

Demantarmót
Hafnarfjörður, 27.2.2021

Progression of Athletes - Details

Allar sundgreinar

| Event | Round | Place | Total time | Pts | Entry time | Date | % | PB |
|-------------------------------------|-------------|-------|----------------|-----|------------|-----------|------|------------|
| Sundfélag Hafnarfjarðar | | | | | | | | 156 |
| Adam Leó Tómasson, 22.10.2007 | | | | | | | | 2 |
| 100m baksund | Bein úrslit | 9. | 1:18.39 | 289 | 1:19.49 | 15.3.2020 | 103% | |
| 100m bringusund | Bein úrslit | 10. | 1:27.08 | 278 | 1:28.10 | 14.3.2020 | 102% | |
| 100m flugsund | Bein úrslit | 7. | 1:18.49 | 250 | 1:15.83 | 14.3.2020 | 93% | |
| 200m fjörsund | Bein úrslit | 3. | 2:48.77 | 308 | 2:48.63 | 15.2.2020 | 100% | |
| Adele Alexandra Pálsson, 30.4.2003 | | | | | | | | - |
| 400m skriðsund | Bein úrslit | 2. | 4:49.16 | 546 | 4:37.50 | | 92% | |
| Alexander Aron Waagfjörð, 19.2.2010 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 9. | 2:04.52 | 53 | NT | | - | |
| 50m baksund | Bein úrslit | 6. | 57.51 | 72 | 1:13.47 | 13.6.2020 | 163% | |
| 50m bringusund | Bein úrslit | 6. | 1:00.98 | 77 | NT | | - | |
| Andri Már Kristjánsson, 27.6.2006 | | | | | | | | 3 |
| 100m skriðsund | Bein úrslit | 9. | 1:05.52 | 367 | 1:07.73 | 14.3.2020 | 107% | |
| 200m skriðsund | Bein úrslit | 6. | 2:24.41 | 352 | NT | | - | |
| 400m skriðsund | Bein úrslit | 2. | 4:47.98 | 446 | 4:52.33 | 7.2.2021 | 103% | |
| 100m bringusund | Bein úrslit | 6. | 1:23.29 | 318 | 1:29.73 | 15.2.2020 | 116% | |
| Andri Ólafsson, 24.2.2009 | | | | | | | | 2 |
| 100m skriðsund | Bein úrslit | 3. | 1:34.01 | 124 | 1:26.81 | 16.2.2020 | 85% | |
| 50m baksund | Bein úrslit | 2. | 46.76 | 135 | 48.36 | 15.2.2020 | 107% | |
| 50m bringusund | Bein úrslit | 2. | 52.69 | 119 | 56.11 | | 113% | |
| 50m flugsund | Bein úrslit | 4. | 51.48 | 80 | NT | | - | |
| Arna Rut Stefánsdóttir, 15.9.2007 | | | | | | | | 4 |
| 200m skriðsund | Bein úrslit | 1. | 2:29.49 | 431 | 2:42.03 | 14.3.2020 | 117% | |
| 100m baksund | Bein úrslit | 2. | 1:23.58 | 326 | 1:30.87 | 14.3.2020 | 118% | |
| 100m bringusund | Bein úrslit | 1. | 1:35.28 | 304 | 1:39.26 | 15.2.2020 | 109% | |
| 100m flugsund | Bein úrslit | 3. | 1:24.98 | 278 | 1:37.45 | | 132% | |
| Arnar Logi Ægisson, 17.1.2007 | | | | | | | | 4 |
| 200m skriðsund | Bein úrslit | 3. | 2:34.27 | 289 | 3:07.95 | 16.2.2020 | 148% | |
| 100m baksund | Bein úrslit | 6. | 1:25.10 | 226 | 1:34.99 | 15.3.2020 | 125% | |
| 100m bringusund | Bein úrslit | 1. | 1:21.43 | 340 | 1:24.17 | 3.7.2020 | 107% | |
| 100m flugsund | Bein úrslit | 2. | 1:17.79 | 257 | 1:35.00 | | 149% | |
| Arnór Egill Einarsson, 18.12.2007 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 1. | 2:27.52 | 330 | 2:32.77 | | 107% | |
| 100m baksund | Bein úrslit | 4. | 1:24.51 | 230 | 1:36.04 | 16.2.2020 | 129% | |
| 100m bringusund | Bein úrslit | 2. | 1:25.74 | 291 | 1:32.72 | 14.3.2020 | 117% | |
| 200m flugsund | Bein úrslit | 4. | 2:59.96 | 232 | NT | | - | |
| Aron Bjarki Jónsson, 12.1.2001 | | | | | | | | 1 |
| 50m bringusund | Bein úrslit | 2. | 32.18 | 524 | 33.50 | | 108% | |
| 50m bringusund | Bein úrslit | 1. | 35.20 | 400 | 32.52 | 14.3.2020 | 85% | |
| Aron Örn Stefánsson, 20.9.1995 | | | | | | | | - |
| 50m skriðsund | Bein úrslit | 2. | 24.83 | 597 | 23.42 | | 89% | |
| Aron Þór Jónsson, 13.5.2002 | | | | | | | | 2 |
| 50m flugsund | Bein úrslit | 4. | 28.29 | 487 | 29.43 | | 108% | |
| 200m flugsund | Bein úrslit | 1. | 2:16.31 | 536 | 2:18.52 | | 103% | |
| Auguste Balciunaite, 10.2.2011 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 10. | 3:04.56 | 229 | 3:41.92 | | 145% | |
