

7th Time Trials
Gzira, 14 - 15/7/2021

Event 108
14/07/2021 - 19:07

Men, 400m Freestyle

Open Category
Results

NR	4:05.19	CACHIA, Dylan	Gzira	12/12/2020
AG B	4:25.03	HICK, John	Porto Alegre (BRA)	21/11/2019
AG C	4:21.59	CAMILLERI, Andre	Budapest (HUN)	21/12/2019
AG D	4:13.67	CACHIA, Dylan	Gzira	17/11/2018

Points: FINA 2021

Rank			Age			Time	Pts	
1.	CACHIA, Dylan		20	Sliema ASC		4:00.17	769NR	
	50m:	27.38 27.38	150m:	1:28.24 30.82	250m:	2:29.60 30.65	350m:	3:30.88 30.32
	100m:	57.42 30.04	200m:	1:58.95 30.71	300m:	3:00.56 30.96	400m:	4:00.17 29.29
2.	MONTFORT, Nicolas		16	Sirens ASC		4:30.23	540	
	50m:	29.96 29.96	150m:	1:38.20 34.73	250m:	2:47.55 34.63	350m:	3:57.07 34.40
	100m:	1:03.47 33.51	200m:	2:12.92 34.72	300m:	3:22.67 35.12	400m:	4:30.23 33.16
3.	SALAMONE, Italo		15	Neptunes WPSC		4:33.91	518	
	50m:	29.97 29.97	150m:	1:39.10 35.32	250m:	2:49.27 35.28	350m:	4:00.04 35.35
	100m:	1:03.78 33.81	200m:	2:13.99 34.89	300m:	3:24.69 35.42	400m:	4:33.91 33.87
4.	RODENAS, Liam		14	Neptunes WPSC		4:34.83	513	
	50m:	30.36 30.36	150m:	1:39.51 34.93	250m:	2:50.64 35.45	350m:	4:01.13 34.93
	100m:	1:04.58 34.22	200m:	2:15.19 35.68	300m:	3:26.20 35.56	400m:	4:34.83 33.70
5.	GATT, Thomas		15	Neptunes WPSC		4:36.03	506	
	50m:	31.55 31.55	150m:	1:40.82 34.84	250m:	2:51.99 35.09	350m:	4:02.49 35.01
	100m:	1:05.98 34.43	200m:	2:16.90 36.08	300m:	3:27.48 35.49	400m:	4:36.03 33.54
6.	GRECH, Kurt John		16	Aqua Academy Exiles		5:11.70	351	
	50m:	35.42 35.42	150m:	1:54.04 39.35	250m:	3:13.56 39.76	350m:	4:33.70 39.96
	100m:	1:14.69 39.27	200m:	2:33.80 39.76	300m:	3:53.74 40.18	400m:	5:11.70 38.00
DSQ	CACHIA, Nathan		15	Sliema ASC		4:34.63		
	<i>7B - Start before starting signal- SW 4.4</i>							
	50m:	30.40 30.40	150m:	1:39.97 35.03	250m:	2:51.17 35.40	350m:	4:02.31 35.08
	100m:	1:04.94 34.54	200m:	2:15.77 35.80	300m:	3:27.23 36.06	400m:	4:34.63 32.32