

Meeting des Loups 2021  
La Louvière, 10-10-2021

Epreuve 9  
10-10-2021

Messieurs, 400m Libre

11 ans et plus  
Liste résultats

Points: FINA 2021

PL	Nom	Année	Club	Nat	Q-T	Result	Points
<b>11 - 12 ans</b>							
1.	STRUYS, Gabriel	2009	STD	BEL	5:39.05	<b>5:09.54</b>	359
	50m: 35.06 35.06	150m: 1:54.99 40.35	250m: 3:14.75 40.25	350m: 4:33.72 38.77			
	100m: 1:14.64 39.58	200m: 2:34.50 39.51	300m: 3:54.95 40.20	400m: 5:09.54 35.82			
2.	WATTIAUX, Thomas	2010	MHN	BEL	NT	<b>5:28.54</b>	300
	50m: 36.11 36.11	150m: 2:00.89 43.09	250m: 3:25.02 43.14	350m: 4:49.86 41.51			
	100m: 1:17.80 41.69	200m: 2:41.88 40.99	300m: 4:08.35 43.33	400m: 5:28.54 38.68			
3.	THILL, Esteban	2010	ENLN	BEL	5:43.58	<b>5:44.77</b>	260
	50m: 35.75 35.75	150m: 2:00.00 43.00	250m: 3:34.37 45.88	350m: 5:03.18 41.51			
	100m: 1:18.26 42.51	200m: 2:48.49 40.00	300m: 4:00.00 40.00	400m: 5:44.77 41.59			
4.	MORTELETTE, Zakary	2009	Denain	FRA	6:01.25	<b>5:48.35</b>	252
	50m: 38.66 38.66	150m: 2:06.19 44.42	250m: 3:36.16 44.23	350m: 5:06.02 44.63			
	100m: 1:21.77 43.11	200m: 2:51.93 45.74	300m: 4:21.39 45.23	400m: 5:48.35 42.33			
5.	NEGRIN, Samuel	2009	MHN	BEL	NT	<b>5:53.72</b>	240
	50m: 38.65 38.65	150m: 2:10.01 46.79	250m: 3:42.52 46.78	350m: 5:13.79 43.69			
	100m: 1:23.22 44.57	200m: 2:55.74 45.73	300m: 4:30.10 47.58	400m: 5:53.72 39.93			
6.	CABO, Nolan	2009	ENLN	BEL	6:33.35	<b>5:54.41</b>	239
	50m: 41.52 41.52	150m: 2:15.30 46.57	250m: 3:45.38 43.89	350m: 5:13.49 43.57			
	100m: 1:28.73 47.21	200m: 3:01.49 46.19	300m: 4:29.92 44.54	400m: 5:54.41 40.92			
7.	CHEN, Peter	2009	MHN	BEL	NT	<b>5:55.65</b>	236
	50m: 37.64 37.64	150m: 2:07.93 45.60	250m: 3:41.45 47.39	350m: 5:13.52 45.66			
	100m: 1:22.33 44.69	200m: 2:54.06 46.13	300m: 4:27.86 46.41	400m: 5:55.65 42.13			
8.	HOES, Tom Alexander	2010	MHN	BEL	NT	<b>5:55.81</b>	236
	50m: 40.48 40.48	150m: 2:10.99 45.21	250m: 3:44.91 47.49	350m: 5:14.25 44.31			
	100m: 1:25.78 45.30	200m: 2:57.42 46.43	300m: 4:29.94 45.03	400m: 5:55.81 41.56			
