

Icelandic Masters Open Championships 2021
Reykjavík, 18. - 19.9.2021

Sundgrein 1
18.09.2021 - 9:00

karla, 800m skriðsund

20 - 84 ára
Úrslitalistar

GM 25 - 29: 8:53.36; 80 - 84: 18:04.81; 65 - 69: 12:22.32; 75 - 79: 17:05.90; 30 - 34: 9:08.60; 35 - 39: 9:35.59; 40 - 44: 10:03.68; 45 - 49: 10:01.36; 50 - 54: 10:51.69; 55 - 59: 11:32.17; 60 - 64: 12:22.32

Sæti			Aldur				Timi	Stig
65 - 69 ára								
1.	Sigurbjörn Einarsson		69	Sundfélagið Ægir		14:20.18	9.00	
	100m: 1:38.23	1:38.23	300m: 5:21.96	1:52.79	500m: 9:03.45	1:50.76	700m: 12:40.43	1:46.62
	200m: 3:29.17	1:50.94	400m: 7:12.69	1:50.73	600m: 10:53.81	1:50.36	800m: 14:20.18	1:39.75
60 - 64 ára								
1.	Remi Spilliaert		63	Sundfélagið Ægir		13:04.40	9.00	
	100m: 1:26.85	1:26.85	300m: 4:42.71	1:39.78	500m: 8:03.00	1:40.59	700m: 11:25.39	1:41.16
	200m: 3:02.93	1:36.08	400m: 6:22.41	1:39.70	600m: 9:44.23	1:41.23	800m: 13:04.40	1:39.01
2.	Ragnar Marteinnsson		64	Stjarnan		14:30.18	7.00	
	100m: 1:35.01	1:35.01	300m: 5:16.47	1:51.78	500m: 9:00.86	1:52.92	700m: 12:47.52	1:52.75
	200m: 3:24.69	1:49.68	400m: 7:07.94	1:51.47	600m: 10:54.77	1:53.91	800m: 14:30.18	1:42.66
55 - 59 ára								
1.	Birgir Gíslason		55	Sunddeild Breiðabliks		12:08.29	9.00	
	100m: 1:22.91	1:22.91	300m: 4:28.44	1:32.96	500m: 7:33.23	1:31.95	700m: 10:37.41	1:32.66
	200m: 2:55.48	1:32.57	400m: 6:01.28	1:32.84	600m: 9:04.75	1:31.52	800m: 12:08.29	1:30.88
35 - 39 ára								
1.	Hákon Jónsson		36	Sunddeild Breiðabliks		10:58.81	9.00	
	100m: 1:15.05	1:15.05	300m: 3:58.84	1:22.45	500m: 6:45.98	1:23.93	700m: 9:35.62	1:24.93
	200m: 2:36.39	1:21.34	400m: 5:22.05	1:23.21	600m: 8:10.69	1:24.71	800m: 10:58.81	1:23.19