:	3:28.23 1:10.12	700m:	8:12.54 1:11.25	1100m:	12:56.22 1:10.16	1500m:	17:37.05 1:06.93	
	400m:	4:38.79 1:10.56	800m:	9:23.98 1:11.44	1200m:	14:07.39 1:11.17			
2.	ELAISSI, Zacharya		07	Elite				<b>18:05.22</b>	477
	100m:	1:06.32 1:06.32	500m:	5:56.06 1:13.81	900m:	10:49.00 1:14.13	1300m:	15:42.69 1:13.76	
	200m:	2:17.26 1:10.94	600m:	7:08.79 1:12.73	1000m:	12:02.47 1:13.47	1400m:	16:55.89 1:13.20	
	300m:	3:29.54 1:12.28	700m:	8:21.88 1:13.09	1100m:	13:15.70 1:13.23	1500m:	18:05.22 1:09.33	
	400m:	4:42.25 1:12.71	800m:	9:34.87 1:12.99	1200m:	14:28.93 1:13.23			
3.	MECTEAU, Zachary		08	Riverains				<b>18:06.46</b>	475
	100m:	1:06.22 1:06.22	500m:	5:54.43 1:12.69	900m:	10:47.03 1:12.89	1300m:	15:41.49 1:13.60	
	200m:	2:17.91 1:11.69	600m:	7:07.83 1:13.40	1000m:	12:00.68 1:13.65	1400m:	16:55.57 1:14.08	
	300m:	3:30.00 1:12.09	700m:	8:21.08 1:13.25	1100m:	13:14.40 1:13.72	1500m:	18:06.46 1:10.89	
	400m:	4:41.74 1:11.74	800m:	9:34.14 1:13.06	1200m:	14:27.89 1:13.49			
4.	CAYER, Eliot		07	Riverains				<b>18:27.79</b>	448
	100m:	1:10.11 1:10.11	500m:	6:06.88 1:15.68	900m:	11:08.39 1:15.75	1300m:	16:05.03 1:12.69	
	200m:	2:23.55 1:13.44	600m:	7:21.85 1:14.97	1000m:	12:22.95 1:14.56	1400m:	17:18.54 1:13.51	
	300m:	3:37.99 1:14.44	700m:	8:37.12 1:15.27	1100m:	13:37.88 1:14.93	1500m:	18:27.79 1:09.25	
	400m:	4:51.20 1:13.21	800m:	9:52.64 1:15.52	1200m:	14:52.34 1:14.46			
5.	BOUFFARD, Louis		07	Riverains				<b>18:27.88</b>	448
	100m:	1:08.57 1:08.57	500m:	6:07.89 1:15.57	900m:	11:07.47 1:14.48	1300m:	16:04.00 1:13.44	
	200m:	2:22.72 1:14.15	600m:	7:23.34 1:15.45	1000m:	12:21.30 1:13.83	1400m:	17:18.23 1:14.23	
	300m:	3:37.63 1:14.91	700m:	8:38.22 1:14.88	1100m:	13:36.20 1:14.90	1500m:	18:27.88 1:09.65	
	400m:	4:52.32 1:14.69	800m:	9:52.99 1:14.77	1200m:	14:50.56 1:14.36			
6.	LÉPINE, Alexandre		08	Elite				<b>18:49.87</b>	422
	100m:	1:07.20 1:07.20	500m:	6:04.88 1:15.71	900m:	11:09.03 1:16.08	1300m:	16:18.99 1:17.70	
	200m:	2:20.38 1:13.18	600m:	7:20.36 1:15.48	1000m:	12:26.98 1:17.95	1400m:	17:36.32 1:17.33	
	300m:	3:34.06 1:13.68	700m:	8:36.92 1:16.56	1100m:	13:43.89 1:16.91	1500m:	18:49.87 1:13.55	
	400m:	4:49.17 1:15.11	800m:	9:52.95 1:16.03	1200m:	15:01.29 1:17.40			

