

7
25.10.2021 - 10:45

, 400m

2007 - 2010

: FINA 2020

								R.T.		FINA	
(13-14)											
1.			2008	"	"				4:32.54		632
	50m: 30.97	30.97	150m: 1:39.82	34.91	250m: 2:50.40	35.14	350m: 4:00.32	34.44			
	100m: 1:04.91	33.94	200m: 2:15.26	35.44	300m: 3:25.88	35.48	400m: 4:32.54	32.22			
2.			2007	"	"				4:33.21		627
	50m: 30.45	30.45	150m: 1:38.80	34.83	250m: 2:50.17	36.05	350m: 4:01.28	35.48			
	100m: 1:03.97	33.52	200m: 2:14.12	35.32	300m: 3:25.80	35.63	400m: 4:33.21	31.93			
3.			2008	"	"				4:37.67		597
	50m: 30.76	30.76	150m: 1:38.43	34.49	250m: 2:49.45	35.98	350m: 4:00.77	35.46			
	100m: 1:03.94	33.18	200m: 2:13.47	35.04	300m: 3:25.31	35.86	400m: 4:37.67	36.90			
4.			2008 1	"	"				4:38.78	1	590
	50m: 31.53	31.53	150m: 1:41.41	35.93	250m: 2:52.31	35.63	350m: 4:03.91	35.89			
	100m: 1:05.48	33.95	200m: 2:16.68	35.27	300m: 3:28.02	35.71	400m: 4:38.78	34.87			
5.			2007 1	"	"				4:38.80	1	590
	50m: 32.11	32.11	150m: 1:42.00	35.27	250m: 2:52.83	35.40	350m: 4:04.89	35.89			
	100m: 1:06.73	34.62	200m: 2:17.43	35.43	300m: 3:29.00	36.17	400m: 4:38.80	33.91			
6.			2008 1	"	"				4:43.30	1	562
	50m: 31.27	31.27	150m: 1:41.50	35.74	250m: 2:54.36	36.68	350m: 4:07.85	36.60			
	100m: 1:05.76	34.49	200m: 2:17.68	36.18	300m: 3:31.25	36.89	400m: 4:43.30	35.45			
7.			2007 1	"	"				4:45.62	1	549
	50m: 30.80	30.80	150m: 1:40.82	35.90	250m: 2:54.37	37.12	350m: 4:09.61	37.37			
	100m: 1:04.92	34.12	200m: 2:17.25	36.43	300m: 3:32.24	37.87	400m: 4:45.62	36.01			
8.			2007 1	"	"				4:45.76	1	548
	50m: 32.63	32.63	150m: 1:43.82	36.29	250m: 2:56.63	36.33	350m: 4:10.44	36.97			
	100m: 1:07.53	34.90	200m: 2:20.30	36.48	300m: 3:33.47	36.84	400m: 4:45.76	35.32			
9.			2007 1	"	"				4:48.06	1	535
	50m: 32.12	32.12	150m: 1:43.88	36.50	250m: 2:57.17	36.64	350m: 4:11.44	37.33			
	100m: 1:07.38	35.26	200m: 2:20.53	36.65	300m: 3:34.11	36.94	400m: 4:48.06	36.62			
10.			2007 1	"	"				4:48.10	1	535
	50m: 31.61	31.61	150m: 1:42.72	36.00	250m: 2:56.65	37.26	350m: 4:11.83	37.33			
	100m: 1:06.72	35.11	200m: 2:19.39	36.67	300m: 3:34.50	37.85	400m: 4:48.10	36.27			
11.			2007	"	"				4:48.62	1	532
	50m: 31.10	31.10	150m: 1:41.74	36.60	250m: 2:55.72	36.90	350m: 4:11.31	37.83			
	100m: 1:05.14	34.04	200m: 2:18.82	37.08	300m: 3:33.48	37.76	400m: 4:48.62	37.31			
12.			2007 1	"	"				4:52.42	1	511
	50m: 33.06	33.06	150m: 1:45.66	36.79	250m: 3:00.84	37.92	350m: 4:16.28	37.47			
	100m: 1:08.87	35.81	200m: 2:22.92	37.26	300m: 3:38.81	37.97	400m: 4:52.42	36.14			
13.			2007 1	"	"				4:53.36	1	506
	50m: 31.47	31.47	150m: 1:44.20	37.15	250m: 2:58.98	36.93	350m: 4:15.94	38.19			
	100m: 1:07.05	35.58	200m: 2:22.05	37.85	300m: 3:37.75	38.77	400m: 4:53.36	37.42			
14.			2008 1	"	"				4:53.91	1	504
	50m: 33.35	33.35	150m: 1:47.04	37.33	250m: 3:02.12	37.62	350m: 4:17.05	37.60			
	100m: 1:09.71	36.36	200m: 2:24.50	37.46	300m: 3:39.45	37.33	400m: 4:53.91	36.86			
15.			2008 2	"	"				4:55.06	1	498
	50m: 33.59	33.59	150m: 1:47.42	37.48	250m: 3:02.79	37.61	350m: 4:18.92	38.07			
	100m: 1:09.94	36.35	200m: 2:25.18	37.76	300m: 3:40.85	38.06	400m: 4:55.06	36.14			
16.			2008 1	"	"				4:55.13	1	497
	50m: 32.91	32.91	150m: 1:46.94	37.06	250m: 3:02.74	38.20	350m: 4:18.98	37.93			
	100m: 1:09.88	36.97	200m: 2:24.54	37.60	300m: 3:41.05	38.31	400m: 4:55.13	36.15			
17.			2008 1	"	"				4:56.80	2	489
	50m: 32.93	32.93	150m: 1:49.23	38.50	250m: 3:05.97	38.25	350m: 4:22.15	38.07			
	100m: 1:10.73	37.80	200m: 2:27.72	38.49	300m: 3:44.08	38.11	400m: 4:56.80	34.65			
18.			2007 2	"	"				4:58.00	2	483
	50m: 33.98	33.98	150m: 1:47.89	37.71	250m: 3:04.88	38.62	350m: 4:21.95	38.47			
	100m: 1:10.18	36.20	200m: 2:26.26	38.37	300m: 3:43.48	38.60	400m: 4:58.00	36.05			

