

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Progression of Athletes - Details

Allar sundgreinar

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
Sunddeild Breiðabliks								
								79
Andri Bergmann Ísaksen, 5.2.2004								
200m skriðsund	Undanrásir	ÚRskr.		-	2:09.63	3.7.2020	-	-
Bjarki B Isaksen, 6.6.2006								
200m skriðsund	Undanrásir	ÚRskr.		-	2:08.71	25.6.2021	-	-
800m skriðsund	Bein úrslit	ÚRskr.		-	9:04.62	25.6.2021	-	-
Freyja Birkisdóttir, 2.2.2006								
200m skriðsund	Úrslitsund	3.	2:06.44	666	2:09.41		105%	6
200m skriðsund	Undanrásir	3.	2:09.41	621	2:06.26		95%	
400m skriðsund	Úrslitsund	1.	4:20.10	727	4:26.98		105%	
400m skriðsund	Undanrásir	1.	4:26.98	672	4:23.16		97%	
800m skriðsund	Bein úrslit	1.	8:59.44	701	8:50.44		97%	
1500m skriðsund	Bein úrslit	1.	17:02.31	724	17:05.78	17.10.2021	101%	
200m flugsund	Úrslitsund	2.	2:28.11	526	2:28.69		101%	
200m flugsund	Undanrásir	2.	2:28.69	520	2:31.71	16.10.2021	104%	
200m fjórsund	Úrslitsund	3.	2:25.79	583	2:28.62		104%	
200m fjórsund	Undanrásir	4.	2:28.62	551	2:26.92	25.6.2021	98%	
400m fjórsund	Undanrásir	2.	5:10.07	582	4:59.26	16.10.2021	93%	
Guðmundur Halldórsson, 5.8.2004								
50m skriðsund	Undanrásir	25.	27.35	400	27.14	16.10.2021	98%	-
100m skriðsund	Undanrásir	27.	59.00	441	57.83	16.10.2021	96%	
200m skriðsund	Undanrásir	22.	2:11.67	429	2:09.63	25.6.2021	97%	
400m skriðsund	Undanrásir	20.	4:37.41	447	4:35.72	25.6.2021	99%	
800m skriðsund	Bein úrslit	12.	9:33.88	461	9:21.83	17.10.2021	96%	
50m bringusund	Undanrásir	9.	35.36	364	34.74	16.10.2021	97%	
Guðmundur Karl Karlsson, 15.11.2005								
100m skriðsund	Undanrásir	9.	53.79	583	55.39	25.6.2021	106%	6
200m skriðsund	Úrslitsund	2.	1:56.25	624	1:58.27		104%	
200m skriðsund	Undanrásir	3.	1:58.27	593	1:59.13	25.6.2021	101%	
400m skriðsund	Úrslitsund	5.	4:07.80	628	4:11.17		103%	
400m skriðsund	Undanrásir	4.	4:11.17	603	4:15.97	25.6.2021	104%	
200m flugsund	Úrslitsund	4.	2:15.70	507	2:17.17		102%	
200m flugsund	Undanrásir	4.	2:17.17	491	2:16.20	25.6.2021	99%	
Gústav Ragnar Kristjánsson, 25.7.2002								
200m skriðsund	Úrslitsund	7.	2:01.70	544	2:04.05		104%	4
200m skriðsund	Undanrásir	12.	2:04.05	514	2:01.78	3.10.2021	96%	
400m skriðsund	Úrslitsund	6.	4:15.45	573	4:14.55		99%	
400m skriðsund	Undanrásir	6.	4:14.55	579	4:14.72	23.4.2021	100%	
800m skriðsund	Bein úrslit	2.	8:44.75	603	8:57.88	25.4.2021	105%	
1500m skriðsund	Bein úrslit	5.	16:53.28	586	16:57.40	11.4.2021	101%	
Ingibjörg Erl Garðarsdóttir, 1.4.2000								
100m skriðsund	Undanrásir	11.	1:03.60	493	1:04.08	3.10.2021	102%	6
200m skriðsund	Úrslitsund	6.	2:13.12	570	2:14.34		102%	
200m skriðsund	Undanrásir	7.	2:14.34	555	2:15.85	16.10.2021	102%	
400m skriðsund	Úrslitsund	4.	4:33.20	627	4:38.95		104%	
400m skriðsund	Undanrásir	5.	4:38.95	589	4:38.33	16.10.2021	100%	
800m skriðsund	Bein úrslit	5.	9:30.64	592	9:34.90	16.10.2021	101%	
1500m skriðsund	Bein úrslit	4.	18:09.19	598	19:05.18	1.3.2020	111%	
50m bringusund	Undanrásir	15.	37.65	436	37.62	17.10.2021	100%	
Jón Ingi Halldórsson, 5.8.2004								
100m skriðsund	Undanrásir	30.	59.53	430	58.83	16.10.2021	98%	-
200m skriðsund	Undanrásir	28.	2:14.24	405	2:12.04	25.6.2021	97%	
400m skriðsund	Undanrásir	23.	4:43.00	421	4:40.46	3.7.2020	98%	
200m fjórsund	Undanrásir	12.	2:28.79	400	2:26.29	16.10.2021	97%	
400m fjórsund	Undanrásir	13.	5:18.33	401	5:09.82	17.10.2021	95%	
Júlia Pálmadóttir, 22.8.2007								
200m skriðsund	Undanrásir	21.	2:22.69	463	2:23.29	25.6.2021	101%	2
400m skriðsund	Undanrásir	19.	5:00.65	470	4:56.30	16.10.2021	97%	
200m bringusund	Undanrásir	11.	3:00.76	412	2:56.33	25.6.2021	95%	
200m fjórsund	Undanrásir	16.	2:39.52	445	2:44.83	11.4.2021	107%	
Kacper Kogut, 21.2.2006								
400m skriðsund	Úrslitsund	8.	4:28.35	494	4:22.50		96%	4
400m skriðsund	Undanrásir	9.	4:22.50	528	4:22.40	3.10.2021	100%	
800m skriðsund	Bein úrslit	5.	9:01.15	550	9:03.37	25.6.2021	101%	
100m flugsund	Úrslitsund	-	-	-	1:03.96		-	
100m flugsund	Undanrásir	11.	1:03.96	416	1:04.16	3.10.2021	101%	
200m flugsund	Úrslitsund	5.	2:17.30	489	2:18.93		102%	
200m flugsund	Undanrásir	5.	2:18.93	472	2:19.57	16.10.2021	101%	
Kristín Helga Hákonardóttir, 8.6.2004								
50m skriðsund	Úrslitsund	3.	26.26	665	26.54		102%	10
50m skriðsund	Undanrásir	3.	26.54	644	26.65	16.10.2021	101%	
100m skriðsund	Úrslitsund	2.	56.72	695	58.21		105%	
100m skriðsund	Undanrásir	2.	58.21	643	57.87	17.10.2021	99%	
200m skriðsund	Úrslitsund	1.	2:03.69	711	2:06.57		105%	

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200m skriðsund	Undanrásir	2.	2:06.57	664	2:06.93	5.6.2021	101%
50m flugsund	Úrslitsund	2.	28.50	625	28.64		101%
50m flugsund	Undanrásir	2.	28.64	616	29.90	18.9.2021	109%
100m flugsund	Úrslitsund	1.	1:03.14	646	1:05.20		107%
100m flugsund	Undanrásir	1.	1:05.20	587	1:05.65	29.5.2021	101%
200m flugsund	Úrslitsund	1.	2:21.65	602	2:23.02		102%
200m flugsund	Undanrásir	1.	2:23.02	584	2:21.60	25.6.2021	98%
Nadja Djurovic, 21.7.2007							
50m skriðsund	Úrslitsund	5.	27.25	595	27.26		100%
50m skriðsund	Undanrásir	5.	27.26	595	27.77	16.10.2021	104%
100m skriðsund	Úrslitsund	3.	58.47	634	58.79		101%
100m skriðsund	Undanrásir	3.	58.79	624	59.71	17.10.2021	103%
200m skriðsund	Úrslitsund	5.	2:11.32	594	2:11.88		101%
200m skriðsund	Undanrásir	6.	2:11.88	587	2:10.37	16.10.2021	98%
400m skriðsund	Úrslitsund	6.	4:36.23	607	4:40.78		103%
400m skriðsund	Undanrásir	6.	4:40.78	578	4:38.52	16.10.2021	98%
800m skriðsund	Bein úrslit	6.	9:35.37	578	9:24.17	16.10.2021	96%
Patrik Viggó Vilbergsson, 7.8.2002							
200m skriðsund	Úrslitsund	1.	1:53.83	665	1:59.79		111%
200m skriðsund	Undanrásir	6.	1:59.79	570	1:56.25	18.9.2021	94%
400m skriðsund	Úrslitsund	1.	3:57.88	710	4:06.00		107%
400m skriðsund	Undanrásir	2.	4:06.00	642	4:01.68	16.10.2021	97%
800m skriðsund	Bein úrslit	1.	8:27.25	668	8:20.04	30.5.2021	97%
1500m skriðsund	Bein úrslit	1.	15:52.95	704	15:54.73	16.10.2021	100%
100m baksund	Úrslitsund	2.	56.94	611	58.05		104%
100m baksund	Undanrásir	1.	58.05	577	58.31	17.10.2021	101%
200m baksund	Úrslitsund	1.	2:03.38	627	2:05.23		103%
200m baksund	Undanrásir	1.	2:05.23	600	2:06.92	16.10.2021	103%
200m flugsund	Úrslitsund	2.	2:09.56	583	2:10.34		101%
200m flugsund	Undanrásir	1.	2:10.34	572	2:13.50	20.6.2020	105%
Ragnheiður Milla Bergsveinsdóttir, 23.6.2006							
100m skriðsund	Undanrásir	21.	1:05.22	457	1:04.55	17.10.2021	98%
200m skriðsund	Undanrásir	24.	2:24.21	449	2:21.10	25.6.2021	96%
50m bringusund	Úrslitsund			-	36.51		-
50m bringusund	Undanrásir	9.	36.51	478	37.00	19.9.2020	103%
100m bringusund	Úrslitsund	7.	1:19.76	477	1:19.93		100%
100m bringusund	Undanrásir	8.	1:19.93	474	1:18.94	3.7.2020	98%
200m bringusund	Úrslitsund			-	2:59.88		-
200m bringusund	Undanrásir	10.	2:59.88	418	2:49.08	5.7.2020	88%
Ragnheiður Ásta Magnúsdóttir, 17.2.2007							
100m skriðsund	Undanrásir	13.	1:04.10	481	1:03.43	25.6.2021	98%
400m skriðsund	Undanrásir	11.	4:52.94	509	4:54.77	30.5.2021	101%
50m baksund	Úrslitsund	6.	31.71	526	31.79		101%
50m baksund	Undanrásir	6.	31.79	522	34.01	16.10.2021	114%
100m baksund	Úrslitsund	5.	1:08.22	520	1:08.51		101%
100m baksund	Undanrásir	5.	1:08.51	514	1:11.27	3.10.2021	108%
200m baksund	Úrslitsund	6.	2:28.76	511	2:28.55		100%
200m baksund	Undanrásir	5.	2:28.55	513	2:31.14	17.10.2021	104%
Stefanía Sigurþórsdóttir, 31.1.2001							
200m skriðsund	Úrslitsund	2.	2:04.86	691	2:06.47		103%
200m skriðsund	Undanrásir	1.	2:06.47	665	2:07.38	16.10.2021	101%
400m skriðsund	Úrslitsund	2.	4:22.63	706	4:27.25		104%
400m skriðsund	Undanrásir	2.	4:27.25	670	4:27.96	16.10.2021	101%
100m baksund	Úrslitsund	4.	1:06.35	566	1:07.09		102%
100m baksund	Undanrásir	3.	1:07.09	547	1:07.05	29.5.2021	100%
200m baksund	Undanrásir	3.	2:26.61	533	2:24.95	17.10.2021	98%
50m bringusund	Úrslitsund	2.	33.42	624	33.99		103%
50m bringusund	Undanrásir	1.	33.99	593	35.42	18.9.2021	109%
100m fjørsund	Undanrásir	2.	1:06.91	602	1:09.19	18.9.2021	107%
200m fjørsund	Úrslitsund	2.	2:23.64	610	2:25.21		102%
200m fjørsund	Undanrásir	2.	2:25.21	591	2:25.38	17.10.2021	100%
Sólveig Freyja Hákonardóttir, 16.2.2009							
50m skriðsund	Undanrásir	18.	29.48	470	28.69	25.9.2021	95%
800m skriðsund	Bein úrslit	8.	9:48.97	539	9:51.80	16.10.2021	101%
50m baksund	Undanrásir	15.	33.99	427	33.20	25.9.2021	95%
50m flugsund	Undanrásir	13.	32.19	434	31.71	25.9.2021	97%
200m fjørsund	Úrslitsund	6.	2:33.91	496	2:35.03		101%
200m fjørsund	Undanrásir	7.	2:35.03	485	2:37.91	26.9.2021	104%
Vigdís Tinna Hákonardóttir, 13.6.2006							
100m skriðsund	Undanrásir	19.	1:04.87	464	1:03.94	25.6.2021	97%
200m skriðsund	Undanrásir	16.	2:20.92	481	2:19.73	16.10.2021	98%
50m flugsund	Undanrásir	12.	31.80	450	31.70	16.10.2021	99%
100m flugsund	Úrslitsund	8.	1:09.82	478	1:10.48		102%
100m flugsund	Undanrásir	8.	1:10.48	465	1:09.41	5.7.2020	97%
200m flugsund	Undanrásir	5.	2:52.20	335	2:35.52	25.6.2021	82%
Ylfa Ásgerður Eyjólfsdóttir, 4.12.2006							
50m skriðsund	Undanrásir	13.	28.81	504	28.67	16.10.2021	99%
100m skriðsund	Undanrásir	22.	1:05.43	452	1:02.67		92%
200m skriðsund	Undanrásir	22.	2:23.53	455	2:17.04		91%
50m baksund	Úrslitsund	5.	31.56	533	32.03		103%