Défi Distance RED  
Drummondville, 20- - 21-11-2021

Epreuve 10, Garçons, 1500m Libre, 13 - 14 ans

Rang			AN				Temps		Pts
7.	DUREAU, Alexandre		08		Riverains		<b>18:52.98</b>		419
	100m:	1:08.66	1:08.66	500m:	6:10.83	1:15.12	900m:	11:14.30	1:16.33
	200m:	2:24.24	1:15.58	600m:	7:26.11	1:15.28	1000m:	12:30.69	1:16.39
	300m:	3:39.76	1:15.52	700m:	8:41.70	1:15.59	1100m:	13:47.32	1:16.63
	400m:	4:55.71	1:15.95	800m:	9:57.97	1:16.27	1200m:	15:04.48	1:17.16
1300m:				1300m:				16:21.11	1:16.63
1400m:				1400m:				17:38.74	1:17.63
1500m:				1500m:				18:52.98	1:14.24
8.	GUY, Thomas		07		Riverains		<b>18:54.71</b>		417
	100m:	1:09.80	1:09.80	500m:	6:12.00	1:15.86	900m:	11:18.93	1:16.58
	200m:	2:25.12	1:15.32	600m:	7:28.18	1:16.18	1000m:	12:35.19	1:16.26
	300m:	3:40.55	1:15.43	700m:	8:45.17	1:16.99	1100m:	13:51.11	1:15.92
	400m:	4:56.14	1:15.59	800m:	10:02.35	1:17.18	1200m:	15:07.61	1:16.50
1300m:				1300m:				16:24.44	1:16.83
1400m:				1400m:				17:40.98	1:16.54
1500m:				1500m:				18:54.71	1:13.73
9.	BEULAC, Matys		07		Club Natation Bois Francs		<b>19:38.22</b>		372
	100m:	1:12.37	1:12.37	500m:	6:30.14	1:20.29	900m:	11:49.14	1:19.48
	200m:	2:30.88	1:18.51	600m:	7:50.47	1:20.33	1000m:	13:08.40	1:19.26
	300m:	3:50.34	1:19.46	700m:	9:10.12	1:19.65	1100m:	14:26.42	1:18.02
	400m:	5:09.85	1:19.51	800m:	10:29.66	1:19.54	1200m:	15:45.46	1:19.04
1300m:				1300m:				17:03.95	1:18.49
1400m:				1400m:				18:22.59	1:18.64
1500m:				1500m:				19:38.22	1:15.63
10.	CASTONGUAY, Clovis		08		Elite		<b>19:46.51</b>		365
	100m:	1:13.23	1:13.23	500m:	6:30.53	1:20.16	900m:	11:52.69	1:20.69
	200m:	2:31.65	1:18.42	600m:	7:50.75	1:20.22	1000m:	13:13.10	1:20.41
	300m:	3:50.74	1:19.09	700m:	9:11.38	1:20.63	1100m:	14:33.14	1:20.04
	400m:	5:10.37	1:19.63	800m:	10:32.00	1:20.62	1200m:	15:53.25	1:20.11
1300m:				1300m:				17:52.88	1:59.63
1400m:				1400m:				19:11.48	1:18.60
1500m:				1500m:				19:46.51	35.03
11.	ZMOULI, Wassim Fadel		08		Elite		<b>19:48.29</b>		363
	100m:	1:12.97	1:12.97	500m:	6:39.58	1:22.27	900m:	11:58.67	1:18.66
	200m:	2:34.22	1:21.25	600m:	8:00.72	1:21.14	1000m:	13:18.52	1:19.85
	300m:	3:56.24	1:22.02	700m:	9:19.65	1:18.93	1100m:	14:37.31	1:18.79
	400m:	5:17.31	1:21.07	800m:	10:40.01	1:20.36	1200m:	15:56.66	1:19.35
1300m:				1300m:				17:15.01	1:18.35
