

LAC 1
Bergum, 31-10-2021

Programmanr. 5
31-10-2021 - 15:24

800m vrije slag

11 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2, Jongens					
1.	Hylke de Jong	de Granaet	13:07.88	200801057	11:16.11
	100m: 1:15.58	1:15.58 300m:		500m:	700m:
	200m: 2:41.14	1:25.56 400m:	5:32.70	600m:	800m: 11:16.11
2.	Tim Yarne Bosch	de Granaet	NT	200800665	11:38.27
	100m: 1:18.27	1:18.27 300m:		500m:	700m:
	200m: 2:46.38	1:28.11 400m:	5:47.13	600m:	800m: 11:38.27
3.	Wilco Driessen	Pwc	NT	200900041	13:12.34
	100m: 1:27.56	1:27.56 300m:		500m:	700m:
	200m: 3:07.98	1:40.42 400m:	6:32.83	600m:	800m: 13:12.34
Junioren 3 en 4, Jongens					
1.	Gertjan van der Meer	Wetterwille	13:30.49	200701369	12:08.81
	100m: 1:20.02	1:20.02 300m:		500m:	700m:
	200m: 2:50.64	1:30.62 400m:	5:56.65	600m:	800m: 12:08.81
2.	Ytsen de Bruin	Wetterwille	13:02.15	200603497	12:17.92
	100m: 1:16.21	1:16.21 300m:		500m:	700m:
	200m: 2:47.13	1:30.92 400m:	5:56.60	600m:	800m: 12:17.92
Jeugd 1 en 2, Jongens					
1.	Meindert Dekkinga	Dz&Pc	9:12.81	200400377	9:39.43
	100m:	300m:		500m:	700m:
	200m:	400m:		600m:	800m: 9:39.43
2.	Arend Vlasma	Zcnf'34	NT	200403373	10:20.19
	100m: 1:10.87	1:10.87 300m:		500m:	700m:
	200m: 2:28.62	1:17.75 400m:	5:08.05	600m:	800m: 10:20.19
3.	Ruben van Veenen	Zcnf'34	NT	200400425	10:21.19
	100m: 1:14.49	1:14.49 300m:		500m:	700m:
	200m: 2:34.76	1:20.27 400m:	5:15.56	600m:	800m: 10:21.19
4.	Axel Jorn Veenstra	Pwc	11:30.41	200500577	11:30.82
	100m: 1:19.39	1:19.39 300m:		500m:	700m:
	200m: 2:45.76	1:26.37 400m:	5:43.71	600m:	800m: 11:30.82
5.	Willem Cnossen	Wetterwille	12:57.00	200503049	12:09.35
	100m: 1:20.77	1:20.77 300m:		500m:	700m:
	200m: 2:52.99	1:32.22 400m:	6:02.09	600m:	800m: 12:09.35
6.	Silver Veenstra	Zcnf'34	15:05.09	200501497	12:30.69
	100m: 1:26.19	1:26.19 300m:		500m:	700m:
	200m: 3:02.34	1:36.15 400m:	6:17.76	600m:	800m: 12:30.69
Senioren 1 en ouder, Heren					
1.	Frederik Adema	de Granaet	9:32.41	200300253	9:36.57
	100m: 1:04.85	1:04.85 300m:		500m:	700m:
	200m: 2:15.37	1:10.52 400m:	4:41.84	600m:	800m: 9:36.57
2.	Feddrick van der Meer	Wetterwille	NT	199406737	11:24.86
	100m: 1:18.56	1:18.56 300m:		500m:	700m:
	200m: 2:44.77	1:26.21 400m:	5:39.06	600m:	800m: 11:24.86
3.	Roan Altena	Pwc	12:01.21	200303255	11:54.78
	100m: 1:17.00	1:17.00 300m:		500m:	700m:
	200m: 2:43.97	1:26.97 400m:	5:48.03	600m:	800m: 11:54.78
Junioren 1 en 2, Meisjes					
1.	Devenda van der Meer	de Granaet	NT	200900948	11:36.95
	100m: 1:17.30	1:17.30 300m:	4:15.80	500m:	700m:
	200m: 2:46.14	1:28.84 400m:	5:43.98	600m:	800m: 11:36.95
2.	Daphne Westra	de Granaet	NT	200900344	11:53.60
	100m: 1:22.93	1:22.93 300m:		500m:	700m:
	200m: 2:55.32	1:32.39 400m:	5:58.83	600m:	800m: 11:53.60
3.	Nicole Pestman	de Granaet	NT	201000668	13:35.73
	100m: 1:42.23	1:42.23 300m:		500m:	700m:
	200m: 3:26.31	1:44.08 400m:	6:54.88	600m:	800m: 13:35.73