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50m baksund	Undanrásir	8.	32.03	510	31.74	16.10.2021	98%	
100m baksund	Úrslitsund	7.	1:09.53	491	1:08.73		98%	
100m baksund	Undanrásir	6.	1:08.73	509	1:08.81		100%	
200m baksund	Úrslitsund	5.	2:28.19	517	2:30.22		103%	
200m baksund	Undanrásir	7.	2:30.22	496	2:26.65		95%	
Ziza Alomerovic, 4.8.2007								
50m baksund	Undanrásir	12.	33.41	449	34.15	16.10.2021	104%	1
100m baksund	Undanrásir	14.	1:12.99	425	1:11.18	16.10.2021	95%	
Sunddeild Fjölnis								
Coco Margaret Johansson, 26.2.2005								
50m skriðsund	Úrslitsund	8.	27.70	567	27.53		99%	3
50m skriðsund	Undanrásir	6.	27.53	577	28.01	2.10.2021	104%	
100m skriðsund	Úrslitsund	6.	1:00.32	578	1:00.60		101%	
100m skriðsund	Undanrásir	5.	1:00.60	570	1:01.76	17.10.2021	104%	
Egill Jónasson, 6.11.2006								
200m skriðsund	Undanrásir	27.	2:13.33	413	2:14.92	3.10.2021	102%	2
400m skriðsund	Undanrásir	22.	4:39.82	436	4:43.69	7.3.2021	103%	
Halldór Björn Kristinsson, 27.4.2002								
50m skriðsund	Undanrásir	20.	26.52	439	26.62	16.10.2021	101%	4
50m bringusund	Úrslitsund	7.	32.96	449	32.81		99%	
50m bringusund	Undanrásir	7.	32.81	455	34.07	16.10.2021	108%	
100m bringusund	Úrslitsund	7.	1:12.54	444	1:12.13		99%	
100m bringusund	Undanrásir	7.	1:12.13	451	1:15.69	2.10.2021	110%	
50m flugsund	Undanrásir	19.	29.30	409	29.61	17.10.2021	102%	
Hringur Birgir Kristinsson, 22.3.2004								
800m skriðsund	Bein úrslit	ÚRskr.	-	-	9:25.94	17.10.2021	-	-
200m bringusund	Undanrásir	ÚRskr.	-	-	2:41.39	12.6.2021	-	-
200m fjørsund	Undanrásir	13.	2:29.65	393	2:22.94	16.10.2021	91%	
400m fjørsund	Undanrásir	ÚRskr.	-	-	5:04.56	2.10.2021	-	
Ingunn Jónsdóttir, 30.6.2002								
50m bringusund	Úrslitsund	3.	33.94	595	34.45		103%	6
50m bringusund	Undanrásir	3.	34.45	569	35.04	13.6.2021	103%	
200m bringusund	Úrslitsund	4.	2:41.13	582	2:42.54		102%	
200m bringusund	Undanrásir	3.	2:42.54	567	2:39.08	12.6.2021	96%	
50m flugsund	Úrslitsund	5.	30.60	505	31.07		103%	
50m flugsund	Undanrásir	5.	31.07	483	31.26	10.1.2020	101%	
100m flugsund	Úrslitsund	4.	1:06.66	549	1:08.37		105%	
100m flugsund	Undanrásir	5.	1:08.37	509	1:07.52	12.6.2021	98%	
200m flugsund	Undanrásir	3.	2:31.54	491	2:31.15	6.3.2021	99%	
200m fjørsund	Undanrásir	ÚRskr.	-	-	2:30.52	12.6.2021	-	
400m fjørsund	Undanrásir	5.	5:24.80	506	5:13.98	12.6.2021	93%	
Kristjan Gylfi Þórisson, 12.6.2000								
50m skriðsund	Úrslitsund	3.	24.00	592	24.11		101%	7
50m skriðsund	Undanrásir	3.	24.11	584	24.79	16.10.2021	106%	
100m skriðsund	Úrslitsund	4.	51.83	651	52.53		103%	
100m skriðsund	Undanrásir	5.	52.53	626	52.95	12.6.2021	102%	
50m baksund	Úrslitsund	2.	26.23	607	26.56		103%	
50m baksund	Undanrásir	2.	26.56	585	26.78	16.10.2021	102%	
100m baksund	Úrslitsund	1.	56.38	629	58.09		106%	
100m baksund	Undanrásir	2.	58.09	575	58.01	17.10.2021	100%	
Kristján Helgi Jóhannsson S/SB/SM13, 7.10.2002								
50m skriðsund	Undanrásir	27.	30.93	276	30.84	3.10.2021	99%	2
100m skriðsund	Undanrásir	36.	1:06.70	305	1:07.43	2.10.2021	102%	
200m skriðsund	Undanrásir	31.	2:27.73	304	2:32.37	17.10.2021	106%	
Svava Bjoerg Larusdottir, 13.7.2003								
200m skriðsund	Undanrásir	18.	2:22.14	468	2:12.08	13.6.2021	86%	2
400m skriðsund	Undanrásir	17.	4:56.37	491	4:43.01	13.5.2021	91%	
50m flugsund	Úrslitsund	7.	30.77	497	31.14		102%	
50m flugsund	Undanrásir	6.	31.14	479	30.54	19.9.2020	96%	
100m flugsund	Undanrásir	11.	1:11.06	453	1:09.17	11.1.2020	95%	
100m fjørsund	Úrslitsund	3.	1:09.66	533	1:11.10		104%	
100m fjørsund	Undanrásir	6.	1:11.10	502	1:10.09	16.10.2021	97%	
Sunddeild KR								
Björgvin Árni Júlíusson, 31.10.2001								
100m skriðsund	Undanrásir	14.	55.17	540	57.53	11.1.2020	109%	7
100m baksund	Úrslitsund	3.	1:02.03	472	1:03.44		105%	
100m baksund	Undanrásir	4.	1:03.44	442	1:03.35	12.3.2021	100%	
200m baksund	Úrslitsund	-	-	-	2:22.88		-	
200m baksund	Undanrásir	7.	2:22.88	404	2:17.81	12.6.2021	93%	
50m flugsund	Undanrásir	12.	27.15	514	28.50	12.6.2021	110%	
100m flugsund	Úrslitsund	6.	1:00.19	500	1:00.20		100%	
100m flugsund	Undanrásir	6.	1:00.20	499	1:02.43	12.3.2021	108%	
200m fjørsund	Úrslitsund	4.	2:13.63	552	2:14.83		102%	
200m fjørsund	Undanrásir	4.	2:14.83	537	2:17.80	12.6.2021	104%	

Íslandsmeistaramótið í 25m laug
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Halla Margrét Baldursdóttir, 4.8.2002								-
50m skriðsund	Undanrásir	24.	30.54	423	29.65	19.9.2020	94%	
Hekla Kristrún Mist Arnarsdóttir, 5.11.2006								-
200m baksund	Undanrásir	14.	2:38.94	419	2:38.62	12.6.2021	100%	
Herdís Birna Viggósdóttir, 18.5.2004								7
50m skriðsund	Undanrásir	14.	28.98	495	29.03	16.10.2021	100%	
50m bringusund	Úrslitsund	5.	34.83	551	35.66		105%	
50m bringusund	Undanrásir	7.	35.66	513	35.99	3.7.2020	102%	
100m bringusund	Úrslitsund	4.	1:16.46	542	1:18.16		104%	
100m bringusund	Undanrásir	6.	1:18.16	507	1:16.60	3.7.2020	96%	
200m bringusund	Úrslitsund	8.	2:48.75	507	2:48.51		100%	
200m bringusund	Undanrásir	7.	2:48.51	509	2:49.85	10.1.2020	102%	
50m flugsund	Úrslitsund	6.	30.72	499	31.29		104%	
50m flugsund	Aukasund eftir undanrásir	1.	30.76	497	31.29		103%	
50m flugsund	Undanrásir	8.	31.29	473	30.69	4.7.2020	96%	
100m flugsund	Úrslitsund			-	1:10.50		-	
100m flugsund	Undanrásir	9.	1:10.50	464	1:07.83	5.7.2020	93%	
200m fjórsund	Undanrásir	15.	2:39.22	448	2:29.67	4.7.2020	88%	
Ingvar Orri Jóhannesson, 29.4.2004								7
50m bringusund	Úrslitsund	6.	29.95	599	30.21		102%	
50m bringusund	Undanrásir	5.	30.21	583	31.73	16.10.2021	110%	
100m bringusund	Úrslitsund	5.	1:07.10	560	1:07.19		100%	
100m bringusund	Undanrásir	6.	1:07.19	558	1:09.40	3.7.2020	107%	
200m bringusund	Úrslitsund	4.	2:25.62	561	2:32.36		109%	
200m bringusund	Undanrásir	3.	2:32.36	490	2:31.06	12.6.2021	98%	
100m fjórsund	Úrslitsund	6.	1:02.35	493	1:03.72		104%	
100m fjórsund	Undanrásir	9.	1:03.72	462	1:04.64	16.10.2021	103%	
James Eiríkur Hafliðason, 2.10.2006								-
200m skriðsund	Undanrásir	29.	2:19.10	364	2:14.91	17.10.2021	94%	
Júlíus Arnarsson, 25.1.2006								2
50m skriðsund	Undanrásir	23.	27.06	413	26.90	16.10.2021	99%	
100m skriðsund	Undanrásir	25.	58.40	455	57.97	2.10.2021	99%	
200m skriðsund	Undanrásir	18.	2:08.71	460	2:09.09	13.6.2021	101%	
400m skriðsund	Undanrásir	16.	4:33.43	467	4:38.90	7.3.2021	104%	
Logi Freyr Arnarsson, 23.11.2003								7
100m skriðsund	Undanrásir	21.	56.79	495	58.56	11.1.2020	106%	
200m skriðsund	Undanrásir	13.	2:06.16	488	2:06.38	13.6.2021	100%	
400m skriðsund	Úrslitsund			-	4:26.74		-	
400m skriðsund	Undanrásir	11.	4:26.74	503	4:30.53	10.1.2020	103%	
50m baksund	Undanrásir	11.	30.78	376	31.11	12.6.2021	102%	
100m baksund	Úrslitsund	7.	1:05.44	402	1:05.45		100%	
100m baksund	Undanrásir	8.	1:05.45	402	1:04.55	13.6.2021	97%	
200m baksund	Úrslitsund	5.	2:19.73	432	2:21.44		102%	
200m baksund	Undanrásir	6.	2:21.44	416	2:21.53	12.6.2021	100%	
Sigurður Ingi Sigurðarson, 19.7.2001								1
50m skriðsund	Undanrásir	11.	25.38	501	24.93	12.3.2021	96%	
100m skriðsund	Undanrásir	15.	55.50	530	55.84	12.6.2021	101%	
Snær Jóhannsson, 12.12.1996								1
50m skriðsund	Undanrásir	15.	25.56	490	26.05	25.9.2021	104%	
Ásta Kristín Jónsdóttir, 15.7.2000								1
50m skriðsund	Undanrásir	11.	28.62	514	27.85	2.10.2021	95%	
50m baksund	Úrslitsund			-	31.55		-	
50m baksund	Undanrásir	5.	31.55	534	31.91	13.6.2021	102%	
Úlfur Páll Andrason, 16.4.2004								-
50m baksund	Undanrásir	ÚRskr.		-	30.51	10.1.2020	-	
Þórey Ísafold Magnúsdóttir S14, 17.3.1999								1
50m skriðsund	Undanrásir	26.	32.56	349	32.92	24.1.2021	102%	
100m skriðsund	Undanrásir	29.	1:11.04	353	1:10.40	12.6.2021	98%	
50m bringusund	Undanrásir	20.	41.57	324	41.30	17.10.2021	99%	
100m bringusund	Undanrásir	13.	1:33.11	300	1:29.37	13.6.2021	92%	
200m bringusund	Undanrásir	12.	3:14.93	329	3:12.55	12.6.2021	98%	
50m flugsund	Undanrásir	16.	37.04	285	35.80	16.10.2021	93%	
100m flugsund	Undanrásir	16.	1:22.92	285	1:20.97	12.6.2021	95%	
Sunddeild Stjörunnar								2
Ágústa Inga Arnarsdóttir, 30.8.2006								1
50m skriðsund	Undanrásir	21.	29.89	451	30.01	25.9.2021	101%	
100m skriðsund	Undanrásir	ÚRskr.		-	1:05.40	25.6.2021	-	
400m skriðsund	Undanrásir	20.	5:00.91	469	5:00.82	2.10.2021	100%	
Þorsteinn Karl Arnarsson, 17.11.2004								1
50m skriðsund	Undanrásir	17.	25.98	467	26.00	25.9.2021	100%	
200m skriðsund	Undanrásir	ÚRskr.		-	2:02.49	25.6.2021	-	
400m skriðsund	Undanrásir	veikindi		-	4:19.94	16.10.2021	-	
800m skriðsund	Bein úrslit	ÚRskr.		-	8:58.56	27.6.2021	-	
Sunddeild UMF B								-