9.	MASAITIS, Mantas	2010	AQUABLA	LTU	5:49.84	<b>6:00.13</b>	228
	50m: 39.91 39.91	150m: 2:11.54 46.27	250m: 3:45.17 47.30	350m: 5:17.35 46.15			
	100m: 1:25.27 45.36	200m: 2:57.87 46.33	300m: 4:31.20 46.03	400m: 6:00.13 42.78			
10.	YAZAG, Amayas	2009	MHN	BEL	6:38.70	<b>6:00.35</b>	227
	50m: 41.58 41.58	150m: 2:14.21 46.24	250m: 3:46.20 45.65	350m: 5:17.58 44.61			
	100m: 1:27.97 46.39	200m: 3:00.55 46.34	300m: 4:32.97 46.77	400m: 6:00.35 42.77			
11.	DUREZ, Oliver	2010	ENLN	BEL	NT	<b>6:04.81</b>	219
	50m: 39.33 39.33	150m: 2:11.96 47.38	250m: 3:46.55 47.10	350m: 5:21.41 47.38			
	100m: 1:24.58 45.25	200m: 2:59.45 47.49	300m: 4:34.03 47.48	400m: 6:04.81 43.40			
12.	DINICESCU, Damian	2010	CCM	BEL	NT	<b>6:07.59</b>	214
	50m: 39.54 39.54	150m: 2:11.98 47.72	250m: 3:46.94 48.75	350m: 5:20.83 47.78			
	100m: 1:24.26 44.72	200m: 2:58.19 46.21	300m: 4:33.05 46.11	400m: 6:07.59 46.76			
13.	GOULIEV, Luka	2010	ENLN	BEL	NT	<b>6:25.44</b>	186
	50m: 42.39 42.39	150m: 2:22.28 50.93	250m: 4:03.54 50.23	350m: 5:44.98 50.40			
	100m: 1:31.35 48.96	200m: 3:13.31 51.03	300m: 4:54.58 51.04	400m: 6:25.44 40.46			
14.	FALZONE, Raphaël	2010	ENLN	BEL	NT	<b>6:25.61</b>	185
	50m: 40.75 40.75	150m: 2:16.78 49.34	250m: 3:56.97 50.54	350m: 5:38.97 50.73			
	100m: 1:27.44 46.69	200m: 3:06.43 49.65	300m: 4:48.24 51.27	400m: 6:25.61 46.64			
15.	DELATTRE, Shain	2010	ENLN	BEL	NT	<b>6:27.87</b>	182
	50m: 42.10 42.10	150m: 2:19.33 49.03	250m: 4:01.07 50.94	350m: 5:41.83 50.08			
	100m: 1:30.30 48.20	200m: 3:10.13 50.80	300m: 4:51.75 50.68	400m: 6:27.87 46.04			
16.	TERLINCK, Mattias	2010	BCSG	BEL	6:55.07	<b>6:30.73</b>	178
	50m: 41.16 41.16	150m: 2:18.66 50.23	250m: 4:00.13 50.96	350m: 5:42.29 50.78			
	100m: 1:28.43 47.27	200m: 3:09.17 50.51	300m: 4:51.51 51.38	400m: 6:30.73 48.44			
17.	FONTAINE, Mathis	2010	ENLN	BEL	NT	<b>6:36.18</b>	171
	50m: 42.52 42.52	150m: 2:22.09 50.65	250m: 4:04.85 50.89	350m: 5:48.04 51.32			
	100m: 1:31.44 48.92	200m: 3:13.96 51.87	300m: 4:56.72 51.87	400m: 6:36.18 48.14			