7, , 400m				(13-14)				R.T.	FINA		
19.				2008	2	"	"		5:00.71	2	470
	50m: 31.87	31.87	150m: 1:46.47	38.03	250m: 3:05.24	40.36	350m: 4:23.67	39.84			
	100m: 1:08.44	36.57	200m: 2:24.88	38.41	300m: 3:43.83	38.59	400m: 5:00.71	37.04			
20.				2008	2	"	"		5:02.37	2	463
	50m: 33.40	33.40	150m: 1:49.43	38.43	250m: 3:07.50	39.32	350m: 4:25.08	38.71			
	100m: 1:11.00	37.60	200m: 2:28.18	38.75	300m: 3:46.37	38.87	400m: 5:02.37	37.29			
21.				2008	2	"	"		5:08.86	2	434
	50m: 33.41	33.41	150m: 1:50.72	39.54	250m: 3:10.59	40.11	350m: 4:30.31	39.51			
	100m: 1:11.18	37.77	200m: 2:30.48	39.76	300m: 3:50.80	40.21	400m: 5:08.86	38.55			
22.				2008	2	"	"		5:10.50	2	427
	50m: 34.55	34.55	150m: 1:52.18	39.65	250m: 3:12.01	40.02	350m: 4:31.65	39.81			
	100m: 1:12.53	37.98	200m: 2:31.99	39.81	300m: 3:51.84	39.83	400m: 5:10.50	38.85			
23.				2008	2	"	"		5:18.70	2	395
	50m: 33.61	33.61	150m: 1:52.13	39.99	250m: 3:14.22	40.82	350m: 4:38.09	42.69			
	100m: 1:12.14	38.53	200m: 2:33.40	41.27	300m: 3:55.40	41.18	400m: 5:18.70	40.61			
24.				2008	2	"	"		5:23.20	2	379
	50m: 35.73	35.73	150m: 1:56.35	40.90	250m: 3:18.91	41.46	350m: 4:43.24	42.07			
	100m: 1:15.45	39.72	200m: 2:37.45	41.10	300m: 4:01.17	42.26	400m: 5:23.20	39.96			
25.				2007	2	"	"		5:27.18	2	365
	50m: 35.78	35.78	150m: 1:54.46	40.22	250m: 3:16.75	41.13	350m: 4:43.32	43.07			
	100m: 1:14.24	38.46	200m: 2:35.62	41.16	300m: 4:00.25	43.50	400m: 5:27.18	43.86			
26.				2008	1	"	"		5:27.68	2	363
	50m: 36.56	36.56	150m: 1:59.59	42.17	250m: 3:23.07	42.27	350m: 4:46.83	41.89			
	100m: 1:17.42	40.86	200m: 2:40.80	41.21	300m: 4:04.94	41.87	400m: 5:27.68	40.85			
27.				2008	2	"	6"		5:28.58	2	360
	50m: 36.65	36.65	150m: 1:59.43	42.13	250m: 3:23.73	42.08	350m: 4:47.83	42.11			
	100m: 1:17.30	40.65	200m: 2:41.65	42.22	300m: 4:05.72	41.99	400m: 5:28.58	40.75			
28.				2008	2	"	"		5:34.21	2	342
	50m: 35.23	35.23	150m: 1:58.06	41.96	250m: 3:23.18	43.08	350m: 4:52.87	44.24			