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Valdís Rós Þorsteinsdóttir, 25.10.2007									-
50m bringusund	Undanrásir	18.	39.05	391	38.75	17.10.2021	98%		
Sunddeild Ármanns									22
Hrafn Sverrisson, 1.12.2005									1
50m flugsund	Undanrásir	18.	29.07	418	29.17	17.10.2021	101%		
Katla Mist Bragadóttir, 10.3.2007									8
50m bringusund	Úrslitsund	7.	35.27	530	35.09		99%		
50m bringusund	Undanrásir	5.	35.09	539	36.38	25.9.2021	107%		
100m bringusund	Úrslitsund	2.	1:15.84	555	1:17.50		104%		
100m bringusund	Undanrásir	5.	1:17.50	520	1:17.31	16.10.2021	100%		
200m bringusund	Úrslitsund	3.	2:41.11	582	2:46.08		106%		
200m bringusund	Undanrásir	5.	2:46.08	531	2:45.71	16.10.2021	100%		
100m fjørsund	Úrslitsund	5.	1:10.98	504	1:11.35		101%		
100m fjørsund	Undanrásir	7.	1:11.35	496	1:12.71	16.10.2021	104%		
200m fjørsund	Úrslitsund	5.	2:32.73	507	2:33.27		101%		
200m fjørsund	Undanrásir	6.	2:33.27	502	2:35.04	17.10.2021	102%		
400m fjørsund	Úrslitsund	3.	5:18.57	537	5:24.68		104%		
400m fjørsund	Undanrásir	4.	5:24.68	507	5:23.75	16.10.2021	99%		
Runólfur Þorláksson, 16.1.2002									-
50m skriðsund	Undanrásir	veikindi		-	27.13	31.1.2021	-		
50m bringusund	Undanrásir	veikindi		-	33.07	31.1.2021	-		
100m bringusund	Undanrásir	veikindi		-	1:11.60	31.1.2021	-		
Sigurður Haukur Birgisson, 6.8.2006									6
100m skriðsund	Undanrásir	20.	56.67	498	57.16	16.10.2021	102%		
400m skriðsund	Úrslitsund	7.	4:21.37	535	4:21.02		100%		
400m skriðsund	Undanrásir	8.	4:21.02	537	4:25.62	25.6.2021	104%		
100m bringusund	Úrslitsund	8.	1:14.17	415	1:14.08		100%		
100m bringusund	Undanrásir	8.	1:14.08	416	1:13.97	16.10.2021	100%		
200m bringusund	Úrslitsund	7.	2:43.01	400	2:39.83		96%		
200m bringusund	Undanrásir	6.	2:39.83	424	2:38.50	17.10.2021	98%		
200m fjørsund	Úrslitsund	5.	2:20.02	479	2:20.80		101%		
200m fjørsund	Undanrásir	6.	2:20.80	472	2:23.06	16.10.2021	103%		
400m fjørsund	Úrslitsund	5.	4:57.37	492	5:02.08		103%		
400m fjørsund	Undanrásir	7.	5:02.08	469	5:15.62	25.6.2021	109%		
Ylfa Lind Kristmannsdóttir, 25.11.2008									7
50m skriðsund	Úrslitsund	6.	27.30	592	27.55		102%		
50m skriðsund	Undanrásir	7.	27.55	576	28.12	25.9.2021	104%		
100m skriðsund	Úrslitsund	7.	1:00.71	567	1:00.92		101%		
100m skriðsund	Undanrásir	7.	1:00.92	561	1:01.49	25.9.2021	102%		
200m skriðsund	Undanrásir	23.	2:23.60	454	2:16.37	16.10.2021	90%		
50m baksund	Úrslitsund	8.	32.41	492	32.42		100%		
50m baksund	Undanrásir	9.	32.42	492	32.99	16.10.2021	104%		
50m flugsund	Úrslitsund	4.	29.61	558	29.80		101%		
50m flugsund	Undanrásir	4.	29.80	547	29.40	16.10.2021	97%		
100m flugsund	Úrslitsund	7.	1:09.63	482	1:08.88		98%		
100m flugsund	Undanrásir	6.	1:08.88	498	1:08.62	5.3.2021	99%		
Pröstur Ingi Gunnsteinsson, 3.12.2006									-
50m flugsund	Undanrásir	ÚRskr.		-	29.78	17.10.2021	-		
Sundfélag Akraness									49
Einar Margeir Ágústsson, 11.7.2005									5
100m skriðsund	Undanrásir	13.	55.14	541	55.13	2.10.2021	100%		
200m skriðsund	Undanrásir	14.	2:06.56	484	2:03.32	3.10.2021	95%		
50m bringusund	Úrslitsund	4.	29.54	624	29.76		101%		
50m bringusund	Undanrásir	3.	29.76	610	30.43	16.10.2021	105%		
100m bringusund	Úrslitsund	3.	1:06.50	576	1:05.32		96%		
100m bringusund	Undanrásir	3.	1:05.32	608	1:06.17	16.10.2021	103%		
200m bringusund	Úrslitsund	3.	2:23.37	588	2:32.39		113%		
200m bringusund	Undanrásir	4.	2:32.39	490	2:27.35	17.10.2021	93%		
100m fjørsund	Úrslitsund	4.	1:01.02	526	1:00.68		99%		
100m fjørsund	Undanrásir	6.	1:00.68	535	1:01.17	16.10.2021	102%		
Guðbjarni Sigþórsson, 20.9.2006									6
50m skriðsund	Undanrásir	14.	25.52	492	25.99	16.10.2021	104%		
100m skriðsund	Undanrásir	12.	55.05	544	55.91	16.10.2021	103%		
200m skriðsund	Undanrásir	7.	2:00.33	563	2:05.58	25.6.2021	109%		
800m skriðsund	Bein úrslit	ÚRskr.		-	9:17.38	17.10.2021	-		
50m baksund	Úrslitsund	8.	30.66	380	30.59		100%		
50m baksund	Undanrásir	10.	30.59	383	31.27	16.10.2021	104%		
200m baksund	Úrslitsund	8.	2:23.89	395	2:24.82		101%		
200m baksund	Undanrásir	8.	2:24.82	388	2:27.38	25.6.2021	104%		
Guðbjörg Bjartey Guðmundsdóttir, 22.8.2005									8
50m skriðsund	Úrslitsund	4.	27.09	606	27.11		100%		
50m skriðsund	Undanrásir	4.	27.11	605	27.25	2.10.2021	101%		
100m skriðsund	Úrslitsund	4.	58.50	633	59.12		102%		
100m skriðsund	Undanrásir	4.	59.12	614	1:00.00	17.10.2021	103%		
200m skriðsund	Undanrásir	8.	2:14.52	553	2:16.09	16.10.2021	102%		
50m baksund	Undanrásir	ÚRskr.		-	32.46	16.10.2021	-		
50m flugsund	Úrslitsund	3.	29.53	562	29.71		101%		

