

Jesenné M-SSO-dlhé trate
Žilina, 28.10.2021

disciplína 1
28.10.2021 - 9:00

muži, 400m vo vlny spôsob

11 roka a st.
Výsledky

bodovanie: FINA 2020

por.	Ro.	čas	body
11 roka .			
1.	10	5:28.75	299
amaj Ján	PK Banská Štiavnica		
100m: 1:15.11	200m: 2:40.36	300m: 4:05.67	400m: 5:28.75
1:15.11	1:25.25	1:25.31	1:23.08
2.	10	6:45.04	160
Be o Jakub	PK Banská Štiavnica		
100m: 1:30.84	200m: 3:15.55	300m: 5:01.47	400m: 6:45.04
1:30.84	1:44.71	1:45.92	1:43.57
3.	10	6:58.25	145
Lichner Alex	Nereus Žilina		
100m: 1:39.40	200m: 3:25.43	300m: 5:15.78	400m: 6:58.25
1:39.40	1:46.03	1:50.35	1:42.47
4.	10	7:01.70	142
Jamriška Daniel	Tenax Žilina		
100m: 1:33.74	200m: 3:22.69	300m: 5:14.32	400m: 7:01.70
1:33.74	1:48.95	1:51.63	1:47.38
5.	10	7:29.13	117
Jur o Matej	Po Ružomberok		
100m: 1:36.06	200m: 3:32.28	300m: 5:31.59	400m: 7:29.13
1:36.06	1:56.22	1:59.31	1:57.54
12 roka .			
1.	09	5:35.45	282
Machá Leonard	Tenax Žilina		
100m: 1:22.16	200m: 2:49.70	300m: 4:18.89	400m: 5:35.45
1:22.16	1:27.54	1:29.19	1:16.56
2.	09	6:19.72	194
Ondrášik Dárius	Po Ružomberok		
100m: 1:25.28	200m: 3:03.98	300m: 4:43.91	400m: 6:19.72
1:25.28	1:38.70	1:39.93	1:35.81
3.	09	8:29.08	80
Bursa Samuel	Po Ružomberok		
100m: 1:52.64	200m: 4:04.54	300m: 6:16.86	400m: 8:29.08
1:52.64	2:11.90	2:12.32	2:12.22
13 roka .			
1.	08	4:47.24	449
ižmárik Tomáš	Nereus Žilina		
100m: 1:08.43	200m: 2:21.50	300m: 3:36.44	400m: 4:47.24
1:08.43	1:13.07	1:14.94	1:10.80
2.	08	5:14.15	343
Za ko Tomáš	Nereus Žilina		
100m: 1:14.11	200m: 2:35.28	300m: 3:56.61	400m: 5:14.15
1:14.11	1:21.17	1:21.33	1:17.54
3.	08	5:19.95	325
Kekely Matej	Nereus Žilina		
100m: 1:13.83	200m: 2:35.54	300m: 3:59.09	400m: 5:19.95
1:13.83	1:21.71	1:23.55	1:20.86
4.	08	5:27.42	303
Lehocký Jakub	Nereus Žilina		
100m: 1:15.61	200m: 2:39.85	300m: 4:06.31	400m: 5:27.42
1:15.61	1:24.24	1:26.46	1:21.11
5.	08	5:40.83	269
Feník Maxim	Tenax Žilina		
100m: 1:19.13	200m: 2:47.76	300m: 4:17.24	400m: 5:40.83
1:19.13	1:28.63	1:29.48	1:23.59
6.	08	5:54.93	238
Labuda Jerguš	PK Banská Štiavnica		
100m: 1:25.47	200m: 2:56.97	300m: 4:28.32	400m: 5:54.93
1:25.47	1:31.50	1:31.35	1:26.61
7.	08	6:04.95	219
Holub ík Lukáš	Po Ružomberok		
100m: 1:24.63	200m: 3:01.95	300m: 4:38.70	400m: 6:04.95
1:24.63	1:37.32	1:36.75	1:26.25
8.	08	6:07.14	215
Nem ek Boris	Po Ružomberok		
100m: 1:25.53	200m: 3:00.96	300m: 4:37.00	400m: 6:07.14
1:25.53	1:35.43	1:36.04	1:30.14

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14 ro .

