

Valmieras empions/Valmieras kausis
Valmiera, 15. - 16.10.2021

Event 12
16.10.2021 - 11:07

Men, 400m Freestyle

Open
Results

Latvijas rekords 3:51.52 MILOSLAVSKIS Romans LAT Shanghai (CHN) 07.04.2006

Points: FINA 2021

| Rank | | | YB | | | Time | | | Pts |
|------------------------|-----------------------------|---------------|-------|--------------------|-------|----------------|-------|---------------|-----|
| YOB 2008 - 2009 | | | | | | | | | |
| 1. | GORDEJEVS Andrejs | | 08 | Adazu BJSS | | 4:32.57 | | | 472 |
| | 50m: | 30.11 30.11 | 150m: | 1:39.95 35.50 | 250m: | 2:49.62 34.92 | 350m: | 3:59.06 34.51 | |
| | 100m: | 1:04.45 34.34 | 200m: | 2:14.70 34.75 | 300m: | 3:24.55 34.93 | 400m: | 4:32.57 33.51 | |
| 2. | NEIBERGS Everts Leonards | | 09 | PK Ogre | | 5:27.26 | | | 272 |
| | 50m: | 36.15 36.15 | 150m: | 1:59.84 42.87 | 250m: | 3:24.40 42.21 | 350m: | 4:46.98 41.18 | |
| | 100m: | 1:16.97 40.82 | 200m: | 2:42.19 42.35 | 300m: | 4:05.80 41.40 | 400m: | 5:27.26 40.28 | |
| 3. | SPOLITIS Emils | | 08 | Valmieras BSS | | 5:33.22 | | | 258 |
| | 50m: | 35.18 35.18 | 150m: | 1:58.89 42.43 | 250m: | 3:26.01 44.10 | 350m: | 4:53.82 43.49 | |
| | 100m: | 1:16.46 41.28 | 200m: | 2:41.91 43.02 | 300m: | 4:10.33 44.32 | 400m: | 5:33.22 39.40 | |
| 4. | NEIJS Eduards | | 08 | RBJSS Ridzene-ZOL | | 5:51.80 | | | 219 |
| | 50m: | 38.80 38.80 | 150m: | 2:09.31 46.82 | 250m: | 3:40.98 45.95 | 350m: | 5:10.45 44.37 | |
| | 100m: | 1:22.49 43.69 | 200m: | 2:55.03 45.72 | 300m: | 4:26.08 45.10 | 400m: | 5:51.80 41.35 | |
| 2007 and older | | | | | | | | | |
| 1. | MIKELSONS Kristaps | | 04 | Valmieras BSS | | 4:07.60 | | | 629 |
| | 50m: | 26.89 26.89 | 150m: | 1:27.92 31.39 | 250m: | 2:31.78 32.01 | 350m: | 3:36.80 32.55 | |
| | 100m: | 56.53 29.64 | 200m: | 1:59.77 31.85 | 300m: | 3:04.25 32.47 | 400m: | 4:07.60 30.80 | |
| 2. | GARAIS Magnuss | | 05 | RBJSS Ridzene-ZOL | | 4:28.41 | | | 494 |
| | 50m: | 29.00 29.00 | 150m: | 1:37.06 34.49 | 250m: | 2:46.77 34.84 | 350m: | 3:55.97 34.36 | |
| | 100m: | 1:02.57 33.57 | 200m: | 2:11.93 34.87 | 300m: | 3:21.61 34.84 | 400m: | 4:28.41 32.44 | |
| 3. | SKRABIS Emils Andrejs | | 05 | Valmieras BSS | | 4:28.52 | | | 493 |
| | 50m: | 29.36 29.36 | 150m: | 1:36.88 34.13 | 250m: | 2:45.48 34.30 | 350m: | 3:54.31 34.45 | |