| 100m baksund | Bein úrslit | 9. | 1:30.75 | 255 | 1:51.00 | 15.2.2020 | 150% | |
| 100m bringusund | Bein úrslit | 3. | 1:36.52 | 293 | 1:42.94 | 29.2.2020 | 114% | |
| 50m flugsund | Bein úrslit | 2. | 44.21 | 168 | NT | | - | |
| Bartosz Henke, 24.4.2005 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 4. | 2:12.47 | 456 | 2:17.17 | 6.2.2021 | 107% | |
| 100m bringusund | Bein úrslit | 8. | 1:24.31 | 307 | 1:40.51 | 14.6.2020 | 142% | |
| 50m flugsund | Bein úrslit | 5. | 28.76 | 464 | 31.03 | 13.6.2020 | 116% | |
| 200m fjörsund | Bein úrslit | 2. | 2:32.28 | 419 | NT | | - | |
| Bergur Fáfnir Bjarnason, 4.2.2006 | | | | | | | | 3 |
| 100m skriðsund | Bein úrslit | 3. | 57.49 | 543 | 58.50 | 18.7.2020 | 104% | |
| 200m skriðsund | Bein úrslit | 3. | 2:09.32 | 490 | 2:05.36 | 12.6.2020 | 94% | |
| 100m baksund | Bein úrslit | 2. | 1:05.48 | 496 | 1:06.00 | | 102% | |
| 200m flugsund | Bein úrslit | 2. | 2:24.26 | 452 | 2:25.62 | 7.2.2021 | 102% | |
| Birgitta Ingólfssdóttir, 22.10.2005 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 1. | 2:15.12 | 584 | 2:17.13 | 18.7.2020 | 103% | |
| 50m baksund | Bein úrslit | 2. | 32.58 | 567 | 32.49 | 7.2.2021 | 99% | |
| 50m flugsund | Bein úrslit | 1. | 31.08 | 485 | 32.47 | | 109% | |
| 200m fjörsund | Bein úrslit | 1. | 2:30.90 | 583 | 2:50.80 | | 128% | |
| Birni Freyr Hálfánarsson, 26.5.2006 | | | | | | | | 3 |
| 50m skriðsund | Bein úrslit | 4. | 25.77 | 534 | 27.02 | 14.2.2020 | 110% | |
| 50m skriðsund | Bein úrslit | 3. | 25.79 | 532 | 27.02 | 14.2.2020 | 110% | |
| 50m bringusund | Bein úrslit | 4. | 35.33 | 396 | 33.12 | 25.1.2020 | 88% | |
| 50m flugsund | Bein úrslit | 2. | 26.81 | 573 | 27.43 | | 105% | |
| 100m flugsund | Bein úrslit | 1. | 1:00.56 | 546 | 1:00.00 | | 98% | |

Demantarmót
Hafnarfjörður, 27.2.2021

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|---|-------------|------------------|---------|-----|---------|-----------|------|---|
| Björn Yngvi Guðmundsson, 5.2.2007 | | | | | | | | 4 |
| 50m skriðsund | Bein úrslit | 4. | 27.32 | 448 | 28.37 | 29.2.2020 | 108% | |
| 100m skriðsund | Bein úrslit | 4. | 58.27 | 521 | 59.83 | 18.7.2020 | 105% | |
| 100m baksund | Bein úrslit | 8. | 1:14.17 | 341 | 1:18.83 | | 113% | |
| 100m bringusund | Bein úrslit | 9. | 1:26.23 | 287 | 1:30.10 | | 109% | |
| 100m flugsund | Bein úrslit | 6. | 1:10.02 | 353 | 1:09.74 | 20.9.2020 | 99% | |
| Camilla Silfa Sigurðardóttir, 24.9.2009 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 5. | 1:42.52 | 128 | NT | | - | |
| 50m baksund | Bein úrslit | 4. | 50.66 | 151 | NT | | - | |
| 50m bringusund | Bein úrslit | 4. | 59.36 | 121 | NT | | - | |
| Dadó Fenrir Jasminuson, 5.5.1995 | | | | | | | | 3 |
| 50m skriðsund | Bein úrslit | 1. | 23.73 | 684 | 23.83 | 6.2.2021 | 101% | |
| 50m skriðsund | Bein úrslit | 1. | 23.64 | 692 | 23.83 | 6.2.2021 | 102% | |
| 50m baksund | Bein úrslit | 2. | 27.69 | 651 | 27.78 | | 101% | |
| Dagbjörg Hlíf Ólafsdóttir, 4.5.2005 | | | | | | | | 1 |
| 50m skriðsund | Bein úrslit | 2. | 28.36 | 581 | 27.80 | 6.2.2021 | 96% | |
| 200m skriðsund | Bein úrslit | 3. | 2:18.22 | 546 | 2:18.79 | 16.2.2020 | 101% | |
| 400m skriðsund | Bein úrslit | 3. | 4:50.74 | 537 | 4:50.11 | 19.9.2020 | 100% | |
| 50m baksund | Bein úrslit | 3. | 35.70 | 431 | 33.81 | 17.7.2020 | 90% | |
| Dagmar Arna Sigurðardóttir, 8.7.2009 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 9. | 3:00.33 | 245 | 3:03.15 | 3.7.2020 | 103% | |
| 100m baksund | Bein úrslit | 6. | 1:29.19 | 268 | 1:31.53 | 4.7.2020 | 105% | |
| 100m bringusund | Bein úrslit | 11. | 1:53.13 | 182 | 1:58.35 | 1.2.2020 | 109% | |