1400m:				1400m:				18:31.68	1:16.67
1500m:				1500m:				19:48.29	1:16.61
12.	LAMPRON, Mathis		07		Club de natation Les Requins d		<b>19:50.80</b>		361
	100m:	1:14.37	1:14.37	500m:	6:35.98	1:20.28	900m:	11:55.58	1:20.14
	200m:	2:34.77	1:20.40	600m:	7:55.54	1:19.56	1000m:	13:14.68	1:19.10
	300m:	3:55.34	1:20.57	700m:	9:15.72	1:20.18	1100m:	14:33.40	1:18.72
	400m:	5:15.70	1:20.36	800m:	10:35.44	1:19.72	1200m:	15:53.05	1:19.65
1300m:				1300m:				17:13.52	1:20.47
1400m:				1400m:				18:33.79	1:20.27
1500m:				1500m:				19:50.80	1:17.01
13.	TANGUAY, Alexandre		07		Riverains		<b>20:07.67</b>		346
	100m:	1:14.50	1:14.50	500m:	6:40.60	1:22.88	900m:	12:06.52	1:20.32
	200m:	2:35.94	1:21.44	600m:	8:02.33	1:21.73	1000m:	13:25.81	1:19.29
	300m:	3:56.79	1:20.85	700m:	9:24.78	1:22.45	1100m:	14:46.75	1:20.94
	400m:	5:17.72	1:20.93	800m:	10:46.20	1:21.42	1200m:	16:08.08	1:21.33
1300m:				1300m:				17:29.84	1:21.76
1400m:				1400m:				18:49.57	1:19.73
1500m:				1500m:				20:07.67	1:18.10
14.	EDDRIEF, Wassim		08		Elite		<b>20:10.49</b>		343
	100m:	1:13.51	1:13.51	500m:	6:41.92	1:22.52	900m:	12:08.36	1:21.70
	200m:	2:35.43	1:21.92	600m:	8:03.45	1:21.53	1000m:	13:29.43	1:21.07
	300m:	3:57.66	1:22.23	700m:	9:25.49	1:22.04	1100m:	14:51.42	1:21.99
	400m:	5:19.40	1:21.74	800m:	10:46.66	1:21.17	1200m:	16:12.84	1:21.42
1300m:				1300m:				17:34.39	1:21.55
1400m:				1400m:				18:54.68	1:20.29
1500m:				1500m:				20:10.49	1:15.81
15.	BILLETTE, Florent		08		Elite		<b>20:27.28</b>		329
	100m:	1:13.51	1:13.51	500m:	6:37.68	1:21.42	900m:	12:07.60	1:24.25
	200m:	2:33.37	1:19.86	600m:	7:59.63	1:21.95	1000m:	13:30.49	1:22.89
	300m:	3:55.14	1:21.77	700m:	9:21.72	1:22.09	1100m:	14:54.49	1:24.00
	400m:	5:16.26	1:21.12	800m:	10:43.35	1:21.63	1200m:	17:01.21	2:06.72
1300m:				1300m:				18:24.50	1:23.29
1400m:				1400m:				19:47.81	1:23.31
1500m:				1500m:				20:27.28	39.47
16.	HA, Huy Phan Anh		08		Elite		<b>20:45.61</b>		315
	100m:	1:12.62	1:12.62	500m:	6:41.94	1:24.01	900m:	12:20.70	1:25.31
	200m:	2:32.79	1:20.17	600m:	8:06.43	1:24.49	1000m:	13:45.32	1:24.62
	300m:	3:54.49	1:21.70	700m:	9:30.95	1:24.52	1100m:	15:10.64	1:25.32
	400m:	5:17.93	1:23.44	800m:	10:55.39	1:24.44	1200m:	16:35.35	1:24.71
1300m:				1300m:				17:59.35	1:24.00
1400m:				1400m:				19:23.18	1:23.83
1500m:				1500m:				20:45.61	1:22.43

