

TORNEIO DE ABERTURA 2021
PONTE DA BARCA, 23 - 24/10/2021

Prova 12 Masc., 400m Livres Absoluto
24/10/2021 - 9:30 Resultados

Rec. Reg. ANMinho Absoluto	3:45.03	Jose Paulo Lopes	SCB	Glasgow (IRL)	04/12/2019
Rec. Reg. ANMinho Sen	3:45.02	Jose Paulo Lopes	SCB	Glasgow (IRL)	04/12/2019
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:58.55	Jose Paulo Lopes	SCB	Funchal	10/12/2016
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015
Rec. Reg. ANMinho Inf A	4:17.89	Hugo Miguel Neves	SCB	Bragança	19/04/2016
Rec. Reg. ANMinho Inf B	4:26.63	Hugo Miguel Neves	SCB	Ponte da Barca	02/07/2015

Pontos: FINA 2021

Lugar Idade Tempo final Pts

Infantis B

1. Raul Ventura Barros	13	Braga	5:11.97	314
50m: 35.60 35.60	100m: 1:13.72 38.12	200m: 2:32.60 1:18.88	400m: 5:11.97	2:39.37
2. Miguel Reis Oliveira	13	Braga	5:15.10	305
50m: 35.47 35.47	100m: 1:13.94 38.47	200m: 2:33.28 1:19.34	400m: 5:15.10	2:41.82
3. Dinis Lima Moreno	13	Braga	5:45.56	231
50m: 38.25 38.25	100m: 1:20.51 42.26	200m: 2:48.28 1:27.77	400m: 5:45.56	2:57.28
4. Denis Yerygin	13	Braga	5:46.63	229
50m: 37.26 37.26	100m: 1:19.40 42.14	200m: 2:48.09 1:28.69	400m: 5:46.63	2:58.54
5. Marc Vedkal	13	Braga	5:51.69	219
50m: 36.59 36.59	100m: 1:19.31 42.72	200m: 2:50.12 1:30.81	400m: 5:51.69	3:01.57
6. Joao Parente Vitoriano	13	Sporting Caminha	6:32.72	157
50m: 39.68 39.68	100m: 1:28.00 48.32	200m: 3:11.72 1:43.72	400m: 6:32.72	3:21.00

Infantis A

1. Martim Goncalves Jesus	14	Sporting Caminha	5:11.31	316
50m: 34.83 34.83	150m: 250m:	350m:		
100m: 1:12.75 37.92	200m: 2:32.69	300m:	400m: 5:11.31	
2. David Yermachkov	14	Braga	5:21.53	287
50m: 37.43 37.43	150m: 250m:	350m:		
100m: 1:16.96 39.53	200m: 2:40.70	300m:	400m: 5:21.53	
3. Tomas Freitas Lourenco	14	Braga	5:33.40	258
50m: 37.91 37.91	150m: 250m:	350m:		
100m: 1:18.87 40.96	200m: 2:44.00	300m:	400m: 5:33.40	
4. Frederico Castro Afonso	14	Sporting Caminha	5:35.34	253
50m: 35.19 35.19	150m: 250m:	350m:		
100m: 1:16.27 41.08	200m: 2:41.97	300m:	400m: 5:35.34	
5. Luis Pedro Goncalves	14	Braga	5:36.07	251
50m: 36.55 36.55	150m: 250m:	350m:		
100m: 1:16.33 39.78	200m: 2:20.44	300m:	400m: 5:36.07	
6. Rafael Costa Ferreira	14	Braga	5:39.34	244
50m: 37.42 37.42	150m: 250m:	350m:		
100m: 1:18.64 41.22	200m: 2:44.00	300m:	400m: 5:39.34	
7. Pedro Malhao Dias	14	Sporting Caminha	5:41.53	240
50m: 35.14 35.14	150m: 250m:	350m:		
100m: 1:14.42 39.28	200m: 2:40.98	300m:	400m: 5:41.53	
8. Renato Jose Cruz	14	Braga	5:52.51	218
50m: 37.65 37.65	100m: 1:20.35 42.70	200m: 2:50.46 1:30.11	400m: 5:52.51	3:02.05