Meeting des Loups 2021  
La Louvière, 10-10-2021

Epreuve 9, Garçons, 400m Libre, 11 - 12 ans

PL	Nom	Année	Club	Nat	Q-T	Result	Points
18.	FAUCHE, Emile	2010	BOUST	BEL	NT	<b>6:44.48</b>	161
	50m: 42.68 42.68	150m: 2:24.42 52.18	250m: 4:08.36 51.58	350m: 5:54.37 53.37			
	100m: 1:32.24 49.56	200m: 3:16.78 52.36	300m: 5:01.00 52.64	400m: 6:44.48 50.11			
19.	LOPEZ, Jésus	2010	CCM	BEL	NT	<b>6:47.70</b>	157
	50m: 42.01 42.01	150m: 2:22.72 51.62	250m: 4:12.28 55.31	350m: 6:00.36 52.72			
	100m: 1:31.10 49.09	200m: 3:16.97 54.25	300m: 5:07.64 55.36	400m: 6:47.70 47.34			
20.	CARELLA, Alejandro	2009	BCSG	BEL	NT	<b>7:01.11</b>	142
	50m: 46.88 46.88	150m: 2:32.91 53.86	250m: 4:20.72 53.75	350m: 6:09.24 53.63			
	100m: 1:39.05 52.17	200m: 3:26.97 54.06	300m: 5:15.61 54.89	400m: 7:01.11 51.87			
21.	DUMONT, Mathis	2010	BCSG	BEL	NT	<b>7:34.21</b>	113
	50m: 51.81 51.81	150m: 2:42.53 54.25	250m: 4:31.43 56.92	350m: 6:38.95 59.52			
	100m: 1:48.11 56.30	200m: 3:42.53 54.25	300m: 5:39.43 57.91	400m: 7:34.21 55.26			
22.	ERNST, Corentin	2010	SVDE	BEL	NT	<b>7:36.79</b>	111
	50m: 47.99 47.99	150m: 2:40.86 54.06	250m: 4:41.13 1:00.27	350m: 6:40.92 1:00.66			
	100m: 1:42.82 54.83	200m: 3:40.86 54.06	300m: 5:40.26 59.13	400m: 7:36.79 55.87			
23.	TRAN, Bao-Duc	2010	BOUST	BEL	NT	<b>7:49.96</b>	102
	50m: 52.36 52.36	150m: 2:51.88 1:00.51	250m: 4:53.00 59.12	350m: 6:53.00 59.12			
	100m: 1:51.37 59.01	200m: 3:50.72 58.84	300m: 5:53.00 59.12	400m: 7:49.96 59.12			
24.	NAGY, Alexis	2010	BCSG	BEL	NT	<b>8:11.94</b>	89
	50m: 45.87 45.87	150m: 2:46.19 1:01.38	250m: 4:56.86 1:05.92	350m: 7:07.37 1:02.87			
	100m: 1:44.81 58.94	200m: 3:50.94 1:04.75	300m: 6:04.50 1:07.64	400m: 8:11.94 1:04.57			
disq.	TRUBBIA, Alessio	2010	BCSG	BEL	NT		
	<i>SW 10.4.a - Nageur n'a pas touché le mur au virage ou n'a pas effectué son virage à partir du mur</i>						