Défi Distance RED  
Drummondville, 20- - 21-11-2021

Epreuve 10, Garçons, 1500m Libre, 13 - 14 ans

Rang			AN						Temps	Pts		
17.	HAYDAR, Nicolas		07		Elite				<b>20:57.18</b>	306		
	100m:	1:13.03	1:13.03	500m:	6:45.52	1:24.66	900m:	12:24.28	1:24.59	1300m:	18:10.58	1:26.38
	200m:	2:34.00	1:20.97	600m:	8:09.67	1:24.15	1000m:	13:49.58	1:25.30	1400m:	19:35.60	1:25.02
	300m:	3:56.90	1:22.90	700m:	9:34.02	1:24.35	1100m:	15:14.91	1:25.33	1500m:	20:57.18	1:21.58
	400m:	5:20.86	1:23.96	800m:	10:59.69	1:25.67	1200m:	16:44.20	1:29.29			
18.	ST-DENIS, Félix		06		Enc				<b>22:26.39</b>	249		
	100m:	1:23.70	1:23.70	500m:	7:31.47	1:31.54	900m:	13:33.35	1:29.27	1300m:	19:33.15	1:28.80
	200m:	2:55.50	1:31.80	600m:	9:02.75	1:31.28	1000m:	15:04.65	1:31.30	1400m:	21:01.63	1:28.48
	300m:	4:27.56	1:32.06	700m:	10:33.91	1:31.16	1100m:	16:34.33	1:29.68	1500m:	22:26.39	1:24.76
	400m:	5:59.93	1:32.37	800m:	12:04.08	1:30.17	1200m:	18:04.35	1:30.02			
19.	BLAIS, Jerome		08		Club Natation Bois Francs				<b>24:27.91</b>	192		
	100m:	1:25.16	1:25.16	500m:	7:54.27	1:40.39	900m:	14:33.01	1:36.49	1300m:	21:14.04	1:41.10
	200m:	2:57.85	1:32.69	600m:	9:35.42	1:41.15	1000m:	16:12.14	1:39.13	1400m:	22:55.32	1:41.28
	300m:	4:33.95	1:36.10	700m:	11:14.86	1:39.44	1100m:	17:53.57	1:41.43	1500m:	24:27.91	1:32.59
	400m:	6:13.88	1:39.93	800m:	12:56.52	1:41.66	1200m:	19:32.94	1:39.37			
20.	HARRER, Tristan		08		Enc				<b>24:28.04</b>	192		
	100m:	1:30.67	1:30.67	500m:	8:07.72	1:39.63	900m:	14:45.69	1:39.44	1300m:	21:18.00	1:37.96
	200m:	3:08.96	1:38.29	600m:	9:47.36	1:39.64	1000m:	16:24.99	1:39.30	1400m:	22:54.99	1:36.99
	300m:	4:48.02	1:39.06	700m:	11:26.30	1:38.94	1100m:	18:02.99	1:38.00	1500m:	24:28.04	1:33.05
	400m:	6:28.09	1:40.07	800m:	13:06.25	1:39.95	1200m:	19:40.04	1:37.05			
21.	BÉGIN, Simon-Olivier		08		Enc				<b>24:42.26</b>	187		
	100m:	1:29.73	1:29.73	500m:	8:06.40	1:39.85	900m:	14:49.38	1:41.01	1300m:	21:28.97	1:37.66
	200m:	3:07.98	1:38.25	600m:	9:46.41	1:40.01	1000m:	16:32.71	1:43.33	1400m:	23:07.44	1:38.47
	300m:	4:45.85	1:37.87	700m:	11:26.37	1:39.96	1100m:	18:10.89	1:38.18	1500m:	24:42.26	1:34.82
	400m:	6:26.55	1:40.70	800m:	13:08.37	1:42.00	1200m:	19:51.31	1:40.42			