	100m: 1:16.10	40.87	200m: 2:40.10	42.04	300m: 4:08.63	45.45	400m: 5:34.21	41.34			
(11-12)											
1.				2009	1	"	"		4:54.27	1	502
	50m: 31.61	31.61	150m: 1:44.42	37.32	250m: 3:00.81	38.35	350m: 4:17.52	38.29			
	100m: 1:07.10	35.49	200m: 2:22.46	38.04	300m: 3:39.23	38.42	400m: 4:54.27	36.75			
2.				2009	2	"	"		4:54.37	1	501
	50m: 34.41	34.41	150m: 1:48.49	37.20	250m: 3:03.51	37.26	350m: 4:18.69	37.56			
	100m: 1:11.29	36.88	200m: 2:26.25	37.76	300m: 3:41.13	37.62	400m: 4:54.37	35.68			
3.				2009	2	"	"		4:54.92	1	498
	50m: 33.65	33.65	150m: 1:47.45	37.60	250m: 3:03.20	38.13	350m: 4:18.38	37.57			
	100m: 1:09.85	36.20	200m: 2:25.07	37.62	300m: 3:40.81	37.61	400m: 4:54.92	36.54			
4.				2009	2	"	"		4:55.32	1	496
	50m: 32.28	32.28	150m: 1:47.03	38.45	250m: 3:04.40	39.01	350m: 4:21.11	38.32			
	100m: 1:08.58	36.30	200m: 2:25.39	38.36	300m: 3:42.79	38.39	400m: 4:55.32	34.21			
5.				2009	1	"	"		4:56.80	2	489
	50m: 31.96	31.96	150m: 1:45.38	37.36	250m: 3:02.12	38.41	350m: 4:18.85	38.06			
	100m: 1:08.02	36.06	200m: 2:23.71	38.33	300m: 3:40.79	38.67	400m: 4:56.80	37.95			
6.				2009	2	"	"		4:57.37	2	486
	50m: 33.01	33.01	150m: 1:47.13	37.81	250m: 3:03.85	38.54	350m: 4:20.08	38.05			
	100m: 1:09.32	36.31	200m: 2:25.31	38.18	300m: 3:42.03	38.18	400m: 4:57.37	37.29			
7.				2009	2	"	"		5:01.57	2	466
	50m: 32.62	32.62	150m: 1:47.83	38.59	250m: 3:05.77	38.92	350m: 4:23.98	39.11			
	100m: 1:09.24	36.62	200m: 2:26.85	39.02	300m: 3:44.87	39.10	400m: 5:01.57	37.59			
8.				2009	2	"	"		5:02.50	2	462
	50m: 33.89	33.89	150m: 1:50.72	38.60	250m: 3:08.03	38.54	350m: 4:25.52	38.77			
	100m: 1:12.12	38.23	200m: 2:29.49	38.77	300m: 3:46.75	38.72	400m: 5:02.50	36.98			
9.				2009	2	"	"		5:06.47	2	444
	50m: 33.02	33.02	150m: 1:49.66	39.34	250m: 3:09.23	40.44	350m: 4:28.74	39.49			
	100m: 1:10.32	37.30	200m: 2:28.79	39.13	300m: 3:49.25	40.02	400m: 5:06.47	37.73			