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50m flugsund	Undanrásir	3.	29.71	552	29.97	16.10.2021	102%	
100m fjórsund	Undanrásir	4.	1:08.99	549	1:10.19	12.6.2020	104%	
Ingibjörg Svava Magnúsdóttir, 26.1.2005								
50m skriðsund	Undanrásir	20.	29.81	455	30.75	20.3.2021	106%	2
100m skriðsund	Undanrásir	15.	1:04.42	474	1:05.28	26.6.2021	103%	
200m skriðsund	Undanrásir	13.	2:20.03	490	2:19.68	3.7.2020	100%	
50m baksund	Undanrásir	17.	34.59	405	34.49	16.10.2021	99%	
100m baksund	Undanrásir	16.	1:13.92	409	1:13.49	4.7.2020	99%	
Karen Káradóttir, 6.9.2006								
50m baksund	Undanrásir	16.	34.35	413	35.00	16.10.2021	104%	2
50m bringusund	Undanrásir	13.	37.16	453	36.30	17.10.2021	95%	
100m bringusund	Úrslitsund	8.	1:20.03	473	1:21.47		104%	
100m bringusund	Undanrásir	9.	1:21.47	448	1:20.52	16.10.2021	98%	
200m bringusund	Úrslitsund		-	-	2:58.04		-	
200m bringusund	Undanrásir	9.	2:58.04	431	2:56.96	27.6.2021	99%	
200m fjórsund	Undanrásir	19.	2:48.10	380	2:43.42	17.10.2021	95%	
Kristján Magnússon, 2.7.2005								
50m skriðsund	Úrslitsund	7.	24.95	527	24.76		98%	7
50m skriðsund	Undanrásir	8.	24.76	539	25.20	16.10.2021	104%	
100m skriðsund	Úrslitsund		-	-	55.04		-	
100m skriðsund	Undanrásir	11.	55.04	544	56.42	19.9.2021	105%	
200m skriðsund	Úrslitsund	6.	2:00.97	554	2:00.63		99%	
200m skriðsund	Undanrásir	8.	2:00.63	558	2:05.03	3.10.2021	107%	
50m baksund	Úrslitsund	5.	29.14	443	29.53		103%	
50m baksund	Undanrásir	6.	29.53	426	29.86	16.10.2021	102%	
100m baksund	Úrslitsund	5.	1:03.89	432	1:04.69		103%	
100m baksund	Undanrásir	6.	1:04.69	417	1:04.63	2.10.2021	100%	
200m baksund	Úrslitsund	6.	2:19.95	429	2:18.77		98%	
200m baksund	Undanrásir	5.	2:18.77	441	2:23.71	2.10.2021	107%	
Ragnheiður Karen Ólafsdóttir, 19.11.2004								
100m baksund	Undanrásir	18.	1:15.10	390	1:13.01	4.7.2020	95%	8
200m baksund	Undanrásir	ÚRskr.	-	-	2:33.87	3.7.2020	-	
50m bringusund	Úrslitsund	6.	34.84	550	35.09		101%	
50m bringusund	Undanrásir	5.	35.09	539	35.62	3.7.2020	103%	
100m bringusund	Úrslitsund	3.	1:16.40	543	1:16.59		100%	
100m bringusund	Undanrásir	3.	1:16.59	539	1:16.98	3.7.2020	101%	
200m bringusund	Úrslitsund	6.	2:48.43	510	2:50.70		103%	
200m bringusund	Undanrásir	8.	2:50.70	489	2:54.90	16.10.2021	105%	
100m fjórsund	Úrslitsund	4.	1:09.71	532	1:09.70		100%	
100m fjórsund	Undanrásir	5.	1:09.70	532	1:11.51	16.10.2021	105%	
200m fjórsund	Úrslitsund	8.	2:36.04	476	2:37.03		101%	
200m fjórsund	Undanrásir	10.	2:37.03	467	2:32.22	4.7.2020	94%	
Sindri Andreas Bjarnason, 25.8.2001								
50m skriðsund	Úrslitsund	5.	24.46	559	24.59		101%	4
50m skriðsund	Undanrásir	6.	24.59	551	24.79	16.10.2021	102%	
100m skriðsund	Úrslitsund	6.	52.65	621	53.46		103%	
100m skriðsund	Undanrásir	7.	53.46	594	53.40	6.6.2021	100%	
200m skriðsund	Undanrásir	ÚRskr.	-	-	1:57.47	4.6.2021	-	
100m fjórsund	Úrslitsund	5.	1:01.38	517	1:01.04		99%	
100m fjórsund	Undanrásir	7.	1:01.04	526	1:01.36	16.10.2021	101%	
Snær Llorens Sigurðsson, 19.12.2002								
50m skriðsund	Úrslitsund	8.	25.25	508	24.50		94%	7
50m skriðsund	Undanrásir	5.	24.50	557	24.80	16.10.2021	102%	
400m skriðsund	Úrslitsund	3.	4:03.08	665	4:06.08		102%	
400m skriðsund	Undanrásir	3.	4:06.08	641	4:12.96	13.6.2020	106%	
800m skriðsund	Bein úrslit	4.	8:59.11	556	8:58.73	16.10.2021	100%	
50m flugsund	Undanrásir	11.	27.11	516	26.85	18.9.2021	98%	
200m flugsund	Úrslitsund	3.	2:10.62	569	2:16.04		108%	
200m flugsund	Undanrásir	3.	2:16.04	503	2:14.25	2.10.2021	97%	
200m fjórsund	Úrslitsund	2.	2:07.48	636	2:08.78		102%	
200m fjórsund	Undanrásir	2.	2:08.78	616	2:11.01	3.10.2021	103%	
400m fjórsund	Úrslitsund	1.	4:28.34	670	4:43.41		112%	
400m fjórsund	Undanrásir	3.	4:43.41	568	4:39.62	17.10.2021	97%	
Sundfélag Hafnarfjarðar								
Adele Alexandra Pálsson, 30.4.2003								
200m skriðsund	Undanrásir	ÚRskr.	-	-	2:14.45	26.9.2021	-	151
400m skriðsund	Undanrásir	ÚRskr.	-	-	4:42.14	3.7.2020	-	-
200m fjórsund	Undanrásir	ÚRskr.	-	-	2:31.17	17.10.2021	-	-
400m fjórsund	Undanrásir	ÚRskr.	-	-	5:15.53	5.7.2020	-	-
Andri Már Kristjánsson, 27.6.2006								
100m skriðsund	Undanrásir	26.	58.53	452	58.72	16.10.2021	101%	3
400m skriðsund	Undanrásir	13.	4:31.60	477	4:28.74	16.10.2021	98%	
800m skriðsund	Bein úrslit	6.	9:09.61	525	9:17.02	17.10.2021	103%	
1500m skriðsund	Bein úrslit	7.	17:41.25	510	18:45.66	6.6.2021	113%	
Arna Rut Stefánsdóttir, 15.9.2007								
200m skriðsund	Undanrásir	25.	2:24.23	448	2:23.34	16.10.2021	99%	1
400m skriðsund	Undanrásir	21.	5:01.25	468	5:01.58	16.10.2021	100%	

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Arnór Egill Einarsson, 18.12.2007								2
200m skriðsund	Undanrásir	20.	2:10.41	442	2:11.93	17.10.2021	102%	
400m skriðsund	Undanrásir	19.	4:37.14	449	4:43.42	25.6.2021	105%	
Aron Bjarki Pétursson, 12.1.2001								5
50m skriðsund	Úrslitsund			-	25.28		-	
50m skriðsund	Undanrásir	10.	25.28	507	24.93	25.9.2021	97%	
50m baksund	Úrslitsund			-	29.68		-	
50m baksund	Undanrásir	7.	29.68	419	31.19	14.3.2020	110%	
50m bringusund	Úrslitsund	3.	29.26	642	30.15		106%	
50m bringusund	Undanrásir	4.	30.15	587	32.18	27.2.2021	114%	
50m flugsund	Úrslitsund			-	27.08		-	
50m flugsund	Undanrásir	10.	27.08	518	26.78	25.9.2021	98%	
100m fjórsund	Úrslitsund	3.	59.68	563	1:00.19		102%	
100m fjórsund	Undanrásir	5.	1:00.19	548	1:02.58	16.10.2021	108%	
Bartosz Henke, 24.4.2005								9
50m skriðsund	Undanrásir	18.	26.08	461	27.22	6.6.2021	109%	
100m skriðsund	Undanrásir	16.	55.96	517	57.48	26.6.2021	106%	
200m skriðsund	Úrslitsund	5.	2:00.33	563	2:01.50		102%	
200m skriðsund	Undanrásir	9.	2:01.50	547	2:02.48	25.6.2021	102%	
400m skriðsund	Úrslitsund	4.	4:07.72	629	4:18.42		109%	
400m skriðsund	Undanrásir	7.	4:18.42	554	4:31.53	25.6.2021	110%	
1500m skriðsund	Bein úrslit	3.	16:23.24	641	16:53.70	16.10.2021	106%	
100m flugsund	Úrslitsund	8.	1:01.91	459	1:02.06		100%	
100m flugsund	Undanrásir	9.	1:02.06	456	1:04.26	27.6.2021	107%	
Benedikt Kári Theódórsson, 31.3.2007								1
200m skriðsund	Undanrásir	19.	2:09.94	447	2:13.47	17.10.2021	106%	
Bergur Fáfur Bjarnason, 4.2.2006								5
100m skriðsund	Úrslitsund	8.	53.77	583	53.39		99%	
100m skriðsund	Undanrásir	6.	53.39	596	53.69	16.10.2021	101%	
200m skriðsund	Úrslitsund	3.	1:57.00	612	1:58.24		102%	
200m skriðsund	Undanrásir	2.	1:58.24	593	2:05.36	12.6.2020	112%	
100m flugsund	Undanrásir	7.	1:00.83	484	1:00.15	27.6.2021	98%	
100m fjórsund	Úrslitsund	1.	58.70	591	59.90		104%	
100m fjórsund	Undanrásir	4.	59.90	556	1:00.44	16.10.2021	102%	
400m fjórsund	Undanrásir	4.	4:44.99	559	4:43.24	17.10.2021	99%	
Birgitta Ingólfssdóttir, 22.10.2005								9
50m skriðsund	Úrslitsund	7.	27.49	580	27.67		101%	
50m skriðsund	Undanrásir	8.	27.67	569	27.84	16.10.2021	101%	
200m skriðsund	Úrslitsund	4.	2:11.28	595	2:10.47		99%	
200m skriðsund	Undanrásir	4.	2:10.47	606	2:10.86	16.10.2021	101%	
50m baksund	Úrslitsund	2.	30.13	613	30.50		102%	
50m baksund	Undanrásir	2.	30.50	591	31.78	16.10.2021	109%	
100m baksund	Úrslitsund	2.	1:05.20	596	1:06.30		103%	
100m baksund	Undanrásir	2.	1:06.30	567	1:07.69	16.10.2021	104%	
100m flugsund	Úrslitsund	3.	1:05.75	572	1:07.01		104%	
100m flugsund	Undanrásir	3.	1:07.01	541	1:07.46	27.6.2021	101%	
200m fjórsund	Undanrásir	5.	2:31.33	522	2:29.53	26.6.2021	98%	
Birnir Freyr Hálfðanarsson, 26.5.2006								6
100m skriðsund	Undanrásir	ÚRskr.		-	54.43	4.7.2020	-	
200m skriðsund	Undanrásir	1.	1:56.40	622	1:57.28	25.6.2021	102%	
100m baksund	Undanrásir	ÚRskr.		-	59.36	17.10.2021	-	
50m flugsund	Úrslitsund	3.	24.68	684	25.39		106%	
50m flugsund	Undanrásir	5.	25.39	628	25.83	25.9.2021	103%	
100m flugsund	Úrslitsund	3.	54.94	657	57.46		109%	
100m flugsund	Undanrásir	3.	57.46	574	57.28	16.10.2021	99%	
100m fjórsund	Undanrásir	2.	58.52	597	1:03.80	12.6.2020	119%	
200m fjórsund	Úrslitsund	1.	2:03.54	698	2:08.06		107%	
200m fjórsund	Undanrásir	1.	2:08.06	627	2:06.56	16.10.2021	98%	
Björn Yngvi Guðmundsson, 5.2.2007								4
50m skriðsund	Undanrásir	11.	25.38	501	27.42	13.6.2020	117%	
100m skriðsund	Úrslitsund			-	54.95		-	
100m skriðsund	Undanrásir	10.	54.95	547	56.10	25.6.2021	104%	
200m skriðsund	Undanrásir	5.	1:59.26	578	2:01.76	25.6.2021	104%	
400m skriðsund	Undanrásir	5.	4:13.99	583	4:17.21	25.6.2021	103%	
Dadó Fenrir Jasminuson, 5.5.1995								4
50m skriðsund	Úrslitsund	1.	22.41	728	22.65		102%	
50m skriðsund	Undanrásir	1.	22.65	705	22.81	16.10.2021	101%	
100m skriðsund	Úrslitsund	1.	49.85	732	49.75		100%	
100m skriðsund	Undanrásir	1.	49.75	737	50.99	2.10.2021	105%	
50m baksund	Undanrásir	ÚRskr.		-	26.93	19.9.2020	-	
50m flugsund	Úrslitsund	2.	24.65	686	25.38		106%	
50m flugsund	Undanrásir	4.	25.38	629	24.94	3.10.2021	97%	
Dagbjörg Hlíf Ólafsdóttir, 4.5.2005								2
50m skriðsund	Úrslitsund			-	27.84		-	
50m skriðsund	Undanrásir	10.	27.84	558	27.84	2.10.2021	100%	
100m skriðsund	Úrslitsund	8.	1:01.99	532	1:02.06		100%	
100m skriðsund	Undanrásir	8.	1:02.06	530	59.99	26.6.2021	93%	
50m baksund	Úrslitsund	4.	31.52	535	31.47		100%	
50m baksund	Undanrásir	4.	31.47	538	31.33	16.10.2021	99%	
100m baksund	Undanrásir	11.	1:10.96	462	1:11.18	16.10.2021	101%	