| 100m flugsund | Bein úrslit | 6. | 1:33.98 | 205 | NT | | - | |
| Dagur Snær Hilmarsson, 17.11.2003 | | | | | | | | 4 |
| 100m skriðsund | Bein úrslit | 5. | 59.55 | 488 | 1:00.88 | | 105% | |
| 100m baksund | Bein úrslit | 7. | 1:12.35 | 368 | 1:15.71 | | 110% | |
| 100m bringusund | Bein úrslit | 4. | 1:20.56 | 351 | 1:32.43 | | 132% | |
| 100m flugsund | Bein úrslit | 5. | 1:09.23 | 365 | 1:15.11 | | 118% | |
| Daníel Lúkas Tómasson, 5.4.2004 | | | | | | | | 4 |
| 100m skriðsund | Bein úrslit | 6. | 1:00.34 | 469 | 1:02.08 | 20.6.2020 | 106% | |
| 100m bringusund | Bein úrslit | 5. | 1:22.61 | 326 | 1:28.69 | | 115% | |
| 50m flugsund | Bein úrslit | 7. | 29.55 | 428 | 30.11 | 20.6.2020 | 104% | |
| 100m flugsund | Bein úrslit | 4. | 1:06.72 | 408 | 1:09.02 | 15.2.2020 | 107% | |
| Darri Freyr Andrason, 29.10.2009 | | | | | | | | 2 |
| 100m skriðsund | Bein úrslit | 6. | 1:45.87 | 86 | 2:01.72 | 16.2.2020 | 132% | |
| 50m baksund | Bein úrslit | 8. | 59.79 | 64 | 1:02.58 | | 110% | |
| Daði Björnsson, 17.1.2004 | | | | | | | | 4 |
| 50m skriðsund | Bein úrslit | 3. | 25.16 | 574 | 25.60 | | 104% | |
| 100m skriðsund | Bein úrslit | 1. | 55.11 | 616 | 55.95 | | 103% | |
| 100m baksund | Bein úrslit | 3. | 1:06.76 | 468 | 1:07.75 | | 103% | |
| 100m flugsund | Bein úrslit | 2. | 1:02.92 | 486 | 1:05.45 | | 108% | |
| Diljá Dröfn Jóhannesdóttir, 29.8.2003 | | | | | | | | 2 |
| 50m skriðsund | Bein úrslit | óg.ífullri stærð | 31.39 | - | 32.23 | | - | |
| 100m skriðsund | Bein úrslit | 3. | 1:06.60 | 468 | 1:08.60 | | 106% | |
| 100m bringusund | Bein úrslit | 3. | 1:33.32 | 324 | 1:37.84 | | 110% | |
| 50m flugsund | Bein úrslit | 3. | 34.53 | 354 | 34.53 | | 100% | |
| Edward Jensson, 1.7.2004 | | | | | | | | - |
| 50m skriðsund | Bein úrslit | 7. | 27.22 | 453 | 26.68 | 17.7.2020 | 96% | |
| 50m baksund | Bein úrslit | 4. | 31.46 | 443 | 30.28 | 18.7.2020 | 93% | |
| 100m baksund | Bein úrslit | 4. | 1:09.24 | 419 | 1:06.62 | 26.1.2020 | 93% | |
| 50m flugsund | Bein úrslit | 8. | 30.49 | 389 | 28.93 | 20.6.2020 | 90% | |
| Eggert Sigtryggsson, 25.1.2005 | | | | | | | | 2 |
| 50m skriðsund | Bein úrslit | 9. | 29.07 | 372 | 29.13 | 14.3.2020 | 100% | |
| 100m skriðsund | Bein úrslit | 8. | 1:02.73 | 418 | 1:03.50 | 14.3.2020 | 102% | |
| 200m skriðsund | Bein úrslit | 5. | 2:18.96 | 395 | 2:14.99 | 6.2.2021 | 94% | |
| 400m skriðsund | Bein úrslit | 3. | 4:49.19 | 440 | 4:46.66 | 7.2.2021 | 98% | |
| Elsa Diljá Lunddal Rúnarsdóttir, 3.7.2010 | | | | | | | | 3 |
| 100m skriðsund | Bein úrslit | 1. | 1:34.20 | 165 | 1:37.91 | 16.2.2020 | 108% | |
| 100m bringusund | Bein úrslit | 13. | 2:02.82 | 142 | 2:17.64 | 1.2.2020 | 126% | |
| 50m flugsund | Bein úrslit | 3. | 45.27 | 157 | 52.17 | 14.6.2020 | 133% | |
| Embla Björg Finnsdóttir, 15.1.2010 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 4. | 1:42.08 | 129 | NT | | - | |
| 50m baksund | Bein úrslit | 2. | 48.38 | 173 | NT | | - | |
| 50m bringusund | Bein úrslit | 5. | 1:02.90 | 102 | NT | | - | |
| Emilía Björt Magnúsdóttir, 6.10.2010 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 9. | 1:54.69 | 91 | NT | | - | |
| 50m bringusund | Bein úrslit | 6. | 1:05.88 | 88 | NT | | - | |
| Eydis Guðbjörg Egilsdóttir, 12.3.2005 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 2. | 1:34.43 | 164 | NT | | - | |
| 50m baksund | Bein úrslit | 1. | 47.27 | 185 | NT | | - | |
| 50m bringusund | Bein úrslit | 1. | 50.68 | 195 | NT | | - | |
| 50m flugsund | Bein úrslit | 4. | 49.79 | 118 | NT | | - | |
| Halldór Ingi Hafþórsson, 13.9.2008 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 4. | 2:53.24 | 204 | 3:01.51 | 19.9.2020 | 110% | |
