

8 , 400m 2005 - 2008
25.10.2021 - 11:20

								R.T.		FINA		
(15-16)												
1.			2005		" "			4:04.47		654		
	50m:	27.41	27.41	150m:	1:27.67	30.36	250m:	2:30.01	31.40	350m:	3:33.69	31.97
	100m:	57.31	29.90	200m:	1:58.61	30.94	300m:	3:01.72	31.71	400m:	4:04.47	30.78
2.			2005		" "			4:10.56		607		
	50m:	27.92	27.92	150m:	1:28.94	31.24	250m:	2:33.24	32.32	350m:	3:38.58	32.60
	100m:	57.70	29.78	200m:	2:00.92	31.98	300m:	3:05.98	32.74	400m:	4:10.56	31.98
3.			2006		" "			4:21.20	1	536		
	50m:	28.70	28.70	150m:	1:32.66	32.56	250m:	2:39.46	33.48	350m:	3:47.17	33.93
	100m:	1:00.10	31.40	200m:	2:05.98	33.32	300m:	3:13.24	33.78	400m:	4:21.20	34.03
4.			2006	1	" "			4:21.28	1	536		
	50m:	29.04	29.04	150m:	1:34.57	33.08	250m:	2:41.08	33.35	350m:	3:48.34	33.62
	100m:	1:01.49	32.45	200m:	2:07.73	33.16	300m:	3:14.72	33.64	400m:	4:21.28	32.94
5.			2005		" "			4:23.44	1	522		
	50m:	29.08	29.08	150m:	1:34.31	33.13	250m:	2:42.10	33.91	350m:	3:50.45	34.07
	100m:	1:01.18	32.10	200m:	2:08.19	33.88	300m:	3:16.38	34.28	400m:	4:23.44	32.99
6.			2006	1	" "			4:24.53	1	516		
	50m:	28.78	28.78	150m:	1:34.86	33.54	250m:	2:43.17	34.28	350m:	3:51.75	34.34
	100m:	1:01.32	32.54	200m:	2:08.89	34.03	300m:	3:17.41	34.24	400m:	4:24.53	32.78
7.			2005	1	" "			4:25.38	1	511		
	50m:	29.39	29.39	150m:	1:34.55	33.24	250m:	2:42.10	33.93	350m:	3:51.02	34.86
	100m:	1:01.31	31.92	200m:	2:08.17	33.62	300m:	3:16.16	34.06	400m:	4:25.38	34.36
8.			2005	1	" "			4:25.57	1	510		
	50m:	29.29	29.29	150m:	1:34.33	32.85	250m:	2:41.83	33.99	350m:	3:51.33	34.84
	100m:	1:01.48	32.19	200m:	2:07.84	33.51	300m:	3:16.49	34.66	400m:	4:25.57	34.24
9.			2006	2	" "			4:27.09	1	501		
	50m:	29.77	29.77	150m:	1:36.22	33.94	250m:	2:44.47	34.48	350m:	3:53.98	34.83
	100m:	1:02.28	32.51	200m:	2:09.99	33.77	300m:	3:19.15	34.68	400m:	4:27.09	33.11
10.			2005	1	" "			4:29.13	2	490		
	50m:	28.81	28.81	150m:	1:35.06	33.87	250m:	2:44.87	35.05	350m:	3:55.42	35.22
	100m:	1:01.19	32.38	200m:	2:09.82	34.76	300m:	3:20.20	35.33	400m:	4:29.13	33.71
11.			2006	1	" "			4:29.14	2	490		
	50m:	29.62	29.62	150m:	1:36.83	33.94	250m:	2:45.41	34.65	350m:	3:55.86	35.17
	100m:	1:02.89	33.27	200m:	2:10.76	33.93	300m:	3:20.69	35.28	400m:	4:29.14	33.28
12.			2006	1	" "			4:29.85	2	486		
	50m:	29.33	29.33	150m:	1:35.31	33.62	250m:	2:44.63	34.67	350m:	3:55.73	35.45
	100m:	1:01.69	32.36	200m:	2:09.96	34.65	300m:	3:20.28	35.65	400m:	4:29.85	34.12
13.			2006	2	" 6"			4:31.03	2	480		
	50m:	30.26	30.26	150m:	1:38.11	33.80	250m:	2:47.08	34.72	350m:	3:57.04	35.10
	100m:	1:04.31	34.05	200m:	2:12.36	34.25	300m:	3:21.94	34.86	400m:	4:31.03	33.99
