

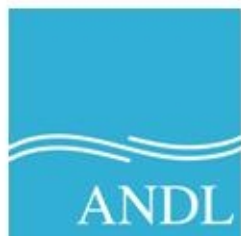
CDPC - Juv, Jun e Seniores + PP de Infantis
Leiria, 6 - 7/11/2021

Prova 39 Femin., 800m Livres Junior
07/11/2021 - 16:32 Resultados

Rec Nac 25m Absoluto	8:20.97	Diana Marqarida, DURAES	POR	Glasqow (GBR)	04/12/2019
Rec Nac 25m 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015
Rec Nac 25m 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014

Pontos: FINA 2020

Lugar	Ano	Tempo final	Pts
1. Joana Silva, ALVES	05	Benedita 9:18.88	630
50m: 31.30 31.30	250m: 2:50.91 35.25	450m: 5:12.37 35.19	650m: 7:34.56 35.60
100m: 1:05.32 34.02	300m: 3:26.38 35.47	500m: 5:48.12 35.75	700m: 8:10.04 35.48
150m: 1:40.28 34.96	350m: 4:01.72 35.34	550m: 6:23.65 35.53	750m: 8:45.14 35.10
200m: 2:15.66 35.38	400m: 4:37.18 35.46	600m: 6:58.96 35.31	800m: 9:18.88 33.74
2. Ana Francisca, SILVA	06	Alcobaca 9:30.80	592
50m: 32.13 32.13	250m: 2:53.74 35.55	450m: 5:17.29 35.97	650m: 7:42.72 36.37
100m: 1:06.63 34.50	300m: 3:29.62 35.88	500m: 5:53.87 36.58	700m: 8:19.31 36.59
150m: 1:42.09 35.46	350m: 4:05.41 35.79	550m: 6:30.07 36.20	750m: 8:55.61 36.30
200m: 2:18.19 36.10	400m: 4:41.32 35.91	600m: 7:06.35 36.28	800m: 9:30.80 35.19
3. Joana Rosa, FERREIRA	05	Naval de Peniche 9:37.23	572
50m: 32.35 32.35	250m: 2:56.42 36.15	450m: 5:22.36 36.71	650m: 7:48.91 36.51
100m: 1:07.87 35.52	300m: 3:32.74 36.32	500m: 5:58.95 36.59	700m: 8:24.90 35.99
150m: 1:44.09 36.22	350m: 4:08.86 36.12	550m: 6:35.82 36.87	750m: 9:02.26 37.36
200m: 2:20.27 36.18	400m: 4:45.65 36.79	600m: 7:12.40 36.58	800m: 9:37.23 34.97
4. Filipa Paiva, DINIS	06	Ba-Leiria 9:46.33	546
50m: 33.56 33.56	250m: 3:00.31 36.70	450m: 5:28.16 37.03	650m: 7:55.84 36.62
100m: 1:09.92 36.36	300m: 3:37.13 36.82	500m: 6:05.07 36.91	700m: 8:32.92 37.08
150m: 1:46.54 36.62	350m: 4:14.22 37.09	550m: 6:42.10 37.03	750m: 9:09.69 36.77
200m: 2:23.61 37.07	400m: 4:51.13 36.91	600m: 7:19.22 37.12	800m: 9:46.33 36.64
5. Maria Francisca, FROIS	06	Ba-Leiria 10:04.35	498
50m: 33.27 33.27	250m: 3:07.52 38.63	450m: 5:34.72 37.79	650m: 8:06.44 40.34
100m: 1:10.47 37.20	300m: 3:43.76 36.24	500m: 6:11.36 36.64	700m: 8:46.50 40.06
150m: 1:49.96 39.49	350m: 4:20.38 36.62	550m: 6:48.08 36.72	750m: 9:25.92 39.42
200m: 2:28.89 38.93	400m: 4:56.93 36.55	600m: 7:26.10 38.02	800m:10:04.35 38.43
6. Ana Luisa, RENDEIRO	06	Nucleo de Pombal 10:26.45	447
50m: 34.09 34.09	250m: 3:09.25 39.62	450m: 5:48.57 39.86	650m: 8:27.97 39.67
100m: 1:11.39 37.30	300m: 3:49.00 39.75	500m: 6:28.49 39.92	700m: 9:07.92 39.95
150m: 1:50.49 39.10	350m: 4:28.66 39.66	550m: 7:08.37 39.88	750m: 9:47.79 39.87
200m: 2:29.63 39.14	400m: 5:08.71 40.05	600m: 7:48.30 39.93	800m:10:26.45 38.66
7. Margarida Marques, ARROJA	06	Pimpoes/Cimai 10:48.57	403
50m: 36.56 36.56	250m: 3:21.90 41.29	450m: 6:08.97 42.22	650m: 8:50.96 40.40
100m: 1:18.10 41.54	300m: 4:02.77 40.87	500m: 6:49.60 40.63	700m: 9:31.03 40.07
150m: 1:59.32 41.22	350m: 4:44.74 41.97	550m: 7:30.02 40.42	750m:10:10.63 39.60
200m: 2:40.61 41.29	400m: 5:26.75 42.01	600m: 8:10.56 40.54	800m:10:48.57 37.94
8. Beatriz Silva, CONCEICAO	05	Benedita 10:56.87	388
50m: 35.19 35.19	250m: 3:19.99 41.54	450m: 6:07.30 41.53	650m: 8:54.23 41.09
100m: 1:15.26 40.07	300m: 4:01.72 41.73	500m: 6:49.25 41.95	700m: 9:36.68 42.45
150m: 1:56.48 41.22	350m: 4:43.44 41.72	550m: 7:30.82 41.57	750m:10:17.67 40.99
200m: 2:38.45 41.97	400m: 5:25.77 42.33	600m: 8:13.14 42.32	800m:10:56.87 39.20