| 100m baksund | Bein úrslit | 5. | 1:24.54 | 230 | 1:34.21 | 15.3.2020 | 124% | |
| 100m bringusund | Bein úrslit | 8. | 1:51.23 | 133 | 2:01.50 | 1.2.2020 | 119% | |
| 50m flugsund | Bein úrslit | 2. | 46.03 | 113 | NT | | - | |

Demantarmót
Hafnarfjörður, 27.2.2021

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|--|-------------|-----|----------------|-----|---------|-----------|------|---|
| Haraldur Marinó Kjartansson, 11.9.2009 | | | | | | | | 3 |
| 100m skriðsund | Bein úrslit | 7. | 1:48.57 | 80 | 1:49.65 | 14.6.2020 | 102% | |
| 50m baksund | Bein úrslit | 5. | 54.94 | 83 | 58.75 | | 114% | |
| 50m bringusund | Bein úrslit | 4. | 56.19 | 98 | 59.97 | | 114% | |
| 50m flugsund | Bein úrslit | 6. | 54.43 | 68 | NT | | - | |
| Heiðar Bjarki Davíðsson, 23.2.2007 | | | | | | | | 2 |
| 200m skriðsund | Bein úrslit | 2. | 2:33.32 | 294 | 2:44.79 | 16.2.2020 | 116% | |
| 100m baksund | Bein úrslit | 1. | 1:15.77 | 320 | 1:21.03 | 1.3.2020 | 114% | |
| 100m bringusund | Bein úrslit | 6. | 1:36.07 | 207 | 1:33.20 | 15.2.2020 | 94% | |
| 50m flugsund | Bein úrslit | 1. | 36.14 | 233 | NT | | - | |
| Helga Sigurlaug Helgadóttir, 12.3.2007 | | | | | | | | 2 |
| 100m skriðsund | Bein úrslit | 6. | 1:07.42 | 451 | 1:07.64 | | 101% | |
| 200m skriðsund | Bein úrslit | 6. | 2:29.43 | 432 | 2:22.90 | 18.7.2020 | 91% | |
| 200m baksund | Bein úrslit | 1. | 2:37.69 | 478 | 2:37.76 | 19.7.2020 | 100% | |
| 50m flugsund | Bein úrslit | 5. | 35.50 | 325 | 35.00 | | 97% | |
| Hildur Erla Hákonardóttir, 2.8.2010 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 8. | 1:52.52 | 97 | 1:43.01 | | 84% | |
| 50m baksund | Bein úrslit | 8. | 58.88 | 96 | 59.41 | | 102% | |
| Hilmir Snær Lunddal Rúnarsson, 7.7.2003 | | | | | | | | 3 |
| 100m skriðsund | Bein úrslit | 7. | 1:02.47 | 423 | 1:03.15 | | 102% | |
| 100m baksund | Bein úrslit | 6. | 1:10.80 | 392 | 1:13.84 | | 109% | |
| 200m baksund | Bein úrslit | 2. | 2:31.51 | 403 | 2:40.19 | | 112% | |
| 100m bringusund | Bein úrslit | 7. | 1:23.34 | 317 | 1:22.12 | | 97% | |
| Hólmur Grétarsson, 8.7.2008 | | | | | | | | 4 |
| 400m skriðsund | Bein úrslit | 4. | 4:54.15 | 418 | 4:56.13 | 7.2.2021 | 101% | |
| 100m baksund | Bein úrslit | 2. | 1:16.06 | 316 | 1:25.84 | 15.3.2020 | 127% | |
| 100m bringusund | Bein úrslit | 4. | 1:28.92 | 261 | 1:36.61 | 29.2.2020 | 118% | |
| 200m flugsund | Bein úrslit | 3. | 2:41.01 | 325 | 2:44.27 | 7.2.2021 | 104% | |
| Ingibjörg Þóra Stefánsdóttir, 28.11.2008 | | | | | | | | 2 |
| 100m skriðsund | Bein úrslit | 3. | 1:41.58 | 131 | 1:41.24 | 16.2.2020 | 99% | |
| 50m baksund | Bein úrslit | 5. | 51.06 | 147 | 54.30 | 15.2.2020 | 113% | |
| 100m bringusund | Bein úrslit | 10. | 1:48.43 | 206 | 1:52.22 | 29.2.2020 | 107% | |
| 50m flugsund | Bein úrslit | 5. | 1:01.74 | 61 | NT | | - | |
| Jónas Atli Pálsson, 24.2.2003 | | | | | | | | 4 |
| 50m skriðsund | Bein úrslit | 8. | 28.54 | 393 | 28.88 | | 102% | |
| 50m baksund | Bein úrslit | 5. | 32.49 | 403 | 33.09 | | 104% | |
| 100m baksund | Bein úrslit | 5. | 1:10.00 | 406 | 1:11.43 | | 104% | |
| 50m bringusund | Bein úrslit | 5. | 36.88 | 348 | NT | | - | |
| 100m bringusund | Bein úrslit | 3. | 1:19.19 | 370 | 1:20.70 | | 104% | |
| Jónína Ásrún Sveinsdóttir, 7.8.2009 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 14. | 2:21.08 | 49 | NT | | - | |
| 50m baksund | Bein úrslit | 9. | 1:06.14 | 67 | 1:10.90 | | 115% | |
| Júlíus Karl Maier, 20.6.2002 | | | | | | | | 3 |
| 50m skriðsund | Bein úrslit | 6. | 26.82 | 473 | 27.10 | | 102% | |
| 50m flugsund | Bein úrslit | 6. | 29.23 | 442 | 30.29 | | 107% | |
| 100m flugsund | Bein úrslit | 3. | 1:04.33 | 455 | 1:06.63 | | 107% | |
