

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 21
10/04/2021 - 15:30

Femin., 400m Estilos

Absolutos
Resultados

Infantis A Fem Inf A: 7:10.00 / Infantis B Fem Inf B: 7:37.00 / Juvenis A Fem Juv A: 6:47.00 / Juvenis B Fem Juv B: 6:57.00 /
Juniores Fem Jun: 6:30.00 / Seniores Fem Sen: 6:14.00

Pontos: FINA 2020

Lugar	Ano	Tempo final	Pts
Infantis B			
1. NETO, Maria Ines	09	6:17.81	321
50m: 39.47 39.47	150m: 2:16.89 49.07	250m: 3:59.76 55.70	350m: 5:36.63 42.48
100m: 1:27.82 48.35	200m: 3:04.06 47.17	300m: 4:54.15 54.39	400m: 6:17.81 41.18
2. SOUSA, Clara Tonel	09	6:58.83	236
50m: 46.73 46.73	150m: 2:39.56 53.50	250m: 4:25.34 56.51	350m: 6:12.92 48.98
100m: 1:46.06 59.33	200m: 3:28.83 49.27	300m: 5:23.94 58.60	400m: 6:58.83 45.91
3. FERREIRA, Ines Goncalves	09	7:04.16	227
50m: 45.24 45.24	150m: 2:37.57 52.93	250m: 4:33.98 1:01.84	350m: 6:19.72 44.68
100m: 1:44.64 59.40	200m: 3:32.14 54.57	300m: 5:35.04 1:01.06	400m: 7:04.16 44.44
4. CABRAL, Laura Vieira	09	7:10.27	217
50m: 48.25 48.25	150m: 2:40.40 53.59	250m: 4:37.50 1:04.23	350m: 6:24.94 45.87
100m: 1:46.81 58.56	200m: 3:33.27 52.87	300m: 5:39.07 1:01.57	400m: 7:10.27 45.33
5. CUNHA, Beatriz Rosa	09	7:22.29	200
50m: 49.06 49.06	150m: 2:46.39 53.53	250m: 4:42.13 1:01.50	350m: 6:32.98 49.99
100m: 1:52.86 1:03.80	200m: 3:40.63 54.24	300m: 5:42.99 1:00.86	400m: 7:22.29 49.31
Infantis A			
1. SOUSA, Margarida Carreiro	08	6:52.65	247
50m: 44.51 44.51	150m: 2:31.67 53.13	250m: 4:21.31 57.51	350m: 6:08.51 47.26
100m: 1:38.54 54.03	200m: 3:23.80 52.13	300m: 5:21.25 59.94	400m: 6:52.65 44.14
2. TIAGO, Andreia Borges	08	6:56.07	241
50m: 45.45 45.45	150m: 2:36.47 52.28	250m: 4:29.90 1:01.26	350m: 6:12.13 42.27
100m: 1:44.19 58.74	200m: 3:28.64 52.17	300m: 5:29.86 59.96	400m: 6:56.07 43.94
3. BOTELHO, Maria Correia	08	6:58.32	237
50m: 46.68 46.68	150m: 2:36.41 50.82	250m: 4:26.93 58.87	350m: 6:13.17 43.45
100m: 1:45.59 58.91	200m: 3:28.06 51.65	300m: 5:29.72 1:02.79	400m: 6:58.32 45.15
Juvenis B			
1. SOUSA, Matilde Filipe	07	5:30.20	482
50m: 36.30 36.30	150m: 1:57.63 40.77	250m: 3:25.76 47.33	350m: 4:52.54 39.24
100m: 1:16.86 40.56	200m: 2:38.43 40.80	300m: 4:13.30 47.54	400m: 5:30.20 37.66
2. AFONSO, Leonor Lima	07	6:10.79	340
50m: 40.51 40.51	150m: 2:19.71 47.80	250m: 3:53.75 47.90	350m: 5:29.29 43.69
100m: 1:31.91 51.40	200m: 3:05.85 46.14	300m: 4:45.60 51.85	400m: 6:10.79 41.50
3. RESENDES, Ana Maria	07	6:56.34	240
50m: 45.82 45.82	150m: 2:30.97 49.44	250m: 4:22.74 1:00.98	350m: 6:11.36 46.76
100m: 1:41.53 55.71	200m: 3:21.76 50.79	300m: 5:24.60 1:01.86	400m: 6:56.34 44.98
Juvenis A			
1. SILVA, Julia Atamas	06	5:51.11	401
50m: 36.97 36.97	150m: 2:06.87 44.51	250m: 3:38.41 49.23	350m: 5:11.95 43.29
100m: 1:22.36 45.39	200m: 2:49.18 42.31	300m: 4:28.66 50.25	400m: 5:51.11 39.16

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Prova 21, Femin., 400m Estilos, Juvenis A

Lugar			Ano					Tempo final	Pts
2.	COUTO, Matilde Rodrigues		06	CDE Agua de Pau				6:33.03	285
	50m:	45.85 45.85	150m:	2:27.88	49.28	250m:	4:11.54 53.58	350m:	5:49.26 43.75
	100m:	1:38.60 52.75	200m:	3:17.96	50.08	300m:	5:05.51 53.97	400m:	6:33.03 43.77

Juniores

1.	SILVEIRA, Sofia Pereira		05	Clube Act. Fisica Bombeiros De				5:43.79	427
	50m:	36.91 36.91	150m:	2:07.25	44.76	250m:	3:37.48 46.06	350m:	5:04.42 39.76
	100m:	1:22.49 45.58	200m:	2:51.42	44.17	300m:	4:24.66 47.18	400m:	5:43.79 39.37