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Dagur Snær Hilmarsson, 17.11.2003							3
50m skriðsund	Undanrásir	16.	25.95	468	26.28	16.10.2021	103%
100m skriðsund	Undanrásir	17.	56.06	515	56.69	25.9.2021	102%
200m skriðsund	Undanrásir	15.	2:06.82	481	2:08.38	17.10.2021	102%
Daníel Lúkas Tómasson, 5.4.2004							5
200m skriðsund	Undanrásir	10.	2:01.83	542	2:06.63	25.6.2021	108%
800m skriðsund	Bein úrslit	3.	8:49.02	588	9:02.03	27.6.2021	105%
1500m skriðsund	Bein úrslit	4.	16:36.05	617	16:47.25	16.10.2021	102%
100m flugsund	Úrslitsund	7.	1:00.97	481	1:01.61		102%
100m flugsund	Undanrásir	8.	1:01.61	466	1:02.48	26.9.2021	103%
Daði Björnsson, 17.1.2004							6
50m bringusund	Úrslitsund	2.	28.41	702	28.71		102%
50m bringusund	Undanrásir	2.	28.71	680	28.82	2.10.2021	101%
100m bringusund	Úrslitsund	1.	1:01.60	725	1:01.90		101%
100m bringusund	Undanrásir	1.	1:01.90	714	1:02.06	15.5.2021	101%
200m bringusund	Úrslitsund	1.	2:18.66	650	2:20.68		103%
200m bringusund	Undanrásir	1.	2:20.68	623	2:18.83	3.10.2021	97%
100m fjórsund	Undanrásir	1.	57.55	627	58.34	16.10.2021	103%
Daði Þór Friðriksson, 17.7.2007							1
200m skriðsund	Undanrásir	23.	2:11.68	429	2:13.81	26.9.2021	103%
Diljá Dröfn Jóhannesdóttir, 29.8.2003							5
100m skriðsund	Undanrásir	17.	1:04.55	471	1:05.17	17.10.2021	102%
200m skriðsund	Úrslitsund	7.	2:14.18	557	2:15.46		102%
200m skriðsund	Undanrásir	9.	2:15.46	541	2:19.01	16.10.2021	105%
400m skriðsund	Úrslitsund	8.	4:40.17	582	4:44.42		103%
400m skriðsund	Undanrásir	8.	4:44.42	556	4:40.41	16.10.2021	97%
800m skriðsund	Bein úrslit	7.	9:39.59	565	9:43.94	16.10.2021	102%
1500m skriðsund	Bein úrslit	6.	18:43.09	546	18:31.82	17.10.2021	98%
Edward Jensson, 1.7.2004							4
50m skriðsund	Undanrásir	13.	25.39	500	26.13	16.10.2021	106%
100m skriðsund	Undanrásir	22.	56.88	493	57.97	4.7.2020	104%
50m baksund	Úrslitsund	4.	28.97	451	28.92		100%
50m baksund	Undanrásir	4.	28.92	453	29.15	16.10.2021	102%
50m flugsund	Undanrásir	13.	27.17	512	27.40	17.10.2021	102%
Eggert Sigtryggsson, 25.1.2005							-
200m skriðsund	Undanrásir	Úrskr.	-	-	2:11.91	25.6.2021	-
400m skriðsund	Undanrásir	Úrskr.	-	-	4:35.04	25.6.2021	-
800m skriðsund	Bein úrslit	Úrskr.	-	-	9:33.19	27.6.2021	-
1500m skriðsund	Bein úrslit	Úrskr.	-	-	18:46.33	24.4.2021	-
Helga Sigurlaug Helgadóttir, 12.3.2007							4
100m skriðsund	Undanrásir	18.	1:04.56	471	1:05.40	25.9.2021	103%
400m skriðsund	Úrslitsund		-	-	4:47.21		-
400m skriðsund	Undanrásir	10.	4:47.21	540	4:49.49	3.7.2020	102%
800m skriðsund	Bein úrslit	Úrskr.	-	-	9:47.91	4.7.2020	-
50m baksund	Undanrásir	20.	34.94	393	34.35	16.10.2021	97%
100m baksund	Úrslitsund		-	-	1:10.53		-
100m baksund	Undanrásir	10.	1:10.53	471	1:10.48	4.7.2020	100%
200m baksund	Úrslitsund	7.	2:30.38	494	2:31.39		101%
200m baksund	Undanrásir	8.	2:31.39	484	2:31.78	17.10.2021	101%
Hilmir Snær Lunddal Rúnarsson, 7.7.2003							6
50m skriðsund	Undanrásir	22.	27.00	416	27.07	16.10.2021	101%
100m baksund	Úrslitsund	6.	1:04.32	424	1:04.57		101%
100m baksund	Undanrásir	5.	1:04.57	419	1:09.55	21.3.2021	116%
50m flugsund	Undanrásir	16.	28.33	452	28.48	17.10.2021	101%
100m flugsund	Undanrásir	12.	1:04.68	403	1:03.60	5.7.2020	97%
200m fjórsund	Úrslitsund	6.	2:20.55	474	2:21.17		101%
200m fjórsund	Undanrásir	7.	2:21.17	468	2:22.23	4.7.2020	102%
Hólmar Grétarsson, 8.7.2008							6
400m skriðsund	Undanrásir	12.	4:27.00	502	4:35.15	25.9.2021	106%
800m skriðsund	Bein úrslit	7.	9:10.06	523	9:15.81	26.9.2021	102%
200m fjórsund	Úrslitsund	8.	2:23.27	448	2:24.56		102%
200m fjórsund	Undanrásir	9.	2:24.56	436	2:25.11	16.10.2021	101%
400m fjórsund	Úrslitsund	6.	4:58.80	485	4:59.83		101%
400m fjórsund	Undanrásir	6.	4:59.83	480	5:07.18	27.6.2021	105%
Jóhanna Elín Guðmundsdóttir, 7.3.2001							6
50m skriðsund	Úrslitsund	1.	25.08	764	25.60		104%
50m skriðsund	Undanrásir	1.	25.60	718	26.01	6.6.2021	103%
100m skriðsund	Úrslitsund	1.	54.73	773	56.77		108%
100m skriðsund	Undanrásir	1.	56.77	693	57.35	21.5.2021	102%
50m flugsund	Úrslitsund	1.	27.38	705	27.57		101%
50m flugsund	Undanrásir	1.	27.57	691	27.67	24.4.2021	101%
Jónas Atli Pálsson, 24.2.2003							2
50m flugsund	Undanrásir	17.	28.94	424	28.56	25.9.2021	97%
100m flugsund	Undanrásir	13.	1:05.74	383	1:04.90	20.9.2020	97%
200m fjórsund	Úrslitsund	7.	2:22.18	458	2:24.34		103%
200m fjórsund	Undanrásir	8.	2:24.34	438	2:22.30	4.7.2020	97%
400m fjórsund	Úrslitsund	8.	5:06.37	450	5:10.30		103%
400m fjórsund	Undanrásir	8.	5:10.30	433	5:08.08	5.7.2020	99%

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Karl Björnsson, 29.8.2008								1
200m bringusund	Úrslitsund	6.	2:42.19	406	2:41.74		99%	
200m bringusund	Undanrásir	7.	2:41.74	410	2:45.03	17.10.2021	104%	
Katja Lilja Andriyasdóttir, 27.10.2006								5
200m skriðsund	Undanrásir	5.	2:11.44	593	2:14.03	19.9.2020	104%	
400m skriðsund	Úrslitsund	5.	4:33.61	624	4:31.91		99%	
400m skriðsund	Undanrásir	3.	4:31.91	636	4:33.44	26.9.2021	101%	
800m skriðsund	Bein úrslit	3.	9:13.81	648	9:13.77	16.10.2021	100%	
1500m skriðsund	Bein úrslit	2.	17:39.85	649	18:39.21	21.3.2021	112%	
50m bringusund	Úrslitsund	4.	34.82	551	34.66		99%	
50m bringusund	Undanrásir	4.	34.66	559	34.52	25.9.2021	99%	
100m bringusund	Undanrásir	2.	1:15.94	553	1:14.87	25.6.2021	97%	
200m bringusund	Úrslitsund	2.	2:40.82	585	2:40.93		100%	
200m bringusund	Undanrásir	2.	2:40.93	584	2:43.17	16.10.2021	103%	
Kolbeinn Hrafnkelsson, 11.7.1994								2
50m baksund	Úrslitsund	1.	25.34	674	25.75		103%	
50m baksund	Undanrásir	1.	25.75	642	26.35	16.10.2021	105%	
Kristín Ylfa Guðmundsdóttir, 19.10.2002								2
100m skriðsund	Undanrásir	26.	1:05.97	441	1:06.74	27.2.2021	102%	
50m flugsund	Úrslitsund		-	-	31.49		-	
50m flugsund	Undanrásir	10.	31.49	464	32.11	16.10.2021	104%	
100m flugsund	Úrslitsund	6.	1:09.27	489	1:09.13		100%	
100m flugsund	Undanrásir	7.	1:09.13	492	1:08.47	20.9.2020	98%	
Magnús Víðir Jónsson, 1.8.2008								4
100m skriðsund	Undanrásir	29.	59.15	438	59.12	25.9.2021	100%	
100m baksund	Úrslitsund		-	-	1:06.89		-	
100m baksund	Undanrásir	9.	1:06.89	377	1:07.69	25.9.2021	102%	
200m baksund	Úrslitsund	7.	2:21.03	420	2:25.14		106%	
200m baksund	Undanrásir	9.	2:25.14	385	2:23.57	26.9.2021	98%	
200m fjørsund	Úrslitsund		-	-	2:27.28		-	
200m fjørsund	Undanrásir	11.	2:27.28	412	2:26.35	26.9.2021	99%	
400m fjørsund	Úrslitsund	7.	5:04.64	457	5:11.42		105%	
400m fjørsund	Undanrásir	9.	5:11.42	428	5:13.83	27.6.2021	102%	
María Skorastein Sigurdardóttir, 25.11.2007								5
50m skriðsund	Undanrásir	12.	28.71	509	29.10	16.10.2021	103%	
100m skriðsund	Úrslitsund		-	-	1:02.45		-	
100m skriðsund	Undanrásir	9.	1:02.45	520	1:03.11	25.9.2021	102%	
200m skriðsund	Úrslitsund	8.	2:15.42	542	2:16.43		101%	
200m skriðsund	Undanrásir	10.	2:16.43	530	2:17.93	26.9.2021	102%	
400m skriðsund	Undanrásir	15.	4:55.78	494	4:54.99	25.6.2021	99%	
800m skriðsund	Bein úrslit	9.	9:53.97	525	10:02.37	16.10.2021	103%	
Nicole Jóna Jóhannsdóttir, 28.2.2008								-
200m skriðsund	Undanrásir	26.	2:26.09	431	2:23.25	16.10.2021	96%	
400m skriðsund	Undanrásir	22.	5:01.78	465	5:01.38	16.10.2021	100%	
Róbert Ísak Jónsson S14, 14.5.2001								3
50m baksund	Úrslitsund	7.	29.49	427	30.12		104%	
50m baksund	Undanrásir	8.	30.12	401	29.35	19.9.2020	95%	
50m flugsund	Úrslitsund	8.	26.28	566	26.81		104%	
50m flugsund	Undanrásir	8.	26.81	533	26.62	19.9.2020	99%	
100m flugsund	Úrslitsund	5.	59.67	513	58.93		98%	
100m flugsund	Undanrásir	5.	58.93	533	59.15	20.9.2020	101%	
Snorri Dagur Einarsson, 5.4.2005								6
50m bringusund	Úrslitsund	1.	28.40	702	28.63		102%	
50m bringusund	Undanrásir	1.	28.63	685	29.11	16.10.2021	103%	
100m bringusund	Úrslitsund	2.	1:02.97	678	1:03.32		101%	
100m bringusund	Undanrásir	2.	1:03.32	667	1:05.40	26.9.2021	107%	
50m flugsund	Úrslitsund	6.	25.36	630	25.90		104%	
50m flugsund	Undanrásir	6.	25.90	592	26.03	17.10.2021	101%	
Steingerður Hauksdóttir, 3.3.1996								3
50m skriðsund	Úrslitsund	2.	26.10	678	26.06		100%	
50m skriðsund	Undanrásir	2.	26.06	681	26.28	16.10.2021	102%	
100m skriðsund	Undanrásir	ÚRskr.	-	-	58.11	17.10.2021	-	
50m baksund	Úrslitsund	1.	28.25	744	28.09		99%	
50m baksund	Undanrásir	1.	28.09	756	28.52	19.9.2020	103%	
100m baksund	Úrslitsund	1.	1:02.91	664	1:03.76		103%	
100m baksund	Undanrásir	1.	1:03.76	638	1:03.74	2.10.2021	100%	
Símon Elías Statkevicius, 24.12.2003								8
50m skriðsund	Úrslitsund	2.	22.82	689	23.33		105%	
50m skriðsund	Undanrásir	2.	23.33	645	23.46	16.10.2021	101%	
100m skriðsund	Úrslitsund	2.	50.23	716	51.01		103%	
100m skriðsund	Undanrásir	2.	51.01	683	52.18	15.5.2021	105%	
50m flugsund	Úrslitsund	1.	24.49	700	24.92		104%	
50m flugsund	Undanrásir	1.	24.92	664	25.05	17.10.2021	101%	
100m flugsund	Úrslitsund	1.	54.48	674	55.13		102%	
100m flugsund	Undanrásir	1.	55.13	650	56.46	16.10.2021	105%	
Tinna Karen Sigurðardóttir, 14.4.2008								3
100m skriðsund	Undanrásir	25.	1:05.60	449	1:05.74	25.9.2021	100%	
200m skriðsund	Undanrásir	15.	2:20.68	483	2:21.49	26.9.2021	101%	
400m skriðsund	Undanrásir	13.	4:54.46	501	4:57.75	25.6.2021	102%	

