

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Sundgrein 31 14.11.2021 - 16:30	karla, 400m fjórsund			Opinn Ráslisti Úrslitasund	
ISL Opinn	4:11.78	Örn Arnarson	SH	Vestmannaeyjar	17.3.2001
ISL 15 - 17	4:25.53				
ISL 13 - 14	4:41.69				
ISL 11 - 12	5:08.87				
NM 15 - 17: 4:30.36; 18 - 20: 4:24.40; 21 +: 4:22.41 / ÍM25 : 5:22.46 / HM : 4:17.11					

		Aldur		
<u>Úrslitasund</u>				
1	Jónas Atli Pálsson	18	SH	5:10.30
2	Hólmur Grétarsson	13	SH	4:59.83
3	Snær Llorens Sigurðsson	19	ÍA	4:43.41
4	Alexander Logi Jónsson	17	ÍRB	4:39.41
5	Veigar Hrafn Sigþórsson	16	SH	4:43.16
6	Aron Fannar Kristínarson	18	ÍRB	4:46.07
7	Sigurður Haukur Birgisson	15	Ármann	5:02.08
8	Magnús Víðir Jónsson	13	SH	5:11.42
<u>Varaskráningar</u>				
	Gabriel Þór Sigurmundarson	18	ÍRB	5:11.87
	Dominic Dadi Wheeler	14	Ægir	5:12.02