| 200m fjórsund | Bein úrslit | 1. | 2:22.92 | 507 | 2:21.30 | | 98% | |
| Karl Björnsson, 29.8.2008 | | | | | | | | 2 |
| 400m skriðsund | Bein úrslit | 6. | 5:04.84 | 376 | 5:19.46 | 19.9.2020 | 110% | |
| 100m baksund | Bein úrslit | 3. | 1:22.17 | 251 | 1:37.44 | | 141% | |
| 100m bringusund | Bein úrslit | 3. | 1:27.39 | 275 | 1:24.38 | 3.7.2020 | 93% | |
| 200m flugsund | Bein úrslit | 5. | 3:06.06 | 210 | NT | | - | |
| Katja Lilja Andriyasdóttir, 27.10.2006 | | | | | | | | 1 |
| 200m skriðsund | Bein úrslit | 2. | 2:16.81 | 563 | 2:15.64 | 25.1.2020 | 98% | |
| 400m skriðsund | Bein úrslit | 1. | 4:43.74 | 578 | 4:38.77 | 19.9.2020 | 97% | |
| 100m bringusund | Bein úrslit | 1. | 1:19.43 | 526 | 1:17.32 | 7.2.2021 | 95% | |
| 200m fjórsund | Bein úrslit | 2. | 2:34.07 | 548 | 2:50.31 | 25.1.2020 | 122% | |
| Katrín Ösk Aðalsteinsdóttir, 14.5.2009 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 8. | 2:48.10 | 303 | 3:23.53 | 15.2.2020 | 147% | |
| 100m baksund | Bein úrslit | 7. | 1:29.89 | 262 | 1:37.65 | 4.7.2020 | 118% | |
| 100m bringusund | Bein úrslit | 9. | 1:44.08 | 233 | 1:53.61 | 1.2.2020 | 119% | |
| 100m flugsund | Bein úrslit | 9. | 1:37.57 | 183 | NT | | - | |
| Kolbeinn Hrafnkelsson, 11.7.1994 | | | | | | | | 1 |
| 50m baksund | Bein úrslit | 1. | 27.30 | 679 | 27.63 | 7.2.2021 | 102% | |
| Kristjón Hrafn Kjartansson, 7.11.2011 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 5. | 1:41.90 | 97 | NT | | - | |
| 50m baksund | Bein úrslit | 3. | 51.35 | 102 | NT | | - | |
| 50m bringusund | Bein úrslit | 5. | 59.24 | 84 | NT | | - | |
| 50m flugsund | Bein úrslit | 3. | 50.29 | 86 | NT | | - | |
| Kristín Ylfa Guðmundsdóttir, 19.10.2002 | | | | | | | | - |
| 50m skriðsund | Bein úrslit | 7. | 30.94 | 447 | 30.86 | | 99% | |
| 100m skriðsund | Bein úrslit | 5. | 1:06.74 | 465 | 1:06.42 | | 99% | |
| 200m skriðsund | Bein úrslit | 4. | 2:27.87 | 446 | 2:23.94 | | 95% | |
| Magnús Víðir Jónsson, 1.8.2008 | | | | | | | | 4 |
| 400m skriðsund | Bein úrslit | 5. | 4:55.39 | 413 | 5:07.54 | 7.2.2021 | 108% | |
| 200m baksund | Bein úrslit | 3. | 2:35.83 | 370 | 2:43.07 | 7.2.2021 | 110% | |
| 100m bringusund | Bein úrslit | 5. | 1:29.79 | 254 | 1:37.80 | | 119% | |
| 100m flugsund | Bein úrslit | 1. | 1:12.74 | 315 | 1:32.05 | 15.2.2020 | 160% | |

Demantarmót
Hafnarfjörður, 27.2.2021

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|---|-------------|-----|----------------|-----|---------|-----------|------|---|
| Maja Lind Cicero, 26.10.2005 | | | | | | | | 1 |
| 200m skriðsund | Bein úrslit | 5. | 2:28.95 | 436 | NT | | - | |
| 100m bringusund | Bein úrslit | 2. | 1:27.66 | 391 | 1:25.10 | 7.2.2021 | 94% | |
| 50m flugsund | Bein úrslit | 2. | 33.89 | 374 | NT | | - | |
| 200m fjörsund | Bein úrslit | 3. | 2:48.42 | 419 | 2:48.92 | 6.2.2021 | 101% | |
| María Skorastein Sigurdardóttir, 25.11.2007 | | | | | | | | 4 |
| 50m skriðsund | Bein úrslit | 4. | 30.27 | 478 | 30.38 | 6.2.2021 | 101% | |
| 100m skriðsund | Bein úrslit | 2. | 1:05.66 | 488 | 1:07.91 | 15.3.2020 | 107% | |
| 400m skriðsund | Bein úrslit | 5. | 5:07.54 | 454 | 5:09.04 | 7.2.2021 | 101% | |
| 100m flugsund | Bein úrslit | 3. | 1:20.88 | 322 | 1:31.83 | 15.2.2020 | 129% | |
| Matthias Máni Waagfjörð, 29.1.2008 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 1. | 1:29.36 | 144 | NT | | - | |
| 50m baksund | Bein úrslit | 1. | 44.31 | 158 | 1:04.70 | | 213% | |
| Matthildur María Ríkarðsdóttir, 31.8.2009 | | | | | | | | 1 |
| 50m baksund | Bein úrslit | 7. | 58.13 | 99 | NT | | - | |
| 50m bringusund | Bein úrslit | 3. | 59.27 | 122 | 1:04.76 | | 119% | |
