

Campeonato Regional Categorias 2021
Praia da Vitória, 9 - 11/4/2021

Prova 12

Femin., 400m Livres

Absolutos

10/04/2021 - 9:00

Resultados

Infantis A Fem Inf A: 6:16.00 / Infantis B Fem Inf B: 6:38.00 / Juvenis A Fem Juv A: 5:45.00 / Juvenis B Fem Juv B: 6:00.00 /
Juniões Fem Jun: 5:35.00 / Seniores Fem Sen: 5:25.00

Pontos: FINA 2020

Lugar	Ano	Tempo final	Pts
Infantis B			
1. CABRAL, Laura Vieira	09	Clube Act. Fisica Bombeiros De	6:07.54 257
50m: 39.78 39.78	150m: 2:13.74	47.89 250m: 3:48.97 47.75	350m: 5:23.68 47.51
100m: 1:25.85 46.07	200m: 3:01.22	47.48 300m: 4:36.17 47.20	400m: 6:07.54 43.86
2. FERREIRA, Ines Goncalves	09	Núcleo Sporting	6:17.05 238
50m: 41.13 41.13	150m: 2:16.68	48.32 250m: 3:52.23 46.62	350m: 5:30.05 48.25
100m: 1:28.36 47.23	200m: 3:05.61	48.93 300m: 4:41.80 49.57	400m: 6:17.05 47.00
Infantis A			
1. SOUSA, Margarida Carreiro	08	CDE Agua de Pau	5:55.59 284
50m: 39.71 39.71	150m: 2:09.59	45.96 250m: 3:42.38 46.59	350m: 5:13.48 46.15
100m: 1:23.63 43.92	200m: 2:55.79	46.20 300m: 4:27.33 44.95	400m: 5:55.59 42.11
2. REBELO, Frederica Brito	08	Clube Naval de Ponta Delgada	6:03.53 266
50m: 39.59 39.59	150m: 2:13.73	48.06 250m: 3:48.39 47.28	350m: 5:22.61 47.43
100m: 1:25.67 46.08	200m: 3:01.11	47.38 300m: 4:35.18 46.79	400m: 6:03.53 40.92
3. TIAGO, Andreia Borges	08	Clube Act. Fisica Bombeiros De	6:16.93 239
50m: 41.63 41.63	150m: 2:16.36	48.01 250m: 3:51.62 46.93	350m: 5:27.72 48.57
100m: 1:28.35 46.72	200m: 3:04.69	48.33 300m: 4:39.15 47.53	400m: 6:16.93 49.21
Juvenis B			
1. ROCHA, Bruna Fantasia	07	Núcleo Sporting	5:25.64 370
50m: 35.68 35.68	150m: 1:56.17	40.86 250m: 3:19.38 41.81	350m: 4:44.06 42.52
100m: 1:15.31 39.63	200m: 2:37.57	41.40 300m: 4:01.54 42.16	400m: 5:25.64 41.58
Juniões			
1. RINO, Maria Pedro	05	Naval Praia da Vitoria	4:45.87 547
50m: 32.81 32.81	150m: 1:45.52	36.55 250m: 2:57.69 35.69	350m: 4:09.82 36.25
100m: 1:08.97 36.16	200m: 2:22.00	36.48 300m: 3:33.57 35.88	400m: 4:45.87 36.05