



XXIX Eesti Lühiraja Meistrivõistlused  
Tallinn, 12. - 14.11.2021

Event 507  
14.11.2021 - 10:32

Women, 400m Medley

Open  
Results

EER	4:46.65	ROMANJUK, Maria	GARANT	Tallinn	15.07.2021
EEJR - 16	4:52.42	MARKVARDT, Margaret	TOP	Bergen (NOR)	12.12.2015
EEJR - 14	4:54.92	ROMANJUK, Maria	GARANT	Tallinn	04.03.2011

Points: FINA 2021

Rank			YB							Time	Pts	
1.	KOTSAR, Karolin Victoria		05	Audentese Spordiklubi						<b>4:56.03</b>	669	
	50m:	31.64	31.64	150m:	1:47.85	38.80	250m:	3:07.34	41.64	350m:	4:22.84	33.88
	100m:	1:09.05	37.41	200m:	2:25.70	37.85	300m:	3:48.96	41.62	400m:	4:56.03	33.19
2.	JEFIMOVA, Eneli		06	Kalevi Ujumiskool						<b>4:58.03</b>	655	
	50m:	32.20	32.20	150m:	1:50.31	38.88	250m:	3:08.55	40.14	350m:	4:24.61	35.48
	100m:	1:11.43	39.23	200m:	2:28.41	38.10	300m:	3:49.13	40.58	400m:	4:58.03	33.42
3.	GURJANOVA, Violanta		06	Johvi Spordikool						<b>4:59.34</b>	647	
	50m:	32.33	32.33	150m:	1:48.66	38.07	250m:	3:07.16	41.82	350m:	4:25.82	35.95
	100m:	1:10.59	38.26	200m:	2:25.34	36.68	300m:	3:49.87	42.71	400m:	4:59.34	33.52
4.	OLEM, Veronika		00	Spordiklubi Garant						<b>5:00.58</b>	639	
	50m:	31.71	31.71	150m:	1:46.80	38.10	250m:	3:07.20	43.27	350m:	4:26.68	34.30
	100m:	1:08.70	36.99	200m:	2:23.93	37.13	300m:	3:52.38	45.18	400m:	5:00.58	33.90
5.	LIU YEUNG, Ute Viktoria		07	Johvi Spordikool						<b>5:05.11</b>	611	
	50m:	32.54	32.54	150m:	1:49.55	38.98	250m:	3:09.95	42.55	350m:	4:29.72	36.48
	100m:	1:10.57	38.03	200m:	2:27.40	37.85	300m:	3:53.24	43.29	400m:	5:05.11	35.39
6.	TOOMPUU, Marie		04	Kalevi Ujumiskool						<b>5:09.69</b>	584	
	50m:	32.13	32.13	150m:	1:49.94	40.24	250m:	3:12.03	41.94	350m:	4:33.07	37.20
	100m:	1:09.70	37.57	200m:	2:30.09	40.15	300m:	3:55.87	43.84	400m:	5:09.69	36.62
7.	TAMMIK, Laura		05	Paernu Spordikool						<b>5:16.18</b>	549	
	50m:	32.34	32.34	150m:	1:53.92	41.58	250m:	3:19.18	44.66	350m:	4:41.33	36.15
	100m:	1:12.34	40.00	200m:	2:34.52	40.60	300m:	4:05.18	46.00	400m:	5:16.18	34.85
8.	ERM, Mona-Lisette		04	TOPi Ujumisklubi						<b>5:23.23</b>	514	
	50m:	34.70	34.70	150m:	1:59.11	41.97	250m:	3:25.04	45.33	350m:	4:47.69	36.54
	100m:	1:17.14	42.44	200m:	2:39.71	40.60	300m:	4:11.15	46.11	400m:	5:23.23	35.54
9.	ZAIDENTSAL, Alessandra		08	Johvi Spordikool						<b>5:26.82</b>	497	
	50m:	34.98	34.98	150m:	1:59.91	42.01	250m:	3:24.75	43.82	350m:	4:49.95	39.87
	100m:	1:17.90	42.92	200m:	2:40.93	41.02	300m:	4:10.08	45.33	400m:	5:26.82	36.87
	TSISTJAKOVA, Veronika		08	Ujumisklubi Aktiiv						<b>5:26.82</b>	497	
	50m:	35.13	35.13	150m:	2:00.05	43.14	250m:	3:26.39	44.76	350m:	4:50.33	38.25
	100m:	1:16.91	41.78	200m:	2:41.63	41.58	300m:	4:12.08	45.69	400m:	5:26.82	36.49
11.	ROMANJUK, Darja		06	Spordiklubi Garant						<b>5:28.35</b>	490	
	50m:	34.42	34.42	150m:	1:58.00	41.53	250m:	3:25.19	45.94	350m:	4:51.50	38.73
	100m:	1:16.47	42.05	200m:	2:39.25	41.25	300m:	4:12.77	47.58	400m:	5:28.35	36.85
12.	HANSALU, Katriin		03	Kalevi Ujumiskool						<b>5:30.18</b>	482	
	50m:	34.37	34.37	150m:	1:57.93	42.27	250m:	3:26.42	47.95	350m:	4:53.27	38.59
	100m:	1:15.66	41.29	200m:	2:38.47	40.54	300m:	4:14.68	48.26	400m:	5:30.18	36.91
13.	KIKAS, Greete		07	TOPi Ujumisklubi						<b>5:38.70</b>	446	
	50m:	35.25	35.25	150m:	2:03.45	44.09	250m:	3:34.67	48.65	350m:	5:02.04	39.20
	100m:	1:19.36	44.11	200m:	2:46.02	42.57	300m:	4:22.84	48.17	400m:	5:38.70	36.66
14.	KUETT, Camilla		07	Kalevi Ujumiskool						<b>5:39.31</b>	444	
	50m:	35.56	35.56	150m:	2:02.53	43.26	250m:	3:30.16	45.72	350m:	4:58.38	41.64
	100m:	1:19.27	43.71	200m:	2:44.44	41.91	300m:	4:16.74	46.58	400m:	5:39.31	40.93
15.	LIIAS, Laura		07	Ujumisklubi Briis						<b>5:43.97</b>	426	
	50m:	35.77	35.77	150m:	2:02.32	44.01	250m:	3:36.13	49.92	350m:	5:05.96	39.47
	100m:	1:18.31	42.54	200m:	2:46.21	43.89	300m:	4:26.49	50.36	400m:	5:43.97	38.01



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Rank				YB					Time	Pts		
16.	MALING, Helena			05	Ujumisklubi Karksi Sport				<b>5:55.09</b>	387		
	50m:	35.81	35.81	150m:	2:06.44	45.61	250m:	3:42.07	50.56	350m:	5:15.18	42.05
	100m:	1:20.83	45.02	200m:	2:51.51	45.07	300m:	4:33.13	51.06	400m:	5:55.09	39.91