1.	Cigánik Marián	07	Nereus Žilina	5:11.65	352
	100m: 1:12.36 1:12.36	200m: 2:32.11 1:19.75	300m: 3:53.68 1:21.57	400m: 5:11.65 1:17.97	
2.	Manga Vladimír	07	Nereus Žilina	5:30.14	296
	100m: 1:18.03 1:18.03	200m: 2:43.39 1:25.36	300m: 4:10.75 1:27.36	400m: 5:30.14 1:19.39	
3.	Grznár Tomáš	07	MPK Dolný Kubín	5:37.93	276
	100m: 1:13.75 1:13.75	200m: 2:40.74 1:26.99	300m: 4:10.04 1:29.30	400m: 5:37.93 1:27.89	
4.	Machá Kvido	07	Tenax Žilina	5:42.04	266
	100m: 1:18.50 1:18.50	200m: 2:46.81 1:28.31	300m: 4:15.26 1:28.45	400m: 5:42.04 1:26.78	
5.	Hanco Dominik	07	Po Ružomberok	5:52.99	242
	100m: 1:21.69 1:21.69	200m: 2:54.18 1:32.49	300m: 4:27.78 1:33.60	400m: 5:52.99 1:25.21	
6.	Myroshnychenko Yan	07	Nereus Žilina	6:10.77	209
	100m: 1:21.70 1:21.70	200m: 2:57.47 1:35.77	300m: 4:36.73 1:39.26	400m: 6:10.77 1:34.04	

15 - 16 ro .

1.	Reich Richard	06	Pkma	4:34.53	515
	100m: 1:04.61 1:04.61	200m: 2:15.28 1:10.67	300m: 3:26.64 1:11.36	400m: 4:34.53 1:07.89	
2.	Paulíny Šimon	05	ŠK UMB Banská Bystrica	4:45.38	458
	100m: 1:04.42 1:04.42	200m: 2:15.83 1:11.41	300m: 3:30.89 1:15.06	400m: 4:45.38 1:14.49	
3.	Timko Michal	05	Nereus Žilina	4:50.81	433
	100m: 1:04.56 1:04.56	200m: 2:18.92 1:14.36	300m: 3:36.38 1:17.46	400m: 4:50.81 1:14.43	
4.	Turek Nikolas	06	Nereus Žilina	5:03.34	381
	100m: 1:12.66 1:12.66	200m: 2:28.56 1:15.90	300m: 3:45.18 1:16.62	400m: 5:03.34 1:18.16	
5.	Maruniak Patrik	06	PK Banská Štiavnica	5:09.94	357
	100m: 1:10.94 1:10.94	200m: 2:30.73 1:19.79	300m: 3:51.41 1:20.68	400m: 5:09.94 1:18.53	
6.	Michalica Michal	06	MPK Dolný Kubín	5:35.50	282
	100m: 1:15.80 1:15.80	200m: 2:41.04 1:25.24	300m: 4:08.68 1:27.64	400m: 5:35.50 1:26.82	
7.	Gallo Simeon	05	Po Ružomberok	6:10.74	209
	100m: 1:23.37 1:23.37	200m: 3:00.89 1:37.52	300m: 4:38.15 1:37.26	400m: 6:10.74 1:32.59	
8.	Kohút Šimon	06	Po Ružomberok	6:30.17	179
	100m: 1:27.93 1:27.93	200m: 3:08.88 1:40.95	300m: 4:51.22 1:42.34	400m: 6:30.17 1:38.95	

17 - 18 ro .

1.	Ftorek Roman	03	Nereus Žilina	4:33.46	521
	100m: 1:03.68 1:03.68	200m: 2:14.86 1:11.18	300m: 3:26.00 1:11.14	400m: 4:33.46 1:07.46	
2.	Chladný Matej	03	ŠK UMB Banská Bystrica	4:55.92	411
	100m: 1:07.02 1:07.02	200m: 2:20.62 1:13.60	300m: 3:38.15 1:17.53	400m: 4:55.92 1:17.77	
3.	Ková Tobias	04	Nereus Žilina	5:08.41	363
	100m: 1:07.29 1:07.29	200m: 2:25.39 1:18.10	300m: 3:46.36 1:20.97	400m: 5:08.41 1:22.05	
4.	Adam Slavomír	04	ŠK UMB Banská Bystrica	5:15.51	339
	100m: 1:11.64 1:11.64	200m: 2:32.20 1:20.56	300m: 3:54.73 1:22.53	400m: 5:15.51 1:20.78	
5.	Baran František	04	Po Ružomberok	5:53.97	240
	100m: 1:17.78 1:17.78	200m: 2:50.72 1:32.94	300m: 4:27.27 1:36.55	400m: 5:53.97 1:26.70	

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19 ro . a st.

1.	Špigúth Oliver	90	Plavecký klub masters - Tur iansky raci	5:12.47	349
	100m: 1:08.47 1:08.47	200m: 2:27.69 1:19.22	300m: 3:49.79 1:22.10	400m: 5:12.47 1:22.68	
2.	amaj Ján	78	PK Banská Štiavnica	5:28.54	300
	100m: 1:13.35 1:13.35	200m: 2:37.54 1:24.19	300m: 4:03.64 1:26.10	400m: 5:28.54 1:24.90	