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Juvenis B

1.	Diogo Filipe Correia	15	Braga		5:00.22	353
	50m: 34.31 34.31	150m:	250m:	350m:		
	100m: 1:11.08 36.77	200m: 2:27.28	300m:	400m: 5:00.22		
2.	Afonso Miguel Nogueira	15	Braga		5:03.69	341
	50m: 33.97 33.97	150m:	250m: 2:28.97	350m:		
	100m: 1:12.08 38.11	200m:	300m:	400m: 5:03.69		
3.	Jose Diogo Vaz	15	Sporting Caminha		5:17.44	298
	50m: 35.02 35.02	150m:	250m:	350m:		
	100m: 1:14.81 39.79	200m: 2:36.28	300m:	400m: 5:17.44		
4.	João Pedro Tinoco	15	Braga		5:17.85	297
	50m: 36.05 36.05	150m:	250m:	350m:		
	100m: 1:15.57 39.52	200m: 2:36.54	300m:	400m: 5:17.85		

Juvenis A

1.	Mark Zhukov	16	Braga		4:21.10	537
	50m: 30.16 30.16	150m:	250m:	350m:		
	100m: 1:02.41 32.25	200m: 2:08.79	300m:	400m: 4:21.10		
2.	Milan Santos Jevic	16	Braga		4:21.59	534
	50m: 29.40 29.40	150m:	250m:	350m:		
	100m: 1:02.16 32.76	200m: 2:07.94	300m:	400m: 4:21.59		
3.	Miguel Costa Durao	16	Braga		4:27.10	501
	50m: 30.04 30.04	150m:	250m:	350m:		
	100m: 1:03.43 33.39	200m: 2:10.83	300m:	400m: 4:27.10		
4.	Eduardo Nuno Faria	16	Braga		4:28.31	495
	50m: 30.66 30.66	150m:	250m:	350m:		
	100m: 1:03.42 32.76	200m: 2:11.28	300m:	400m: 4:28.31		
5.	Nil Panasyuk	16	Braga		4:51.95	384
	50m: 32.55 32.55	150m:	250m:	350m:		
	100m: 1:08.43 35.88	200m: 2:22.32	300m:	400m: 4:51.95		
6.	Danilo Alves Rocha	16	Viana Natacao		4:58.95	357
	50m: 32.34 32.34	150m:	250m:	350m:		
	100m: 1:07.12 34.78	200m: 2:24.28	300m:	400m: 4:58.95		

Juniores

1.	Joao Maria Sousa	17	Braga		4:11.12	603
	50m: 28.51 28.51	150m:	250m:	350m:		
	100m: 59.68 31.17	200m: 2:03.37	300m:	400m: 4:11.12		
2.	Joao Carlos Carvalho	17	Braga		4:17.71	558
	50m: 29.67 29.67	150m:	250m:	350m:		
	100m: 1:02.37 32.70	200m: 2:07.98	300m:	400m: 4:17.71		
3.	Dinis Queiroz Goncalves	17	Braga		4:27.22	501
	50m: 29.43 29.43	150m:	250m:	350m:		
	100m: 1:02.02 32.59	200m: 2:10.26	300m:	400m: 4:27.22		
4.	Luis Pedro Queiros	18	Viana Natacao		4:30.53	482
	50m: 29.21 29.21	150m:	250m:	350m:		
	100m: 1:01.97 32.76	200m: 2:10.88	300m:	400m: 4:30.53		
5.	Marcio Fernandes Gomes	18	Braga		4:31.11	479
	50m: 31.06 31.06	150m:	250m:	350m:		
	100m: 1:03.45 32.39	200m: 2:11.16	300m:	400m: 4:31.11		
6.	Claudio Filipe Rodrigues	17	Braga		5:03.18	343
	50m: 32.48 32.48	150m:	250m:	350m:		
	100m: 1:08.81 36.33	200m: 2:26.16	300m:	400m: 5:03.18		

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Seniores

1.	Rafael Gomes Simoes		22	Braga		3:57.79	711
	50m:	27.01	27.01	150m:		250m:	350m:
	100m:	56.84	29.83	200m:	1:57.71	300m:	400m: 3:57.79