13 - 14 ans

1.	CABO, Esteban	2007	ENLN	BEL	5:12.19	<b>4:48.19</b>	445
	50m: 32.40 32.40	150m: 1:46.45 37.20	250m: 3:00.83 37.33	350m: 4:14.50 35.92			
	100m: 1:09.25 36.85	200m: 2:23.50 37.05	300m: 3:38.58 37.75	400m: 4:48.19 33.69			
2.	VAN HEIRWEGHE, Maxime	2008	AQUABLA	BEL	4:45.21	<b>4:48.29</b>	444
	50m: 33.21 33.21	150m: 1:46.65 37.06	250m: 3:00.42 36.89	350m: 4:13.85 36.22			
	100m: 1:09.59 36.38	200m: 2:23.53 36.88	300m: 3:37.63 37.21	400m: 4:48.29 34.44			
3.	SOBRIE, Gautier	2008	DM	BEL	4:33.41	<b>4:48.47</b>	443
	50m: 33.31 33.31	150m: 1:46.81 37.20	250m: 3:01.13 37.24	350m: 4:14.09 36.28			
	100m: 1:09.61 36.30	200m: 2:23.89 37.08	300m: 3:37.81 36.68	400m: 4:48.47 34.38			
4.	DUFOND, Nathan	2008	ENLN	BEL	4:47.28	<b>4:49.27</b>	440
	50m: 32.63 32.63	150m: 1:46.66 37.26	250m: 3:00.90 37.10	350m: 4:14.59 36.76			
	100m: 1:09.40 36.77	200m: 2:23.80 37.14	300m: 3:37.83 36.93	400m: 4:49.27 34.68			
5.	GARNIER, Terence	2007	MHN	BEL	5:04.94	<b>4:50.43</b>	435
	50m: 32.46 32.46	150m: 1:45.61 36.66	250m: 3:00.36 37.47	350m: 4:14.81 36.76			
	100m: 1:08.95 36.49	200m: 2:22.89 37.28	300m: 3:38.05 37.69	400m: 4:50.43 35.62			
6.	DELCROIX, Mathis	2007	Denain	FRA	5:23.70	<b>5:03.98</b>	379
	50m: 34.90 34.90	150m: 1:53.32 40.14	250m: 3:12.48 40.03	350m: 4:29.71 38.07			
	100m: 1:13.18 38.28	200m: 2:32.45 39.13	300m: 3:51.64 39.16	400m: 5:03.98 34.27			
7.	SLEPOV, Bogdan	2008	ENLN	BEL	5:27.15	<b>5:05.27</b>	374
	50m: 33.28 33.28	150m: 1:52.16 41.17	250m: 3:10.33 39.00	350m: 4:28.30 38.91			
	100m: 1:10.99 37.71	200m: 2:31.33 39.17	300m: 3:49.39 39.06	400m: 5:05.27 36.97			
8.	MUNARON, Théo	2008	ENLN	BEL	5:27.14	<b>5:10.42</b>	356
	50m: 34.91 34.91	150m: 1:53.01 39.79	250m: 3:12.67 39.85	350m: 4:32.57 40.13			
	100m: 1:13.22 38.31	200m: 2:32.82 39.81	300m: 3:52.44 39.77	400m: 5:10.42 37.85			
9.	THYSSEN, Mattéo	2008	STD	BEL	5:23.24	<b>5:10.57</b>	355
	50m: 34.55 34.55	150m: 1:52.65 39.21	250m: 3:12.03 39.64	350m: 4:32.19 39.91			
	100m: 1:13.44 38.89	200m: 2:32.39 39.74	300m: 3:52.28 40.25	400m: 5:10.57 38.38			