| Nicole Jóna Jóhannsdóttir, 28.2.2008 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 2. | 2:33.92 | 395 | 2:32.45 | 19.9.2020 | 98% | |
| 100m baksund | Bein úrslit | 5. | 1:27.33 | 286 | 1:31.95 | 15.2.2020 | 111% | |
| 100m bringusund | Bein úrslit | 4. | 1:37.10 | 288 | 1:41.03 | 29.2.2020 | 108% | |
| 100m flugsund | Bein úrslit | 1. | 1:18.37 | 354 | 1:19.13 | 6.2.2021 | 102% | |
| Ninja Ýr Logadóttir, 17.9.2009 | | | | | | | | 4 |
| 200m skriðsund | Bein úrslit | 11. | 3:16.84 | 189 | 3:58.38 | | 147% | |
| 100m baksund | Bein úrslit | 11. | 1:37.17 | 207 | 1:58.37 | 15.2.2020 | 148% | |
| 100m bringusund | Bein úrslit | 12. | 1:58.96 | 156 | 2:13.28 | 15.2.2020 | 126% | |
| 50m flugsund | Bein úrslit | 1. | 42.44 | 190 | 53.86 | | 161% | |
| Nökkvi Fenrir Bjarnason, 8.10.2010 | | | | | | | | 2 |
| 200m skriðsund | Bein úrslit | 5. | 3:10.04 | 154 | NT | | - | |
| 100m baksund | Bein úrslit | 8. | 1:38.29 | 146 | 1:36.44 | 15.3.2020 | 96% | |
| 100m bringusund | Bein úrslit | 7. | 1:50.95 | 134 | 1:57.67 | 1.2.2020 | 112% | |
| 100m flugsund | Bein úrslit | 3. | 1:39.55 | 122 | 1:49.13 | 15.2.2020 | 120% | |
| Ragnheiður H. Halldórsdóttir, 29.9.2007 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 13. | 2:06.73 | 67 | NT | | - | |
| 50m baksund | Bein úrslit | 3. | 49.31 | 163 | NT | | - | |
| 50m bringusund | Bein úrslit | 2. | 55.07 | 152 | NT | | - | |
| Rebekka Rún Magnúsdóttir, 16.6.2008 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 4. | 2:42.10 | 338 | 2:34.56 | 19.9.2020 | 91% | |
| 100m baksund | Bein úrslit | 4. | 1:26.32 | 296 | 1:29.99 | | 109% | |
| 100m bringusund | Bein úrslit | 8. | 1:43.00 | 241 | 1:43.60 | | 101% | |
| 100m flugsund | Bein úrslit | 4. | 1:28.53 | 246 | 1:29.26 | 12.6.2020 | 102% | |
| Róbert Ísak Jónsson, 14.5.2001 | | | | | | | | 1 |
| 400m skriðsund | Bein úrslit | 1. | 4:24.49 | 576 | 4:30.32 | | 104% | |
| 50m baksund | Bein úrslit | 3. | 31.44 | 444 | 29.50 | | 88% | |
| 50m bringusund | Bein úrslit | 3. | 32.79 | 495 | 32.22 | | 97% | |
| 100m bringusund | Bein úrslit | 2. | 1:13.24 | 468 | 1:10.10 | | 92% | |
| Sandra Dögg Kristjánsdóttir, 27.1.2003 | | | | | | | | - |
| 50m skriðsund | Bein úrslit | 8. | 31.35 | 430 | 29.99 | | 92% | |
| 100m skriðsund | Bein úrslit | 4. | 1:06.68 | 466 | 1:05.84 | | 97% | |
| Sara Björt Símonardóttir, 20.7.2004 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 7. | 2:45.47 | 318 | 3:13.02 | 29.2.2020 | 136% | |
| 100m baksund | Bein úrslit | 8. | 1:30.58 | 256 | 1:36.64 | 14.3.2020 | 114% | |
| 100m bringusund | Bein úrslit | 7. | 1:41.73 | 250 | 1:48.64 | 14.3.2020 | 114% | |
| 100m flugsund | Bein úrslit | 7. | 1:34.81 | 200 | NT | | - | |
| Sara Lind Aðalsteinsdóttir, 14.8.2007 | | | | | | | | 2 |
| 200m skriðsund | Bein úrslit | 6. | 2:44.90 | 321 | 2:48.94 | | 105% | |
| 100m baksund | Bein úrslit | 3. | 1:25.27 | 307 | 1:21.42 | 4.7.2020 | 91% | |
| 100m bringusund | Bein úrslit | 2. | 1:35.96 | 298 | 1:38.19 | 29.2.2020 | 105% | |
| 100m flugsund | Bein úrslit | 8. | 1:35.62 | 195 | 1:28.47 | | 86% | |
| Snorri Dagur Einarsson, 5.4.2005 | | | | | | | | 2 |
| 50m skriðsund | Bein úrslit | 5. | 26.02 | 518 | 27.65 | 14.2.2020 | 113% | |
| 50m bringusund | Bein úrslit | 1. | 31.84 | 541 | 30.82 | 6.2.2021 | 94% | |
| 100m bringusund | Bein úrslit | 1. | 1:09.83 | 540 | 1:08.89 | 7.2.2021 | 97% | |
| 50m flugsund | Bein úrslit | 3. | 27.16 | 551 | 29.35 | 24.1.2020 | 117% | |
| Snæfríður Brynja Bendtsen, 12.4.2010 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 11. | 1:57.46 | 85 | NT | | - | |
| 50m bringusund | Bein úrslit | 8. | 1:12.79 | 65 | NT | | - | |