15 - 16 ans, Filles

1.	DUQUETTE, Frédérique		05		Riverains				<b>18:51.89</b>	533		
	100m:	1:10.96	1:10.96	500m:	6:16.28	1:15.63	900m:	11:21.69	1:16.31	1300m:	16:23.97	1:15.75
	200m:	2:27.89	1:16.93	600m:	7:32.72	1:16.44	1000m:	12:37.25	1:15.56	1400m:	17:39.58	1:15.61
	300m:	3:44.82	1:16.93	700m:	8:48.91	1:16.19	1100m:	13:52.87	1:15.62	1500m:	18:51.89	1:12.31
	400m:	5:00.65	1:15.83	800m:	10:05.38	1:16.47	1200m:	15:08.22	1:15.35			
2.	BÉCHARD, Meggan		06		Elite				<b>19:43.12</b>	467		
	100m:	1:14.67	1:14.67	500m:	6:28.95	1:18.97	900m:	11:46.11	1:19.97	1300m:	17:06.93	1:20.42
	200m:	2:34.03	1:19.36	600m:	7:47.75	1:18.80	1000m:	13:06.28	1:20.17	1400m:	18:26.79	1:19.86
	300m:	3:52.50	1:18.47	700m:	9:06.48	1:18.73	1100m:	14:26.20	1:19.92	1500m:	19:43.12	1:16.33
	400m:	5:09.98	1:17.48	800m:	10:26.14	1:19.66	1200m:	15:46.51	1:20.31			
3.	BOUCHER, Béatrice		05		Riverains				<b>20:15.50</b>	430		
	100m:	1:14.83	1:14.83	500m:	6:37.44	1:21.54	900m:	12:04.99	1:22.18	1300m:	17:32.65	1:22.04
	200m:	2:35.31	1:20.48	600m:	7:58.83	1:21.39	1000m:	13:26.48	1:21.49	1400m:	18:55.43	1:22.78
	300m:	3:55.57	1:20.26	700m:	9:20.90	1:22.07	1100m:	14:48.22	1:21.74	1500m:	20:15.50	1:20.07
	400m:	5:15.90	1:20.33	800m:	10:42.81	1:21.91	1200m:	16:10.61	1:22.39			
4.	BORRIS, Juliette		05		Club de natation Les Requins d				<b>20:29.32</b>	416		
	100m:	1:14.75	1:14.75	500m:	6:39.82	1:22.46	900m:	12:11.75	1:22.82	1300m:	17:44.25	1:23.12
	200m:	2:34.33	1:19.58	600m:	8:02.62	1:22.80	1000m:	13:34.90	1:23.15	1400m:	19:06.91	1:22.66
	300m:	3:55.29	1:20.96	700m:	9:26.06	1:23.44	1100m:	14:58.33	1:23.43	1500m:	20:29.32	1:22.41
	400m:	5:17.36	1:22.07	800m:	10:48.93	1:22.87	1200m:	16:21.13	1:22.80			
5.	BELAND, Britany		05		Club Natation Bois Francs				<b>21:31.81</b>	358		
	100m:	1:18.84	1:18.84	500m:	7:06.18	1:28.04	900m:	12:56.74	1:26.97	1300m:	18:45.31	1:27.27
	200m:	2:44.29	1:25.45	600m:	8:33.81	1:27.63	1000m:	14:23.93	1:27.19	1400m:	20:10.39	1:25.08
	300m:	4:10.74	1:26.45	700m:	10:01.85	1:28.04	1100m:	15:51.77	1:27.84	1500m:	21:31.81	1:21.42
	400m:	5:38.14	1:27.40	800m:	11:29.77	1:27.92	1200m:	17:18.04	1:26.27			