14.			2006	1	" "			4:33.66	2	466		
	50m:	29.12	29.12	150m:	1:35.53	34.22	250m:	2:46.54	36.08	350m:	3:58.35	35.50
	100m:	1:01.31	32.19	200m:	2:10.46	34.93	300m:	3:22.85	36.31	400m:	4:33.66	35.31
15.			2005	2	" "			4:35.73	2	456		
	50m:	29.96	29.96	150m:	1:37.21	34.32	250m:	2:48.26	35.42	350m:	4:00.73	37.02
	100m:	1:02.89	32.93	200m:	2:12.84	35.63	300m:	3:23.71	35.45	400m:	4:35.73	35.00
16.			2006	2	" "			4:36.31	2	453		
	50m:	29.78	29.78	150m:	1:38.18	35.32	250m:	2:50.04	36.01	350m:	4:01.16	34.88
	100m:	1:02.86	33.08	200m:	2:14.03	35.85	300m:	3:26.28	36.24	400m:	4:36.31	35.15
17.			2006	2	" "			4:37.40	2	447		
	50m:	30.53	30.53	150m:	1:40.72	35.55	250m:	2:51.95	35.70	350m:	3:59.67	32.74
	100m:	1:05.17	34.64	200m:	2:16.25	35.53	300m:	3:26.93	34.98	400m:	4:37.40	37.73
18.			2005	1	" "			4:37.70	2	446		
	50m:	30.16	30.16	150m:	1:40.06	35.67	250m:	2:50.85	35.60	350m:	4:02.44	35.97
	100m:	1:04.39	34.23	200m:	2:15.25	35.19	300m:	3:26.47	35.62	400m:	4:37.70	35.26

8, , 400m , (15-16)								R.T.		FINA		
19.				2006	2	"	"			4:45.67	2	410
	50m:	31.45	31.45	150m:	1:43.79	36.74	250m:	2:57.19	37.11	350m:	4:09.52	35.72
	100m:	1:07.05	35.60	200m:	2:20.08	36.29	300m:	3:33.80	36.61	400m:	4:45.67	36.15
20.				2006	2		3			4:49.14	2	395
	50m:	31.93	31.93	150m:	1:44.25	36.43	250m:	2:58.96	37.87	350m:	4:12.20	36.39
	100m:	1:07.82	35.89	200m:	2:21.09	36.84	300m:	3:35.81	36.85	400m:	4:49.14	36.94
21.				2006	2	"	"			4:50.37	2	390
	50m:	30.16	30.16	150m:	1:43.06	37.63	250m:	2:59.06	37.89	350m:	4:14.78	37.76
	100m:	1:05.43	35.27	200m:	2:21.17	38.11	300m:	3:37.02	37.96	400m:	4:50.37	35.59
22.				2006	2	"	"			4:55.59	2	370
	50m:	29.65	29.65	150m:	1:40.69	36.84	250m:	2:58.06	39.07	350m:	4:16.15	38.82
	100m:	1:03.85	34.20	200m:	2:18.99	38.30	300m:	3:37.33	39.27	400m:	4:55.59	39.44
23.				2006	2	"	"			4:56.65	2	366
	50m:	32.82	32.82	150m:	1:46.17	37.40	250m:	3:02.85	38.04	350m:	4:19.64	38.32
	100m:	1:08.77	35.95	200m:	2:24.81	38.64	300m:	3:41.32	38.47	400m:	4:56.65	37.01
(13-14)												
1.				2007	1					4:16.66	1	565
	50m:	28.68	28.68	150m:	1:32.61	32.33	250m:	2:37.92	32.77	350m:	3:44.44	33.45
	100m:	1:00.28	31.60	200m:	2:05.15	32.54	300m:	3:10.99	33.07	400m:	4:16.66	32.22
2.				2007	1	"	"			4:17.36	1	560
	50m:	28.54	28.54	150m:	1:32.25	32.11	250m:	2:38.19	33.18	350m:	3:44.67	33.24
	100m:	1:00.14	31.60	200m:	2:05.01	32.76	300m:	3:11.43	33.24	400m:	4:17.36	32.69
3.				2008	1	"	"			4:17.88	1	557
	50m:	28.50	28.50	150m:	1:32.17	32.46	250m:	2:38.21	33.02	350m:	3:45.10	33.31
