



CDPC - Juv, Jun e Seniores + PP de Infantis  
Leiria, 6 - 7/11/2021

Prova 1 Femin., 1500m Livres Junior  
06/11/2021 - 9:00 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Joana Silva, ALVES	05 Benedita	18:11.11	595
50m: 31.65 31.65	450m: 5:21.74 36.66	850m:10:15.68 36.84	1250m:15:08.98 36.25
100m: 1:06.76 35.11	500m: 5:58.69 36.95	900m:10:52.86 37.18	1300m:15:46.48 37.50
150m: 1:42.52 35.76	550m: 6:35.79 37.10	950m:11:29.65 36.79	1350m:16:22.63 36.15
200m: 2:18.95 36.43	600m: 7:12.48 36.69	1000m:12:06.75 37.10	1400m:16:59.60 36.97
250m: 2:55.27 36.32	650m: 7:49.35 36.87	1050m:12:43.22 36.47	1450m:17:36.31 36.71
300m: 3:31.64 36.37	700m: 8:25.94 36.59	1100m:13:19.48 36.26	1500m:18:11.11 34.80
350m: 4:08.39 36.75	750m: 9:02.22 36.28	1150m:13:56.02 36.54	
400m: 4:45.08 36.69	800m: 9:38.84 36.62	1200m:14:32.73 36.71	
2. Maria Francisca, FROIS	06 Ba-Leiria	18:56.08	527
50m: 33.80 33.80	450m: 5:38.77 38.26	850m:10:45.42 37.82	1250m:15:50.59 37.88
100m: 1:11.80 38.00	500m: 6:17.23 38.46	900m:11:24.07 38.65	1300m:16:27.93 37.34
150m: 1:49.96 38.16	550m: 6:55.59 38.36	950m:12:02.38 38.31	1350m:17:04.96 37.03
200m: 2:28.27 38.31	600m: 7:34.72 39.13	1000m:12:40.68 38.30	1400m:17:42.49 37.53
250m: 3:05.78 37.51	650m: 8:13.27 38.55	1050m:13:19.23 38.55	1450m:18:19.67 37.18
300m: 3:43.90 38.12	700m: 8:51.57 38.30	1100m:13:57.62 38.39	1500m:18:56.08 36.41
350m: 4:22.22 38.32	750m: 9:29.43 37.86	1150m:14:35.20 37.58	
400m: 5:00.51 38.29	800m:10:07.60 38.17	1200m:15:12.71 37.51	
3. Beatriz Silva, CONCEICAO	05 Benedita	21:31.35	359
50m: 36.86 36.86	450m: 6:26.45 43.52	850m:12:15.19 44.13	1250m:18:00.78 43.38
100m: 1:19.11 42.25	500m: 7:10.13 43.68	900m:12:57.80 42.61	1300m:18:42.61 41.83
150m: 2:03.24 44.13	550m: 7:54.33 44.20	950m:13:41.21 43.41	1350m:19:25.87 43.26
200m: 2:47.26 44.02	600m: 8:37.04 42.71	1000m:14:24.66 43.45	1400m:20:07.26 41.39
250m: 3:31.44 44.18	650m: 9:21.05 44.01	1050m:15:07.28 42.62	1450m:20:50.64 43.38
300m: 4:15.32 43.88	700m:10:04.32 43.27	1100m:15:51.01 43.73	1500m:21:31.35 40.71
350m: 4:59.00 43.68	750m:10:47.57 43.25	1150m:16:33.85 42.84	
400m: 5:42.93 43.93	800m:11:31.06 43.49	1200m:17:17.40 43.55	

Prova 1 Femin., 1500m Livres Juvenil A  
06/11/2021 - 9:00 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Matilde Violante, VIANA	07 Ba-Leiria	18:57.44	525
50m: 34.80 34.80	450m: 5:41.09 38.44	850m:10:46.01 38.12	1250m:15:50.17 37.97
100m: 1:12.94 38.14	500m: 6:19.58 38.49	900m:11:23.94 37.93	1300m:16:28.50 38.33
150m: 1:51.53 38.59	550m: 6:57.60 38.02	950m:12:01.98 38.04	1350m:17:06.43 37.93
200m: 2:30.03 38.50	600m: 7:35.97 38.37	1000m:12:40.25 38.27	1400m:17:43.93 37.50
250m: 3:08.34 38.31	650m: 8:13.63 37.66	1050m:13:18.55 38.30	1450m:18:21.04 37.11
300m: 3:46.46 38.12	700m: 8:51.66 38.03	1100m:13:56.47 37.92	1500m:18:57.44 36.40
350m: 4:24.47 38.01	750m: 9:30.09 38.43	1150m:14:34.75 38.28	
400m: 5:02.65 38.18	800m:10:07.89 37.80	1200m:15:12.20 37.45	