Défi Distance RED  
Drummondville, 20- - 21-11-2021

Epreuve 10, Filles, 1500m Libre, 15 - 16 ans

Rang			AN						Temps	Pts
6.	GAUVIN, Rosalie		06	Enc					<b>21:45.22</b>	347
	100m:	1:15.94 1:15.94	500m:	7:03.44 1:27.76	900m:	12:53.99 1:27.66	1300m:	18:48.78 1:30.71		
	200m:	2:41.46 1:25.52	600m:	8:30.71 1:27.27	1000m:	14:22.50 1:28.51	1400m:	20:19.28 1:30.50		
	300m:	4:08.65 1:27.19	700m:	9:58.19 1:27.48	1100m:	15:51.27 1:28.77	1500m:	21:45.22 1:25.94		
	400m:	5:35.68 1:27.03	800m:	11:26.33 1:28.14	1200m:	17:18.07 1:26.80				
7.	DAUPHINAIS, Alexia		05	Enc					<b>22:07.18</b>	330
	100m:	1:22.47 1:22.47	500m:	7:17.01 1:30.04	900m:	13:13.11 1:28.43	1300m:	19:10.26 1:29.74		
	200m:	2:50.99 1:28.52	600m:	8:46.93 1:29.92	1000m:	14:42.44 1:29.33	1400m:	20:40.59 1:30.33		
	300m:	4:19.14 1:28.15	700m:	10:15.44 1:28.51	1100m:	16:11.09 1:28.65	1500m:	22:07.18 1:26.59		
	400m:	5:46.97 1:27.83	800m:	11:44.68 1:29.24	1200m:	17:40.52 1:29.43				
8.	BRUNELLE, Justine		06	Enc					<b>23:08.11</b>	289
	100m:	1:25.12 1:25.12	500m:	7:35.05 1:32.58	900m:	13:46.59 1:33.21	1300m:	20:03.69 1:33.22		
	200m:	2:57.48 1:32.36	600m:	9:08.20 1:33.15	1000m:	15:20.51 1:33.92	1400m:	21:36.88 1:33.19		
	300m:	4:30.39 1:32.91	700m:	10:40.47 1:32.27	1100m:	16:55.08 1:34.57	1500m:	23:08.11 1:31.23		
	400m:	6:02.47 1:32.08	800m:	12:13.38 1:32.91	1200m:	18:30.47 1:35.39				
9.	MAINVILLE, Léanne		05	Enc					<b>23:58.65</b>	259
	100m:	1:26.06 1:26.06	500m:	7:52.00 1:37.16	900m:	14:19.46 1:36.79	1300m:	20:47.30 1:38.06		
	200m:	3:00.52 1:34.46	600m:	9:29.68 1:37.68	1000m:	15:56.07 1:36.61	1400m:	22:24.85 1:37.55		
	300m:	4:38.33 1:37.81	700m:	11:05.83 1:36.15	1100m:	17:33.45 1:37.38	1500m:	23:58.65 1:33.80		
	400m:	6:14.84 1:36.51	800m:	12:42.67 1:36.84	1200m:	19:09.24 1:35.79				

