

Icelandic Masters Open Championships 2021
Reykjavík, 18. - 19.9.2021

Sundgrein 14
18.09.2021 - 16:08

karla, 400m skriðsund

20 - 84 ára
Úrslitalistar

GM 25 - 29: 4:16.83; 80 - 84: 8:31.80; 65 - 69: 6:07.43; 75 - 79: 8:38.55; 30 - 34: 4:23.04; 35 - 39: 4:47.78; 40 - 44: 4:46.69; 45 - 49: 5:00.77; 50 - 54: 5:09.46; 55 - 59: 5:34.92; 60 - 64: 6:05.03

Sæti			Aldur						Tími	Stig		
70 - 74 ára												
1.	Kári Geirlaugsson		72	Sundfélag Akraness				7:04.54	9.00			
	50m:	1:36.90	1:36.90	150m:	2:30.78	250m:	4:21.15	54.82	350m:			
	100m:			200m:	3:26.33	55.55	300m:	5:17.10	55.95	400m:	7:04.54	
65 - 69 ára												
1.	Sigurbjörn Einarsson		69	Sundfélagið Ægir				6:53.79	9.00			
	50m:	45.09	45.09	150m:	2:30.36	53.96	250m:	4:19.76	54.44	350m:	6:04.94	51.06
	100m:	1:36.40	51.31	200m:	3:25.32	54.96	300m:	5:13.88	54.12	400m:	6:53.79	48.85
60 - 64 ára												
1.	Remi Spilliaert		63	Sundfélagið Ægir				6:15.07	9.00			
	50m:	38.87	38.87	150m:	2:11.75	48.35	250m:	3:49.24	49.08	350m:	5:27.43	49.22
	100m:	1:23.40	44.53	200m:	3:00.16	48.41	300m:	4:38.21	48.97	400m:	6:15.07	47.64
50 - 54 ára												
1.	Steinn Jóhannsson		53	Sh				5:34.81	9.00			
	50m:	37.55	37.55	150m:	1:58.39	40.85	250m:	3:23.88	43.35	350m:	4:51.69	43.96
	100m:	1:17.54	39.99	200m:	2:40.53	42.14	300m:	4:07.73	43.85	400m:	5:34.81	43.12
40 - 44 ára												
1.	Peter Garajszki		43	Sunddeild Breiðabliks				4:57.39	9.00			
	50m:	35.36	35.36	150m:	1:51.83	38.00	250m:	3:07.99	37.80	350m:	4:21.82	36.79
	100m:	1:13.83	38.47	200m:	2:30.19	38.36	300m:	3:45.03	37.04	400m:	4:57.39	35.57