7, , 400m				(11-12)				R.T.	FINA		
10.				2010	3	"	"		5:08.30	2	436
	50m: 34.00	34.00	150m: 1:52.06	39.66	250m: 3:11.78	39.88	350m: 4:31.53	39.71			
	100m: 1:12.40	38.40	200m: 2:31.90	39.84	300m: 3:51.82	40.04	400m: 5:08.30	36.77			
11.				2009	2	"	"		5:12.36	2	419
	50m: 34.38	34.38	150m: 1:52.34	39.55	250m: 3:11.92	40.18	350m: 4:33.07	40.55			
	100m: 1:12.79	38.41	200m: 2:31.74	39.40	300m: 3:52.52	40.60	400m: 5:12.36	39.29			
12.				2010	2	"	"		5:15.67	2	406
	50m: 35.01	35.01	150m: 1:53.91	40.37	250m: 3:15.83	39.99	350m: 4:36.80	40.34			
	100m: 1:13.54	38.53	200m: 2:35.84	41.93	300m: 3:56.46	40.63	400m: 5:15.67	38.87			
13.				2009	2	"	"		5:19.75	2	391
	50m: 36.12	36.12	150m: 1:56.91	41.15	250m: 3:18.93	40.99	350m: 4:40.86	40.95			
	100m: 1:15.76	39.64	200m: 2:37.94	41.03	300m: 3:59.91	40.98	400m: 5:19.75	38.89			
14.				2009	2	"	"		5:21.41	2	385
	50m: 34.94	34.94	150m: 1:54.33	40.28	250m: 3:16.80	41.48	350m: 4:40.61	41.99			
	100m: 1:14.05	39.11	200m: 2:35.32	40.99	300m: 3:58.62	41.82	400m: 5:21.41	40.80			
15.				2009	2	"	"		5:26.27	2	368
	50m: 35.49	35.49	150m: 1:56.58	41.36	250m: 3:20.21	42.19	350m: 4:45.19	42.84			
	100m: 1:15.22	39.73	200m: 2:38.02	41.44	300m: 4:02.35	42.14	400m: 5:26.27	41.08			
16.				2010	2	"	"		5:27.48	2	364
	50m: 36.70	36.70	150m: 1:58.26	41.84	250m: 3:22.56	42.35	350m: 4:47.05	42.12			
	100m: 1:16.42	39.72	200m: 2:40.21	41.95	300m: 4:04.93	42.37	400m: 5:27.48	40.43			
17.				2010	2	"	"		5:31.88	2	350
	50m: 34.84	34.84	150m: 1:55.73	41.28	250m: 3:22.14	43.93	350m: 4:50.67	45.21			
	100m: 1:14.45	39.61	200m: 2:38.21	42.48	300m: 4:05.46	43.32	400m: 5:31.88	41.21			
18.				2009	2	"	"		5:33.69	2	344
	50m: 35.54	35.54	150m: 1:57.91	41.24	250m: 3:23.96	44.49	350m: 4:51.69	44.65			
	100m: 1:16.67	41.13	200m: 2:39.47	41.56	300m: 4:07.04	43.08	400m: 5:33.69	42.00			
19.				2009	2	"	"		5:47.55	3	304
	50m: 36.56	36.56	150m: 2:02.13	43.99	250m: 3:32.11	46.07	350m: 5:02.83	44.70			
	100m: 1:18.14	41.58	200m: 2:46.04	43.91	300m: 4:18.13	46.02	400m: 5:47.55	44.72			
20.				2010	3	"	"		5:49.30	3	300
	50m: 37.30	37.30	150m: 2:04.92	44.65	250m: 3:35.34	46.46	350m: 5:05.48	44.45			
	100m: 1:20.27	42.97	200m: 2:48.88	43.96	300m: 4:21.03	45.69	400m: 5:49.30	43.82			
21.				2010	3	"	"		5:54.69	3	286
	50m: 37.05	37.05	150m: 2:05.32	44.84	250m: 3:36.33	45.44	350m: 5:07.84	45.26			
	100m: 1:20.48	43.43	200m: 2:50.89	45.57	300m: 4:22.58	46.25	400m: 5:54.69	46.85			