15 - 16 ans, Garçons

1.	QUEVEDO, Zergio		05	Elite					<b>16:43.05</b>	604
	100m:	1:01.64 1:01.64	500m:	5:29.00 1:07.16	900m:	9:57.47 1:07.20	1300m:	14:25.98 1:07.95		
	200m:	2:08.03 1:06.39	600m:	6:35.87 1:06.87	1000m:	11:04.53 1:07.06	1400m:	15:35.36 1:09.38		
	300m:	3:14.59 1:06.56	700m:	7:43.00 1:07.13	1100m:	12:11.35 1:06.82	1500m:	16:43.05 1:07.69		
	400m:	4:21.84 1:07.25	800m:	8:50.27 1:07.27	1200m:	13:18.03 1:06.68				
2.	BÉRUBÉ, Thomas		06	Riverains					<b>17:27.22</b>	531
	100m:	1:03.36 1:03.36	500m:	5:41.30 1:10.66	900m:	10:23.38 1:10.74	1300m:	15:06.71 1:10.71		
	200m:	2:12.16 1:08.80	600m:	6:51.33 1:10.03	1000m:	11:34.14 1:10.76	1400m:	16:17.60 1:10.89		
	300m:	3:20.96 1:08.80	700m:	8:02.22 1:10.89	1100m:	12:44.87 1:10.73	1500m:	17:27.22 1:09.62		
	400m:	4:30.64 1:09.68	800m:	9:12.64 1:10.42	1200m:	13:56.00 1:11.13				
3.	DAUBOIS, Timothée		06	C. N. Haut-Richelieu					<b>17:56.45</b>	488
	100m:	1:02.39 1:02.39	500m:	5:45.89 1:12.72	900m:	10:37.93 1:13.01	1300m:	15:31.89 1:13.49		
	200m:	2:11.53 1:09.14	600m:	6:58.80 1:12.91	1000m:	11:51.27 1:13.34	1400m:	16:45.14 1:13.25		
	300m:	3:22.13 1:10.60	700m:	8:11.64 1:12.84	1100m:	13:04.66 1:13.39	1500m:	17:56.45 1:11.31		
	400m:	4:33.17 1:11.04	800m:	9:24.92 1:13.28	1200m:	14:18.40 1:13.74				
4.	FORTIN, Loric		06	Riverains					<b>18:20.32</b>	457
	100m:	1:08.44 1:08.44	500m:	6:02.94 1:13.64	900m:	10:59.88 1:14.42	1300m:	15:57.33 1:14.70		
	200m:	2:21.52 1:13.08	600m:	7:17.34 1:14.40	1000m:	12:14.54 1:14.66	1400m:	17:10.62 1:13.29		
	300m:	3:35.30 1:13.78	700m:	8:31.18 1:13.84	1100m:	13:28.83 1:14.29	1500m:	18:20.32 1:09.70		
	400m:	4:49.30 1:14.00	800m:	9:45.46 1:14.28	1200m:	14:42.63 1:13.80				
5.	NADEAU, Hubert		06	Riverains					<b>18:37.07</b>	437
	100m:	1:05.78 1:05.78	500m:	6:07.16 1:15.79	900m:	11:09.73 1:15.78	1300m:	16:11.89 1:15.56		
	200m:	2:20.34 1:14.56	600m:	7:22.55 1:15.39	1000m:	12:25.20 1:15.47	1400m:	17:26.84 1:14.95		
	300m:	3:35.77 1:15.43	700m:	8:38.19 1:15.64	1100m:	13:41.13 1:15.93	1500m:	18:37.07 1:10.23		
	400m:	4:51.37 1:15.60	800m:	9:53.95 1:15.76	1200m:	14:56.33 1:15.20				
6.	MAILLOUX, Anthony		05	Riverains					<b>18:53.76</b>	418
	100m:	1:08.60 1:08.60	500m:	6:08.76 1:15.48	900m:	11:15.02 1:17.78	1300m:	16:22.88 1:16.95		
	200m:	2:23.22 1:14.62	600m:	7:25.01 1:16.25	1000m:	12:31.81 1:16.79	1400m:	17:39.28 1:16.40		
	300m:	3:37.44 1:14.22	700m:	8:41.49 1:16.48	1100m:	13:49.14 1:17.33	1500m:	18:53.76 1:14.48		
	400m:	4:53.28 1:15.84	800m:	9:57.24 1:15.75	1200m:	15:05.93 1:16.79				

Défi Distance RED  
Drummondville, 20- - 21-11-2021

Epreuve 10, Garçons, 1500m Libre, 15 - 16 ans

Rang			AN				Temps		Pts
7.	ROJAS GALVIS, Anibal		06 Elite				<b>19:29.15</b>		381
	100m:	1:07.65 1:07.65	500m:	6:13.74 1:18.58	900m:	11:29.76 1:20.63	1300m:	16:52.29 1:19.73	
	200m:	2:22.13 1:14.48	600m:	7:31.11 1:17.37	1000m:	12:50.52 1:20.76	1400m:	18:11.89 1:19.60	
	300m:	3:38.25 1:16.12	700m:	8:49.15 1:18.04	1100m:	14:11.81 1:21.29	1500m:	19:29.15 1:17.26	
	400m:	4:55.16 1:16.91	800m:	10:09.13 1:19.98	1200m:	15:32.56 1:20.75			
8.	RATTHÉ, Karel		06 Club de natation Les Requins d				<b>19:59.77</b>		353
	100m:	1:11.66 1:11.66	500m:	6:31.71 1:20.03	900m:	11:58.45 1:21.22	1300m:	17:23.93 1:21.55	
	200m:	2:31.42 1:19.76	600m:	7:53.13 1:21.42	1000m:	13:20.27 1:21.82	1400m:	18:44.76 1:20.83	
	300m:	3:51.63 1:20.21	700m:	9:14.01 1:20.88	1100m:	14:40.58 1:20.31	1500m:	19:59.77 1:15.01	
	400m:	5:11.68 1:20.05	800m:	10:37.23 1:23.22	1200m:	16:02.38 1:21.80			
9.	ROULIER, Yorick		06 Enc				<b>23:18.47</b>		223
	100m:	1:21.92 1:21.92	500m:	7:42.96 1:36.17	900m:	14:02.11 1:33.27	1300m:	20:16.43 1:34.29	
	200m:	2:54.59 1:32.67	600m:	9:20.43 1:37.47	1000m:	15:35.88 1:33.77	1400m:	21:51.18 1:34.75	
	300m:	4:29.68 1:35.09	700m:	10:54.98 1:34.55	1100m:	17:09.24 1:33.36	1500m:	23:18.47 1:27.29	
	400m:	6:06.79 1:37.11	800m:	12:28.84 1:33.86	1200m:	18:42.14 1:32.90			