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La Louvière, 10-10-2021

Epreuve 9, Garçons, 400m Libre, 13 - 14 ans

PL	Nom	Année	Club	Nat	Q-T	Result	Points
10.	LECLERCQ, Lucas	2007	STD	BEL	6:02.15	<b>5:10.92</b>	354
	50m: 34.90 34.90	150m: 1:51.95 39.18	250m: 3:12.86 40.47	350m: 4:33.16 38.91			
	100m: 1:12.77 37.87	200m: 2:32.39 40.44	300m: 3:54.25 41.39	400m: 5:10.92 37.76			
11.	ANKAERT, Léon	2008	ENLN	BEL	5:44.33	<b>5:13.16</b>	347
	50m: 34.81 34.81	150m: 1:54.12 40.46	250m: 3:14.52 40.27	350m: 4:34.45 39.47			
	100m: 1:13.66 38.85	200m: 2:34.25 40.13	300m: 3:54.98 40.46	400m: 5:13.16 38.71			
12.	STEVENS, Mattéo	2007	STD	BEL	5:51.60	<b>5:13.94</b>	344
	50m: 35.53 35.53	150m: 1:54.92 40.36	250m: 3:16.61 41.47	350m: 4:36.21 39.93			
	100m: 1:14.56 39.03	200m: 2:35.14 40.22	300m: 3:56.28 39.67	400m: 5:13.94 37.73			
13.	BRUNEE, Jules	2008	HELIOS	BEL	6:51.57	<b>5:14.06</b>	344
	50m: 37.36 37.36	150m: 1:56.77 39.65	250m: 3:17.40 40.27	350m: 4:36.74 39.49			
	100m: 1:17.12 39.76	200m: 2:37.13 40.36	300m: 3:57.25 39.85	400m: 5:14.06 37.32			
14.	CORNET, Evan	2007	HELIOS	BEL	6:07.19	<b>5:33.84</b>	286
	50m: 37.22 37.22	150m: 2:00.81 42.41	250m: 3:27.60 43.81	350m: 4:55.45 44.18			
	100m: 1:18.40 41.18	200m: 2:43.79 42.98	300m: 4:11.27 43.67	400m: 5:33.84 38.39			
15.	CHENNOUF, Yassine	2007	ENLN	BEL	6:28.03	<b>5:43.86</b>	262
	50m: 36.86 36.86	150m: 2:00.00 40.00	250m: 3:30.81 44.46	350m: 5:01.32 45.19			
	100m: 1:18.76 41.90	200m: 2:46.35 40.00	300m: 4:16.13 45.32	400m: 5:43.86 42.54			
16.	VANDENHOVEN, Joshua	2007	CNSW	BEL	6:10.23	<b>5:47.41</b>	254
	50m: 37.75 37.75	150m: 2:04.85 44.52	250m: 3:36.39 46.24	350m: 5:07.70 44.97			
	100m: 1:20.33 42.58	200m: 2:50.15 45.30	300m: 4:22.73 46.34	400m: 5:47.41 39.71			
17.	BERTHOLET, Théo	2008	DM	BEL	6:37.42	<b>5:52.23</b>	243
	50m: 40.12 40.12	150m: 2:11.27 44.75	250m: 3:41.02 44.10	350m: 5:10.33 44.13			
	100m: 1:26.52 46.40	200m: 2:56.92 45.65	300m: 4:26.20 45.18	400m: 5:52.23 41.90			
18.	DELANNOY, Erwann	2008	DM	BEL	6:50.93	<b>6:03.70</b>	221
	50m: 40.88 40.88	150m: 2:12.94 46.19	250m: 3:46.18 46.80	350m: 5:19.41 46.86			
	100m: 1:26.75 45.87	200m: 2:59.38 46.44	300m: 4:32.55 46.37	400m: 6:03.70 44.29			
19.	LENCLU, Romain	2007	CCM	BEL	NT	<b>6:10.12</b>	210
	50m: 38.69 38.69	150m: 2:11.55 47.32	250m: 3:47.16 47.88	350m: 5:23.40 47.91			
	100m: 1:24.23 45.54	200m: 2:59.28 47.73	300m: 4:35.49 48.33	400m: 6:10.12 46.72			
20.	HERBINT, Adrien	2008	CCM	BEL	6:33.59	<b>6:22.90</b>	189
	50m: 42.94 42.94	150m: 2:19.86 49.07	250m: 3:57.04 48.44	350m: 5:36.08 49.12			
	100m: 1:30.79 47.85	200m: 3:08.60 48.74	300m: 4:46.96 49.92	400m: 6:22.90 46.82			
21.	CHAOUCH, Siradj	2008	Denain	FRA	6:08.32	<b>6:23.78</b>	188
	50m: 40.35 40.35	150m: 2:00.00 40.00	250m: 3:56.52 49.98	350m: 5:36.01 49.99			
	100m: 1:28.16 47.81	200m: 3:06.54 40.00	300m: 4:46.02 49.50	400m: 6:23.78 47.77			

15 - 16 ans

1.	VERMAUT, Arthur	2006	AQUABLA	BEL	4:20.12	<b>4:30.04</b>	541
	50m: 28.85 28.85	150m: 1:35.93 34.38	250m: 2:45.79 34.89	350m: 3:55.85 34.77			
	100m: 1:01.55 32.70	200m: 2:10.90 34.97	300m: 3:21.08 35.29	400m: 4:30.04 34.19			
2.	BIAD, Malik	2005	MHN	BEL	4:37.78	<b>4:35.78</b>	508
	50m: 30.92 30.92	150m: 1:40.73 36.08	250m: 2:51.89 34.93	350m: 4:03.38 35.53			
	100m: 1:04.65 33.73	200m: 2:16.96 36.23	300m: 3:27.85 35.96	400m: 4:35.78 32.40			
3.	MOENS, Julien	2005	SVDE	BEL	4:36.11	<b>4:37.84</b>	496
	50m: 31.17 31.17	150m: 1:41.82 36.20	250m: 2:53.92 36.21	350m: 4:04.90 35.13			
	100m: 1:05.62 34.45	200m: 2:17.71 35.89	300m: 3:29.77 35.85	400m: 4:37.84 32.94			
4.	DUFOND, Noah	2005	ENLN	BEL	4:50.31	<b>4:47.35</b>	449
	50m: 31.92 31.92	150m: 1:43.85 36.53	250m: 2:57.87 37.13	350m: 4:12.11 36.58			
	100m: 1:07.32 35.40	200m: 2:20.74 36.89	300m: 3:35.53 37.66	400m: 4:47.35 35.24			
5.	LEBARILLIER, Clément	2006	DM	BEL	4:48.81	<b>4:55.00</b>	415
	50m: 32.73 32.73	150m: 1:47.02 37.27	250m: 3:03.59 38.09	350m: 4:20.36 38.33			
	100m: 1:09.75 37.02	200m: 2:25.50 38.48	300m: 3:42.03 38.44	400m: 4:55.00 34.64			