| | 100m: | 1:02.75 33.39 | 200m: | 2:11.18 34.30 | 300m: | 3:19.86 34.38 | 400m: | 4:28.52 34.21 | |
| 4. | LIEPINS Davids Daniels | | 05 | Valmieras BSS | | 4:33.38 | | | 467 |
| | 50m: | 29.56 29.56 | 150m: | 1:37.82 34.79 | 250m: | 2:47.59 34.88 | 350m: | 3:58.65 35.72 | |
| | 100m: | 1:03.03 33.47 | 200m: | 2:12.71 34.89 | 300m: | 3:22.93 35.34 | 400m: | 4:33.38 34.73 | |
| 5. | GARNIKS Deniss | | 03 | RBJSS Ridzene-ZIEP | | 4:34.26 | | | 463 |
| | 50m: | 30.51 30.51 | 150m: | 1:39.59 34.85 | 250m: | 2:50.41 35.57 | 350m: | 4:01.25 35.05 | |
| | 100m: | 1:04.74 34.23 | 200m: | 2:14.84 35.25 | 300m: | 3:26.20 35.79 | 400m: | 4:34.26 33.01 | |
| 6. | SONDORS Renars | | 05 | RBJSS Ridzene-ZIEP | | 4:39.60 | | | 437 |
| | 50m: | 29.68 29.68 | 150m: | 1:40.18 35.63 | 250m: | 2:51.53 35.81 | 350m: | 4:04.65 36.51 | |
| | 100m: | 1:04.55 34.87 | 200m: | 2:15.72 35.54 | 300m: | 3:28.14 36.61 | 400m: | 4:39.60 34.95 | |
| 7. | PUZIREVSKIS Toms Tomass | | 07 | PK Ogre | | 4:41.07 | | | 430 |
| | 50m: | 31.19 31.19 | 150m: | 1:42.89 36.00 | 250m: | 2:55.65 36.18 | 350m: | 4:07.03 35.92 | |
| | 100m: | 1:06.89 35.70 | 200m: | 2:19.47 36.58 | 300m: | 3:31.11 35.46 | 400m: | 4:41.07 34.04 | |
| 8. | VEGERIS Maksis Maksimilians | | 03 | RBJSS Ridzene | | 4:41.70 | | | 427 |
| | 50m: | 29.63 29.63 | 150m: | 1:41.06 35.78 | 250m: | 2:54.31 36.19 | 350m: | 4:06.81 36.16 | |
| | 100m: | 1:05.28 35.65 | 200m: | 2:18.12 37.06 | 300m: | 3:30.65 36.34 | 400m: | 4:41.70 34.89 | |
| 9. | CAMANS Kristers | | 05 | Kekavas NSS | | 4:42.61 | | | 423 |
| | 50m: | 30.05 30.05 | 150m: | 1:40.64 36.00 | 250m: | 2:54.76 37.14 | 350m: | 4:09.65 37.20 | |
| | 100m: | 1:04.64 34.59 | 200m: | 2:17.62 36.98 | 300m: | 3:32.45 37.69 | 400m: | 4:42.61 32.96 | |
| 10. | VEGERIS Francis Daniels | | 03 | RBJSS Ridzene | | 4:43.44 | | | 419 |
| | 50m: | 30.60 30.60 | 150m: | 1:41.14 36.00 | 250m: | 2:55.01 37.23 | 350m: | 4:08.83 36.61 | |
| | 100m: | 1:05.14 34.54 | 200m: | 2:17.78 36.64 | 300m: | 3:32.22 37.21 | 400m: | 4:43.44 34.61 | |
| 11. | BISENIKS Edgars | | 06 | RBJSS Ridzene-ZIEP | | 4:46.43 | | | 406 |
| | 50m: | 31.39 31.39 | 150m: | 1:42.19 35.48 | 250m: | 2:55.77 37.25 | 350m: | 4:10.60 37.45 | |
| | 100m: | 1:06.71 35.32 | 200m: | 2:18.52 36.33 | 300m: | 3:33.15 37.38 | 400m: | 4:46.43 35.83 | |