| Steingerður Hauksdóttir, 3.3.1996 | | | | | | | | - |
| 50m skriðsund | Bein úrslit | 1. | 26.83 | 686 | 26.64 | 6.2.2021 | 99% | |
| 50m baksund | Bein úrslit | 1. | 30.03 | 725 | 30.00 | 7.2.2021 | 100% | |
| 100m baksund | Bein úrslit | 1. | 1:07.45 | 621 | 1:06.05 | 6.2.2021 | 96% | |
| Sveinn Sölvi Bárðarson, 15.3.2009 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 10. | 2:04.85 | 53 | NT | | - | |
| 50m baksund | Bein úrslit | 7. | 58.46 | 69 | 1:08.47 | 13.6.2020 | 137% | |
| Sævar Sindri Jóhannesson, 1.10.2010 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 8. | 1:50.57 | 76 | 1:43.08 | | 87% | |
| 50m bringusund | Bein úrslit | 7. | 1:01.89 | 73 | 1:11.99 | | 135% | |

Demantarmót
Hafnarfjörður, 27.2.2021

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|---|-------------|-----|----------------|-----|---------|-----------|------|----|
| Símon Elías Statkevicius, 24.12.2003 | | | | | | | | 1 |
| 50m skriðsund | Bein úrslit | 2. | 24.97 | 587 | 24.68 | 6.2.2021 | 98% | |
| 200m skriðsund | Bein úrslit | 2. | 2:05.92 | 531 | 2:00.90 | | 92% | |
| 50m flugsund | Bein úrslit | 1. | 26.17 | 616 | 26.40 | | 102% | |
| Thelma Ösp Sveinbjörnsdóttir, 21.11.2010 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 12. | 1:57.74 | 84 | NT | | - | |
| 50m baksund | Bein úrslit | 6. | 54.64 | 120 | NT | | - | |
| 50m bringusund | Bein úrslit | 7. | 1:06.34 | 87 | NT | | - | |
| Tinna Karen Sigurðardóttir, 14.4.2008 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 3. | 2:34.05 | 394 | 2:31.59 | 19.9.2020 | 97% | |
| 100m baksund | Bein úrslit | 1. | 1:23.43 | 328 | 1:29.71 | 14.3.2020 | 116% | |
| 100m bringusund | Bein úrslit | 5. | 1:41.08 | 255 | 1:46.54 | 15.2.2020 | 111% | |
| 100m flugsund | Bein úrslit | 2. | 1:24.50 | 283 | 1:27.00 | 12.6.2020 | 106% | |
| Tómas Logi Hjálmarsson, 28.6.2010 | | | | | | | | 2 |
| 100m skriðsund | Bein úrslit | 4. | 1:40.41 | 101 | NT | | - | |
| 50m baksund | Bein úrslit | 4. | 53.58 | 89 | 1:07.63 | 13.6.2020 | 159% | |
| 50m bringusund | Bein úrslit | 3. | 55.95 | 99 | 1:03.86 | | 130% | |
| 50m flugsund | Bein úrslit | 5. | 52.01 | 78 | NT | | - | |
| Vala Dís Cicero, 17.5.2008 | | | | | | | | 2 |
| 50m skriðsund | Bein úrslit | 3. | 29.35 | 524 | 29.63 | 6.2.2021 | 102% | |
| 100m skriðsund | Bein úrslit | 1. | 1:04.43 | 516 | 1:06.15 | | 105% | |
| 400m skriðsund | Bein úrslit | 4. | 4:59.47 | 492 | NT | | - | |
| 100m flugsund | Bein úrslit | 1. | 1:11.48 | 467 | NT | | - | |
| Veigar Hrafn Sigþórsson, 16.5.2005 | | | | | | | | 4 |
| 100m skriðsund | Bein úrslit | 2. | 55.14 | 615 | 58.58 | 20.6.2020 | 113% | |
| 200m skriðsund | Bein úrslit | 1. | 2:00.98 | 599 | 2:04.07 | 20.6.2020 | 105% | |
| 100m baksund | Bein úrslit | 1. | 1:02.34 | 575 | 1:02.70 | 6.2.2021 | 101% | |
| 200m baksund | Bein úrslit | 1. | 2:12.88 | 597 | 2:16.74 | 17.7.2020 | 106% | |
| Victoría Takacs Önnuásgeirsdóttir, 2.7.2007 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 5. | 2:43.77 | 328 | 2:50.47 | 14.3.2020 | 108% | |
| 100m baksund | Bein úrslit | 10. | 1:31.94 | 245 | 1:41.60 | 16.2.2020 | 122% | |
| 100m bringusund | Bein úrslit | 6. | 1:41.35 | 253 | 1:39.23 | 14.6.2020 | 96% | |
| 100m flugsund | Bein úrslit | 5. | 1:33.45 | 209 | 1:53.11 | 15.2.2020 | 147% | |
| Ylfa Finnboagadóttir, 10.12.2002 | | | | | | | | 1 |
| 50m skriðsund | Bein úrslit | 6. | 30.69 | 458 | 32.26 | 6.2.2021 | 110% | |
| 100m skriðsund | Bein úrslit | 8. | 1:09.78 | 406 | 1:06.82 | | 92% | |
| Þorgerður Ósk Jónsdóttir, 27.7.2003 | | | | | | | | - |
| 50m skriðsund | Bein úrslit | 5. | 30.62 | 461 | 29.57 | | 93% | |
| 100m baksund | Bein úrslit | 2. | 1:11.89 | 513 | 1:08.15 | 6.2.2021 | 90% | |