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

50m baksund	Undanrásir	18.	34.75	399	34.74	16.10.2021	100%	
100m baksund	Undanrásir	19.	1:15.32	387	1:14.48	16.10.2021	98%	
200m baksund	Undanrásir	15.	2:39.35	415	2:38.17	17.10.2021	99%	
Veigar Hrafn Sigþórsson, 16.5.2005								
200m skriðsund	Undanrásir	ÚRskr.		-	1:55.70	26.9.2021	-	5
400m skriðsund	Úrslitsund	2.	4:00.05	691	4:02.44		102%	
400m skriðsund	Undanrásir	1.	4:02.44	671	4:04.25	25.9.2021	101%	
1500m skriðsund	Bein úrslit	2.	16:05.23	678	16:13.56	16.10.2021	102%	
200m baksund	Úrslitsund	2.	2:06.39	583	2:10.79		107%	
200m baksund	Undanrásir	3.	2:10.79	526	2:10.30	3.7.2020	99%	
400m fjörsund	Úrslitsund	2.	4:30.76	652	4:43.16		109%	
400m fjörsund	Undanrásir	2.	4:43.16	570	4:38.04	17.10.2021	96%	
Þorgerður Ósk Jónsdóttir, 27.7.2003								
50m baksund	Úrslitsund	3.	31.01	562	31.44		103%	5
50m baksund	Undanrásir	3.	31.44	539	31.50	25.9.2021	100%	
100m baksund	Úrslitsund	3.	1:05.71	582	1:07.55		106%	
100m baksund	Undanrásir	4.	1:07.55	536	1:06.32	4.7.2020	96%	
200m baksund	Úrslitsund	2.	2:23.79	565	2:26.83		104%	
200m baksund	Undanrásir	4.	2:26.83	531	2:23.36	3.7.2020	95%	
50m flugsund	Úrslitsund	8.	30.83	494	31.21		102%	
50m flugsund	Undanrásir	7.	31.21	476	30.60	25.9.2021	96%	
100m flugsund	Undanrásir	13.	1:13.84	404	1:09.03	17.10.2021	87%	
Sundfélagið Ægir								
Dominic Dadi Wheeler, 3.5.2007								
200m skriðsund	Undanrásir	24.	2:12.03	426	2:14.81	3.10.2021	104%	4
400m skriðsund	Undanrásir	21.	4:39.62	437	4:45.60	25.6.2021	104%	
800m skriðsund	Bein úrslit	10.	9:23.68	486	9:55.65	4.6.2021	112%	
400m fjörsund	Úrslitsund			-	5:12.02		-	
400m fjörsund	Undanrásir	11.	5:12.02	426	5:20.16	17.10.2021	105%	
Elísa Björnsdóttir, 21.3.2005								
50m skriðsund	Undanrásir	21.	29.89	451	30.47	15.3.2020	104%	3
100m skriðsund	Undanrásir	20.	1:05.10	459	1:05.04	3.10.2021	100%	
400m skriðsund	Undanrásir	18.	5:00.21	473	5:03.22	2.10.2021	102%	
800m skriðsund	Bein úrslit	12.	10:17.15	468	10:19.67	25.9.2021	101%	
Embla Dögg Helgadóttir, 29.7.2008								
50m bringusund	Úrslitsund			-	36.74		-	1
50m bringusund	Undanrásir	10.	36.74	469	37.93	13.6.2021	107%	
Hulda Björg Magnúsdóttir Nilsen, 12.9.2008								
100m skriðsund	Undanrásir	16.	1:04.51	472	1:04.52	12.6.2021	100%	3
200m skriðsund	Úrslitsund			-	2:18.85		-	
200m skriðsund	Undanrásir	12.	2:18.85	503	2:17.42	6.3.2021	98%	
400m skriðsund	Undanrásir	12.	4:54.03	503	4:52.90	25.6.2021	99%	
800m skriðsund	Bein úrslit	11.	9:57.96	515	10:04.38	26.6.2021	102%	
200m baksund	Undanrásir	13.	2:38.26	424	2:38.76	12.6.2021	101%	
Hulda Þorkelsdóttir, 21.5.2006								
50m skriðsund	Undanrásir	19.	29.72	459	30.05	2.10.2021	102%	2
100m skriðsund	Undanrásir	23.	1:05.48	451	1:07.17	24.4.2021	105%	
200m skriðsund	Undanrásir	17.	2:22.08	469	2:21.88	13.6.2021	100%	
Marianna Kristjánsdóttir, 6.8.1993								
50m flugsund	Úrslitsund			-	31.29		-	5
50m flugsund	Aukasund eftir undanrásir	2.	31.05	484	31.29		102%	
50m flugsund	Undanrásir	8.	31.29	473	31.90	17.10.2021	104%	
100m flugsund	Úrslitsund	5.	1:07.42	531	1:07.97		102%	
100m flugsund	Undanrásir	4.	1:07.97	518	1:08.74	2.10.2021	102%	
200m flugsund	Úrslitsund	3.	2:31.81	489	2:33.49		102%	
200m flugsund	Undanrásir	4.	2:33.49	473	2:31.30	3.10.2021	97%	
Oliver Kaldal, 2.5.2007								
200m skriðsund	Undanrásir	21.	2:10.66	439	2:13.63	3.10.2021	105%	4
400m skriðsund	Undanrásir	18.	4:36.24	453	4:40.09	16.10.2021	103%	
800m skriðsund	Bein úrslit	11.	9:28.23	475	9:55.64	30.5.2021	110%	
1500m skriðsund	Bein úrslit	8.	17:55.53	490	18:20.08	16.10.2021	105%	
Rán Björnsdóttir, 8.8.2005								
50m skriðsund	Undanrásir	17.	29.31	478	29.65	16.10.2021	102%	2
100m skriðsund	Undanrásir	24.	1:05.50	451	1:05.06	4.7.2020	99%	
50m baksund	Undanrásir	13.	33.48	447	33.88	16.10.2021	102%	
100m baksund	Undanrásir	15.	1:13.08	423	1:12.62	3.10.2021	99%	
100m bringusund	Úrslitsund			-	1:23.39		-	
100m bringusund	Undanrásir	11.	1:23.39	418	1:21.45	3.7.2020	95%	
Skúli Thor Ásgeirsson, 17.8.2002								
100m skriðsund	Undanrásir	18.	56.15	512	57.71	25.9.2021	106%	2
100m fjörsund	Undanrásir	10.	1:05.65	422	1:05.62	16.10.2021	100%	
200m fjörsund	Undanrásir	5.	2:19.79	482	2:26.80	12.3.2021	110%	
Stefán Ingi Ólafsson, 19.10.2006								
200m skriðsund	Undanrásir	16.	2:07.85	469	2:12.09	26.9.2021	107%	4
400m skriðsund	Úrslitsund			-	4:25.80		-	
400m skriðsund	Undanrásir	10.	4:25.80	509	4:35.88	16.10.2021	108%	
800m skriðsund	Bein úrslit	9.	9:13.77	513	9:22.79	26.9.2021	103%	
1500m skriðsund	Bein úrslit	6.	17:22.25	538	17:54.55	16.10.2021	106%	

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

Sunna Arnfinnsdóttir, 14.8.2007							5
200m baksund	Úrslitsund	1.	2:19.66	617	2:19.58		100%
200m baksund	Undanrásir	1.	2:19.58	618	2:21.45	25.6.2021	103%
100m fjörsund	Úrslitsund	2.	1:06.39	616	1:07.52		103%
100m fjörsund	Undanrásir	3.	1:07.52	586	1:09.00	16.10.2021	104%
200m fjörsund	Úrslitsund	4.	2:26.38	576	2:26.19		100%
200m fjörsund	Undanrásir	3.	2:26.19	579	2:26.45	2.10.2021	100%
400m fjörsund	Úrslitsund	2.	5:07.09	599	5:14.03		105%
400m fjörsund	Undanrásir	3.	5:14.03	560	5:09.89	27.6.2021	97%
Sveinn Elí Helgason, 30.4.2004							5
50m skriðsund	Úrslitsund			-	25.17		-
50m skriðsund	Undanrásir	9.	25.17	513	25.77	3.10.2021	105%
100m skriðsund	Undanrásir	23.	57.36	480	56.85	26.6.2021	98%
50m baksund	Úrslitsund	6.	29.26	437	29.45		101%
50m baksund	Undanrásir	5.	29.45	429	30.56	16.10.2021	108%
100m baksund	Úrslitsund	8.	1:05.67	398	1:05.43		99%
100m baksund	Undanrásir	7.	1:05.43	403	1:05.52	26.6.2021	100%
50m flugsund	Undanrásir	14.	27.22	510	29.30	12.6.2021	116%
Sundfélagið Óðinn							24
Bríet Björk Pálsdóttir, 23.5.2004							3
50m skriðsund	Undanrásir	23.	30.05	444	30.09		100%
100m skriðsund	Undanrásir	27.	1:06.04	440	1:06.18		100%
50m bringusund	Undanrásir	12.	36.83	466	37.53	18.9.2021	104%
Dagbjört Lilja Daníelsdóttir, 23.5.2004							-
50m skriðsund	Undanrásir	25.	30.74	415	30.08		96%
50m bringusund	Undanrásir	17.	38.91	395	37.45		93%
Eva Sól Garðarsdóttir, 9.6.2003							2
50m baksund	Undanrásir	19.	34.77	399	35.05	16.10.2021	102%
100m baksund	Undanrásir	17.	1:14.97	392	1:14.97	16.10.2021	100%
50m flugsund	Undanrásir	14.	32.61	417	33.04	24.4.2021	103%
100m flugsund	Undanrásir	14.	1:14.42	395	1:13.43	19.7.2020	97%
Eydís Arna Isaksen, 20.11.2008							1
50m bringusund	Undanrásir	16.	38.23	416	38.88		103%
100m bringusund	Undanrásir	12.	1:23.42	417	1:23.31		100%
Katrín Lóa Ingaðóttir, 8.5.2008							3
200m skriðsund	Undanrásir	19.	2:22.57	464	2:24.14	16.10.2021	102%
400m skriðsund	Undanrásir	16.	4:56.14	492	4:58.55	16.10.2021	102%
100m baksund	Undanrásir	20.	1:15.51	384	1:14.55		97%
200m baksund	Úrslitsund			-	2:37.35		-
200m baksund	Undanrásir	11.	2:37.35	431	2:39.42		103%
Kristinn Viðar Tómasson, 2.7.2006							3
100m skriðsund	Undanrásir	31.	59.82	423	1:00.84	26.6.2021	103%
200m skriðsund	Undanrásir	25.	2:12.99	417	2:10.06	25.6.2021	96%
50m baksund	Undanrásir	12.	31.33	356	31.45	16.10.2021	101%
100m baksund	Undanrásir	10.	1:08.34	353	1:07.09	26.6.2021	96%
200m baksund	Úrslitsund			-	2:25.98		-
200m baksund	Undanrásir	10.	2:25.98	378	2:26.46	16.10.2021	101%
Kristófer Óli Birkisson, 13.5.2004							3
50m skriðsund	Undanrásir	21.	26.76	427	27.49		106%
100m skriðsund	Undanrásir	34.	1:00.48	410	59.93	19.9.2021	98%
50m flugsund	Undanrásir	15.	27.84	476	28.31	17.10.2021	103%
100m flugsund	Úrslitsund			-	1:03.19		-
100m flugsund	Undanrásir	10.	1:03.19	432	1:05.43		107%
200m fjörsund	Undanrásir	14.	2:29.72	392	2:28.49	16.10.2021	98%
Matthildur Eir Valdimarsdóttir, 4.2.2006							-
100m skriðsund	Undanrásir	28.	1:09.13	384	1:07.45	24.4.2021	95%
200m skriðsund	Undanrásir	27.	2:27.75	417	2:24.43		96%
50m bringusund	Undanrásir	19.	39.55	376	38.94	17.10.2021	97%
Naomí Arnarsdóttir, 17.12.2007							2
200m skriðsund	Undanrásir	14.	2:20.23	488	2:24.41		106%
800m skriðsund	Bein úrslit	10.	9:57.45	516	10:24.89	16.10.2021	109%
Rebekka Sif Ómarsdóttir, 26.5.2003							3
100m skriðsund	Úrslitsund			-	1:03.50		-
100m skriðsund	Undanrásir	10.	1:03.50	495	1:04.56	19.9.2021	103%
200m skriðsund	Úrslitsund			-	2:18.13		-
200m skriðsund	Undanrásir	11.	2:18.13	510	2:16.53	3.7.2020	98%
400m skriðsund	Úrslitsund			-	4:45.17		-
400m skriðsund	Undanrásir	9.	4:45.17	551	4:45.21	3.7.2020	100%
800m skriðsund	Bein úrslit	ÚRskr.		-	9:53.93	4.7.2020	-
200m fjörsund	Undanrásir	13.	2:38.47	454	2:40.74	4.7.2020	103%
Viktor Emil Sigtryggsson, 10.4.2000							2
50m skriðsund	Undanrásir	19.	26.17	457	26.64	16.10.2021	104%
100m skriðsund	Undanrásir	24.	58.15	461	58.82	16.10.2021	102%
Örn Kató Arnarsson, 14.12.2005							2
400m skriðsund	Undanrásir	17.	4:34.54	462	4:33.47	27.6.2021	99%
800m skriðsund	Bein úrslit	8.	9:12.94	515	9:10.19	27.6.2021	99%
50m bringusund	Úrslitsund	8.	33.36	433	33.26		99%