	100m:	59.71	31.21	200m:	2:05.19	33.02	300m:	3:11.79	33.58	400m:	4:17.88	32.78
4.				2007	1	"	"			4:22.35	1	529
	50m:	29.70	29.70	150m:	1:35.89	33.16	250m:	2:43.20	33.47	350m:	3:49.76	33.33
	100m:	1:02.73	33.03	200m:	2:09.73	33.84	300m:	3:16.43	33.23	400m:	4:22.35	32.59
5.				2007	1					4:25.27	1	512
	50m:	29.65	29.65	150m:	1:35.47	33.39	250m:	2:43.67	34.00	350m:	3:51.85	33.94
	100m:	1:02.08	32.43	200m:	2:09.67	34.20	300m:	3:17.91	34.24	400m:	4:25.27	33.42
6.				2007	2	"	"			4:25.90	1	508
	50m:	29.21	29.21	150m:	1:35.06	33.70	250m:	2:43.59	34.42	350m:	3:53.02	34.24
	100m:	1:01.36	32.15	200m:	2:09.17	34.11	300m:	3:18.78	35.19	400m:	4:25.90	32.88
7.				2008	1	"	"			4:26.02	1	507
	50m:	29.88	29.88	150m:	1:37.87	34.20	250m:	2:46.90	34.43	350m:	3:55.15	34.12
	100m:	1:03.67	33.79	200m:	2:12.47	34.60	300m:	3:21.03	34.13	400m:	4:26.02	30.87
8.				2008	1	"	"			4:26.06	1	507
	50m:	28.71	28.71	150m:	1:34.62	33.91	250m:	2:44.74	35.30	350m:	3:54.97	34.50
	100m:	1:00.71	32.00	200m:	2:09.44	34.82	300m:	3:20.47	35.73	400m:	4:26.06	31.09
9.				2007	1	"	"			4:26.73	1	503
	50m:	28.87	28.87	150m:	1:34.73	33.58	250m:	2:43.44	34.51	350m:	3:53.12	34.93
	100m:	1:01.15	32.28	200m:	2:08.93	34.20	300m:	3:18.19	34.75	400m:	4:26.73	33.61
10.				2007	1	"	"			4:29.32	2	489
	50m:	30.74	30.74	150m:	1:38.11	33.83	250m:	2:46.26	36.18	350m:	3:55.91	34.97
	100m:	1:04.28	33.54	200m:	2:10.08	31.97	300m:	3:20.94	34.68	400m:	4:29.32	33.41
11.				2007	1	"	"			4:29.59	2	488
	50m:	29.28	29.28	150m:	1:35.84	33.90	250m:	2:45.41	34.93	350m:	3:55.42	35.10
	100m:	1:01.94	32.66	200m:	2:10.48	34.64	300m:	3:20.32	34.91	400m:	4:29.59	34.17
12.				2007	2	"	"			4:31.08	2	480
	50m:	28.78	28.78	150m:	1:36.38	34.43	250m:	2:46.89	35.47	350m:	3:57.09	34.76
	100m:	1:01.95	33.17	200m:	2:11.42	35.04	300m:	3:22.33	35.44	400m:	4:31.08	33.99
13.				2008	2	"	"			4:32.75	2	471
	50m:	29.76	29.76	150m:	1:38.16	35.15	250m:	2:49.94	35.92	350m:	4:00.57	34.67
	100m:	1:03.01	33.25	200m:	2:14.02	35.86	300m:	3:25.90	35.96	400m:	4:32.75	32.18
14.				2007	2	"	"			4:33.60	2	466
	50m:	29.67	29.67	150m:	1:37.20	34.25	250m:	2:47.78	35.01	350m:	3:59.41	35.74
	100m:	1:02.95	33.28	200m:	2:12.77	35.57	300m:	3:23.67	35.89	400m:	4:33.60	34.19

8,		, 400m				(13-14)		R.T.		FINA	
15.				2007	2	"	"	4:33.79	2	465	
	50m:	31.41	31.41	150m:	1:40.63	35.06	250m:	2:50.38	34.65	350m:	3:59.61
	100m:	1:05.57	34.16	200m:	2:15.73	35.10	300m:	3:25.11	34.73	400m:	4:33.79
16.				2008	2	"	"	4:33.80	2	465	
	50m:	29.97	29.97	150m:	1:38.13	34.80	250m:	2:49.12	35.81	350m:	3:59.93
	100m:	1:03.33	33.36	200m:	2:13.31	35.18	300m:	3:25.26	36.14	400m:	4:33.80