CDPC - Juv, Jun e Seniores + PP de Infantis
Leiria, 6 - 7/11/2021

Prova 39, Femin., 800m Livres

Prova 39 Femin., 800m Livres Juvenil A
07/11/2021 - 16:32 Resultados

Rec Nac 25m Absoluto	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac 25m JUV A	8:46.74	Ana Cláudia, SANTOS	SFUAP	Cantanhede	19/12/2004

Pontos: FINA 2020

Lugar			Ano					Tempo final	Pts
1.	Matilde Violante, VIANA		07	Ba-Leiria				9:49.18	538
	50m:	32.97 32.97	250m:	3:00.61 37.05	450m:	5:30.30 37.64	650m:	7:58.79 37.26	
	100m:	1:10.07 37.10	300m:	3:38.26 37.65	500m:	6:07.77 37.47	700m:	8:36.16 37.37	
	150m:	1:47.20 37.13	350m:	4:15.36 37.10	550m:	6:44.96 37.19	750m:	9:12.96 36.80	
	200m:	2:23.56 36.36	400m:	4:52.66 37.30	600m:	7:21.53 36.57	800m:	9:49.18 36.22	
2.	Leonor Vendima, COELHO		07	Uniao Juncalense				11:39.68	321
	50m:	39.84 39.84	250m:	3:36.66 44.38	450m:	6:33.73 44.17	650m:	9:31.46 43.96	
	100m:	1:23.39 43.55	300m:	4:20.43 43.77	500m:	7:17.78 44.05	700m:	10:15.31 43.85	
	150m:	2:07.64 44.25	350m:	5:04.71 44.28	550m:	8:02.75 44.97	750m:	10:58.42 43.11	
	200m:	2:52.28 44.64	400m:	5:49.56 44.85	600m:	8:47.50 44.75	800m:	11:39.68 41.26	

Prova 39 Femin., 800m Livres Juvenil B
07/11/2021 - 16:32 Resultados

Rec Nac 25m Absoluto	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac 25m JUV B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	20/12/1980

Pontos: FINA 2020

Lugar			Ano					Tempo final	Pts
1.	Rita Rocha, SILVA		08	Alcobaca				10:44.41	411
	50m:	37.46 37.46	250m:	3:20.04 41.07	450m:	6:03.27 40.47	650m:	8:44.86 40.40	
	100m:	1:17.72 40.26	300m:	4:01.32 41.28	500m:	6:43.70 40.43	700m:	9:24.86 40.00	
	150m:	1:58.30 40.58	350m:	4:42.14 40.82	550m:	7:24.19 40.49	750m:	10:05.27 40.41	
	200m:	2:38.97 40.67	400m:	5:22.80 40.66	600m:	8:04.46 40.27	800m:	10:44.41 39.14	
2.	Matilde Andre, LUIS		08	Alcobaca				10:48.88	403
	50m:	37.51 37.51	250m:	3:20.94 40.90	450m:	6:05.62 41.39	650m:	8:49.10 40.55	
	100m:	1:18.77 41.26	300m:	4:02.32 41.38	500m:	6:46.77 41.15	700m:	9:30.01 40.91	
	150m:	1:59.60 40.83	350m:	4:43.11 40.79	550m:	7:27.68 40.91	750m:	10:11.20 41.19	
	200m:	2:40.04 40.44	400m:	5:24.23 41.12	600m:	8:08.55 40.87	800m:	10:48.88 37.68	
3.	Rita Alexandra, REBELO		08	Alcobaca				10:56.63	389
	50m:	38.33 38.33	250m:	3:21.21 41.01	450m:	6:05.70 41.51	650m:	8:52.16 42.22	
	100m:	1:18.72 40.39	300m:	4:02.39 41.18	500m:	6:46.94 41.24	700m:	9:34.48 42.32	
	150m:	1:59.41 40.69	350m:	4:43.36 40.97	550m:	7:28.03 41.09	750m:	10:16.12 41.64	
	200m:	2:40.20 40.79	400m:	5:24.19 40.83	600m:	8:09.94 41.91	800m:	10:56.63 40.51	