Meeting des Loups 2021  
La Louvière, 10-10-2021

Epreuve 9, Garçons, 400m Libre, 15 - 16 ans

PL	Nom	Année	Club	Nat	Q-T	Result	Points
6.	LAVIALLE, Alan	2005	ENLN	BEL	5:18.33	<b>4:56.02</b>	410
	50m: 33.71 33.71	150m: 1:47.65 37.59	250m: 3:03.58 38.02	350m: 4:19.70 38.13			
	100m: 1:10.06 36.35	200m: 2:25.56 37.91	300m: 3:41.57 37.99	400m: 4:56.02 36.32			
7.	SALIBBA, Milan	2006	ENLN	BEL	5:11.50	<b>4:56.28</b>	409
	50m: 33.68 33.68	150m: 1:49.32 38.22	250m: 3:06.54 38.17	350m: 4:21.99 37.52			
	100m: 1:11.10 37.42	200m: 2:28.37 39.05	300m: 3:44.47 37.93	400m: 4:56.28 34.29			
8.	MORATONA, Maxime	2006	MHN	FRA	4:58.47	<b>4:58.22</b>	401
	50m: 33.01 33.01	150m: 1:48.31 38.00	250m: 3:05.16 38.46	350m: 4:22.82 38.84			
	100m: 1:10.31 37.30	200m: 2:26.70 38.39	300m: 3:43.98 38.82	400m: 4:58.22 35.40			
9.	BARATUCCI, Vinz	2006	HELIOS	BEL	NT	<b>5:02.11</b>	386
	50m: 34.15 34.15	150m: 1:50.38 39.14	250m: 3:08.19 38.40	350m: 4:24.87 37.68			
	100m: 1:11.24 37.09	200m: 2:29.79 39.41	300m: 3:47.19 39.00	400m: 5:02.11 37.24			
10.	DOYEN, Noé	2006	STD	BEL	5:23.55	<b>5:08.56</b>	362
	50m: 34.51 34.51	150m: 1:52.56 39.77	250m: 3:12.62 40.47	350m: 4:32.13 39.49			
	100m: 1:12.79 38.28	200m: 2:32.15 39.59	300m: 3:52.64 40.02	400m: 5:08.56 36.43			
11.	JAJKIEWICZ, Maxime	2005	MHN	BEL	5:38.96	<b>5:22.99</b>	316
	50m: 34.73 34.73	150m: 1:53.02 41.19	250m: 3:16.70 42.73	350m: 4:43.22 43.34			
	100m: 1:11.83 37.10	200m: 2:33.97 40.95	300m: 3:59.88 43.18	400m: 5:22.99 39.77			
12.	LEDECQ, Noé	2005	BOUST	BEL	5:10.00	<b>5:28.67</b>	300
	50m: 35.62 35.62	150m: 1:57.23 41.70	250m: 3:22.53 42.72	350m: 4:47.49 42.42			
	100m: 1:15.53 39.91	200m: 2:39.81 42.58	300m: 4:05.07 42.54	400m: 5:28.67 41.18			
13.	AZZOUZI, Yanis	2006	SVDE	BEL	5:44.80	<b>5:28.75</b>	299
	50m: 33.75 33.75	150m: 1:52.78 41.20	250m: 3:19.29 44.08	350m: 4:47.20 43.52			
	100m: 1:11.58 37.83	200m: 2:35.21 42.43	300m: 4:03.68 44.39	400m: 5:28.75 41.55			
14.	MENGHINI, Alessandro	2006	STC 1	BEL	NT	<b>6:00.97</b>	226
	50m: 38.72 38.72	150m: 2:09.83 46.98	250m: 3:44.21 47.43	350m: 5:18.51 45.85			
	100m: 1:22.85 44.13	200m: 2:56.78 46.95	300m: 4:32.66 48.45	400m: 6:00.97 42.46			