17.				2008	2	"	"	4:35.02	2	459	
	50m:	30.20	30.20	150m:	1:38.44	34.48	250m:	2:49.25	35.52	350m:	4:00.48
	100m:	1:03.96	33.76	200m:	2:13.73	35.29	300m:	3:25.12	35.87	400m:	4:35.02
18.				2007	2	"	"	4:36.13	2	454	
	50m:	30.56	30.56	150m:	1:39.44	34.93	250m:	2:51.18	36.35	350m:	4:02.46
	100m:	1:04.51	33.95	200m:	2:14.83	35.39	300m:	3:27.01	35.83	400m:	4:36.13
19.				2007	2	"	"	4:36.45	2	452	
	50m:	30.63	30.63	150m:	1:39.65	34.83	250m:	2:50.51	35.77	350m:	4:02.04
	100m:	1:04.82	34.19	200m:	2:14.74	35.09	300m:	3:26.24	35.73	400m:	4:36.45
20.				2008	2	"	"	4:37.51	2	447	
	50m:	30.37	30.37	150m:	1:39.84	35.47	250m:	2:51.50	35.91	350m:	4:02.84
	100m:	1:04.37	34.00	200m:	2:15.59	35.75	300m:	3:27.20	35.70	400m:	4:37.51
21.				2008	2	"	"	4:38.60	2	442	
	50m:	29.51	29.51	150m:	1:37.22	34.85	250m:	2:49.39	36.51	350m:	4:02.72
	100m:	1:02.37	32.86	200m:	2:12.88	35.66	300m:	3:26.14	36.75	400m:	4:38.60
22.				2008	2	"	"	4:40.01	2	435	
	50m:	30.07	30.07	150m:	1:38.67	35.11	250m:	2:50.60	36.15	350m:	4:03.85
	100m:	1:03.56	33.49	200m:	2:14.45	35.78	300m:	3:27.14	36.54	400m:	4:40.01
23.				2007	2	"	"	4:40.06	2	435	
	50m:	29.54	29.54	150m:	1:38.50	35.42	250m:	2:50.52	36.43	350m:	4:04.26
	100m:	1:03.08	33.54	200m:	2:14.09	35.59	300m:	3:27.30	36.78	400m:	4:40.06
24.				2007	2	"	"	4:44.24	2	416	
	50m:	31.50	31.50	150m:	1:43.47	36.24	250m:	2:56.61	36.67	350m:	4:10.95
	100m:	1:07.23	35.73	200m:	2:19.94	36.47	300m:	3:34.22	37.61	400m:	4:44.24
25.				2008	2	"	"	4:48.56	2	397	
	50m:	29.98	29.98	150m:	1:40.28	35.68	250m:	2:53.59	36.85	350m:	4:10.45
	100m:	1:04.60	34.62	200m:	2:16.74	36.46	300m:	3:31.54	37.95	400m:	4:48.56
26.				2007	2	"	"	4:48.66	2	397	
	50m:	30.85	30.85	150m:	1:42.36	36.53	250m:	2:56.35	37.10	350m:	4:12.33
	100m:	1:05.83	34.98	200m:	2:19.25	36.89	300m:	3:34.35	38.00	400m:	4:48.66
27.				2007	2	"	"	4:50.08	2	391	
	50m:	31.11	31.11	150m:	1:42.61	36.76	250m:	2:57.90	38.04	350m:	4:14.20
	100m:	1:05.85	34.74	200m:	2:19.86	37.25	300m:	3:35.93	38.03	400m:	4:50.08
28.				2008	2	"	"	4:50.27	2	390	
	50m:	31.67	31.67	150m:	1:43.32	36.85	250m:	2:58.69	37.62	350m:	4:14.90
	100m:	1:06.47	34.80	200m:	2:21.07	37.75	300m:	3:37.30	38.61	400m:	4:50.27
29.				2008	2	"	"	4:51.00	2	388	
	50m:	31.34	31.34	150m:	1:44.34	36.98	250m:	2:58.93	37.50	350m:	4:14.46
	100m:	1:07.36	36.02	200m:	2:21.43	37.09	300m:	3:37.00	38.07	400m:	4:51.00
30.				2008	2	"	6"	4:53.64	2	377	
	50m:	31.81	31.81	150m:	1:44.18	36.89	250m:	2:59.94	38.14	350m:	4:16.89
	100m:	1:07.29	35.48	200m:	2:21.80	37.62	300m:	3:38.73	38.79	400m:	4:53.64
