

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Sundgrein 4 karla, 400m skriðsund Opinn
12.11.2021 - 9:59 Ráslisti Undanrásir

ISL Opinn	3:48.83	Anton Sveinn McKee	Ægir	Istanbul (TUR)	14.12.2012
ISL 15 - 17	3:53.50				
ISL 13 - 14	4:08.10				
ISL 11 - 12	4:36.46				

NM 15 - 17: 4:01.80; 18 - 20: 3:56.47; 21 +: 3:54.69 / ÍM25 : 4:45.81 / HM : 3:49.95

Aldur

Riðill 1 af 4

3 Dominic Dadi Wheeler	14	Ægir	4:45.60
4 Arnór Egill Einarsson	14	SH	4:43.42
5 Egill Jónasson	15	Fjölnir	4:43.69

Riðill 2 af 4

1 Jón Ingi Halldórsson	17	Breiðablik	4:40.46
2 Denas Kazulis	13	ÍRB	4:39.22
3 Júlíus Arnarsson	15	KR	4:38.90
4 Guðmundur Halldórsson	17	Breiðablik	4:35.72
5 Stefán Ingi Ólafsson	15	Ægir	4:35.88
6 Jakob Ingi Reynisson	15	ÍRB	4:39.13
7 Oliver Kaldal	14	Ægir	4:40.09

Riðill 3 af 4

1 Örn Kató Arnarsson	16	Óðinn	4:33.47
2 Sigurður Haukur Birgisson	15	Ármann	4:25.62
3 Björn Yngvi Guðmundsson	14	SH	4:17.21
4 Veigar Hrafn Sigþórsson	16	SH	4:04.25
5 Gústav Ragnar Kristjánsson	19	Breiðablik	4:14.72
6 Kacper Kogut	15	Breiðablik	4:22.40
7 Logi Freyr Arnarsson	18	KR	4:30.53
8 Hólmar Grétarsson	13	SH	4:35.15

Riðill 4 af 4

1 Bartosz Henke	16	SH	4:31.53
2 Gabríel Þór Sigurmundarson	18	ÍRB	4:25.38
3 Guðmundur Karl Karlsson	16	Breiðablik	4:15.97
4 Patrik Viggó Vilbergsson	19	Breiðablik	4:01.68
5 Snær Llorens Sigurðsson	19	ÍA	4:12.96
6 Þorsteinn Karl Arnarsson	17	Stjarnan	4:19.94
7 Andri Már Kristjánsson	15	SH	4:28.74
8 Hringur Birgir Kristinsson	17	Fjölnir	4:34.22