17 ans et plus

1.	TAIS, Charles	2004	BOUST	BEL	4:21.83	<b>4:21.54</b>	595
	50m: 29.69 29.69	150m: 1:35.14 32.92	250m: 2:41.17 32.91	350m: 3:48.86 33.69			
	100m: 1:02.22 32.53	200m: 2:08.26 33.12	300m: 3:15.17 34.00	400m: 4:21.54 32.68			
2.	VANDAMME, Hugo	2003	DM	BEL	4:16.36	<b>4:27.23</b>	558
	50m: 30.58 30.58	150m: 1:38.34 34.20	250m: 2:46.31 34.18	350m: 3:54.35 33.92			
	100m: 1:04.14 33.56	200m: 2:12.13 33.79	300m: 3:20.43 34.12	400m: 4:27.23 32.88			
3.	LECLERCQ, Justin	2004	HELIOS	BEL	4:25.95	<b>4:38.47</b>	493
	50m: 30.61 30.61	150m: 1:41.05 35.81	250m: 2:52.44 35.55	350m: 4:03.69 35.92			
	100m: 1:05.24 34.63	200m: 2:16.89 35.84	300m: 3:27.77 35.33	400m: 4:38.47 34.78			
4.	JANSSENS, Matéo	2004	BOUST	BEL	4:43.74	<b>4:40.45</b>	483
	50m: 31.26 31.26	150m: 1:42.44 35.76	250m: 2:54.95 35.92	350m: 4:06.87 35.80			
	100m: 1:06.68 35.42	200m: 2:19.03 36.59	300m: 3:31.07 36.12	400m: 4:40.45 33.58			
5.	LEROY, cedric	2004	NOC	BEL	4:35.78	<b>4:41.00</b>	480
	50m: 30.98 30.98	150m: 1:41.47 35.76	250m: 2:53.36 35.99	350m: 4:05.31 36.14			
	100m: 1:05.71 34.73	200m: 2:17.37 35.90	300m: 3:29.17 35.81	400m: 4:41.00 35.69			
6.	BRUSTEN, Arthur	1995	ENLN	BEL	4:52.08	<b>4:55.28</b>	413
	50m: 32.49 32.49	150m: 1:47.39 37.71	250m: 3:04.30 38.58	350m: 4:21.78 38.56			
	100m: 1:09.68 37.19	200m: 2:25.72 38.33	300m: 3:43.22 38.92	400m: 4:55.28 33.50			
7.	ROUDOMETKIN, Vlad	2004	HELIOS	BEL	NT	<b>5:18.28</b>	330
	50m: 34.56 34.56	150m: 1:53.60 40.25	250m: 3:16.23 41.83	350m: 4:37.79 40.92			
	100m: 1:13.35 38.79	200m: 2:34.40 40.80	300m: 3:56.87 40.64	400m: 5:18.28 40.49			
8.	CALCAGNO, Thibault	2004	ENLN	BEL	5:36.57	<b>5:44.39</b>	260
	50m: 36.62 36.62	150m: 2:01.40 43.34	250m: 3:30.98 44.93	350m: 5:01.05 44.69			
	100m: 1:18.06 41.44	200m: 2:46.05 44.65	300m: 4:16.36 45.38	400m: 5:44.39 43.34			