17 ans et plus, Dames

1.	PICHÉ, Renée-Lise		03 Elite				<b>18:53.90</b>		530
	100m:	1:08.17 1:08.17	500m:	6:08.75 1:16.54	900m:	11:18.37 1:17.98	1300m:	16:24.84 1:16.06	
	200m:	2:21.74 1:13.57	600m:	7:26.00 1:17.25	1000m:	12:34.58 1:16.21	1400m:	17:40.30 1:15.46	
	300m:	3:36.04 1:14.30	700m:	8:43.02 1:17.02	1100m:	13:52.08 1:17.50	1500m:	18:53.90 1:13.60	
	400m:	4:52.21 1:16.17	800m:	10:00.39 1:17.37	1200m:	15:08.78 1:16.70			

17 ans et plus, Messieurs

1.	RUEL, Louis		03 Riverains				<b>16:34.85</b>		619
	100m:	59.51 59.51	500m:	5:23.57 1:06.42	900m:	9:51.27 1:06.98	1300m:	14:20.36 1:07.49	
	200m:	2:04.73 1:05.22	600m:	6:30.60 1:07.03	1000m:	10:58.33 1:07.06	1400m:	15:27.81 1:07.45	
	300m:	3:11.03 1:06.30	700m:	7:37.57 1:06.97	1100m:	12:05.61 1:07.28	1500m:	16:34.85 1:07.04	
	400m:	4:17.15 1:06.12	800m:	8:44.29 1:06.72	1200m:	13:12.87 1:07.26			
2.	GOUGEON, Matthew		04 Riverains				<b>17:45.18</b>		504
	100m:	1:05.10 1:05.10	500m:	5:51.38 1:11.68	900m:	10:37.94 1:11.80	1300m:	15:23.55 1:12.40	
	200m:	2:16.58 1:11.48	600m:	7:02.35 1:10.97	1000m:	11:48.53 1:10.59	1400m:	16:35.59 1:12.04	
	300m:	3:28.38 1:11.80	700m:	8:13.96 1:11.61	1100m:	12:59.71 1:11.18	1500m:	17:45.18 1:09.59	
	400m:	4:39.70 1:11.32	800m:	9:26.14 1:12.18	1200m:	14:11.15 1:11.44			
3.	SAMSON, Louis-Charles		04 C. N. Haut-Richelieu				<b>18:15.61</b>		463
	100m:	1:02.73 1:02.73	500m:	5:52.26 1:14.26	900m:	10:50.88 1:14.88	1300m:	15:48.54 1:14.46	
	200m:	2:13.19 1:10.46	600m:	7:06.22 1:13.96	1000m:	12:05.61 1:14.73	1400m:	17:03.13 1:14.59	
	300m:	3:25.02 1:11.83	700m:	8:20.78 1:14.56	1100m:	13:19.71 1:14.10	1500m:	18:15.61 1:12.48	
	400m:	4:38.00 1:12.98	800m:	9:36.00 1:15.22	1200m:	14:34.08 1:14.37			