31.				2007	2	"	"	4:55.11	2	372	
	50m:	33.89	33.89	150m:	1:47.09	37.16	250m:	3:01.23	36.67	350m:	4:13.76
	100m:	1:09.93	36.04	200m:	2:24.56	37.47	300m:	3:38.41	37.18	400m:	4:55.11
32.				2008	2	"	"	4:55.32	2	371	
	50m:	30.58	30.58	150m:	1:44.86	37.58	250m:	3:00.31	37.63	350m:	4:17.84
	100m:	1:07.28	36.70	200m:	2:22.68	37.82	300m:	3:39.72	39.41	400m:	4:55.32
33.				2008	2	"	"	4:55.50	2	370	
	50m:	32.84	32.84	150m:	1:45.93	36.79	250m:	3:01.52	37.92	350m:	4:19.17
	100m:	1:09.14	36.30	200m:	2:23.60	37.67	300m:	3:40.35	38.83	400m:	4:55.50
34.				2007	2	"	"	4:57.95	2	361	
	50m:	32.72	32.72	150m:	1:47.91	38.16	250m:	3:04.62	38.52	350m:	4:21.58
	100m:	1:09.75	37.03	200m:	2:26.10	38.19	300m:	3:43.25	38.63	400m:	4:57.95

8, , 400m , (13-14)								R.T.		FINA	
35.			2008 2	" "				5:00.39	2	352	
	50m: 33.05	33.05	150m: 1:46.79	36.85	250m: 3:03.00	38.37	350m: 4:22.52	40.66			
	100m: 1:09.94	36.89	200m: 2:24.63	37.84	300m: 3:41.86	38.86	400m: 5:00.39	37.87			
36.			2008 2	" "				5:01.33	2	349	
	50m: 33.89	33.89	150m: 1:49.57	37.59	250m: 3:05.37	37.93	350m: 4:23.25	39.14			
	100m: 1:11.98	38.09	200m: 2:27.44	37.87	300m: 3:44.11	38.74	400m: 5:01.33	38.08			
37.			2007 2	" "				5:06.68	3	331	
	50m: 33.26	33.26	150m: 1:52.50	39.94	250m: 3:12.36	39.38	350m: 4:30.92	39.40			
	100m: 1:12.56	39.30	200m: 2:32.98	40.48	300m: 3:51.52	39.16	400m: 5:06.68	35.76			
			2008 3	" "				5:06.68	3	331	
	50m: 34.02	34.02	150m: 1:52.19	39.33	250m: 3:11.22	39.88	350m: 4:29.61	38.75			
	100m: 1:12.86	38.84	200m: 2:31.34	39.15	300m: 3:50.86	39.64	400m: 5:06.68	37.07			
39.			2007 2	" "				5:09.30	3	323	
	50m: 34.26	34.26	150m: 1:51.20	38.87	250m: 3:09.23	39.05	350m: 4:30.15	40.53			
	100m: 1:12.33	38.07	200m: 2:30.18	38.98	300m: 3:49.62	40.39	400m: 5:09.30	39.15			
40.			2007 3	" - "				5:11.53	3	316	
	50m: 33.07	33.07	150m: 1:53.04	40.69	250m: 3:14.78	41.49	350m: 4:33.86	39.10			
	100m: 1:12.35	39.28	200m: 2:33.29	40.25	300m: 3:54.76	39.98	400m: 5:11.53	37.67			
41.			2007 3	" " "				5:14.57	3	307	
	50m: 33.67	33.67	150m: 1:53.26	40.42	250m: 3:14.44	41.63	350m: 4:35.66	40.55			
	100m: 1:12.84	39.17	200m: 2:32.81	39.55	300m: 3:55.11	40.67	400m: 5:14.57	38.91			
42.			2008 3	" "				5:26.45	3	274	
	50m: 33.71	33.71	150m: 1:52.81	40.49	250m: 3:16.93	42.56	350m: 4:43.78	43.46			
	100m: 1:12.32	38.61	200m: 2:34.37	41.56	300m: 4:00.32	43.39	400m: 5:26.45	42.67			
43.			2007 3	" " "				5:37.02	3	249	
	50m: 35.60	35.60	150m: 1:59.21	42.87	250m: 3:26.90	43.47	350m: 4:54.16	43.16			
	100m: 1:16.34	40.74	200m: 2:43.43	44.22	300m: 4:11.00	44.10	400m: 5:37.02	42.86			