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 12. - 14.11.2021

50m bringusund	Undanrásir	8.	33.26	437	33.86	16.10.2021	104%	
100m bringusund	Úrslitsund			-	1:14.29		-	
100m bringusund	Undanrásir	9.	1:14.29	413	1:14.08	25.6.2021	99%	
200m bringusund	Úrslitsund	5.	2:36.74	450	2:34.45		97%	
200m bringusund	Undanrásir	5.	2:34.45	470	2:38.28	17.10.2021	105%	
UMF Afturelding								
Birta Rún Smáradóttir, 8.9.2004								
50m skriðsund	Úrslitsund			-	27.79		-	
50m skriðsund	Undanrásir	9.	27.79	561	28.94	5.6.2021	108%	
100m skriðsund	Úrslitsund	5.	1:00.12	583	1:00.67		102%	
100m skriðsund	Undanrásir	6.	1:00.67	568	1:00.77	17.10.2021	100%	
100m bringusund	Úrslitsund	6.	1:18.65	498	1:18.43		99%	
100m bringusund	Undanrásir	7.	1:18.43	502	1:18.73	25.6.2021	101%	
200m bringusund	Úrslitsund	7.	2:48.53	509	2:48.18		100%	
200m bringusund	Undanrásir	6.	2:48.18	512	2:54.24	25.6.2021	107%	
200m fjörsund	Undanrásir	9.	2:36.56	471	2:33.74	25.6.2021	96%	
400m fjörsund	Úrslitsund	5.	5:24.37	508	5:30.53		104%	
400m fjörsund	Undanrásir	7.	5:30.53	480	5:25.51	16.10.2021	97%	
Daniel Hannes Pálsson, 7.12.1995								
100m skriðsund	Úrslitsund	3.	50.96	685	52.40		106%	
100m skriðsund	Undanrásir	4.	52.40	630	51.57	16.10.2021	97%	
50m flugsund	Úrslitsund	4.	24.88	668	25.11		102%	
50m flugsund	Undanrásir	2.	25.11	649	24.98	17.10.2021	99%	
100m flugsund	Úrslitsund	2.	54.77	663	58.72		115%	
100m flugsund	Undanrásir	4.	58.72	538	56.08	19.9.2021	91%	
Hilmar Smári Jonsson, 14.11.1994								
50m skriðsund	Úrslitsund	6.	24.53	555	24.65		101%	
50m skriðsund	Undanrásir	7.	24.65	547	25.36	16.10.2021	106%	
Sigurður Þráinn Sigurðsson, 19.6.2002								
100m skriðsund	Undanrásir	33.	1:00.37	412	1:00.76	6.6.2021	101%	
Ásdís Gunnarsdóttir, 26.2.2008								
50m skriðsund	Undanrásir	16.	29.00	494	30.08	18.9.2021	108%	
100m skriðsund	Undanrásir	14.	1:04.37	475	1:04.62	25.6.2021	101%	
200m skriðsund	Undanrásir	19.	2:22.57	464	2:20.71	25.6.2021	97%	
50m baksund	Undanrásir	14.	33.94	429	33.74	16.10.2021	99%	
100m baksund	Undanrásir	13.	1:12.80	428	1:13.74	25.6.2021	103%	
200m baksund	Úrslitsund			-	2:37.56		-	
200m baksund	Undanrásir	12.	2:37.56	430	2:38.93	25.6.2021	102%	
ÍFR								
Sigríður Aníta Rognvaldsdóttir S14, 7.10.2001								
50m skriðsund	Undanrásir	27.	33.26	327	33.02		99%	
100m skriðsund	Undanrásir	31.	1:14.63	305	1:15.25		102%	
50m baksund	Undanrásir	21.	39.28	276	39.73		102%	
100m baksund	Undanrásir	22.	1:26.66	254	1:21.56		89%	
Snævar Örn Kristmannsson S14, 22.9.2006								
50m skriðsund	Undanrásir	26.	29.69	313	30.60		106%	
100m skriðsund	Undanrásir	35.	1:04.65	335	1:05.99		104%	
200m skriðsund	Undanrásir	30.	2:22.41	339	2:28.80		109%	
50m baksund	Undanrásir	13.	36.11	232	37.92		110%	
50m flugsund	Undanrásir	20.	31.27	336	31.24		100%	
100m flugsund	Undanrásir	14.	1:09.92	319	1:09.96		100%	
200m flugsund	Undanrásir	6.	2:36.26	332	2:36.56		100%	
Sonja Sigurdardóttir S4SB, 28.1.1990								
50m skriðsund	Undanrásir	34.	1:08.68	37	1:05.16		90%	
100m skriðsund	Undanrásir	35.	2:23.09	43	2:22.60		99%	
50m baksund	Undanrásir	24.	1:08.27	52	1:04.19		88%	
100m baksund	Undanrásir	26.	2:19.03	61	2:24.20		108%	
Thelma Björnsdóttir S6 Sb5, 25.3.1996								
50m skriðsund	Undanrásir	33.	41.86	164	43.07		106%	
100m skriðsund	Undanrásir	34.	1:30.25	172	1:35.80		113%	
100m baksund	Undanrásir	25.	1:56.78	103	1:54.53		96%	
50m bringusund	Undanrásir	21.	53.34	153	55.03		106%	
100m bringusund	Undanrásir	15.	1:54.94	159	1:54.97		100%	
200m bringusund	Undanrásir	13.	4:07.35	161	4:00.94		95%	
Íþróttabandalag Reykjanesbæjar								
Alexander Logi Jónsson, 17.11.2004								
800m skriðsund	Bein úrslit	ÚRskr.		-	8:42.42	17.10.2021	-	
50m baksund	Úrslitsund	3.	27.61	521	27.87		102%	
50m baksund	Undanrásir	3.	27.87	506	28.81	25.9.2021	107%	
200m baksund	Úrslitsund	3.	2:08.11	560	2:10.70		104%	
200m baksund	Undanrásir	2.	2:10.70	527	2:13.08	25.6.2021	104%	
200m bringusund	Úrslitsund	2.	2:22.62	598	2:28.70		109%	
200m bringusund	Undanrásir	2.	2:28.70	527	2:25.68	16.5.2021	96%	
200m flugsund	Úrslitsund	1.	2:08.04	604	2:11.40		105%	
200m flugsund	Undanrásir	2.	2:11.40	558	2:11.65	16.10.2021	100%	
400m fjörsund	Úrslitsund	3.	4:35.14	621	4:39.41		103%	

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400m fjörsund	Undanrásir	1.	4:39.41	593	4:39.60	30.12.2020	100%	
Aron Fannar Kristínarson, 14.6.2003								
100m bringusund	Úrslitsund	4.	1:07.09	561	1:07.07		100%	7
100m bringusund	Undanrásir	4.	1:07.07	561	1:08.51	16.10.2021	104%	
100m fjörsund	Úrslitsund	2.	58.97	583	59.62		102%	
100m fjörsund	Undanrásir	3.	59.62	564	1:01.56	16.10.2021	107%	
200m fjörsund	Úrslitsund	3.	2:10.31	595	2:10.85		101%	
200m fjörsund	Undanrásir	3.	2:10.85	588	2:12.92	30.1.2021	103%	
400m fjörsund	Úrslitsund	4.	4:39.86	590	4:46.07		104%	
400m fjörsund	Undanrásir	5.	4:46.07	553	4:46.13	5.7.2020	100%	
Athena Líf Prastardóttir, 24.7.2007								
50m baksund	Úrslitsund			-	32.63		-	
50m baksund	Undanrásir	11.	32.63	482	33.71		107%	
100m baksund	Úrslitsund	6.	1:09.10	501	1:09.52		101%	
100m baksund	Undanrásir	7.	1:09.52	492	1:09.86	16.10.2021	101%	
200m baksund	Úrslitsund	3.	2:25.83	542	2:26.47		101%	
200m baksund	Undanrásir	2.	2:26.47	535	2:27.72	17.10.2021	102%	
200m fjörsund	Úrslitsund			-	2:37.36		-	
200m fjörsund	Undanrásir	12.	2:37.36	464	2:35.44	17.10.2021	98%	
Daði Rafn Falsson, 10.9.2008								
400m fjörsund	Undanrásir	12.	5:18.24	401	5:22.11	27.6.2021	102%	1
Denas Kazulis, 13.1.2008								
100m skriðsund	Undanrásir	28.	59.03	441	58.73	16.10.2021	99%	2
200m skriðsund	Undanrásir	17.	2:08.15	466	2:10.91	25.6.2021	104%	
400m skriðsund	Undanrásir	15.	4:32.23	473	4:39.22	25.9.2021	105%	
Elísabet Arnoddsdóttir, 12.2.2009								
400m skriðsund	Undanrásir	14.	4:55.46	496	4:50.53	16.10.2021	97%	1
50m flugsund	Undanrásir	11.	31.54	461	31.53	25.9.2021	100%	
100m flugsund	Úrslitsund			-	1:10.65		-	
100m flugsund	Undanrásir	10.	1:10.65	461	1:10.59	2.10.2021	100%	
200m fjörsund	Undanrásir	14.	2:38.94	450	2:36.24	17.10.2021	97%	
400m fjörsund	Úrslitsund	4.	5:22.24	518	5:25.13		102%	
400m fjörsund	Undanrásir	6.	5:25.13	505	5:23.91	16.10.2021	99%	
Elísabet Jóhannesdóttir, 12.12.2006								
50m skriðsund	Undanrásir	15.	28.99	494	29.11	16.10.2021	101%	5
100m skriðsund	Undanrásir	12.	1:04.05	482	1:02.80	16.5.2021	96%	
400m skriðsund	Undanrásir	ÚRskr.		-	4:42.01	16.10.2021	-	
50m baksund	Úrslitsund	7.	31.86	518	31.90		100%	
50m baksund	Undanrásir	7.	31.90	516	34.07	20.3.2021	114%	
100m baksund	Úrslitsund			-	1:10.00		-	
100m baksund	Undanrásir	9.	1:10.00	482	1:09.32	16.10.2021	98%	
200m baksund	Úrslitsund	4.	2:27.89	520	2:29.10		102%	
200m baksund	Undanrásir	6.	2:29.10	507	2:30.68	17.10.2021	102%	
Eva Margrét Falsdóttir, 5.6.2005								
50m bringusund	Úrslitsund	1.	32.98	649	34.42		109%	8
50m bringusund	Undanrásir	2.	34.42	571	34.12	17.10.2021	98%	
100m bringusund	Úrslitsund	1.	1:11.65	659	1:14.30		108%	
100m bringusund	Undanrásir	1.	1:14.30	591	1:12.55	15.5.2021	95%	
200m bringusund	Úrslitsund	1.	2:32.52	686	2:35.80		104%	
200m bringusund	Undanrásir	1.	2:35.80	644	2:35.00	5.7.2020	99%	
100m flugsund	Úrslitsund	2.	1:03.78	627	1:05.60		106%	
100m flugsund	Undanrásir	2.	1:05.60	576	1:05.18	30.12.2020	99%	
100m fjörsund	Úrslitsund	1.	1:05.06	655	1:06.35		104%	
100m fjörsund	Undanrásir	1.	1:06.35	617	1:06.82	16.10.2021	101%	
200m fjörsund	Úrslitsund	1.	2:17.92	689	2:23.12		108%	
200m fjörsund	Undanrásir	1.	2:23.12	617	2:21.14	26.6.2021	97%	
400m fjörsund	Úrslitsund	1.	4:53.69	685	4:57.99		103%	
400m fjörsund	Undanrásir	1.	4:57.99	656	4:53.22	27.6.2021	97%	
Fannar Snævar Hauksson, 7.9.2004								
100m skriðsund	Úrslitsund	5.	51.93	648	51.56		99%	4
100m skriðsund	Undanrásir	3.	51.56	662	52.51	26.6.2021	104%	
50m flugsund	Úrslitsund	5.	25.11	649	25.12		100%	
50m flugsund	Undanrásir	3.	25.12	649	25.73	25.9.2021	105%	
100m flugsund	Úrslitsund	4.	56.13	616	55.66		98%	
100m flugsund	Undanrásir	2.	55.66	632	57.03	5.7.2020	105%	
Freydís Lilja Bergþórsdóttir, 30.7.2009								
200m fjörsund	Undanrásir	17.	2:40.52	437	2:44.15	17.10.2021	105%	1
Gabriel Þór Sigurmundarson, 22.6.2003								
50m skriðsund	Undanrásir	24.	27.07	413	28.02	20.3.2021	107%	3
100m skriðsund	Undanrásir	32.	1:00.01	419	59.70	4.7.2020	99%	
400m skriðsund	Undanrásir	14.	4:32.13	474	4:25.38	3.7.2020	95%	
200m fjörsund	Úrslitsund			-	2:24.65		-	
200m fjörsund	Undanrásir	10.	2:24.65	435	2:31.47	20.3.2021	110%	
400m fjörsund	Úrslitsund			-	5:11.87		-	
400m fjörsund	Undanrásir	10.	5:11.87	426	5:23.17	11.4.2021	107%	
Guðmundur Leo Rafnsson, 16.8.2006								
100m skriðsund	Undanrásir	19.	56.60	500	57.25	16.10.2021	102%	6
200m skriðsund	Undanrásir	11.	2:03.80	517	2:04.74	17.10.2021	102%	
50m baksund	Úrslitsund			-	30.38		-	
50m baksund	Undanrásir	9.	30.38	391	30.99	16.10.2021	104%	

