

CDPC - Juv, Jun e Seniores + PP de Infantis  
Leiria, 6 - 7/11/2021

Prova 30	Femin., 200m Costas				Senior
07/11/2021 - 10:32					Resultados
Rec Nac 25m Absoluto	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	08/12/2017
Rec Nac 25m SEN	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	08/12/2017

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
DNS Beatriz Sofia, AMARO	04	Nautico Marinha Grande	

Prova 30	Femin., 200m Costas				Junior
07/11/2021 - 10:32					Resultados
Rec Nac 25m Absoluto	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	08/12/2017
Rec Nac 25m 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	20/12/2019
Rec Nac 25m 16	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2018

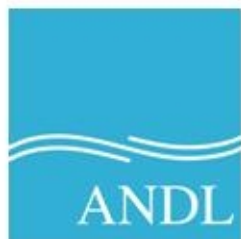
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ariana Bento, CARAPINHA	06	Nautico Marinha Grande	2:23.39 570
50m: 32.55 32.55 100m: 1:08.25 35.70 150m: 1:46.15 37.90 200m: 2:23.39 37.24			
2. Carlota Macedo, LAGOA	05	Ba-Leiria	2:26.14 539
50m: 34.89 34.89 100m: 1:12.30 37.41 150m: 1:49.10 36.80 200m: 2:26.14 37.04			
3. Ana Francisca, SILVA	06	Alcobaca	2:27.13 528
50m: 34.61 34.61 100m: 1:11.59 36.98 150m: 1:49.44 37.85 200m: 2:27.13 37.69			
4. Leonor Verissimo, FARIA	06	Nucleo de Pombal	2:28.87 509
50m: 36.12 36.12 100m: 1:13.78 37.66 150m: 1:51.82 38.04 200m: 2:28.87 37.05			
5. Joana Silva, ALVES	05	Benedita	2:32.19 477
50m: 36.30 36.30 100m: 1:14.72 38.42 150m: 1:53.70 38.98 200m: 2:32.19 38.49			
6. Filipa Paiva, DINIS	06	Ba-Leiria	2:33.64 463
50m: 35.82 35.82 100m: 1:14.80 38.98 150m: 1:54.45 39.65 200m: 2:33.64 39.19			
7. Filipa Mendes, SIMOES	06	Ba-Leiria	2:39.32 416
50m: 36.90 36.90 100m: 1:17.21 40.31 150m: 1:57.86 40.65 200m: 2:39.32 41.46			
8. Ines Mira, PINO	06	Pimpoes/Cimai	2:40.11 409
50m: 38.66 38.66 100m: 1:19.07 40.41 150m: 2:00.10 41.03 200m: 2:40.11 40.01			
9. Mafalda Caetano, LOURENCO	06	Vieirense	2:47.94 355
50m: 39.60 39.60 100m: 1:21.14 41.54 150m: 2:04.70 43.56 200m: 2:47.94 43.24			

Prova 30	Femin., 200m Costas				Juvenil A
07/11/2021 - 10:32					Resultados
Rec Nac 25m Absoluto	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	08/12/2017
Rec Nac 25m JUV A	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	12/05/2018

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Matilde Violante, VIANA	07	Ba-Leiria	2:34.72 454
50m: 36.06 36.06 100m: 1:15.21 39.15 150m: 1:54.97 39.76 200m: 2:34.72 39.75			
2. Catarina Tagaroso, LOBO	07	Uniao Juncalense	3:07.43 255
50m: 44.19 44.19 100m: 1:32.22 48.03 150m: 2:21.15 48.93 200m: 3:07.43 46.28			



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Prova 30, Femin., 200m Costas

Prova 30 Femin., 200m Costas Juvenil B  
07/11/2021 - 10:32 Resultados

Rec Nac 25m Absoluto	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	08/12/2017
Rec Nac 25m JUV B	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008

