

Demantarmót
Hafnarfjörður, 27.2.2021

Sundgrein 26
27.2.2021 - 17:26

karla, 400m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2020

Sæti	F.ár			Tími		Stig	100m	200m	300m	400m		
1.	Róbert Ísak Jónsson	01	SH			4:24.49	576	1:01.21	1:08.00	1:08.16	1:07.12	
	50m:	28.87	28.87	150m:	1:34.91	33.70	250m:	2:42.93	33.72	350m:	3:51.56	34.19
	100m:	1:01.21	32.34	200m:	2:09.21	34.30	300m:	3:17.37	34.44	400m:	4:24.49	32.93
2.	Andri Már Kristjánsson	06	SH			4:47.98	446	1:09.71	1:14.86	1:14.26	1:09.15	
	50m:	32.77	32.77	150m:	1:46.91	37.20	250m:	3:01.74	37.17	350m:	4:14.32	35.49
	100m:	1:09.71	36.94	200m:	2:24.57	37.66	300m:	3:38.83	37.09	400m:	4:47.98	33.66
3.	Eggert Sigtryggsson	05	SH			4:49.19	440	1:08.72	1:14.60	1:14.41	1:11.46	
	50m:	32.10	32.10	150m:	1:46.48	37.76	250m:	3:00.85	37.53	350m:	4:14.38	36.65
	100m:	1:08.72	36.62	200m:	2:23.32	36.84	300m:	3:37.73	36.88	400m:	4:49.19	34.81
4.	Hólmar Grétarsson	08	SH			4:54.15	418	1:11.02	1:14.63	1:15.18	1:13.32	
	50m:	34.06	34.06	150m:	1:48.42	37.40	250m:	3:03.44	37.79	350m:	4:17.71	36.88
	100m:	1:11.02	36.96	200m:	2:25.65	37.23	300m:	3:40.83	37.39	400m:	4:54.15	36.44
5.	Magnús Víðir Jónsson	08	SH			4:55.39	413	1:11.10	1:15.18	1:15.06	1:14.05	
	50m:	34.19	34.19	150m:	1:48.75	37.65	250m:	3:03.93	37.65	350m:	4:19.21	37.87
	100m:	1:11.10	36.91	200m:	2:26.28	37.53	300m:	3:41.34	37.41	400m:	4:55.39	36.18
6.	Karl Björnsson	08	SH			5:04.84	376	1:11.55	1:18.14	1:18.41	1:16.74	
	50m:	34.16	34.16	150m:	1:50.21	38.66	250m:	3:08.77	39.08	350m:	4:27.79	39.69
	100m:	1:11.55	37.39	200m:	2:29.69	39.48	300m:	3:48.10	39.33	400m:	5:04.84	37.05