

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 6- - 7-11-2021

Prova 15	Femin., 1500m Livres				Absolutos
06-11-2021 - 12:30					Resultados
Rec Nacional Absoluto	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23-11-2019
Rec Nacional Sen	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23-11-2019
Rec Nacional Jun17	16:11.67	Tamila Hryhorivna, HOLUB	SCB	Porto	11-12-2015
Rec Nacional Jun16	16:44.26	Tamila Hryhorivna, HOLUB	SCB	Porto	19-12-2014
Rec Nacional Juv A	16:54.39	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	16-03-2014
Rec Nacional Juv B	17:17.43	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	30-06-2013
Rec Reg ANC Absoluto	16:43.38	Alexandra Couto, FRAZAO	CAQC		13-06-2018
Rec Reg ANC Sen	16:50.98	Florbela Cavaco, MACHADO	CNAC		12-06-2013
Rec Reg ANC Jun17	16:43.38	Alexandra Couto, FRAZÃO	CAQC		12-06-2018
Rec Reg ANC Jun16	16:50.34	Alexandra Couto, FRAZÃO	FBSC		12-06-2018
Rec Reg ANC Juv A	17:15.20	Maria Miguel, VELOSO	CNAC		12-06-2008
Rec Reg ANC Juv B	17:34.28	Maria Miguel, VELOSO	CNAC		12-06-2018

Pontos: FINA 2021

Lugar	Ano				Tempo final	Pts
<b>Juniores</b>						
1.	Joana Filipa, VARELA		06	Nautico Academico		<b>20:02.87</b> 444
	100m: 1:13.99	1:13.99	500m: 6:34.33	1:20.94	900m: 11:58.89	1:20.55
	200m: 2:32.95	1:18.96	600m: 7:55.22	1:20.89	1000m: 13:19.72	1:20.83
	300m: 3:52.85	1:19.90	700m: 9:16.63	1:21.41	1100m: 14:40.75	1:21.03
	400m: 5:13.39	1:20.54	800m: 10:38.34	1:21.71	1200m: 16:01.64	1:20.89
					1300m: 17:23.42	1:21.78
					1400m: 18:43.50	1:20.08
					1500m: 20:02.87	1:19.37
EXH	Marta Andre, AGUILAR		07	Nautico Academico		<b>18:21.91</b> 578
	100m: 1:10.01	1:10.01	500m: 6:02.60	1:13.09	900m: 10:57.49	1:14.25
	200m: 2:23.20	1:13.19	600m: 7:15.28	1:12.68	1000m: 12:11.40	1:13.91
	300m: 3:36.67	1:13.47	700m: 8:28.93	1:13.65	1100m: 13:26.02	1:14.62
	400m: 4:49.51	1:12.84	800m: 9:43.24	1:14.31	1200m: 14:40.59	1:14.57
					1300m: 15:55.57	1:14.98
					1400m: 17:10.29	1:14.72
					1500m: 18:21.91	1:11.62