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100m baksund	Úrslitsund	4.	1:02.96	452	1:02.90		100%	
100m baksund	Undanrásir	3.	1:02.90	453	1:05.74	17.10.2021	109%	
200m baksund	Úrslitsund	4.	2:14.72	482	2:16.77		103%	
200m baksund	Undanrásir	4.	2:16.77	460	2:20.63	16.10.2021	106%	
Jakob Ingi Reynisson, 23.2.2006								
200m skriðsund	Undanrásir	26.	2:13.14	415	2:12.29	17.10.2021	99%	1
400m skriðsund	Undanrásir	24.	4:44.50	415	4:39.13	25.6.2021	96%	
800m skriðsund	Bein úrslit	13.	9:41.58	443	9:42.70	27.6.2021	100%	
Katla María Brynjarsdóttir, 15.4.2007								
400m skriðsund	Úrslitsund	7.	4:39.15	588	4:43.30		103%	3
400m skriðsund	Undanrásir	7.	4:43.30	562	4:40.61	25.6.2021	98%	
800m skriðsund	Bein úrslit	4.	9:23.59	615	9:36.96	26.6.2021	105%	
1500m skriðsund	Bein úrslit	5.	18:11.84	594	18:42.69	11.4.2021	106%	
100m baksund	Undanrásir	12.	1:12.21	439	1:10.61	26.6.2021	96%	
200m baksund	Undanrásir	9.	2:32.61	473	2:30.93	26.9.2021	98%	
Kristófer Atli Andersen, 9.4.2002								
50m flugsund	Úrslitsund	7.	26.24	569	26.03		98%	-
50m flugsund	Undanrásir	7.	26.03	583	25.91		99%	
Kári Snær Halldórsson, 13.1.2004								
50m bringusund	Úrslitsund	5.	29.75	611	30.25		103%	5
50m bringusund	Undanrásir	6.	30.25	581	31.18	16.10.2021	106%	
100m bringusund	Úrslitsund	6.	1:07.41	553	1:07.16		99%	
100m bringusund	Undanrásir	5.	1:07.16	559	1:07.96	25.6.2021	102%	
50m flugsund	Úrslitsund	-	-	-	27.04		-	
50m flugsund	Undanrásir	9.	27.04	520	28.24	17.10.2021	109%	
100m fjørsund	Undanrásir	8.	1:03.15	475	1:05.51	16.10.2021	108%	
Nikolai Leo Jónsson, 22.7.2008								
400m fjørsund	Undanrásir	14.	5:18.71	399	5:13.50	17.10.2021	97%	-
Rebekka Marín Arngesrdóttir, 22.9.2005								
50m bringusund	Undanrásir	14.	37.23	451	37.94	17.10.2021	104%	1
100m bringusund	Úrslitsund	-	-	-	1:22.23		-	
100m bringusund	Undanrásir	10.	1:22.23	436	1:19.86	30.12.2020	94%	
200m fjørsund	Úrslitsund	-	-	-	2:37.27		-	
200m fjørsund	Undanrásir	11.	2:37.27	465	2:33.29	30.1.2021	95%	
Stefán Elías Berman, 8.10.2003								
50m skriðsund	Úrslitsund	4.	24.23	575	24.41		101%	6
50m skriðsund	Undanrásir	4.	24.41	563	24.59	16.10.2021	101%	
100m skriðsund	Úrslitsund	7.	53.22	602	53.66		102%	
100m skriðsund	Undanrásir	8.	53.66	587	55.14	4.7.2020	106%	
200m skriðsund	Úrslitsund	4.	1:57.51	604	1:58.53		102%	
200m skriðsund	Undanrásir	4.	1:58.53	589	2:02.16	3.7.2020	106%	
Sunneva Bergmann Ásbjörnsdóttir, 13.1.2007								
400m skriðsund	Úrslitsund	3.	4:31.81	637	4:34.14		102%	3
400m skriðsund	Undanrásir	4.	4:34.14	621	4:30.66	26.9.2021	97%	
800m skriðsund	Bein úrslit	2.	9:10.97	658	9:25.48	26.6.2021	105%	
1500m skriðsund	Bein úrslit	3.	17:49.77	631	17:54.88	17.10.2021	101%	
50m bringusund	Undanrásir	11.	36.76	468	35.86	25.9.2021	95%	
400m fjørsund	Undanrásir	ÚRskr.	-	-	5:11.72	16.10.2021	-	
Sólveig María Baldursdóttir, 4.1.2004								
50m bringusund	Úrslitsund	8.	36.33	485	36.05		98%	4
50m bringusund	Undanrásir	8.	36.05	497	36.69		104%	
100m bringusund	Úrslitsund	5.	1:16.93	532	1:16.94		100%	
100m bringusund	Undanrásir	4.	1:16.94	532	1:17.03	16.10.2021	100%	
200m bringusund	Úrslitsund	5.	2:43.77	554	2:44.81		101%	
200m bringusund	Undanrásir	4.	2:44.81	544	2:42.84	30.1.2021	98%	
100m flugsund	Undanrásir	12.	1:11.31	449	1:10.67	30.12.2020	98%	
200m flugsund	Undanrásir	ÚRskr.	-	-	2:36.61	26.6.2021	-	
200m fjørsund	Úrslitsund	7.	2:35.84	478	2:35.55		100%	
200m fjørsund	Undanrásir	8.	2:35.55	480	2:33.22	30.12.2020	97%	
Ástrós Lovísa Hauksdóttir, 7.10.2008								
50m baksund	Undanrásir	10.	32.45	490	32.75	25.9.2021	102%	4
100m baksund	Úrslitsund	8.	1:09.88	484	1:09.92		100%	
100m baksund	Undanrásir	8.	1:09.92	483	1:11.52	16.5.2021	105%	
200m baksund	Úrslitsund	8.	2:30.59	492	2:33.25		104%	
200m baksund	Undanrásir	10.	2:33.25	467	2:31.56	17.10.2021	98%	
200m fjørsund	Undanrásir	18.	2:44.37	407	2:41.78	26.9.2021	97%	
Þórey Una Arnlaugsdóttir, 11.9.2006								
200m fjørsund	Undanrásir	ÚRskr.	-	-	2:47.83	21.3.2021	-	-
Íþróttafélagið Fjörður								
Anna Rósa Þrastardóttir S14, 16.7.2004								
50m skriðsund	Undanrásir	28.	33.30	326	33.36	25.9.2021	100%	23
100m skriðsund	Undanrásir	30.	1:12.40	334	1:14.80	25.6.2021	107%	5
200m skriðsund	Undanrásir	28.	2:37.28	346	2:38.59	25.6.2021	102%	
400m skriðsund	Undanrásir	23.	5:27.55	364	5:38.08	26.9.2021	107%	
100m baksund	Undanrásir	23.	1:31.51	215	1:30.82	25.9.2021	98%	
200m baksund	Undanrásir	16.	3:11.64	239	3:18.92	21.3.2021	108%	

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Emelía Ýr S14 Gunnarsdóttir, 9.6.2005								4
50m skriðsund	Undanrásir	30.	34.33	297	35.60	16.10.2021	108%	
50m baksund	Undanrásir	22.	40.04	261	41.02	16.10.2021	105%	
50m flugsund	Undanrásir	15.	34.51	352	34.80	16.10.2021	102%	
100m flugsund	Undanrásir	15.	1:21.18	304	1:24.31	17.10.2021	108%	
Guðfinnur Karlsson S11, 3.11.1988								4
100m skriðsund	Undanrásir	37.	1:16.37	203	1:16.28	17.10.2021	100%	
200m skriðsund	Undanrásir	32.	2:37.97	248	2:37.27	17.10.2021	99%	
100m baksund	Undanrásir	11.	1:24.37	187	1:26.44	17.10.2021	105%	
100m bringusund	Undanrásir	10.	1:29.20	238	1:30.22	16.10.2021	102%	
100m fjórsund	Undanrásir	11.	1:23.94	202	1:24.29		101%	
200m fjórsund	Undanrásir	15.	2:58.09	233	3:03.63	6.2.2021	106%	
Herdís Rut Guðbjartsdóttir S14, 18.3.2004								3
50m skriðsund	Undanrásir	29.	33.65	316	34.69	4.1.2020	106%	
100m baksund	Undanrásir	21.	1:26.41	256	1:30.16	25.1.2020	109%	
50m bringusund	Undanrásir	ÚRskr.		-	43.97	25.6.2021	-	
100m bringusund	Undanrásir	14.	1:38.52	253	1:35.59	25.6.2021	94%	
100m fjórsund	Undanrásir	8.	1:27.19	272	1:30.10		107%	
200m fjórsund	Undanrásir	ÚRskr.		-	3:07.63	25.6.2021	-	
Hjörtur Ingvarsson S5, 24.10.1995								1
50m skriðsund	Undanrásir	28.	42.59	106	42.98	16.10.2021	102%	
100m skriðsund	Undanrásir	38.	1:30.86	120	1:29.04	16.10.2021	96%	
200m skriðsund	Undanrásir	33.	3:14.89	132	3:08.38	17.10.2021	93%	
50m baksund	Undanrásir	14.	49.00	93	48.56	16.10.2021	98%	
100m baksund	Undanrásir	12.	1:42.68	104	1:41.74	17.10.2021	98%	
Sigrún S16 Kjartansdóttir, 30.12.2003								1
50m skriðsund	Undanrásir	31.	39.68	192	41.46	17.10.2021	109%	
100m skriðsund	Undanrásir	33.	1:29.04	179	1:28.55	17.10.2021	99%	
200m skriðsund	Undanrásir	LAUKekki		-	3:19.29	20.3.2021	-	
Tanya Jóhannsdóttir S7, 25.11.2003								5
50m skriðsund	Undanrásir	32.	40.19	185	40.41	4.1.2020	101%	
100m skriðsund	Undanrásir	32.	1:25.17	205	1:25.60	25.9.2021	101%	
50m baksund	Undanrásir	23.	47.51	156	48.03	16.10.2021	102%	
100m baksund	Undanrásir	24.	1:40.21	164	1:41.14	25.9.2021	102%	
200m baksund	Undanrásir	17.	3:30.67	179	3:42.95	11.4.2021	112%	
Íþróttafélagið Ívar								-
Kristín Þorsteinsdóttir,								-
50m skriðsund	Undanrásir	ÚRskr.		-	37.45		-	
50m baksund	Undanrásir	ÚRskr.		-	46.95		-	