Valmieras empions/Latvijas kauss
Valmiera, 15. - 16.10.2021

Event 12, Men, 400m Freestyle, 2007 and older

| Rank | | | | | YB | | | | | Time | Pts | |
|------|---------------------------|---------|-------|-------|---------|--------------------|-------|---------|-------|----------------|---------|-------|
| 12. | NEIBERGS Erlends Teodors | | | | 07 | PK Ogre | | | | 4:50.05 | 391 | |
| | 50m: | 32.42 | 32.42 | 150m: | 1:45.18 | 37.10 | 250m: | 2:59.04 | 36.94 | 350m: | 4:14.95 | 37.81 |
| | 100m: | 1:08.08 | 35.66 | 200m: | 2:22.10 | 36.92 | 300m: | 3:37.14 | 38.10 | 400m: | 4:50.05 | 35.10 |
| 13. | SVARPSTONS Ivars | | | | 05 | RBJSS Ridzene | | | | 4:51.67 | 385 | |
| | 50m: | 30.44 | 30.44 | 150m: | 1:42.64 | 36.90 | 250m: | 2:59.62 | 39.29 | 350m: | 4:15.44 | 37.26 |
| | 100m: | 1:05.74 | 35.30 | 200m: | 2:20.33 | 37.69 | 300m: | 3:38.18 | 38.56 | 400m: | 4:51.67 | 36.23 |
| 14. | KINS Adrians | | | | 07 | Valmieras BSS | | | | 4:54.81 | 373 | |
| | 50m: | 31.87 | 31.87 | 150m: | 1:45.95 | 37.71 | 250m: | 3:02.67 | 38.55 | 350m: | 4:19.92 | 38.82 |
| | 100m: | 1:08.24 | 36.37 | 200m: | 2:24.12 | 38.17 | 300m: | 3:41.10 | 38.43 | 400m: | 4:54.81 | 34.89 |
| 15. | GOLOVENKOVS Timofejs | | | | 05 | RBJSS Ridzene | | | | 4:54.84 | 373 | |
| | 50m: | 30.59 | 30.59 | 150m: | 1:44.36 | 38.25 | 250m: | 3:02.45 | 39.25 | 350m: | 4:19.07 | 37.71 |
| | 100m: | 1:06.11 | 35.52 | 200m: | 2:23.20 | 38.84 | 300m: | 3:41.36 | 38.91 | 400m: | 4:54.84 | 35.77 |
| 16. | ORLOVSKIS Renars | | | | 06 | Valmieras BSS | | | | 4:54.94 | 372 | |
| | 50m: | 31.68 | 31.68 | 150m: | 1:45.29 | 37.68 | 250m: | 3:02.42 | 38.93 | 350m: | 4:18.88 | 37.66 |
| | 100m: | 1:07.61 | 35.93 | 200m: | 2:23.49 | 38.20 | 300m: | 3:41.22 | 38.80 | 400m: | 4:54.94 | 36.06 |
| 17. | JANSONS Mikus | | | | 06 | Dobeles SS | | | | 4:56.44 | 367 | |
| | 50m: | 31.08 | 31.08 | 150m: | 1:42.90 | 36.88 | 250m: | 2:58.76 | 38.40 | 350m: | 4:17.16 | 39.11 |
| | 100m: | 1:06.02 | 34.94 | 200m: | 2:20.36 | 37.46 | 300m: | 3:38.05 | 39.29 | 400m: | 4:56.44 | 39.28 |
| 18. | NEIJS Boriss | | | | 06 | RBJSS Ridzene-ZOL | | | | 5:15.60 | 304 | |
| | 50m: | 35.50 | 35.50 | 150m: | 1:55.52 | 39.81 | 250m: | 3:16.15 | 41.23 | 350m: | 4:37.56 | 39.40 |
| | 100m: | 1:15.71 | 40.21 | 200m: | 2:34.92 | 39.40 | 300m: | 3:58.16 | 42.01 | 400m: | 5:15.60 | 38.04 |
| 19. | ZLAMINOVS Nikita | | | | 07 | RBJSS Ridzene-ZIEP | | | | 5:17.76 | 298 | |
| | 50m: | 33.15 | 33.15 | 150m: | 1:52.80 | 40.54 | 250m: | 3:16.11 | 41.35 | 350m: | 4:39.85 | 41.67 |
| | 100m: | 1:12.26 | 39.11 | 200m: | 2:34.76 | 41.96 | 300m: | 3:58.18 | 42.07 | 400m: | 5:17.76 | 37.91 |
| 20. | PIZIKS Rudolfs | | | | 04 | Valmieras BSS | | | | 5:25.80 | 276 | |
| | 50m: | 34.32 | 34.32 | 150m: | 1:54.09 | 40.50 | 250m: | 3:18.05 | 42.24 | 350m: | 4:43.46 | 42.91 |
| | 100m: | 1:13.59 | 39.27 | 200m: | 2:35.81 | 41.72 | 300m: | 4:00.55 | 42.50 | 400m: | 5:25.80 | 42.34 |
| 21. | BUKIS-FLEITMANIS Vilhelms | | | | 07 | PK Olimps | | | | 5:27.99 | 270 | |
| | 50m: | 33.73 | 33.73 | 150m: | 1:55.30 | 42.23 | 250m: | 3:22.49 | 43.43 | 350m: | 4:48.80 | 43.53 |
| | 100m: | 1:13.07 | 39.34 | 200m: | 2:39.06 | 43.76 | 300m: | 4:05.27 | 42.78 | 400m: | 5:27.99 | 39.19 |
| 22. | TIMOFEJEVS Kristians | | | | 06 | Kekavas NSS | | | | 5:48.41 | 226 | |
| | 50m: | 35.32 | 35.32 | 150m: | 1:58.25 | 43.15 | 250m: | 3:28.45 | 45.44 | 350m: | 5:02.01 | 47.36 |
| | 100m: | 1:15.10 | 39.78 | 200m: | 2:43.01 | 44.76 | 300m: | 4:14.65 | 46.20 | 400m: | 5:48.41 | 46.40 |
| 23. | MIHAILOVS Marats | | | | 06 | RBJSS Ridzene-ZOL | | | | 6:07.53 | 192 | |
| | 50m: | 39.08 | 39.08 | 150m: | 2:10.46 | 46.79 | 250m: | 3:45.74 | 47.20 | 350m: | 5:22.19 | 49.14 |
| | 100m: | 1:23.67 | 44.59 | 200m: | 2:58.54 | 48.08 | 300m: | 4:33.05 | 47.31 | 400m: | 6:07.53 | 45.34 |
| 24. | GREIERS Gustavs | | | | 07 | Kekavas NSS | | | | 6:15.24 | 180 | |
| | 50m: | 36.10 | 36.10 | 150m: | 2:06.92 | 47.55 | 250m: | 3:46.52 | 50.48 | 350m: | 5:27.80 | 50.55 |
| | 100m: | 1:19.37 | 43.27 | 200m: | 2:56.04 | 49.12 | 300m: | 4:37.25 | 50.73 | 400m: | 6:15.24 | 47.44 |