| 100m flugsund | Bein úrslit | 2. | 1:13.48 | 430 | 1:13.39 | | 100% | |
| Þór Eli Gunnarsson, 5.1.2011 | | | | | | | | 2 |
| 200m skriðsund | Bein úrslit | 7. | 3:16.48 | 139 | NT | | - | |
| 100m baksund | Bein úrslit | 7. | 1:35.87 | 158 | 1:41.37 | 1.3.2020 | 112% | |
| 100m bringusund | Bein úrslit | 9. | 1:59.52 | 107 | 2:02.02 | 29.2.2020 | 104% | |
| 50m flugsund | Bein úrslit | 7. | 56.71 | 60 | NT | | - | |
| Þórdís Anita Björnsdóttir, 18.9.2002 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 7. | 1:08.49 | 430 | 1:09.33 | | 102% | |
| 50m flugsund | Bein úrslit | 4. | 34.92 | 342 | 34.42 | | 97% | |
| Íþróttafélagið Fjörður | | | | | | | | 18 |
| Emelía Ýr S14 Gunnarsdóttir, 9.6.2005 | | | | | | | | 4 |
| 50m skriðsund | Bein úrslit | 9. | 34.75 | 316 | 35.02 | | 102% | |
| 200m skriðsund | Bein úrslit | 7. | 2:46.65 | 311 | 2:57.89 | | 114% | |
| 400m skriðsund | Bein úrslit | 6. | 5:52.43 | 302 | 6:06.34 | | 108% | |
| 200m fjórsund | Bein úrslit | 4. | 3:19.00 | 254 | 3:20.97 | | 102% | |
| Guðfinnur Karlsson S11, 3.11.1988 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 10. | 1:18.55 | 212 | 1:18.19 | | 99% | |
| 100m baksund | Bein úrslit | 10. | 1:32.09 | 178 | 1:24.42 | | 84% | |
| 100m bringusund | Bein úrslit | 11. | 1:32.33 | 233 | 1:31.15 | | 97% | |
| Guðmundur Atli S8 Sigurðsson, 8.10.2005 | | | | | | | | 3 |
| 50m skriðsund | Bein úrslit | 10. | 38.35 | 162 | 43.09 | | 126% | |
| 200m skriðsund | Bein úrslit | 6. | 3:12.51 | 148 | 3:47.40 | | 140% | |
| 100m baksund | Bein úrslit | 10. | 1:51.10 | 101 | 2:24.84 | | 170% | |
| Herdís Rut Guðbjartsdóttir S14, 18.3.2004 | | | | | | | | 3 |
| 200m skriðsund | Bein úrslit | 8. | 3:00.20 | 246 | 2:50.69 | | 90% | |
| 400m skriðsund | Bein úrslit | 7. | 6:22.50 | 236 | 6:40.29 | | 110% | |
| 200m baksund | Bein úrslit | 2. | 3:22.31 | 226 | 3:25.55 | | 103% | |
| 50m bringusund | Bein úrslit | 1. | 44.99 | 279 | 49.36 | | 120% | |
| Hjörtur Ingvarsson S5, 24.10.1995 | | | | | | | | - |
| 100m skriðsund | Bein úrslit | 11. | 1:38.77 | 107 | 1:31.39 | | 86% | |
| 200m skriðsund | Bein úrslit | 7. | 3:20.04 | 132 | 3:11.20 | | 91% | |
| 50m baksund | Bein úrslit | 6. | 50.81 | 105 | 49.89 | | 96% | |
| 100m baksund | Bein úrslit | 11. | 1:47.48 | 112 | 1:44.72 | | 95% | |
| Katrín Erla S14 Kristjánsdóttir, 10.1.2003 | | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 7. | 1:51.20 | 100 | 1:42.57 | | 85% | |
| 100m baksund | Bein úrslit | 12. | 1:57.39 | 117 | 1:58.19 | | 101% | |

Demantarmót
Hafnarfjörður, 27.2.2021

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|--|-------------|-----|----------------|-----|---------|------|----------|
| Kristrún Helga S14 Þórðardóttir, 19.4.2005 | | | | | | | 1 |
| 100m skriðsund | Bein úrslit | 10. | 1:55.74 | 89 | 1:55.45 | 99% | |
| 100m baksund | Bein úrslit | 14. | 2:10.37 | 86 | 2:30.30 | 133% | |
| Róbert Erwin S14, 11.4.1997 | | | | | | | 2 |
| 100m skriðsund | Bein úrslit | 2. | 1:32.30 | 131 | 1:35.79 | 108% | |
| 100m baksund | Bein úrslit | 9. | 1:49.51 | 106 | 1:59.37 | 119% | |
| Sigrún S16 Kjartansdóttir, 30.12.2003 | | | | | | | 2 |
| 50m skriðsund | Bein úrslit | 10. | 45.28 | 142 | 42.17 | 87% | |
| 100m skriðsund | Bein úrslit | 9. | 1:36.52 | 153 | 1:32.26 | 91% | |
| 50m baksund | Bein úrslit | 4. | 58.98 | 95 | 1:01.53 | 109% | |
| 100m baksund | Bein úrslit | 3. | 2:06.10 | 95 | 2:22.92 | 128% | |
| Victoria Lind S14 Karenardóttir, 22.12.2002 | | | | | | | 2 |
| 100m skriðsund | Bein úrslit | 6. | 1:50.45 | 102 | 2:11.33 | 141% | |
| 100m baksund | Bein úrslit | 13. | 1:58.92 | 113 | 2:20.55 | 140% | |