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juniores 3 en 4, Meisjes

1.	Julia Agricola	Dz&Pc	11:01.09	200800266	9:58.35
	100m: 1:09.70	1:09.70 300m:		500m:	700m:
	200m: 2:24.85	1:15.15 400m: 4:56.77		600m:	800m: 9:58.35
2.	Sophie Hiemstra	de Granaet	NT	200800686	12:04.50
	100m: 1:23.87	1:23.87 300m:		500m:	700m:
	200m: 2:53.69	1:29.82 400m: 5:58.72		600m:	800m: 12:04.50
3.	Annick van Eeuwijk	Wetterwille	12:44.13	200801798	12:04.71
	100m: 1:20.16	1:20.16 300m:		500m:	700m:
	200m: 2:48.91	1:28.75 400m: 5:54.85		600m:	800m: 12:04.71
4.	Emma Rigt van Groning	Wetterwille	13:40.99	200701742	13:24.20
	100m: 1:28.15	1:28.15 300m:		500m:	700m:
	200m: 3:07.01	1:38.86 400m: 6:43.18		600m:	800m: 13:24.20
5.	Stella Lusan Hooisma	Pwc	16:37.48	200801888	13:59.97
	100m: 1:32.50	1:32.50 300m:		500m:	700m:
	200m: 3:15.07	1:42.57 400m: 6:52.67		600m:	800m: 13:59.97
6.	Janne Zandstra	Wetterwille	NT	200701994	15:32.15
	100m: 1:42.37	1:42.37 300m:		500m:	700m:
	200m: 3:37.03	1:54.66 400m: 7:29.69		600m:	800m: 15:32.15
7.	Rixt Jyldau Boonstra	Wetterwille	NT	200801028	15:54.57
	100m: 1:47.61	1:47.61 300m:		500m:	700m:
	200m: 3:50.87	2:03.26 400m: 8:02.33		600m:	800m: 15:54.57
8.	Tamar de Groot	Wetterwille	NT	200801210	16:15.77
	100m: 1:44.66	1:44.66 300m:		500m:	700m:
	200m: 3:45.00	2:00.34 400m: 7:57.63		600m:	800m: 16:15.77

jeugd 1 en 2, Meisjes

1.	Marte Hieke van der Kamp	Orca 1	9:08.44	200500218	9:11.99
	100m: 1:03.46	1:03.46 300m:		500m:	700m:
	200m: 2:12.59	1:09.13 400m: 4:32.53		600m:	800m: 9:11.99
2.	Suze Buikema	Wetterwille	11:34.85	200600872	11:21.96
	100m: 1:14.97	1:14.97 300m:		500m:	700m:
	200m: 2:40.70	1:25.73 400m: 5:34.01		600m:	800m: 11:21.96
3.	Maaïke van der Wal	Wetterwille	12:39.67	200603288	11:31.08
	100m: 1:19.37	1:19.37 300m:		500m:	700m:
	200m: 2:45.52	1:26.15 400m: 5:42.86		600m:	800m: 11:31.08
4.	Iris Boer	Aqualero	12:48.82	200601590	12:26.59
	100m: 1:24.00	1:24.00 300m:		500m:	700m:
	200m: 2:56.96	1:32.96 400m: 6:06.74		600m:	800m: 12:26.59
5.	Kim van Duinen	Aqualero	12:43.30	200603498	12:42.85
	100m: 1:22.42	1:22.42 300m:		500m:	700m:
	200m: 2:54.95	1:32.53 400m: 6:07.45		600m:	800m: 12:42.85

Senioren, Dames

1.	Amé Hulleman	Dz&Pc	9:22.98	200202794	9:39.77
	100m: 1:06.77	1:06.77 300m:		500m:	700m:
	200m: 2:19.28	1:12.51 400m: 4:46.28		600m:	800m: 9:39.77
2.	Merle Stavorinus	de Granaet	10:10.78	200400138	10:36.44
	100m: 1:12.91	1:12.91 300m:		500m:	700m:
	200m: 2:32.92	1:20.01 400m: 5:15.28		600m:	800m: 10:36.44
3.	Roos de Jong	Zcnf'34	11:22.86	200302948	11:26.06
	100m: 1:19.59	1:19.59 300m:		500m:	700m:
	200m: 2:46.64	1:27.05 400m: 5:41.64		600m:	800m: 11:26.06
4.	Lisanne Rinzema	Wetterwille	11:37.07	200204294	11:39.96
	100m: 1:18.90	1:18.90 300m:		500m:	700m:
	200m: 2:51.39	1:32.49 400m: 5:46.86		600m:	800m: 11:39.96