

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Sundgrein 4 karla, 400m skriðsund Opinn
12.11.2021 - 16:49 Ráslisti Úrslitasund

ISL Opinn	3:48.83	Anton Sveinn McKee	Ægir	Istanbul (TUR)	14.12.2012
ISL 15 - 17	3:53.50				
ISL 13 - 14	4:08.10				
ISL 11 - 12	4:36.46				

NM 15 - 17: 4:01.80; 18 - 20: 3:56.47; 21 +: 3:54.69 / ÍM25 : 4:45.81 / HM : 3:49.95

Aldur

Úrslitasund

1	Sigurður Haukur Birgisson	15	Ármann	4:21.02
2	Gústav Ragnar Kristjánsson	19	Breiðablik	4:14.55
3	Snær Llorens Sigurðsson	19	ÍA	4:06.08
4	Veigar Hrafn Sigbórsson	16	SH	4:02.44
5	Patrik Viggó Vilbergsson	19	Breiðablik	4:06.00
6	Guðmundur Karl Karlsson	16	Breiðablik	4:11.17
7	Bartosz Henke	16	SH	4:18.42
8	Kacper Kogut	15	Breiðablik	4:22.50

Varaskráningar

	Stefán Ingi Ólafsson	15	Ægir	4:25.80
	Logi Freyr Arnarsson	18	KR	4:26.74