

Campeonato Regional ANICentro / Torneio de Infantis
Castelo Branco, 6- - 7-11-2021

Prova 8
06-11-2021 - 10:19

Femin., 400m Livres

12 anos e mais velhos
Resultados

Pontos: FINA 2018

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
Infantis							
1.	Rita Lobo PIRES	13	Clube Natação Fundão	5:32.59		350	
	50m: 38.71 38.71	150m: 2:02.47 42.60	250m: 3:26.45 42.34	350m: 4:52.17 43.16			
	100m: 1:19.87 41.16	200m: 2:44.11 41.64	300m: 4:09.01 42.56	400m: 5:32.59 40.42			
2.	Lara Sofia GARCIA	12	Eléctrico	6:08.10		258	
	50m: 38.84 38.84	150m: 2:10.69 47.53	250m: 3:46.83 47.76	350m: 5:22.58 46.94			
	100m: 1:23.16 44.32	200m: 2:59.07 48.38	300m: 4:35.64 48.81	400m: 6:08.10 45.52			
3.	Vitoria Morao ALMEIDA	13	AN Albicastrense	6:11.81		250	
	50m: 38.91 38.91	150m: 2:11.70 47.62	250m: 3:48.23 47.95	350m: 5:24.41 47.63			
	100m: 1:24.08 45.17	200m: 3:00.28 48.58	300m: 4:36.78 48.55	400m: 6:11.81 47.40			
4.	Carolina Neves SOUSA	12	Eléctrico	6:28.23		220	
	50m: 41.37 41.37	150m: 2:16.96 47.86	250m: 3:57.31 49.35	350m: 5:39.99 51.64			
	100m: 1:29.10 47.73	200m: 3:07.96 51.00	300m: 4:48.35 51.04	400m: 6:28.23 48.24			
5.	Simone Pais MARQUES	13	AN Albicastrense	6:35.58		208	
	50m: 40.72 40.72	150m: 2:16.54 49.85	250m: 4:00.77 52.04	350m: 5:46.68 53.49			
	100m: 1:26.69 45.97	200m: 3:08.73 52.19	300m: 4:53.19 52.42	400m: 6:35.58 48.90			
6.	Ana Sofia BAPTISTA	13	CCDSerta	6:41.62		199	
	50m: 42.09 42.09	150m: 2:23.18 51.95	250m: 4:07.86 52.73	350m: 5:53.55 52.32			
	100m: 1:31.23 49.14	200m: 3:15.13 51.95	300m: 5:01.23 53.37	400m: 6:41.62 48.07			
7.	Madalena Pires TAVARES	12	AN Albicastrense	6:51.47		185	
	50m: 44.18 44.18	150m: 2:28.28 53.25	250m: 4:16.53 54.02	350m: 6:00.25 50.67			
	100m: 1:35.03 50.85	200m: 3:22.51 54.23	300m: 5:09.58 53.05	400m: 6:51.47 51.22			
8.	Matilde Maria AFONSO	13	AN Albicastrense	6:56.48		178	
	50m: 41.41 41.41	150m: 2:24.78 54.10	250m: 4:16.23 55.21	350m: 6:07.12 56.42			
	100m: 1:30.68 49.27	200m: 3:21.02 56.24	300m: 5:10.70 54.47	400m: 6:56.48 49.36			
9.	Maria Rita AGOSTINHO	12	AN Albicastrense	7:06.38		166	
	50m: 43.06 43.06	150m: 2:29.74 55.35	250m: 4:21.01 55.71	350m: 6:14.32 56.58			
	100m: 1:34.39 51.33	200m: 3:25.30 55.56	300m: 5:17.74 56.73	400m: 7:06.38 52.06			
10.	Carolina Pinto BANHUDO	12	AN Albicastrense	7:24.74		146	
	50m: 46.30 46.30	150m: 2:36.95 56.65	250m: 4:33.88 59.54	350m: 6:30.51 57.60			
	100m: 1:40.30 54.00	200m: 3:34.34 57.39	300m: 5:32.91 59.03	400m: 7:24.74 54.23			
11.	Maria Eduarda INACIO	13	AN Albicastrense	7:58.85		117	
	50m: 45.96 45.96	150m: 2:42.11 1:01.24	250m: 4:49.37 1:04.16	350m: 6:52.66 59.60			
	100m: 1:40.87 54.91	200m: 3:45.21 1:03.10	300m: 5:53.06 1:03.69	400m: 7:58.85 1:06.19			

Absolutos

1.	Maria Pinto CANINHAS	17	Clube Natação Fundão	4:44.23		561	
	50m: 31.82 31.82	150m: 1:43.17 35.91	250m: 2:55.84 36.47	350m: 4:09.38 36.68			
	100m: 1:07.26 35.44	200m: 2:19.37 36.20	300m: 3:32.70 36.86	400m: 4:44.23 34.85			
2.	Helena Neto FLORINDO	16	Eléctrico	4:54.61		504	
	50m: 31.77 31.77	150m: 1:44.03 36.62	250m: 2:59.26 38.06	350m: 4:16.93 38.91			
	100m: 1:07.41 35.64	200m: 2:21.20 37.17	300m: 3:38.02 38.76	400m: 4:54.61 37.68			
3.	Ines Martins CAETANO	17	CCDSerta	5:25.32		374	
	50m: 34.54 34.54	150m: 1:54.13 40.64	250m: 3:18.29 42.33	350m: 4:43.68 43.10			
	100m: 1:13.49 38.95	200m: 2:35.96 41.83	300m: 4:00.58 42.29	400m: 5:25.32 41.64			
4.	Ines Gandum MARTA	14	Eléctrico	5:28.14		365	
	50m: 37.65 37.65	150m: 2:01.17 42.22	250m: 3:24.40 41.23	350m: 4:48.26 41.98			
	100m: 1:18.95 41.30	200m: 2:43.17 42.00	300m: 4:06.28 41.88	400m: 5:28.14 39.88			
5.	Ines Maria ESCARDUCA	14	Elvense	5:33.32		348	
	50m: 37.84 37.84	150m: 2:02.08 42.32	250m: 3:28.08 43.11	350m: 4:52.65 42.19			
	100m: 1:19.76 41.92	200m: 2:44.97 42.89	300m: 4:10.46 42.38	400m: 5:33.32 40.67			