Pontos: FINA 2021

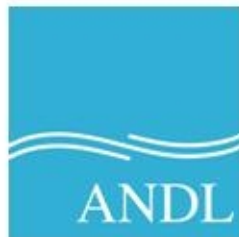
Lugar	Ano	Tempo final	Pts
1. Rita Alexandra, REBELO	08 Alcobaca	2:42.16	394
50m: 40.23 40.23	100m: 1:21.93 41.70	150m: 2:02.58 40.65	200m: 2:42.16 39.58
2. Diana Rita, FONSECA	08 Viegrense	2:57.18	302
50m: 41.32 41.32	100m: 1:25.90 44.58	150m: 2:11.98 46.08	200m: 2:57.18 45.20

Prova 30 Femin., 200m Costas Infantil A  
07/11/2021 - 10:32 Resultados

Rec Nac 25m Absoluto	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	08/12/2017
Rec Nac 25m INF A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	06/06/2015

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Beatriz Belo, CLARA	09 Ba-Leiria	2:48.73	350
50m: 39.76 39.76	100m: 1:23.40 43.64	150m: 2:07.16 43.76	200m: 2:48.73 41.57
2. Francisca Ramos, NUNES	09 Naval de Peniche	2:52.12	329
50m: 40.39 40.39	100m: 1:25.18 44.79	150m: 2:09.64 44.46	200m: 2:52.12 42.48
3. Mariana Santos, INACIO	09 Alcobaca	2:59.11	292
50m: 41.74 41.74	100m: 1:27.63 45.89	150m: 2:14.71 47.08	200m: 2:59.11 44.40
4. Constanca Baptista, TOMAS	09 Alcobaca	3:02.16	278
50m: 43.25 43.25	100m: 1:29.61 46.36	150m: 2:16.85 47.24	200m: 3:02.16 45.31
5. Maria Margarida, OLIVEIRA	09 Ba-Leiria	3:09.47	247
50m: 45.60 45.60	100m: 1:33.76 48.16	150m: 2:22.68 48.92	200m: 3:09.47 46.79
6. Francisca Vieira, NUNES	09 Alcobaca	3:10.97	241
50m: 46.57 46.57	100m: 1:35.99 49.42	150m: 2:24.44 48.45	200m: 3:10.97 46.53
7. Leonor Valerio, ADRIANO	09 Alcobaca	3:11.62	239
50m: 45.00 45.00	100m: 1:33.65 48.65	150m: 2:23.59 49.94	200m: 3:11.62 48.03
8. Zofie, PACHECO	09 Naval de Peniche	3:15.02	226
50m: 44.15 44.15	100m: 1:34.40 50.25	150m: 2:25.96 51.56	200m: 3:15.02 49.06
9. Maria Teresa, OLIVEIRA	09 Ba-Leiria	3:16.38	222
50m: 46.04 46.04	100m: 1:36.34 50.30	150m: 2:26.79 50.45	200m: 3:16.38 49.59
DNS Anjali, RAICAR	09 Naval de Peniche		



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Prova 30  
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Femin., 200m Costas

Infantil B  
Resultados

Rec Nac 25m Absoluto	2:09.12	Rita Barros, FRISCHKNECHT SAD	Porto	08/12/2017
Rec Nac 25m INF B	2:27.90	Carolina Miranda, FERNANDES CGA	Mealhada	26/03/2017

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Barbara Balbino, MENDES	10	3:00.52	286
50m: 40.83 40.83 100m: 1:26.59 45.76 150m: 2:14.54 47.95 200m: 3:00.52 45.98			
2. Bianca Balbino, MENDES	10	3:04.35	268
50m: 42.99 42.99 100m: 1:30.53 47.54 150m: 2:18.58 48.05 200m: 3:04.35 45.77			
3. Mariana Sousa, OLIVEIRA	10	3:47.32	143
50m: 51.82 51.82 100m: 1:49.09 57.27 150m: 2:49.60 1:00.51 200m: 3:47.32 57.72			